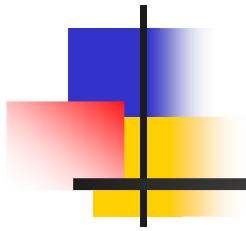
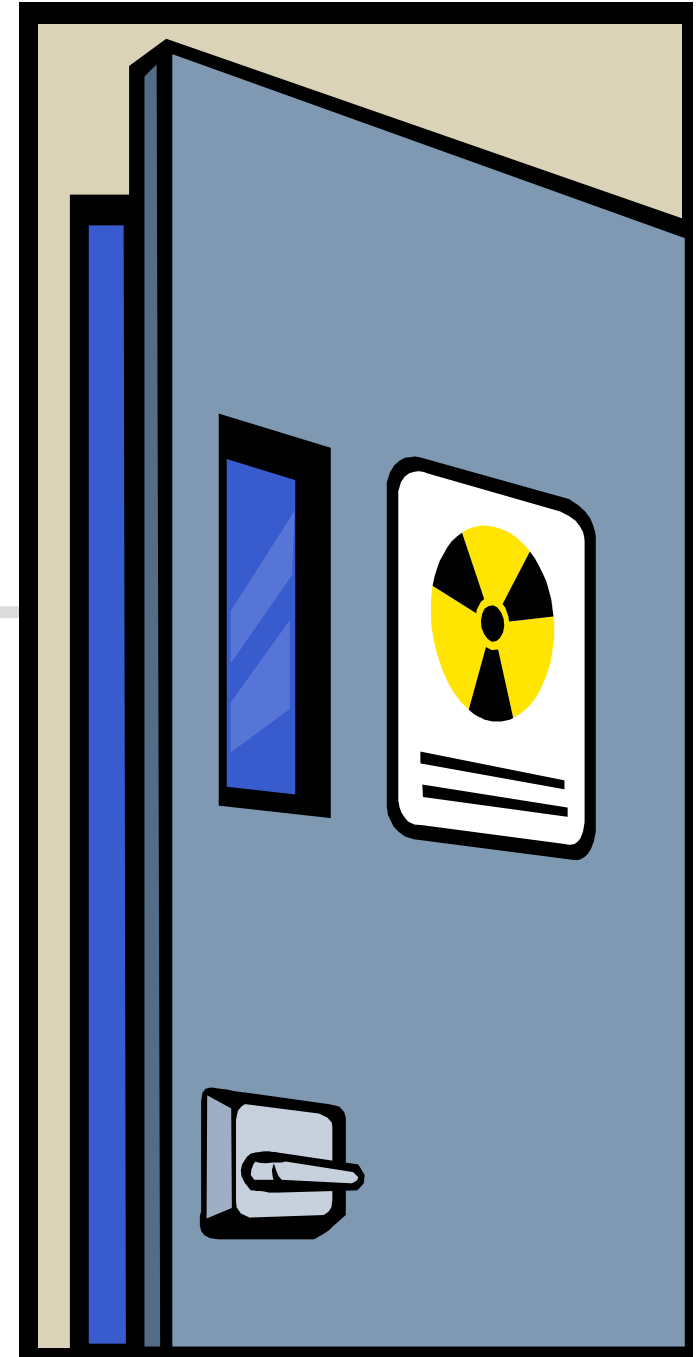


THE ROLE OF TBI IN STEM CELL TRANSPLANTATION



Dr. Biju George
Professor
Department of Haematology
CMC Vellore





Introduction

- Radiotherapy is the medical use of ionising radiation.
- TBI or Total Body Irradiation is the process by which a required amount of radiation is delivered to specific tissues to allow donor cell engraftment and kill abnormal cells.



OUTLINE

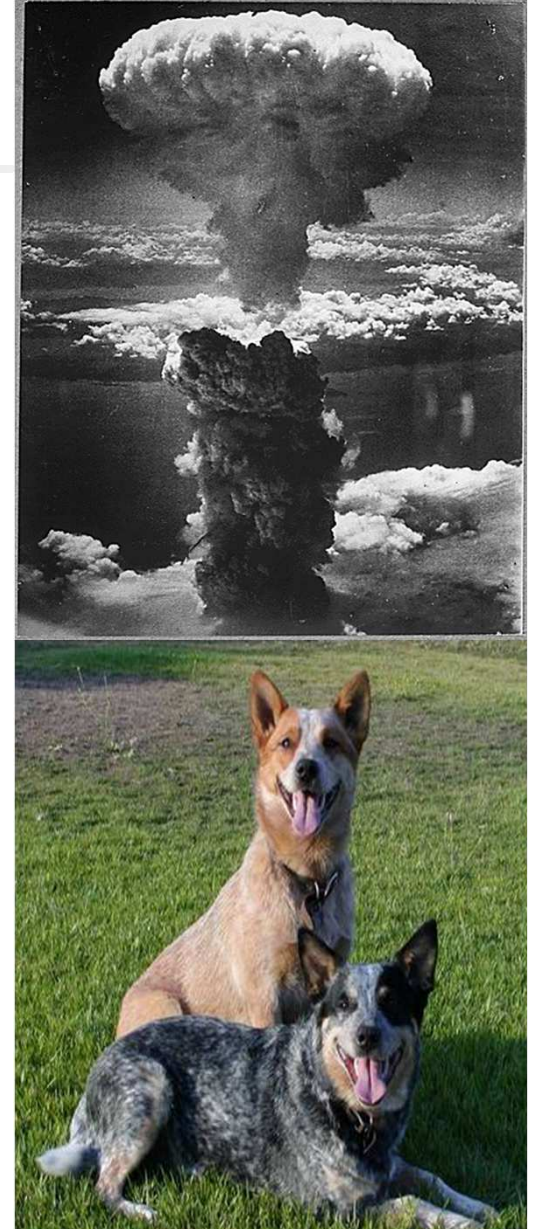
- Historical perspective
- Stem cell Transplant
- Role of TBI in SCT
- Indications for TBI
- Newer perspectives

HISTORICAL PERSPECTIVE

The use of TBI in conditioning for stem cell transplantation mirrors the start of SCT as a curative procedure.

This treatment concept was developed from findings in World War II that irradiation destroyed BM function.

Studies during the 1950s showed that irradiated animals could be saved from irreversible bone marrow failure by transfusion of bone marrow from another animal.

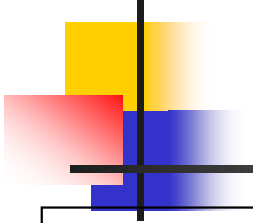


HISTORICAL PERSPECTIVE

The use of TBI in conditioning for allo H SCT began in 1956 when Dr. Donnall Thomas used high dose chemoradiotherapy and alloSCT to treat patients with end stage leukemia.

He was awarded the Nobel prize for Medicine in 1990

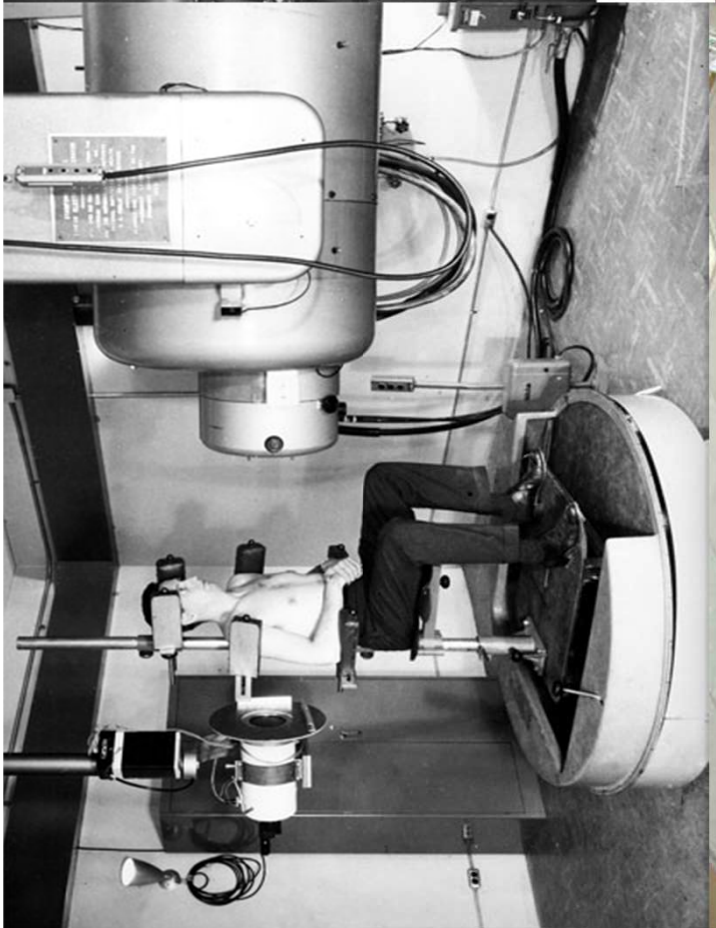


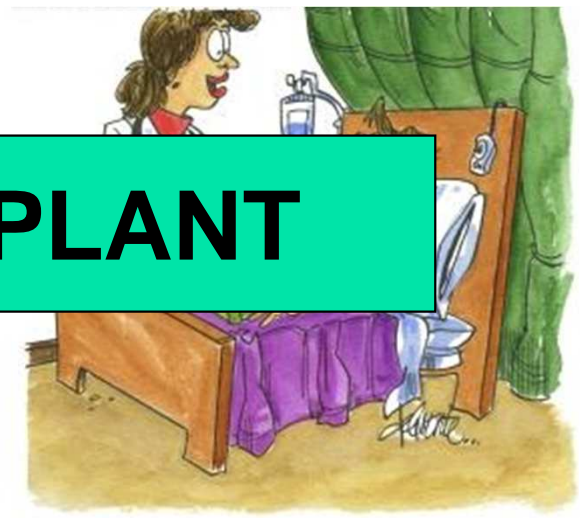


Research of the Curie's
began a new era in
medical treatment and
research

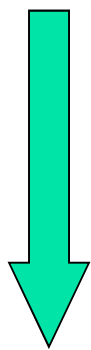
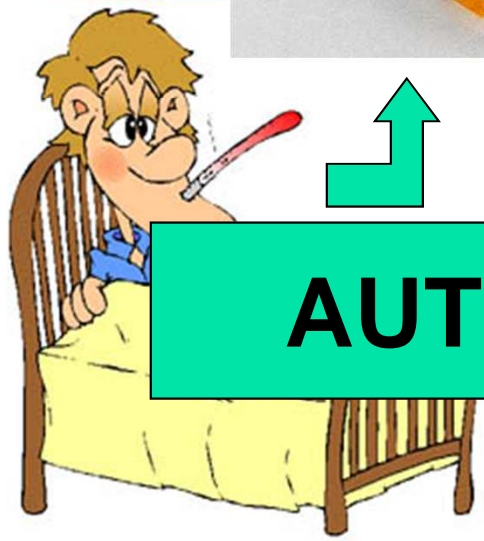
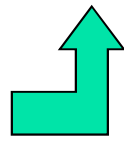
Radium was used in various
forms until the mid-1900's
when cobalt and
cesium units came into use
Modern linear accelerators
have been developed since
the late 1940s





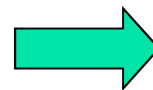
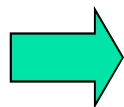
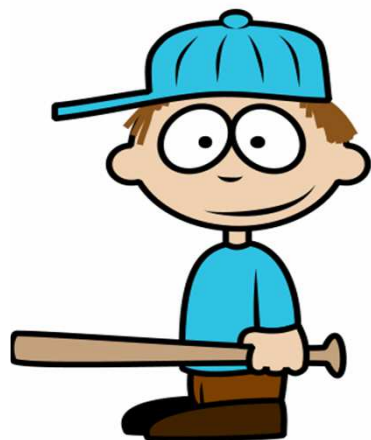


