

Association of Radiation Oncologists of India



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From the desk of AROI President

Dear Friends,



I took over as President at Patna and my term is for two years.

I have seen the formation of AROI in 1977 as a founder member and have followed its growth over the last 33 years. From handful founder members we have crossed the membership figure of 1500. This augers well for us.

Over the next two years the new executive will try to bring our association to new heights.

As the most comprehensive oncologists, we should have a say in matters which decide the development of policies for cancer control in our country, we should have a say in the formulation of regulatory requirements for radiotherapy departments and we should have a say when the place of oncology is decided in the undergraduate and post graduate curriculum. We at AROI will try to achieve these objectives.

The progress of any specialty depends on how well we treat our patients and how well we learn from our experience. The patient material is enormous in our country but our voice is not heard in the world because we do not publish our results. During the next two years we plan to work together in form of multicentre clinical trials and try to collate our data and present it to the world.

Presently, we follow the treatment guidelines suggested by societies in Europe and America for diseases that are more common in our patients. These guidelines may not completely suit

the Indian patients. We will try to evolve consensus guidelines for our patients in diseases that are common in our part of the world.

The other issue which is important for us is to have a database of our patients. The statistics available to us is through a few ICMR registries that may not represent the length and breadth of our country. We will have a task force which will collect and collate the data so that we have a truly representative statistics which will help us and the government to plan the future for oncology in India.

Over the next two years we will also strive for bringing a first class scientific programme at our annual meetings and to centralize the collection of funds generated for our annual meetings.

And above all it is now time that we move to e-elections so that all the members including those from overseas participate in the democratic process.

All this will only be possible if all of you participate in these activities.

The essence of success is good communication. Please keep on sending your views and ideas to me and I promise to keep in touch with all of you.

Warm Wishes for a Happy and Prosperous 2011.

Shelley Hukku
President AROI
Chairman, Roentgen
BLK Radiation Oncology Centre
BL Kapur Memorial Hospital, New Delhi

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THE PAST TWO YEARS

At the very outset I would like to thank all the members of the AROI for having given me the opportunity to serve the AROI as its President during 2008-2010. I would like to thank our Secretary General Dr. Vashistha and all the Executive Committee members for all their co-operation and support in organizing the various activities of the Association during this period.



I have been fortunate to see the growth of our Association from its inception, and have seen its development over the years. I congratulate my predecessors and the founding fathers of our Association for having given us one of the best written constitutions and I think it is our duty to follow it diligently. I have always tried to follow the rules and sometimes, in doing so may have ruffled a few feathers, but my intention was never to hurt anyone and if I have done so unintentionally, it was only for the good of the Association. We are fortunate that our members can avail of large number of fellowships and awards and we have tried to make this selection in a fair and honest manner, however, I am aware that further changes need to be made to make it even more transparent and I hope that the new team will be able to do this.

The two years in office have been very satisfying for me. During my tenure we had a joint meeting of the AROI with the AERB Chairman and members and were very happy with its outcome. We were successful in making them understand some of our difficulties and could sort out some of the major problems faced by us. I am sure

the ASTRO & ESTRO has also grown in these two years. Not only have their representatives come to the AROI conferences but they too have invited the AROI President or representative to their meetings.

I am very happy that the 1st AROI - ESTRO Teaching course will be held in March 2011 Chandigarh. The ESTRO teaching courses are much sort after but are usually beyond the reach of most of us. Hence it is a great opportunity to attend this course in India. The fee structure and course content has also been modified according to our needs and the teaching faculty too will be from ESTRO & AROI.

There are two areas that I would have liked to address but have been unable to do so. The first is regarding the uniform teaching programme for our students and the second is regarding starting of multi-centric trials. We in India, have the numbers and the expertise to do this but somehow it has not yet happened. This is a challenge that the junior members of our Association need to take up.

I would like to congratulate the new office bearers of the AROI and the ICRO and I am sure that under the able & dynamic leadership of our President Dr. Hukku the Association will reach even greater heights.

I would like to end by once again thanking all the members and by reminding them that the Association is only as great as the individual members and hence we should all strive hard to raise the banner of Radiotherapy and AROI even higher.