AUTOLOGOUS TRANSPLANT



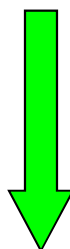
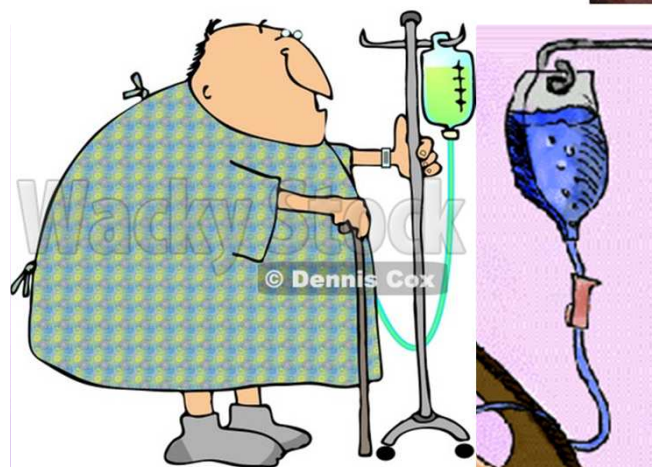
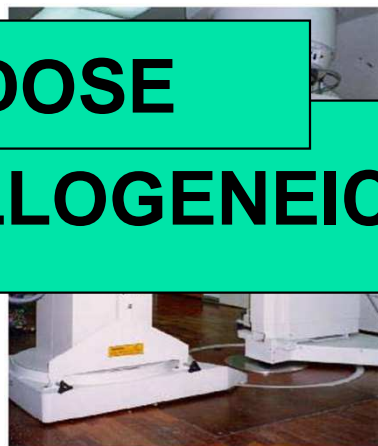
PBSC
INFUSION



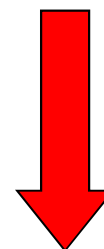


LOW DOSE

ALLOGENEIC TRANSPLANT



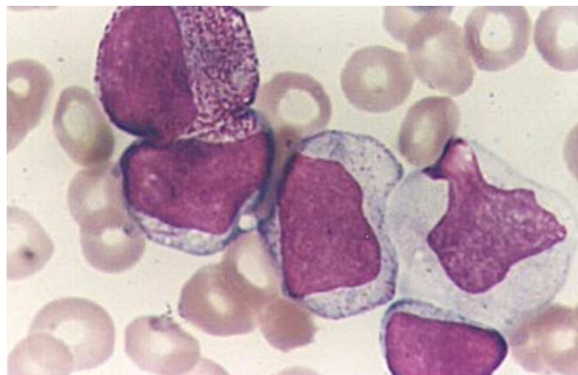
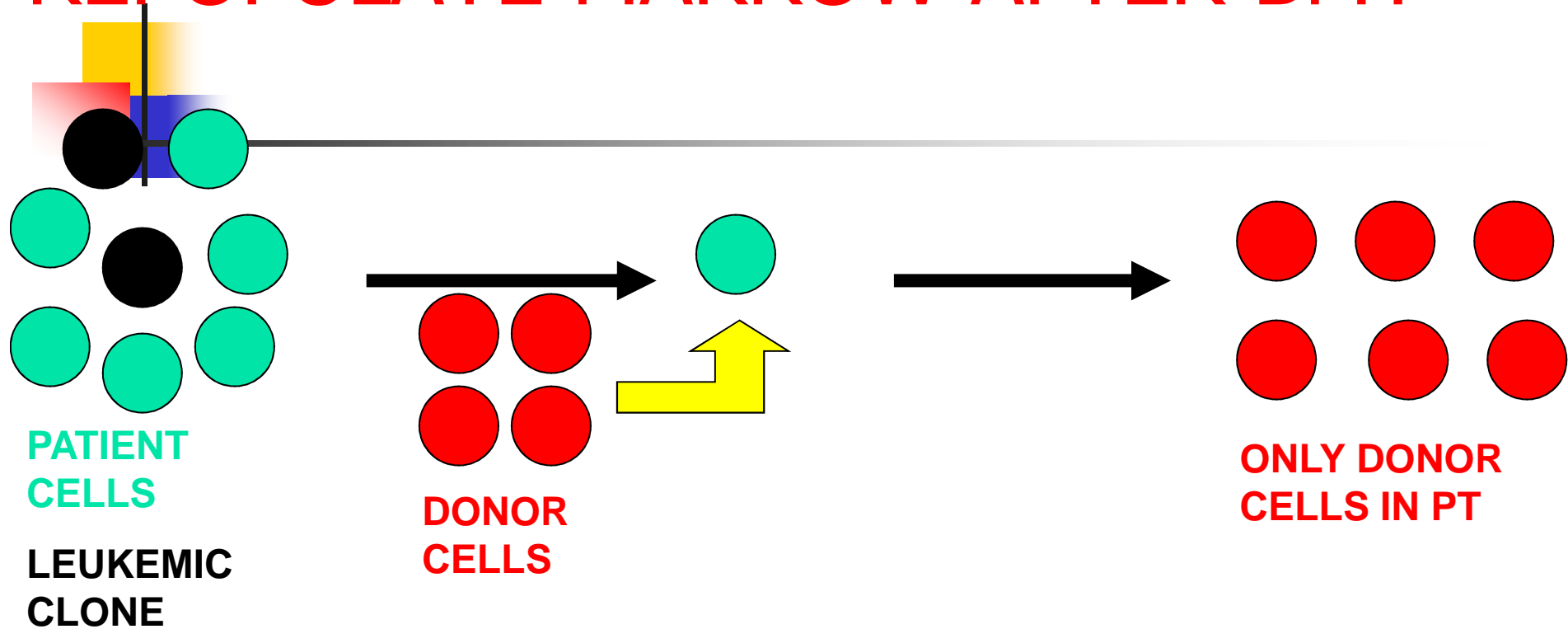
**CHEMO ±
RT**



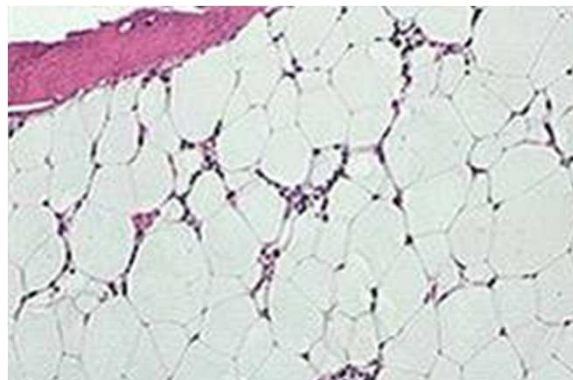
INFUSION



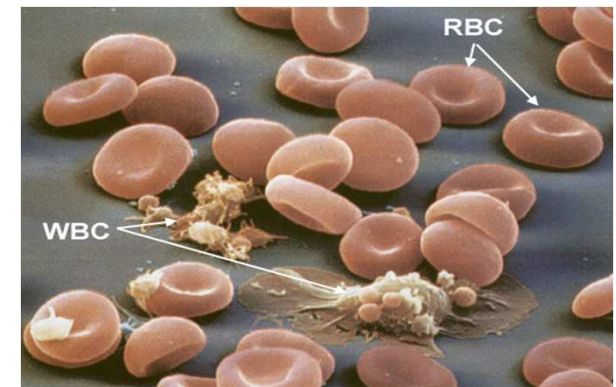
DONOR STEM CELLS REPOPULATE MARROW AFTER BMT



PRE - BMT

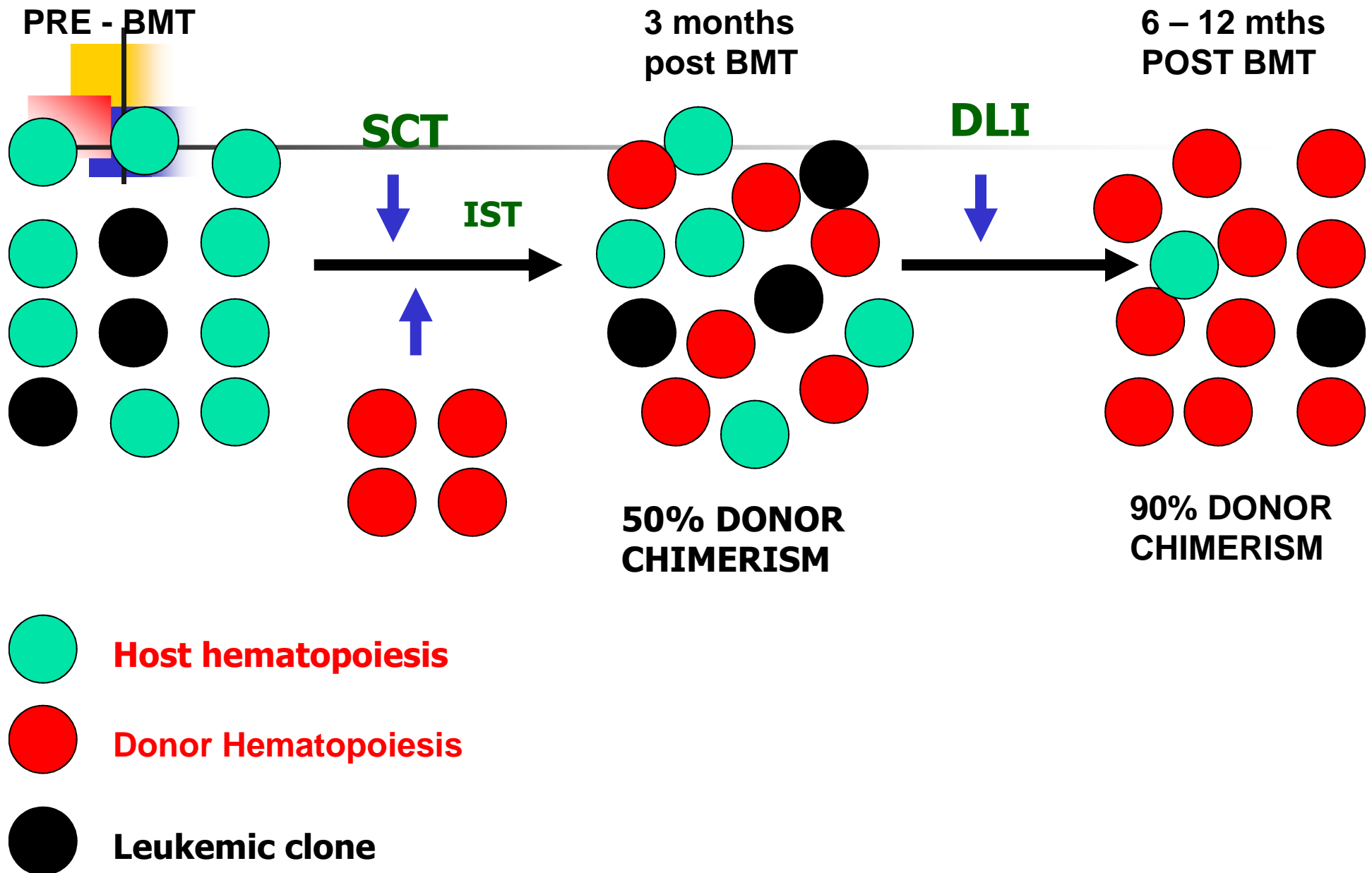


BMT



POST BMT

NON MYELOABLATIVE TRANSPLANTS



Goals of TBI




- ❑ Immunosuppression - lymphocyte elimination to allow grafting of donor bone marrow
- ❑ Eradication of malignant cells - leukemia, lymphoma, rarely solid tumors
- ❑ Eradication of cells with genetic disorders - Fanconi's anemia, thalassemia major, Wiskott-Aldrich syndrome

Severity of Radiation Injury

Dose Range (Gy)	Prodrome	Manifest - Illness	Prognosis (without therapy)
0.5-1.0	Mild	Slight decrease in blood cell counts	Almost certain survival
1.0-2.0	Mild to Moderate	Early signs of BM damage	Highly probable survival (>90% of victims)
→ 2.0-3.5	Moderate	Moderate-severe BM damage	Probable survival
3.5-5.5	Severe	Severe BM damage; mild GI damage	Death within 3.5-6 weeks (50% of victims)
5.5-7.5	Severe	Pancytopenia and moderate GI damage	Death probable within 2-3 weeks
7.5-10.0	Severe	Marked GI and BM damage; hypotension	Death probable within 1-2.5 weeks
10.0-20.0 → 12 Gy: TBI dose for clinical BMT	Severe	Severe GI damage, pneumonitis, altered mental status	Death certain within 5-12 days
20.0-30.0	Severe	CV collapse; fever; shock	Death certain within 2-5 days

Abbreviations: Bone marrow (BM); Cerebrovascular (CV); Gastrointestinal (GI).
 Modified from RI Walker and RJ Cerveny, eds.(reference 21); provided by Dr. J. Waselenko





The standard dose of irradiation used for total body irradiation (TBI) clinical BMT is 12 Gy (1200 rad), but....

- this total dose is administered in multiple fractions over several days to allow repair of normal cells and tissues**
- the lungs are usually given a lower total exposure (e.g., 9 Gy) to reduce risks of pulmonary toxicity**



ADVANTAGES OF TBI OVER SYSTEMIC CHEMOTHERAPY



1. No cross resistance with other agents.
2. Delivered dose independent of blood supply
3. No sanctuary sites (eg testes, brain)
4. After radiation is given, no detoxification or excretion required – hence delivered dose independent of renal and hepatic function.
5. Dose can be homogeneous, and tailored to "boost" areas at risk and "spare" more sensitive organs



INDICATIONS FOR TBI

- MALIGNANT

- Acute leukemia
- Chronic Leukemia
- Lymphoma
- Myeloma
- Solid tumors

- NON-MALIGNANT

- Aplastic anemia
- MDS
- Autoimmune disease
- Immunodeficiency syndromes

SIDE EFFECTS

- **SHORT TERM**
- Nausea, vomiting
- BM suppression
- Diarrhea
- Mucositis
- VOD liver
- Skin changes
- Interstitial pneumonitis

- **LONG TERM**
- Pulmonary
- Ocular
- Thyroid
- Infertility
- Secondary malignancies
- Radiation nephropathy
- Growth retardation
- Cognitive dysfunction

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"THE BODY SCAN, BONE SCAN, HEAD SCAN AND INTERNAL ORGAN SCAN WERE ALL
NEGATIVE. THE BAD NEWS IS THAT YOU'RE RADIOACTIVE."

search ID: hsc0619



TBI vs CHEMOTHERAPY

- TBI combined with chemotherapy was the standard conditioning regimen used for all transplants.
- Acute side effects of TBI led to the replacement of TBI by other chemotherapy drugs like Busulfan.
- Majority of the trials are looking at comparing Cy/TBI and Bu/Cy in various diseases.

Busulfan plus cyclophosphamide compared with total-body irradiation plus cyclophosphamide before marrow transplantation for myeloid leukemia: long-term follow-up of 4 randomized studies



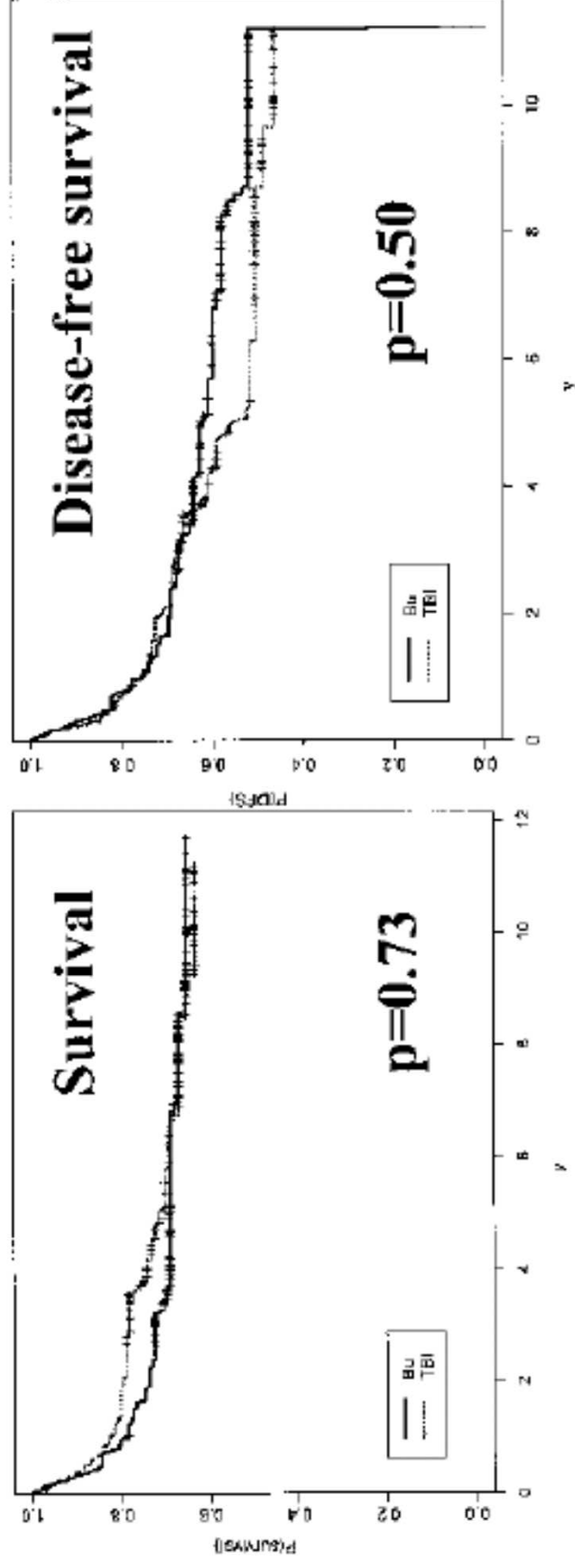
Table 1. Patient and disease characteristics in 4 randomized trials

	Disease	Stage	No. of patients (original report)	No. of patients with long-term follow-up (%)	Median age at transplant, y	Follow-up (original report, in mo)
Blaise et al	AML	First CR	101	100	32	23 ± 11
Clift et al	CML	CP	147	96.5	37	Minimum 12
Devergie et al	CML	CP	120	98.3	36	42
Ringden et al	CML/AML	CP/CR1	46/51	98.4	33	1-50
	CML/AML	Advanced	11/19			

Table 2. Transplantation characteristics in the 4 randomized trials

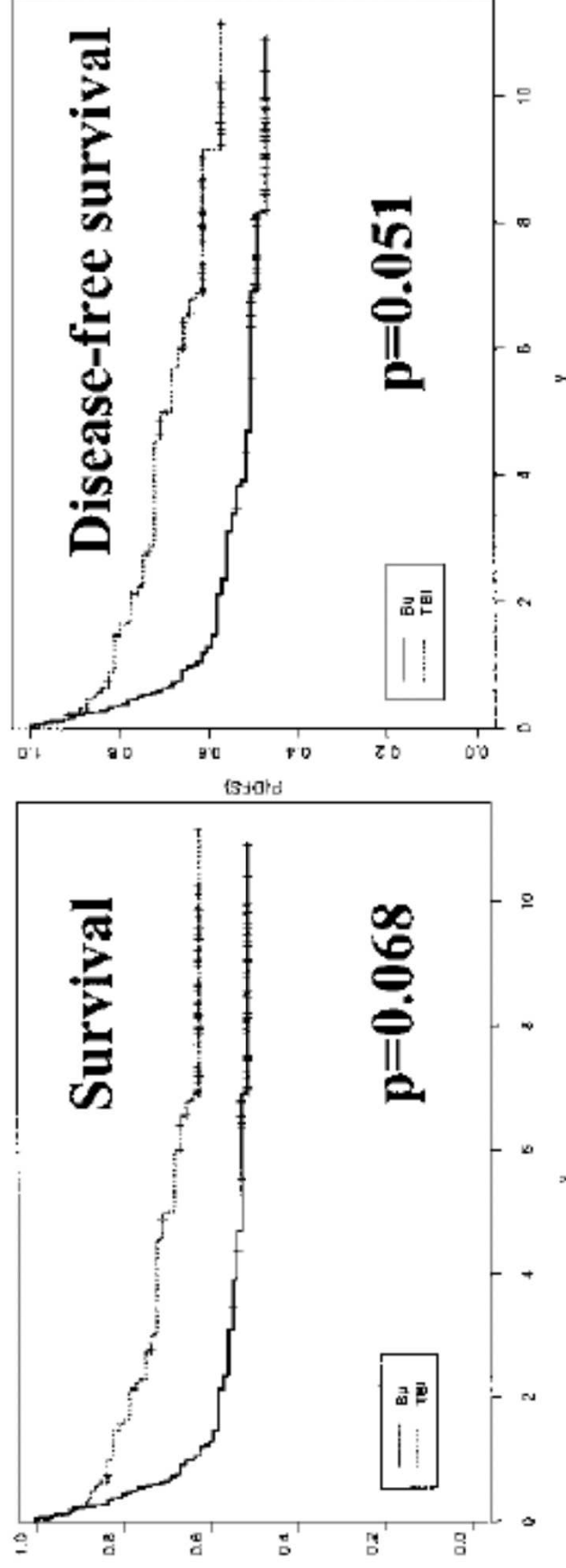
	AML (n = 172) Bu-CY/CY-TBI	CML (n = 316) Bu-CY/CY-TBI	Total (n = 488)
Trial			
FHCRC	—	73/69	142
SFGM-TC	55/49	65/53	222
Nordic group	37/31	30/26	124
Age at transplantation, y (range)	35 (2.5-42)/33 (26.5-39.5)	38 (31-44)/36 (29-41)	—
GVHD prophylaxis	MTX + CSA	MTX + CSA	100%
+ Anti-IL-2R	9:55/8:49	7:65/8:53	32:222 (14.4%)

IL-2R indicates interleukin-2 receptor; SFGM-TC, Société Française de Greffe de Moelle et de Therapie Cellulaire; MTX, methotrexate; CSA, cyclosporine.



CML

Figure 1. Survival and DFS of patients with CML receiving either Bu or TBI associated with CY as conditioning regimen before transplantation.



AML

Figure 2. Survival and DFS of patients with AML receiving either Bu or TBI associated with CY as conditioning regimen before transplantation.