Dr. Firuza Patel

Prof. Dept. of radiotherapy and Oncology
PGIMER, Chandigarh

Important Notice For All AROI Members

Kindly update your address of correspondence with contact details and Email i.d. to Secretary General AROI to secretaryaroi@gmail.com and vashistha.aroi@gmail.com for faster communication and for updation of AROI Directory.

For Any queries and suggestions regarding better functioning of AROI, ICRO, AROI News letter and journal, Feel free to contact us.

ICRO Membership Drive

Less than 10 % Of the members of AROI are members of the ICRO though eligible to be So. We kindly request all AROI members who are eligible to become a ICRO member to apply for membership so that College may grow in strength.

Dr. Shelley Hukku
President, AROI

Dr. Rajesh Vashistha
Secretary General, AROI



FROM THE OFFICE OF THE ICRO.

Dear Members
Greetings from the Office Of the ICRO.

After the very successful conference at Patna and the ICRO CME held, It is now time to get down to Business!!

On perusal of the Membership List, The Immediate concern of the office is less than 10 % Of the members of AROI are members of the ICRO though eligible to be So. The only possible reason could be lack of awareness.

I strongly urge all members to kindly request for a form for the membership So that the College may grow in strength. I shall be personally contacting you all in course of time regarding the same. The College has been successfully conducting teaching programs twice a year for the Post Graduates. By bringing together the best teachers in the Country and with the very generous backing by M/S Sun Pharma, Postgraduates from all parts of the Country are able to not only benefit academically but also mingle with their counterparts. We must acknowledge our predecessor's and the office bearers of the AROI for this.

The Office intends to continue this enriching experience and is looking for enhancing the programs if possible. In addition to the teaching activity the Office is looking forward to putting together the infrastructure to start collaborative scientific projects. This has been one of the most cited needs from the members of the AROI. We request all the members of the AROI And ICRO to give suggestions and feedback for the same.

The next three teaching programs have been finalized at Varanasi (Altered Fractionation), TMH, Mumbai (Brachytherapy) and at KMC, Manipal (Radio Biology). My request to the HOD's is to send their postgraduates for the teaching program, As a lot of effort goes into the preparation of these sessions.

Finally I on behalf of the ICRO office bearers Would like to wish all the members a very happy new year in advance and look forward to a very active participation from all of you.

Yours Sincerely

Prof. Dr.R. Billimaga Dr.G.V.Giri Dr. S. N. Senapati
Chairman,ICRO Vice-Chairman,ICRO Secretary,ICRO

Obituaries:



DR. SAROJ GUPTA

(December 5, 1929 – May 21, 2010)

A great human being with a fine sense of humour, down to earth always ready to help. He had helped innumerable people in different ways silently. So many awards and accolades had never touched him. He was a great clinician and was the first to give Cancer treatment a great boost in early 1970s.

Moved by the plight of poor cancer patients who didn't get space in the only cancer hospital Chittaranjan Cancer Hospital, he decided to build up a small cancer hospital in the middle of nature at the suburbs of Calcutta in 1971. His dream came true when one of his patients donated him a piece of marshy land in Thakurprukur. He formed a society with a group of likeminded philanthropists. The first fund came through a drama which was written by him where he himself acted as a poor patient from a remote village who failed to get a bed in the city hospital. His tears brought tears to all the people present there, and helps started trickling in. Since then many people from school children to sportspersons and celebrities had helped this organization in different ways, moved by the tremendous efforts of Dr Saroj Gupta to do something for the society especially the under-privileged cancer patients. Under his leadership this centre gradually became a 280 bedded fully comprehensive modern cancer hospital and Research centre set in wonderful ambience to soothe the minds of the suffering patients and their relatives.

With his sad demise a great era in the field of Oncology, and a wonderful human-being comes to an end, although his legacy will carry on in his creations.

AROICON PATNA REPORT

FROM THE OFFICE OF ORGANIZING SECRETARY AROICON-2010

Dr. J.K. Singh

32nd AROICON-2010 was held at Hotel Patliputra Ashoka, Patna for the first time in history of Bihar. The theme of the AROICON was “Conventional to Conformal”. Almost 375 Radiation Oncologists from different parts of the country attended this conference with 20 International faculty members and 90 National faculty members including ASTRO & ESTRO speakers. This AROICON has really added new feather in the cap of AROI.