Table 4. Estimation of conditioning effect in each diagnostic group on each end point

End point	AML (n = 172) (95% CI; P)	CML (n = 316) (95% CI; P)
Cataract	11 events	66 events
BUCY vs CY-TBI	1.05 (0.32-3.44; .94)	2.67 (1.56-4.57; .0003)
Multivariable model		
BUCY vs CY-TBI	1.05 (0.31-3.57; .94)	2.32 (1.32-4.07; .0035)
Acute GVHD	1.05 (0.30-3.68; .94)	1.37 (0.76-2.48; .30)
Chronic GVHD	0.27 (0.03-2.39; .24)	2.99 (1.64-5.44; .0003)
Age	1.02 (0.96-1.08; .51)	0.995 (0.975-1.023; .89)
Pulmonary complications	9 events	46 events
BUCY vs CY-TBI	0.75 (0.20-2.80; .67)	0.80 (0.44-1.48; .48)
Multivariable model		
BUCY vs CY-TBI	0.55 (0.14-2.11; .38)	0.70 (0.36-1.33; .27)
Acute GVHD	4.46 (0.85-23.5; .078)	1.32 (0.68-2.56; .41)
Chronic GVHD	1.60 (0.30-8.48; .58)	2.62 (1.31-5.27; .0067)
Age	0.995 (0.941-1.052; .86)	0.988 (0.958-1.019; .45)
Avascular osteonecrosis	10 events	19 events
BUCY vs CY-TBI	1.04 (0.30-3.62; .95)	3.09 (1.11-8.57; .0307)
Multivariable model		
BUCY vs CY-TBI	1.04 (0.30-3.64; .95)	2.52 (0.86-7.43; .094)
Acute GVHD	0.78 (0.21-3.03; .73)	1.33 (0.44-4.01; .61)
Chronic GVHD	3.18 (0.60-16.9; .17)	7.01 (1.85-26.5; .0041)
Age	0.972 (0.917-1.030; .34)	0.925 (0.880-0.972; .0021)
Hair loss	58 events/86	66 events/98
BUCY vs CY-TBI	0.30 (0.12-0.80; .016)	0.61 (0.26-1.43; .25)
Multivariable model		
BUCY vs CY-TBI	0.19 (0.06-0.58; .0035)	0.79 (0.32-1.95; .61)
Acute GVHD	2.53 (0.81-7.91; .11)	1.08 (0.43-2.70; .87)
Chronic GVHD	2.74 (0.50-15.0; .25)	3.26 (1.11-9.59; .032)
Age	1.046 (1.001-1.094; .046)	1.027 (0.972-1.077; .37)



Randomized trials

- **Fred Hutchinson (1988-1992) - CML; CY/TBI vs. Bu/CY**
 - Randomized. 142 patients with CML in chronic phase, treated with cyclophosphamide 120 mg/kg + TBI 12/6 vs. busulphan 64 mg/kg + cyclophosphamide 120 mg/kg
 - **9-years, 1999** -- "Long-term follow-up of a randomized study comparing cyclophosphamide and total body irradiation with busulfan and cyclophosphamide for patients receiving allogeneic marrow transplants during chronic phase of chronic myeloid leukemia." (Clift RA, Blood. 1999 Dec 1;94(11):3960-2.). Median F/U 7.7 years
- **9-year outcome: OS: BUCY 73% vs. CY-TBI 65% (NS); relapse 19% vs. 22% (NS)**
 - **Non-relapse mortality: 20% vs. 25% (NS)**
 - **Conclusion: BU-CY better tolerated, and comparable efficacy**

UNRELATED TRANSPLANTS IN AML



Comparative analysis of BU and CY versus CY and TBI in full intensity unrelated marrow donor transplantation for AML, CML and myelodysplasia

Bone Marrow Transplantation (2010), 1–10

Table 1 Characteristics of patients with hematologic malignancies who received an unrelated marrow transplant, facilitated by the National Marrow Donor Program, between 1991 and 1999, by conditioning regimen (BuCy, Cy/TBI standard dose (1000–1260 cGy), Cy/TBI high dose (1320–1500 cGyS))

Patient characteristics		Total N (eval)	BuCy	Cy/TBI standard (≥ 1000 and ≤ 1260)	Cy/TBI high (> 1320 and ≤ 1500)	P-value ^a
Total number of patients		1593	318	420	855	
Recipient age, median (range), years						
≤ 20		37 (1–58)	40 (1–58)	38 (1–58)	36 (1–58)	<0.001
21–40		192 (12)	32 (10)	36 (9)	124 (14)	
41–60		743 (47)	125 (39)	201 (48)	417 (49)	
Performance score		658 (41)	161 (51)	183 (43)	314 (37)	
< 90		453 (28)	87 (27)	103 (24)	263 (31)	0.06
≥ 90		1140 (72)	231 (73)	317 (76)	592 (69)	
Disease						
AML		414 (26)	72 (23)	61 (15)	281 (33)	<0.001
CML		1038 (65)	188 (59)	340 (81)	510 (60)	
MDS		141 (9)	58 (18)	19 (5)	64 (7)	
Disease stage ^b						
Early		894 (56)	206 (66)	301 (72)	387 (45)	<0.001
Intermediate		430 (27)	56 (17)	76 (18)	298 (35)	
Advanced		269 (17)	56 (17)	43 (10)	170 (20)	
Year of infusion						
1991–1993		399 (25)	68 (21)	111 (26)	220 (26)	0.35
1994–1996		654 (41)	144 (46)	170 (41)	340 (40)	
1997–1999		540 (34)	106 (33)	139 (33)	295 (35)	
Recipient/donor sex match						
Male/male		601 (38)	131 (42)	159 (38)	311 (36)	0.07
Male/female		367 (23)	66 (21)	115 (27)	186 (22)	
Female/male		309 (19)	55 (17)	72 (17)	182 (21)	
Female/female		316 (20)	66 (21)	74 (18)	176 (21)	
Recipient/donor CMV match						
Negative/negative		531 (33)	109 (34)	161 (38)	261 (30)	0.08
Positive/positive		309 (19)	54 (17)	73 (17)	182 (21)	
Positive/negative		236 (15)	52 (16)	49 (12)	135 (16)	
Negative/positive		487 (31)	98 (31)	126 (30)	263 (31)	
Unknown		30 (2)	5 (2)	11 (3)	14 (2)	
Donor age, median (range), years		37 (18–58)	37 (19–58)	37 (19–58)	37 (18–57)	0.94
Interval from diagnosis to transplant, median (range), months						
≤ 12 months		13 (1–263)	11 (1–225)	13 (3–219)	13 (1–263)	0.17
> 12 months		750 (47)	167 (53)	192 (46)	391 (46)	
GVHD prophylaxis		837 (53)	151 (47)	226 (54)	460 (54)	
CSA + MTX \pm other		1368 (86)	237 (75)	371 (88)	760 (89)	<0.001
CSA \pm other		52 (3)	28 (9)	16 (4)	8 (1)	
FK506 \pm other		159 (10)	48 (15)	30 (7)	81 (9)	
MTX \pm other		9 (1)	3 (1)	1 (<1)	5 (1)	
Other ^c		5 (<1)	2 (1)	2 (<1)	1 (<1)	
HLA match status ^d						
Well matched		490 (31)	88 (28)	151 (36)	251 (29)	<0.001
Partially matched		608 (38)	152 (48)	167 (40)	289 (34)	
Mismatched		495 (31)	78 (24)	102 (24)	315 (37)	
Nucleated cell dose 10^6 /kg, median (range)						
< 1.7		3 (<1–52)	3 (<1–12)	3 (<1–29)	3 (<1–52)	0.0124
≥ 1.7		263 (17)	36 (11)	69 (17)	158 (18)	
Growth factor used to promote engraftment ^e		1330 (83)	282 (89)	351 (83)	697 (82)	
Yes		355 (22)	87 (27)	73 (17)	195 (23)	0.35
No		1238 (78)	231 (73)	347 (83)	660 (77)	
Median follow-up of survivors median (range), months		97 (12–168)	100 (23–163)	103 (12–168)	96 (22–161)	<0.001

Table 2 Univariate probabilities of outcomes of patients with hematologic malignancies who received an unrelated marrow transplant, facilitated by the National Marrow Donor Program., between 1991 and 1999, by conditioning regimen (BuCy, Cy/TBI standard dose (1000–1260 cGy), Cy/TBI high dose (1320–1500 cGy))

Outcome event	N (eval)	BuCY	CY/TBI standard dose	CY/TBI high dose	P-value ^a
<i>Transplant-related mortality^b</i>					
@ 1 year	1593	48 (43–54)%	43 (39–48)%	47 (43–50)%	0.37
<i>Relapse^b</i>					
@ 1 year	1593	10 (7–13)%	9 (7–12)%	16 (14–18)%	<0.001
<i>Neutrophil engraftment^b</i>					
@ 28 days	1590	80 (75–84)%	88 (84–91)%	81 (78–84)%	0.001
@ 60 days		88 (84–91)%	93 (90–95)%	88 (86–91)%	0.01
<i>Platelet engraftment^b ($20000 \times 10^9/L$)</i>					
@ 100 days	1303	63 (57–69)%	68 (63–73)%	57 (53–61)%	0.002
@ 1 year		66 (60–71)%	72 (67–76)%	61 (57–64)%	0.002
<i>Acute GVHD^b</i>					
Grades II–IV @100 days	1581	48 (43–54)%	62 (57–66)%	59 (56–62)%	<0.001
Grades III–IV @100 days	1588	32 (27–38)%	35 (31–40)%	38 (34–41)%	0.20
<i>Chronic GVHD^b</i>					
@ 180 days	1486	23 (18–28)%	35 (31–40)%	28 (25–31)%	0.001
@ 1 year		36 (31–41)%	44 (39–49)%	40 (37–44)%	0.07
@ 2 years		39 (34–45)%	48 (43–53)%	43 (40–47)%	0.06
<i>Veno occlusive disease (VOD)^b</i>					
@ 100 days	1430	21 (16–26)%	13 (10–16)%	15 (13–18)%	0.02
<i>Interstitial pneumonitis (IPN)^b</i>					
@100 days	1558	20 (16–25)%	22 (18–26)%	21 (19–24)%	0.91

Table 3 Multivariate analysis of patients with hematologic malignancies who received an unrelated marrow transplant facilitated by the NMDP between 1991 and 1999

<i>Outcome of interest</i>	<i>Main effect^a</i>	<i>N (eval)</i>	<i>Relative risk (95% CI)</i>	<i>P-value</i>
Disease-free survival (DFS)	Conditioning regimen BuCy TBI standard TBI high Other significant covariates: HLA match status, total nucleated cell dose, recipient age, growth factor, disease*disease stage	318 420 855	1.00 ^b 0.83 (0.60–1.15) 0.99 (0.67–1.28)	$P^c_{\text{overall}} = 0.464$ $P_{12} = 0.263$ $P_{13} = 0.649$
OS	Conditioning regimen BuCy TBI standard TBI high Other significant covariates: HLA match status, total nucleated cell dose, recipient age, growth factor, disease*disease stage	318 420 855	1.00 ^b 0.81 (0.58–1.13) 0.99 (0.72–1.36)	$P^c_{\text{overall}} = 0.236$ $P_{12} = 0.218$ $P_{13} = 0.952$
Treatment-related mortality (TRM)	Conditioning regimen BuCy TBI standard TBI high Other significant covariates: donor/recipient CMV match, HLA match status, total nucleated cell dose, growth factor, disease*disease stage	318 420 855	1.00 ^b 0.78 (0.54–1.12) 0.87 (0.60–1.25)	$P^c_{\text{overall}} = 0.384$ $P_{12} = 0.176$ $P_{13} = 0.442$
Relapse	Conditioning regimen BuCy TBI standard TBI high Other significant covariates: interval from diagnosis to transplant, months, disease*disease stage	318 420 855	1.00 ^b 1.08 (0.52–2.22) 0.68 (0.36–1.29)	$P^c_{\text{overall}} = 0.155$ $P_{12} = 0.837$ $P_{13} = 0.238$
AGVHD (II–IV)	Conditioning regimen BuCy TBI standard TBI high Other significant covariates: HLA match status	316 415 850	1.00 ^b 1.25 (0.92–1.71) 1.31 (0.95–1.79)	$P^c_{\text{overall}} = 0.248$ $P_{12} = 0.160$ $P_{13} = 0.096$
AGVHD (III–IV)	Conditioning regimen BuCy TBI standard TBI high Other significant covariates: HLA match status, year of transplant	316 415 850	1.00 ^b 1.29 (0.82–2.00) 1.79 (1.15–2.81)	$P^c_{\text{overall}} = <0.001$ $P_{12} = 0.264$ $P_{13} = 0.011$
Neutrophil engraftment	Conditioning regimen BuCy TBI standard TBI high Other significant covariates: Karnofsky score, HLA match status, total nucleated cell dose	318 418 854	1.00 ^b 2.36 (1.23–4.50) 0.76 (0.41–1.40)	$P^c_{\text{overall}} = <0.001$ $P_{12} = <0.001$ $P_{13} = 0.005$