On the 1st day, we had ICRO programme which started with short inauguration by Dr. A. D. Singh (Father figure in the field of Radiation Oncology). We had 5 sessions on the 1st day starting from transition from orthovoltage to megavoltage by Dr. S. C. Sharma, immobilization Devices, conventional radiotherapy planning followed by 3DCRT, IMRT, IGRI, Tomotherapy and Cyber Knife. Quality and safety in Radiation Therapy was delivered by Dr. A. K. Rath from Bhuvneshwar. This was followed by ICRU general body meeting.

In the evening inauguration of the conference was done by Dr. Ratan Kumar Sinha, Director, BARC, Mumbai and guest of honour was Acharya Kishore Kunal, Chairman, Bihar State Religious Trust Board, Patna. This was followed by culutural programme & Dinner at New Patna Club.

2nd day of conference was truly an academic feast with focused key note Solomon Padam Singh Oration from Dr. Richard Potter (Germany) & Guest lecture by Dr. Bernard Cummings (Canada), Dr. Anuja Jhingran & Dr. Rojymon Jacob (USA).

Lunch symposium on recent advances in Head & Neck cancer by Dr. S. Hukku and panel discussion on various topics like on breast cancer, prostatic cancer, Brachytherapy practices in Head & Neck cancer- its pros & cons and on Brain tumour.



In post lunch session there was oral proffered paper session and poster presentation for the best paper award to encourage the junior members which was

held in different halls to accommodate maximum number of speakers. There was dinner symposium by Prof. CLIFFORD CHAO on advances in modalities of RT, which was followed by Banquet.

Day 3, scientific programme started with Image Guided Brachytherapy by Dr. Aswin Mader (Germany) followed by lecture by different international speaker like Dr. Lucca Cozzi (IOSI) on “Emerging Technology in the filed of Radiotherapy”, Ms. Bev Parland (UK) “Medical Oncology”-Latest advancement & Dr. Vivek Mehta on Plan comparison between VMAT & IMRT. P. K. Halder Memorial oration was given by Dr. S. K. Srivastava.

We had also discussion on Radiobiological aspect of Radiation by Dr. K. Bhattacharya and guest lecture by Dr. Kailash Narayan (Australia), Dr. Richard Potter and Dr. Michael Brada (UK). After Satellite symposium by Dr. Martin Sabel there was General Body Meeting:-

This was followed by cultural programme and dinner.

Day-4, started with Rangi Prasad Memorial Lecture by Dr. K. T. Bhowmick. There was very good presentation on “Past and recent accident in Radiotherapy” by Dr. Tommy Knoos (Zurich) & Dr. George Stein from Germany gave an excellent presentation on “Optimized Radiotherapy using ultra high dose rate for IMRT, SBRT and Motion Management”. Community oncology programme in India was discussed by Dr. S.S. Nayyer. This was followed by valedictory function which was presided by newly elected President of AROI Dr. S. Hukku & Dr. Rajesh Vashistha. He congratulated Dr. J. K. Singh (Org. Secretary, 32nd AROICON-2010) and all members of Organizing Committee for such an excellent and successful conference.



At the end we express our heartfelt thanks and gratitude to all the delegates, faculties, central organizing committee members and trade for their support, encouragement and appreciation.