Acute lymphoblastic leukemia

Comparison of Preparative Regimens in Transplants for Children With Acute Lymphoblastic Leukemia

***J Clin Oncol 18:340-347. © 2000 by American
Society of Clinical Oncology.***

Table 1. Characteristics of Children Who Received TBI/CY Versus Bu/CY for Pretransplant Conditioning

Variable	TBI/CY			Bu/CY		
	No. Assessable	No.†	%†	No. Assessable	No.	%
Age at transplant, years	451			176		
Median*						
Range*						
≤5 years		35	12.9		27	11.3
5-10 years		130	29		52	29.5
>10 years		286	63		97	55
Sex						
Male	451	321	71	176	121	69
Female		130	29		52	31
Karnofsky score pretransplant	451			176		
Median*						
Range*						
≥90%		90	30-100		100	20-100
<90%		355	79		150	85
Immune phenotype						
Null cell	451	96	21	176	26	15
cALLa		16	4		8	5
Mature B cell		240	53		97	55
T cell		23	5		12	7
Unclassified/other		93	21		24	13
Chromosomal abnormalities		79	17		35	20
No abnormalities	388	87	22	145	36	25
t(9;22)		14	4		4	3
t(4;11)		6	2		4	3
Other abnormalities		90	23		33	22
Not tested		191	49		68	47
WBC count at diagnosis × 10 ⁹ /L	411			161		
Median*						
Range*						
<10 × 10 ⁹ /L†		14.7	14.7		13.5	13.5
10-100 × 10 ⁹ /L†		0.9-894	0.9-894		0.5-874	0.5-874
>100 × 10 ⁹ /L†		168	41		66	41
CNS involvement at diagnosis		159	39		66	41
Interval from diagnosis to CR1, months		84	20		29	18
Median*		26	6		17	10
Range*						
<2 months	451	356	79	176	134	76
>2 months		77	18		33	20
Remission status pretransplant						
CR1	451	134	30	176	51	29
CR2		194	43		73	41
CR3-8		51	11		27	15
Not in CR		72	16		25	14
Interval between CR1 and tx (patients transplanted in CR1), months	134			51		
Median*						
Range*						
<3 months		3.95	3.95		4.96	4.96
>3 months		0.66-28.88	0.66-28.88		0.46-17.27	0.46-17.27
CR1 duration (patients transplanted beyond CR1), months		38	28		14	27
Median*		96	72		37	73
Range*						
≤18 months	297	18.98	18.98	117	23.16	23.16
18-36 months		0.39-116.64	0.39-116.64		0.03-97.14	0.03-97.14
>36 months		143	48		45	38
		83	30		44	38
		71	24		28	24

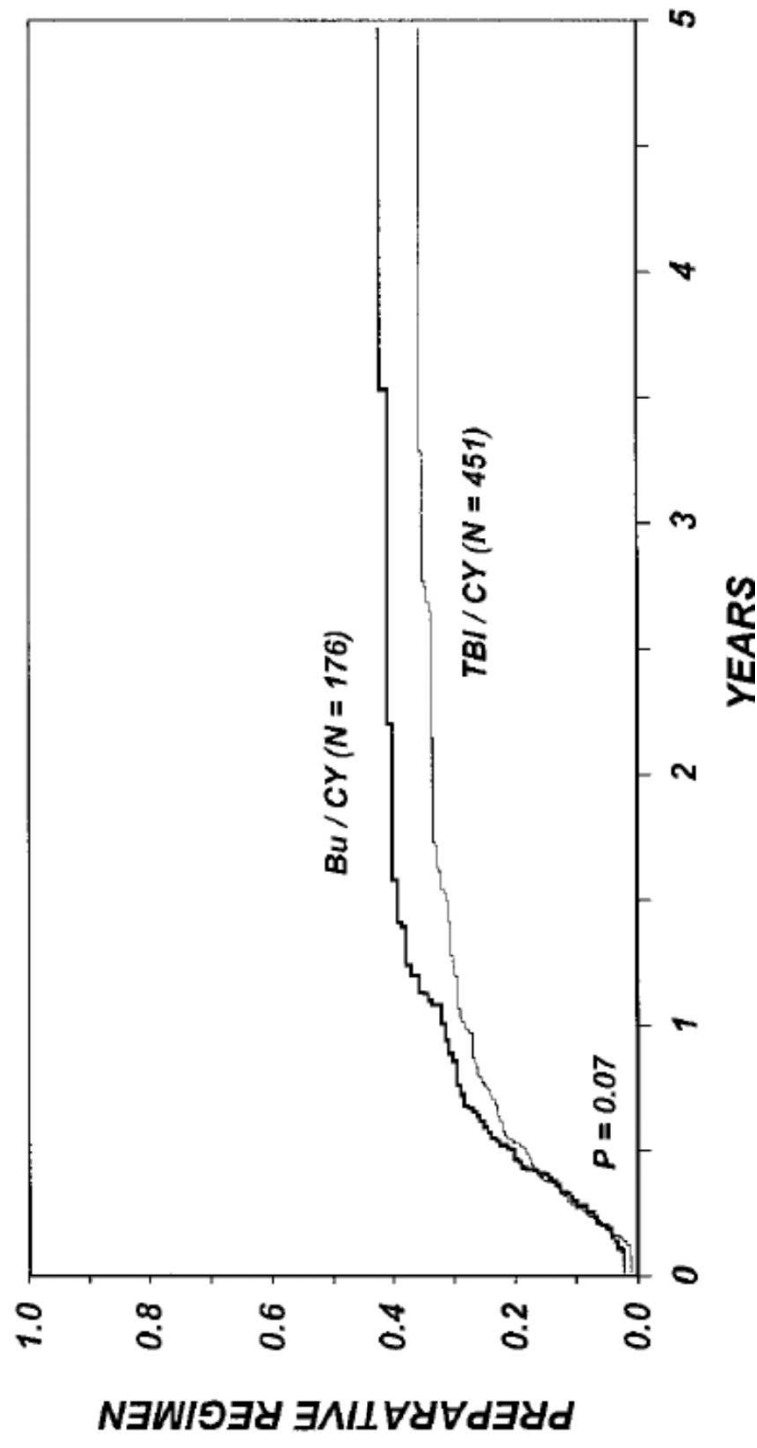


Fig 1. Actuarial probability of relapse after HLA-identical sibling bone marrow transplant for childhood ALL, by pretransplant conditioning regimen.

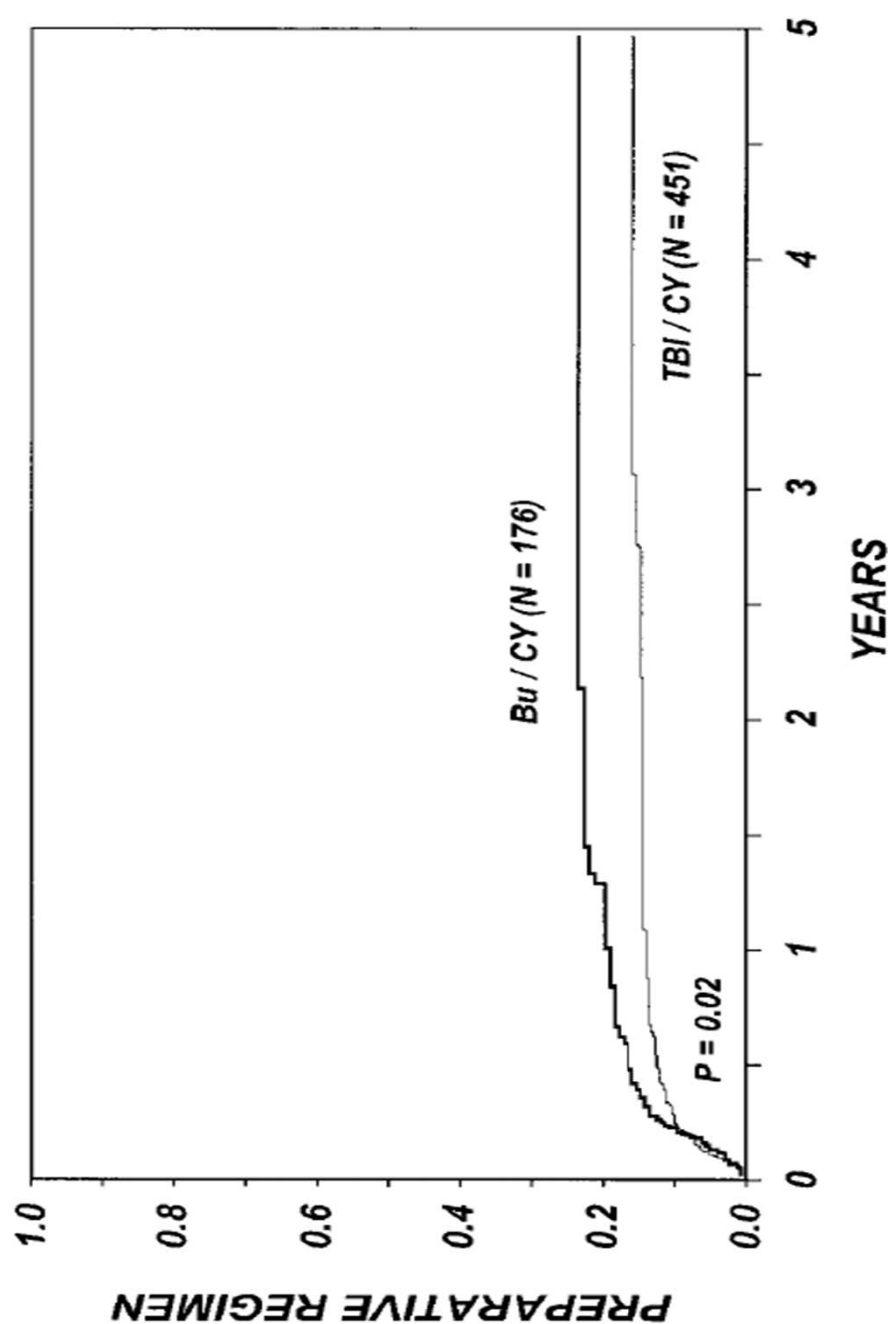
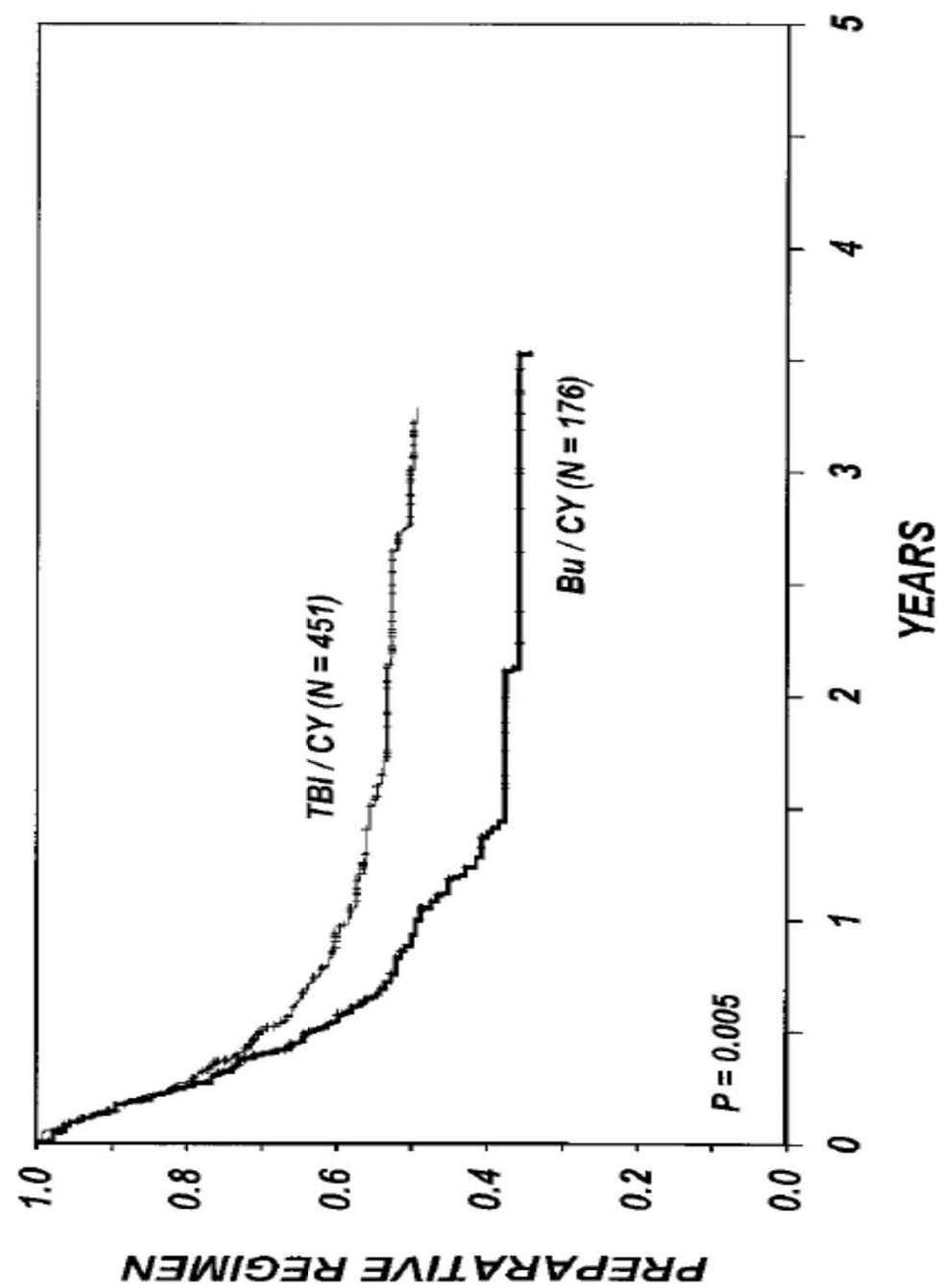