Minutes of GBM Patna 2010

Chairperson-Dr. Firuza D Patel

President AROI

1. 2 Minutes silence for sad demise of Late SarojGupta.: -CONDOLENCE MESSAGE TO SEND .
2. Minutes of last GBM:-Proposed by Dr K.T.Bhowmik and seconded by Mithlesh Kumar
3. Conference Regd Fees:- Early bird:-Rs 2500/- ,Early regn,Late and spot regn.
4. Change of Name of Degree – Dr Bhowmik:-2 different letter .Task force Oncology has formed and MD Radiotherapy to be scrapped and it will be MD Radiation Oncology,Dr Vasistha:- Follow the last decision as taken earlier.
5. Talk with AERB:- a)Decayed sources to be disposed off,2)One Radiation Oncologist in every 400 pts and one physicist in every 500 pts.3)Dr S.D.Sharma:-A Radiotherapy team should consist of Radiation Oncologist, Medical Physicist, Technologist, Mould room technician and Dosimetrist (Qualification and criteria of dosimetrist not yet fixed.
6. Scientific Committee:- Meeting of the scientific committee at least once at conference place to evaluate the scientific programme and AROI will bear the expense.Proposed by Dr N.Huilgol and seconded by Prof S.C.Sharma.
7. Teaching Programme for P.G.Students:- Dr Senapati highlighted 9 CME programmes have already completed.Forth coming 3 CME programmes are alterd fractionation at BHU,Varanasi,Brachy therapy hands on demonstration at TMH,Mumbai and Radiobiology and at KMC,Manipal.
8. ASTRO-AROI Collaboration:-Dr Srivastava highlighted that it will be better if a radiation oncologist and a physicist will attend the meeting it will be beneficial.
9. Registration fee for AROI new life members:- Decided to increase the membership fees to Rs 3000/- .Proposed by Dr S.C.Sharma and seconded by Dr K.K.Singh
10. AROI Journal JCRT:- Dr Nagraj suggested to charge for the articles on line,to /not to entertain the case reports as with case reports the impact factors reduces, No support from

Industry.Dr Srivastava suggested if the impact factor of the journal will increase then we will charge.Dr Bidyasagar suggested post graduate students will produce only case reports which should be entertained.Dr Umesh Mohantaswamy highlighted that all the case reports should come in AROI website.

11. All the state chapters should have their 1)Own PAN number,2)regular election 3)should have audited account.Proposed by Dr Bhowmik and seconded by Dr Ramesh Bilimaga.
12. Forth coming AROI:- Dr D.P Singh invited all the members of AROI to Jaipur for forth coming annual national conference.Dr D.P.Sharma suggested that AMPI and AROI both the conferences are scheduled at one day gap.So we should write a letter to AMPI to postponed their conference.
13. Bid for 34th Annual conference 2012;- Lucknow chapter withdrawn for which West Bengal chapter decided to host the 34th Annual conference.
14. AROI/ICRO Election result:-Dr Bhowmik suggested why there is duplicate ballot paper?.Dr Firuza commented that in one GBM it was decided to issue the duplicate ballot paper.Dr Bhowmik suggested that only Election Comissioner can take the decision in this context.If the bye law is silent in this aspect,we have to take this decision in GBM and it should be amended.
15. Constitutional Ammendment:-1)Any legal issue –It should be settled at High court of state capital from which state General Secy runs the office.2)Ballot paper should be signed by Election Officer 3)Formation of Election Comissioner 4)Pattern of Voting:- e Voting /Secret ballot voting.
16. Vote of Thanks given by Dr. Firuza Patel & Thanks to Dr. S.N. Senapati & Dr. Neeraj Jain for writing minutes of meeting.
17. Vote of thanks for Dr. Firuza D. Patel for completing her tenure & succesfully leading AROI to newer heights.

2nd GBM.

1. Minutes of last GBM:- Approved by Dr M.K.Mahajan and seconded by Dr K.T.Bhowmik

Chairman:- Dr S.Hukku

President AROI

1. STATE CHAPTER:- Election of all the state chapter to be done before 30th June 2011.
2. Audited reports to be submitted.
3. All the state chapter should have their own PAN number
4. Secretary General has to issue a letter to all the state chapter.
5. CONFERENCE AT JAIPUR :- Information to all the Past President about the conference
6. RANGI PRASAD LECTURE:- To be chaired by Chairman and Secretary ICRO
7. GUIDELINES for the Organising Secretary of forth coming AROI at Jaipur:-To be prepared by Dr. F.D. Patel within one month
8. NAME OF DIFFERENT ORATORS:-
 - a. J.M. Pinto Oration:-
 - b. P.K. Haldar Oration:- Dr P.K.Sur
 - c. Rangi Prasad Lecture:- Dr Jagadeesan (subject to confirmation by Dr Vashistha)
 - d. Secy General has to write to all the executive members to decide the Orator and President as well as Secy has to finalize Letter to be send within 15 days to all the executives.
9. To hold one Mid term executive body meeting
10. To introduce a fellowship for Post Graduate/Up to 5 Yrs of completion of the Post Graduate to present a paper in ASTRO



11. To form the different task Force.



ICRO GBM-2010

Matter Discussed.