Fig 2. Actuarial probability of treatment-related mortality after HLA-identical sibling bone marrow transplants for childhood ALL, by pretransplant conditioning regimen.

Fig 3. Actuarial probability of leukemia-free survival after HLA-identical sibling bone marrow transplants for childhood ALL, by pretransplant conditioning regimen.





NON-HODGKINS LYMPHOMA

- **Autologous stem cell transplantation for non-Hodgkin's lymphoma: comparison of radiation-based and chemotherapy-only preparative regimens.**
- *Bone Marrow Transplant 2001 Sep*
- **Compared Cy/TBI/Etoposide with Bu/Mel/TT for NHL**
- **No difference in toxicities and outcome**



HODGKINS LYMPHOMA

- **Autologous stem cell transplantation for Hodgkin's disease: busulfan, melphalan and thiotepa compared to a radiation-based regimen.**
- ***Bone Marrow Transplant 2003 Aug***
- **Compared Cy/TBI/Etoposide with Bu/Mel/TT for NHL**
- **No difference in toxicities and outcome**



MULTIPLE MYELOMA

- Mel-140 and TBI vs Mel-200 Prior to Autologous Peripheral Blood Stem Cell Transplantation for Multiple Myeloma - a Single Institution Experience
- *ASH 2004*
- Mel TBI inferior to Mel 200 have higher toxicity with no improvement in DFS.



MULTIPLE MYELOMA

- **Analysis of outcome following allogeneic haemopoietic stem cell transplantation for myeloma using myeloablative conditioning--evidence for a superior outcome using melphalan combined with total body irradiation.**
- *Br J Haematol. 2005 Feb;128(4):496-502.*
- **Mel/TBI superior to Cy/TBI but still associated with high mortality rates following allogeneic stem cell transplantation.**



Dose of radiotherapy

- **Fred Hutchinson -- CML**

- Randomized. CML in chronic phase. Cyclophosphamide 120 mg/kg, then randomized TBI 12/6 daily vs. 15.75/7 daily
- **4-years, 1991** -- "Allogeneic marrow transplantation in patients with chronic myeloid leukemia in the chronic phase: a randomized trial of two irradiation regimens." (*Clift RA, Blood. 1991 Apr 15*)
 - 4-year outcome: RFS 12 Gy 58% vs. 15.75 Gy 66% (NS). OS 60% vs. 66% (NS).
 - Transplant mortality: 24% vs. 34% (NS)
 - **Conclusion: Higher RFS with higher dose, but no difference in OS due to higher mortality from other causes**



Dose of radiotherapy

- **Fred Hutchinson (1985-1988) -- AML**
 - Randomized. 71 patients with AML in first remission. Cyclophosphamide 120 mg/kg, then randomized TBI 12/6 daily vs. 17.75/7 daily
 - **11-years, 1998** - "Long-term follow-Up of a randomized trial of two irradiation regimens for patients receiving allogeneic marrow transplants during first remission of acute myeloid leukemia." (Clift RA, Blood. 1998 Aug 15;92(4):1455-6.) Min F/U 7.5 years
 - 11-year outcome: OS 51% in both arms (NS); cumulative relapse 12 Gy 39% vs. 17.75 Gy 14% ($p=0.06$); cumulative non-relapse mortality 19% vs. 38% ($p=0.05$)
 - **Conclusion: OS similar, higher mortality in higher dose arm during first 6 months**

Dose rate–dependent marrow toxicity of TBI in dogs and marrow sparing effect at high dose rate by dose fractionation

Storb et al; BBMT 1999

Evaluated giving single doses of 200 cGy TBI, delivered at either 10 or 60 cGy/min.

With 300 cGy TBI at 10 cGy/min, delivered as either single doses or three fractions of 100 cGy each.

Also few dogs received 300 cGy TBI at 60 cGy/min, administered either as single doses or three fractions of 100 cGy each.



Conclusions

- **With 200 and 300 cGy single-dose TBI, an increase of dose rate from 10 to 60 cGy/min, caused significant increases in marrow toxicity;**
- **At 60 cGy/min, dose fractionation resulted in a significant decrease in marrow toxicities whereas such a protective effect was not seen at 10 cGy/min; and**
- **With fractionated TBI, no significant differences in marrow toxicity were seen between dogs irradiated at 60 and 10 cGy/min.**

Cranial boost



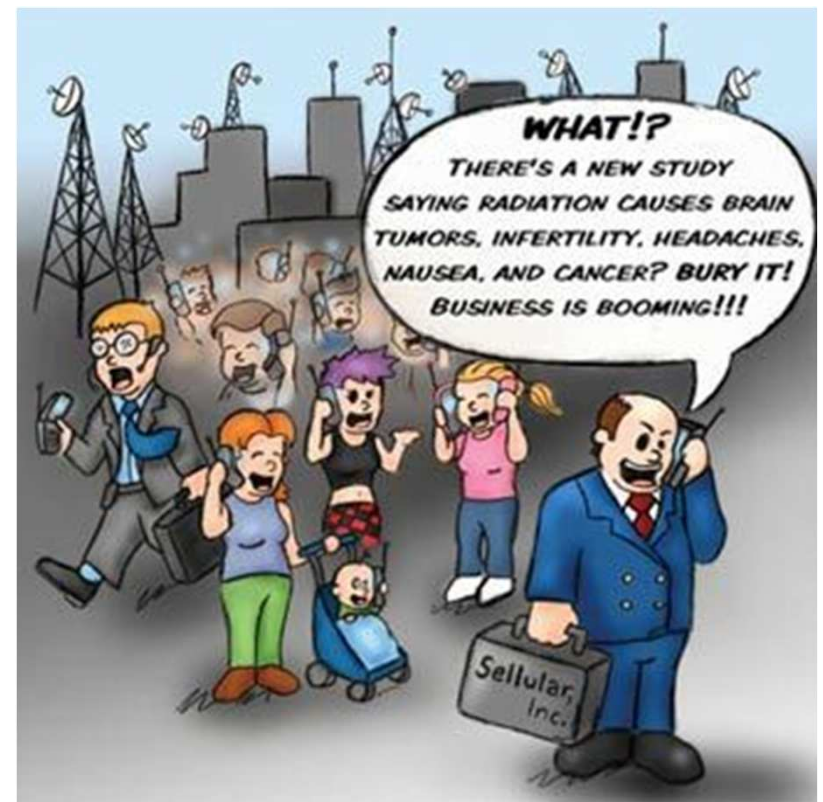
- **U. Michigan** (1994-2003) - 2005 — "Utility of cranial boost in addition to total body irradiation in the treatment of high risk acute lymphoblastic leukemia." Alexander BM et al. Int J Radiat Oncol Biol Phys. 2005 Nov 15;63(4):1191-6.
 - Purpose: Evaluate role of cranial boost.
 - Retrospective. 67 pts. High-risk pts treated with or without a cranial boost in addition to TBI prior to BMT. All received chemotherapy for conditioning. TBI was most commonly 2 Gy BID to 12 Gy or 2.5 Gy qd to 10 Gy. Cranial boost given in 39% of pts, median dose 11 Gy
- Conclusion: **Cranial boost not associated with lower CNS relapse rate especially in patients with only hematologic disease at presentation**

NEWER ADVANCES

- Reducing the dose of TBI
 - ☞ Single dose 200 cG
 - ☞ TBI 5 Gy
 - ☞ TBI 8 Gy
- Total Marrow irradiation (TMI)



With the PRIMATOM System, the gantry holding the CT scanner encircles the patient on the treatment table. During scanning, the gantry moves incrementally along high-precision rails, providing updated tumor localization data. The gantry retracts when scanning is complete.



Hematopoietic cell transplantation in older patients with hematologic malignancies: replacing high-dose cytotoxic therapy with graft-versus-tumor effects