1. 10th ICRO CME meet will beheld at Dept of Radiotherapy, BHU, Varanasi. Topic:-Altered Fractionation, Course Co-Ordinator-Dr U.P.Sahi
2. 11th ICRO CME meet will be at Dept of Radiotherapy, TMH Mumbai. Topic:- Brachytherapy, Hands on Demonstration. Course Co-Ordinator:- Dr S.K. Srivastava
3. 12th ICRO CME will be at Dept of Radiotherapy, KMC, Manipal. Topic:- Radiobiology, Course Co-Ordinator:- Dr. M.S.Vidyasagar
4. It was decided that for ICRO CME the sponsorer has to submit the required sponsorship in AROI account.



5. To Increase the Membership Drive.
6. All the contents of previous ICRO CME programme in a DVD prepared by Sun Pharma to be circulated among the members of AROI.
7. In new updated web site of AROI, ICRO teaching materials to be posted in PDF format.

List of successful candidates in AROI Fellowships

Age group > 50 years (Sponsored by: Kirloskar Theratronics) AROI Sam-Jeswani

Dr.R.K.Vyas	Ahmedabad
Dr.Arvind Verma	Ludhiana

Age group > 40 Years (Sponsored by: Pradhan-Puranik, Novartis, Merk, Dr. Reddy's Lab, Panacia-biotec)

Dr.K.K.Singh	Loni
Dr.Rajiv Ranjan Prasad	Patna
Dr.A.K.Pandey	Chandigarh
Dr.Praveen Kaur	Ludhiana

Age group 35-40 Years (Sponsored by: Nucletron Dr Reddy's Lab, Fulford, Biocone)

Dr.Vinod Nimbran	Chandigarh
Dr.P.S.Sridhar	Bangalore
Dr.Debnarayan Dutta	Mumbai
Dr.Pritnajali Singh	Patna

Age group < 35 Years (Sponsored by: Dr Reddy's Lab, Roche, Sanofi-Aventis, Ranbaxy)

Dr.Robin Khosa	Delhi
Dr.Sharad Singh	Kanpur
Dr.Shikha Goel	Kochi

Best AROI Fellowship (Sponsored by: Best Medical Systems, USA)

Oncologist	Dr.R.R.Negi	Shimla
Medical Physicist	Mr. C. Savan Kumar	Mohali
Technologist	Mr. Shiv Parkash	Ludhiana

Neil Josaph Fellowship (Sponsored by: AROI)

Dr. Abhishek Shankar	Ludhiana
Dr.Shraddha Raj	Patna
Dr.Ajay Khosley	Loni
Dr.Monali Soin	Cuttack
Dr.Anjan Adak	Kolkata

Parwati Devi Gold Medal

Dr.Abbishek Gulia	Chandigarh
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Dr. J.M.Pinto Gold Medal

Dr.Sujith Kumar	Delhi
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Travel Fellowship

Dr.Chandani Hotwani	Dr.Shikha Chawla
Dr.Sarthak Mohanti	Dr.Divyesh Kumar
Dr.Waseem Raja	

Dr. G.C.Pant Young Doctor Award Fellowship

Dr.Shyam Singh Bisht	Gurgaon
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Winners of last two ICRO Teaching Programes

Dr. Shilpi Roy	KMC Manipal	CMC VELLORE
Dr. Nanditha Sesikeran,	Nizam Hyderabad	
Dr. Avinash Pandey	TMH, Mumbai	AHRCC CUTTACK
Dr. Srnivas Narayan Rathod		

Cancer Vijay Dewas (Survivor's Day) was celebrated on December 19, 2010, at Rangapani Cancer Hospital(NBOC), Siliguri (W.B.). Guests of Honour included **Dr. Pankaj Chaudhary, Dr.Amit Dutt Dwary,** (Oncologists) Brig. Amulya Mohan VSM, Mr. M. P. Subba (Renowned Poet). 55 cancer survivors shared their experiences. It was a heart touching and interacting program, with a lot of motivational stories and incidents. Patients from Sikkim, Hills of Darjeeling, Eastern Districts of Assam, Bihar and from Nepal, Bangladesh and they spoke in Bengali, Nepali and Hindi.