BLOOD, 1 JUNE 2001 • VOLUME 97, NUMBER 11

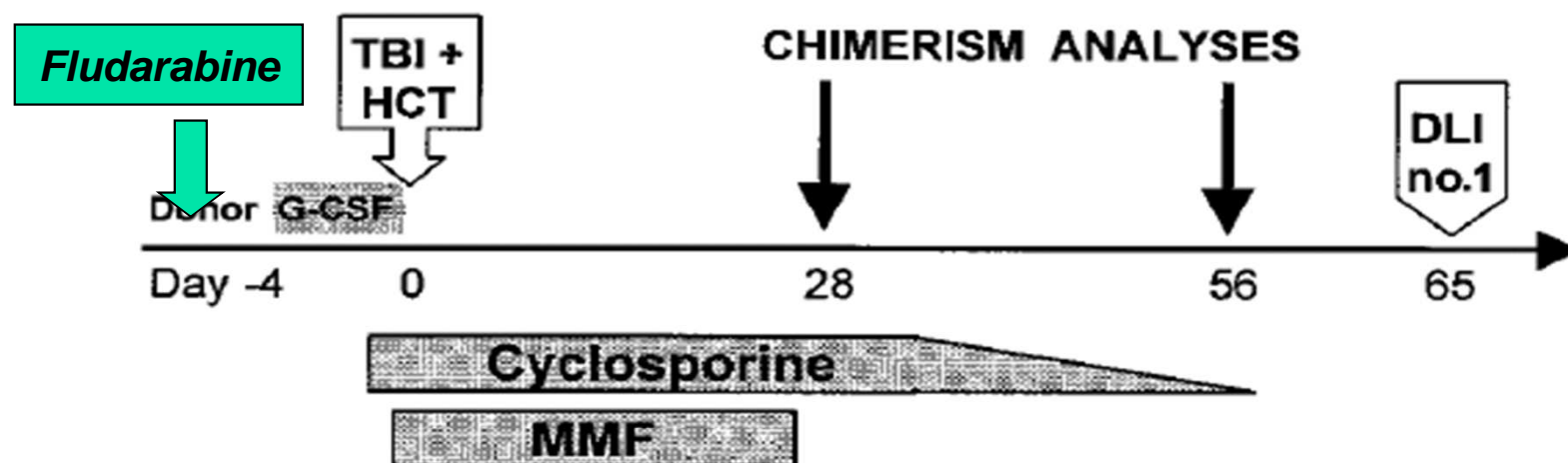
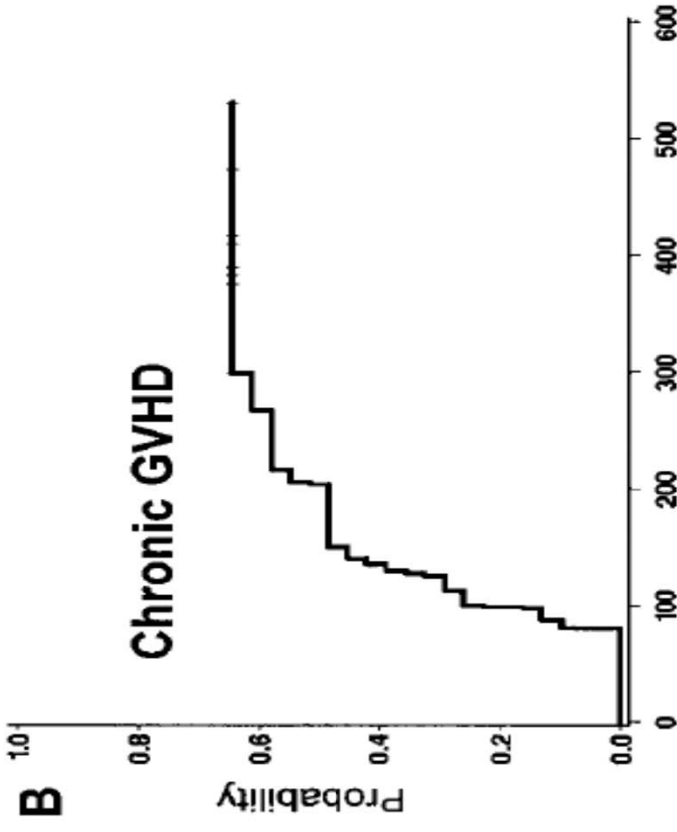
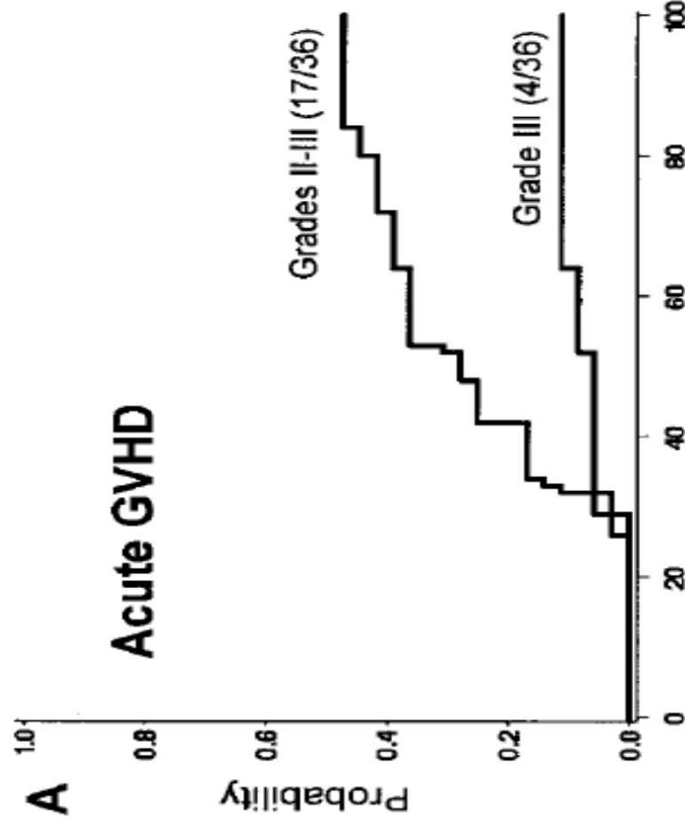
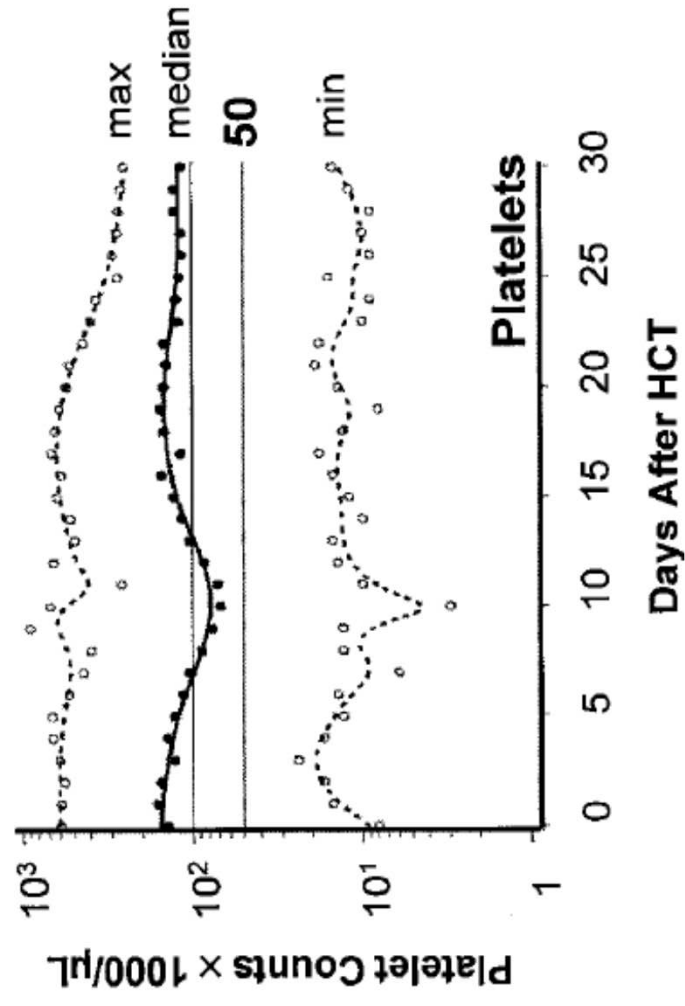
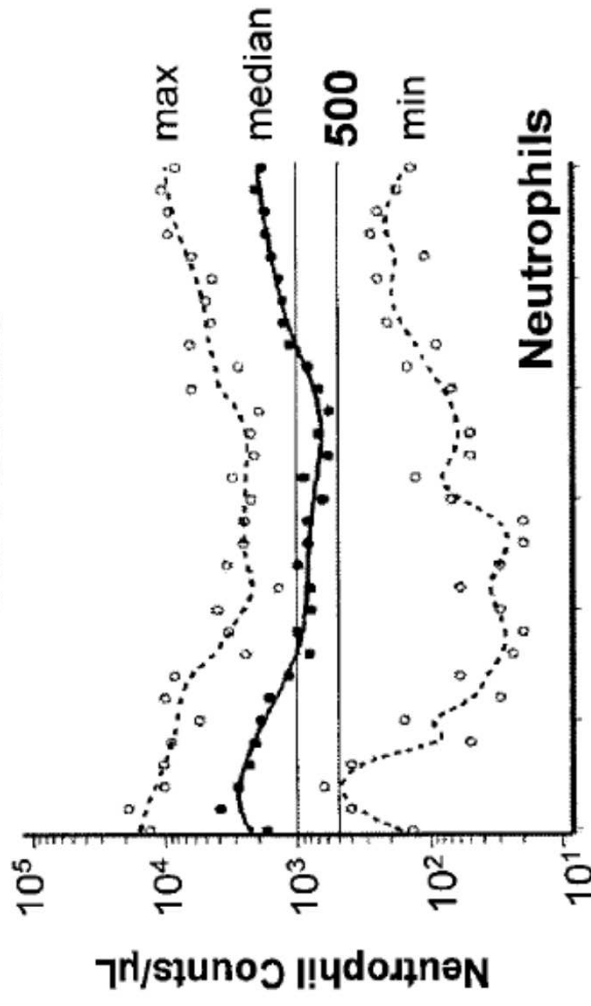
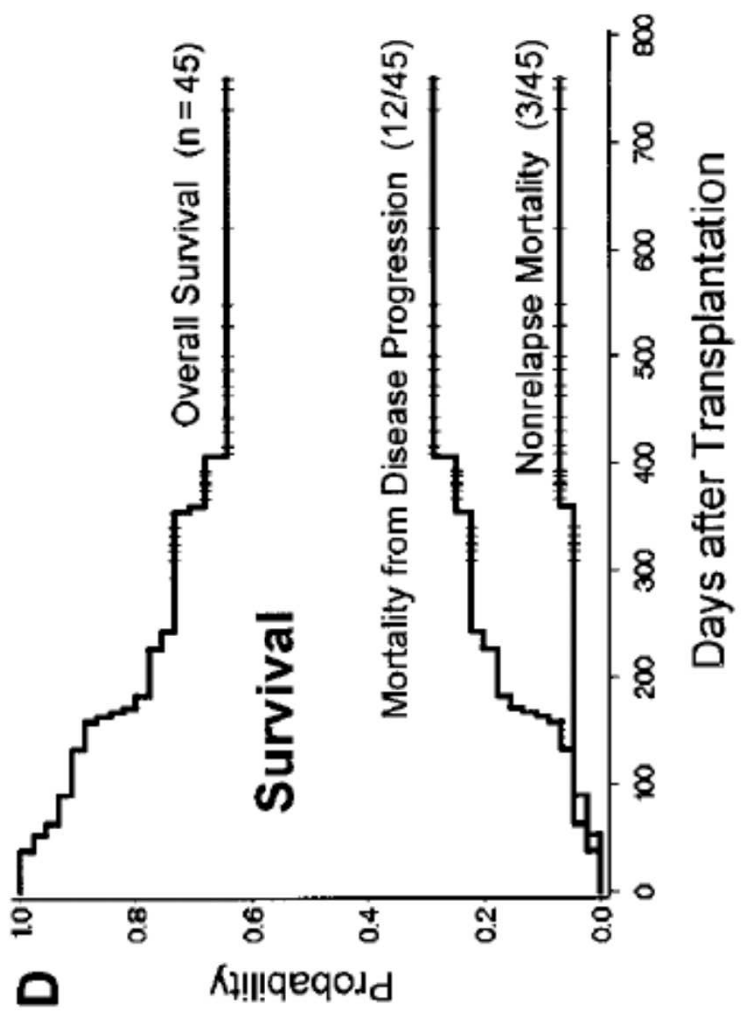
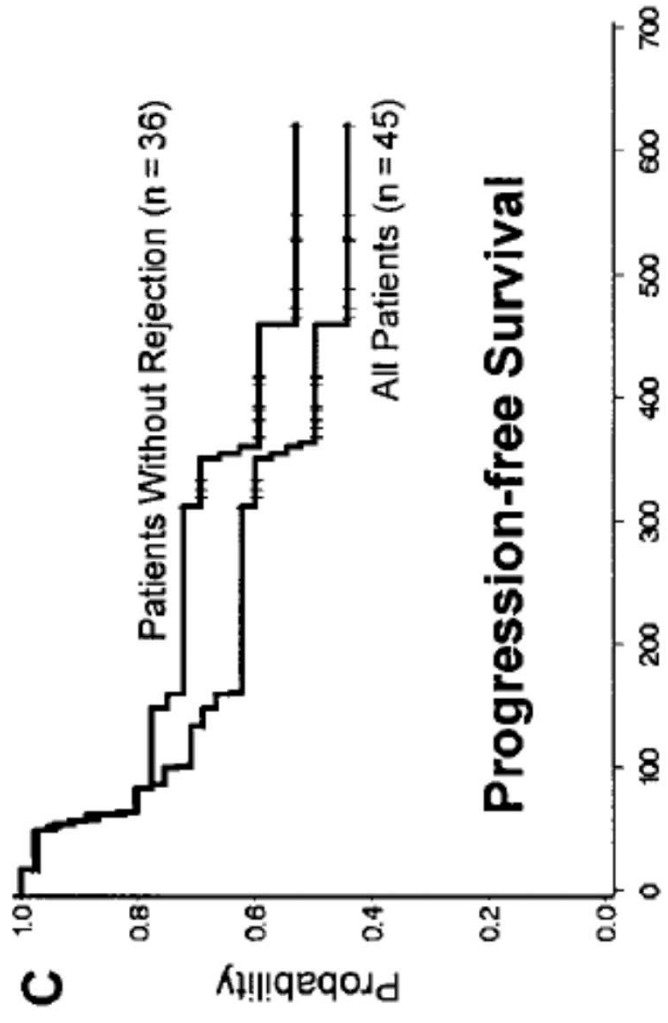