Upcoming Conferences:

1. AROI-ESTRO Teaching Course on Modern Treatment of Cervical Cancer (With a special focus on 3D Image-based Brachytherapy) 5-8 th March, PGIMER, Chandigarh.

Registration fees

	Up to 25/12/10 Inclusive	From 26/12/10 till 31/01/11
Individual Members of AROI/AMPI	Rs 3500	Rs 4000

**Team of Radiotherapist
& Physicist from same
hospital**

Rs 6000	Rs 7000
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Student Members

Rs 2500	Rs 3000
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Local Organiser: Dr Firuza Patel, Professor, Department of Radiotherapy, PGIMER - Sector 12, Chandigarh 160012 - U.T. – India, E-mail: firuzapatel@gmail.com

2. 33rd AROICON 2011, National annual Conference of Radiation Oncologists of India, 24-27th November, SMS Medical College, Jaipur on theme “Horizons of Adaptive and Targeted Therapy”

Contact Person: Dr. D.P.Singh, Professor & Head, Radiotherapy & Oncology, SMS Medical College, Jaipur. Phone no: 0141-2518478(O), 2601460(R), Mobile: +91-9414263400

Email: aroicon2011@gmail.com, drdpsingh@yahoo.com, Website: www.aroicon2011.com

The executive Committee & organizing committee AROICON- 2011 requests all the members to participate actively in AROICON-2011. All residents, as you are aware of the awards and fellowships at AROICON do get ready with your scientific papers and posters for presentation and participate actively.

3. 4th Biennial Conference CANCER CI – 2011 being held in Hyderabad from 25th – 27th February 2011 at Hotel Taj Krishna, Hyderabad. The conference is hosted by Apollo Cancer Hospitals, Hyderabad, INDIA. Contact Person: **Dr. Vijay Anand P. Reddy** Director, Apollo Cancer Hospital, Jubilee Hills, Hyderabad - 500 033, A.P., INDIA. Tel: +91-40-23607777 Extn: 3333, Direct: 23556357, Fax: 23608050., Mobile: 98480-20002. Website: www.drviayanandreddy.com Email: vijayapreddy@hotmail.com,

4. Biennial National conference of Indian Society of Medical & Paediatric Oncology And Indian Society of Oncology, Indian Cancer Congress 2011, Bhubaneswar, 11-13 February 2011

Contact person: **Dr. D. K. Agarwalla**, Organizing Secretary, Indian Cancer Congress, 2011 Department of Medical Oncology, A. H. Regional Cancer Centre, Cuttack – 753 007, Tel. No: + 91-671-2301880 (R), 2307880(C), TeleFax: + 91 – 671 -2306320, 2506688, Mobile: 91-9437020880, 9437010880

Email : indiancancercongress2011@gmail.com, dillipagarwal@hotmail.com, dillip_ag@yahoo.com

5. Workshop on Physics of Advanced Radiotherapy in collaboration of with American Association of physicists in Medicine, 17-19 March 2011, Tata memorial centre, Parel, Mumbai.

Contact person: **Dr. D.D. Deshpande**, Organizing Secretary, TMC Physics Workshop 2011, Department of Medical Physics, Tata memorial centre, Parel, Mumbai.

6. International Oncology Congress – 2011” being organized by the Dharamshila Hospital and Research Centre on 29th and 30th January 2011. Current Scenario for the diagnosis and management of Gastrointestinal Malignancy.

Contact Person: **Dr. Vinod Tikku**, Consultant Surgical Oncology & Organizing Secretary, Mobile: 9990426194 Email: dchrc@hotmail.com, Website: www.dhrc.in

7. 10th Annual International Conference RGCON2011, 4-6th Feb.2011, Theme-Malignancies in Childhood, Venue-Indian Habitat Centre, New Delhi, Organized by Department of Paediatric Oncology, Rajiv Gandhi Cancer institute & Research Centre, Sector-5, Rohini, Delhi-110085, Tel:+91-11-47022621, +91-11-47022222 Fax: +91-11-27051037, Email: rgcon2011@gmail.com

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