Figure 1. Treatment protocol for nonmyeloablative HCT. Granulocyte colony-stimulating factor (G-CSF)-mobilized peripheral blood stem cells (PBSCs) were infused after TBI on day 0. One patient (FH14726) received fludarabine 30 mg/m² × 3 intravenously on days -4, -3, and -2 before TBI/MMF/CSP. G-CSF: 16 µg per kg per day on days -4 to 0, aphereses on days -1, 0; TBI: 200 cGy (7 cGy/min) single fraction; HCT: PBSCs infused on day 0; CSP: 1.5 mg/kg intravenously twice daily on days -1 and 0, 6.25 mg/kg orally twice daily on days 1 to +35 (cohort 1), then taper to +56 (cohort 2); MMF: 15 mg/kg orally twice daily on days 0 to +27; DLI: no. 1 equals 10⁷ CD3⁺ cells/kg, no. 2 equals 3.3 × 10⁷ CD3⁺ cells/kg.

All Patients





Conditioning with 8-Gy total body irradiation and fludarabine for allogeneic hematopoietic stem cell transplantation in acute myeloid leukemia

Matthias Stelljes, Martin Bornhauser, Matthias Kroger, Joerg Beyer, Maria C. Sauerland, Achim Heinecke, Bjorna Berning, Christian Scheffold, Gerda Silling, Thomas Buchner, Andreas Neubauer, Axel A. Fauser, Gerhard Ehninger, Wolfgang E. Berdel, and Joachim Kienast, for the Cooperative German Transplant Study Group

Conditioning regimen consisted of
Fludarabine 120 mg/m² over 4 days
TBI 8 Gy over 2 days in 2 fractions

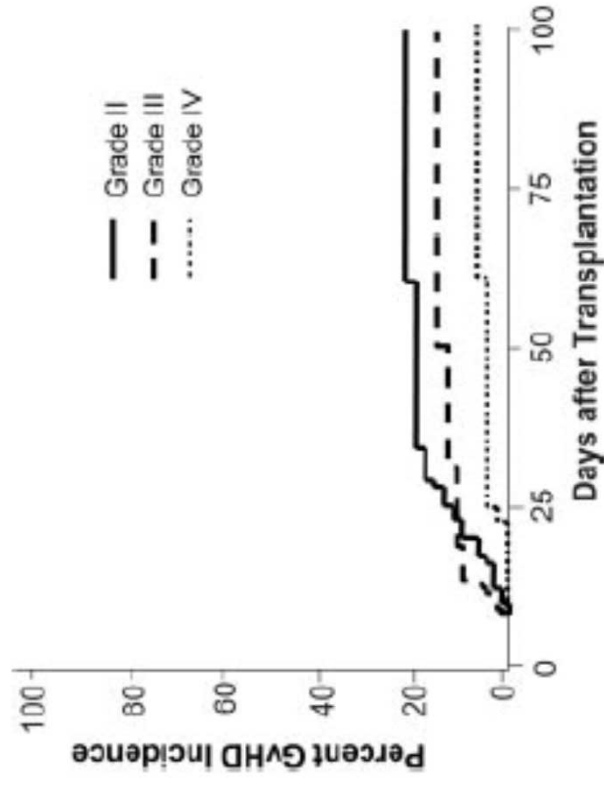


Figure 1. Acute GvHD. Estimates of cumulative incidences of acute GvHD by severity grading.

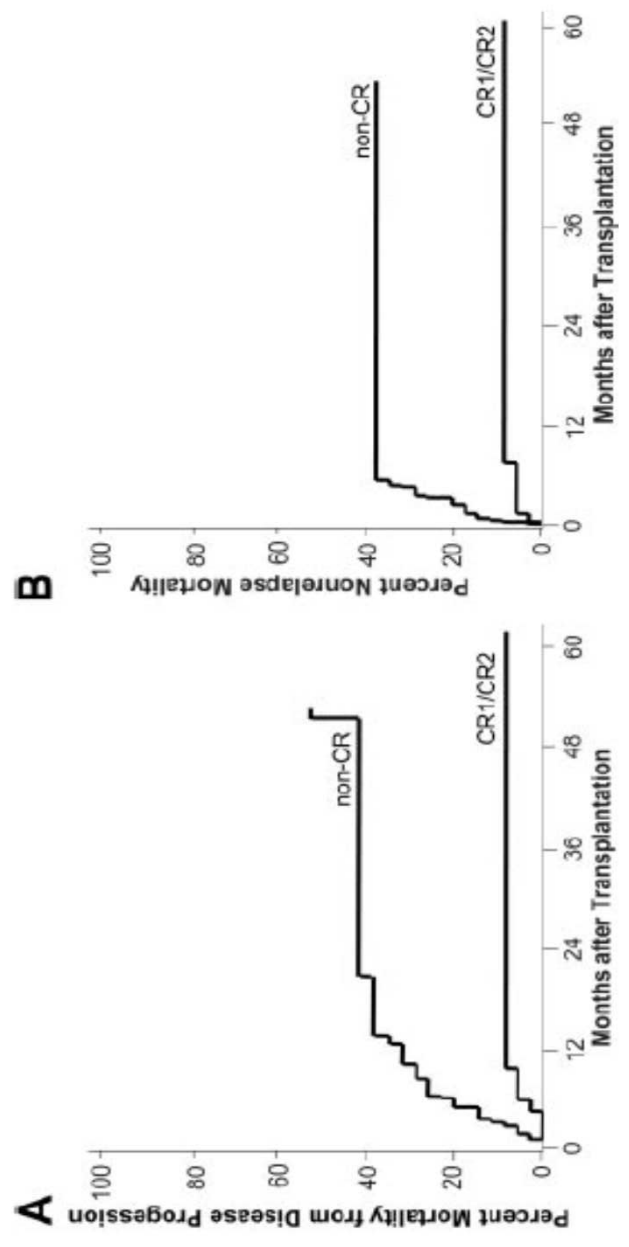


Figure 2. Mortality from disease progression and nonrelapse mortality. Estimates of the cumulative incidences of mortality from disease progression (A) and nonrelapse mortality (B) by disease status at transplantation are shown. CR1/CR2 indicates complete remission 1 (n = 22) or 2 (n = 14); non-CR, patients with refractory disease (n = 27), untreated relapse (n = 7), or untreated primary disease (n = 1).

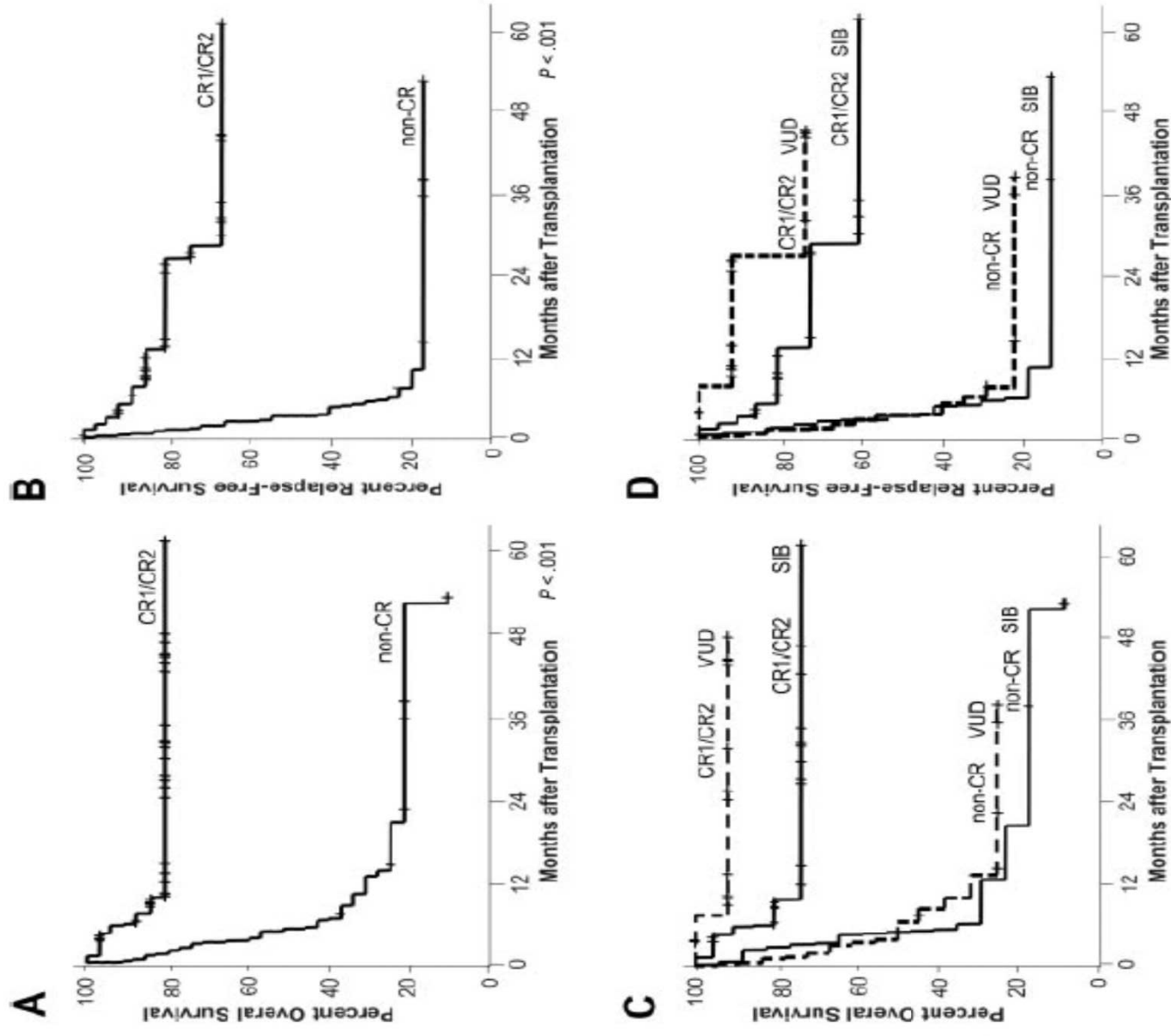
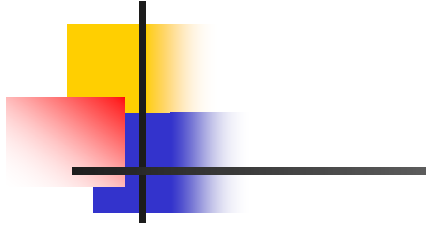


Figure 3. Overall and relapse-free survival. Kaplan-Meier estimates of overall (A) and relapse-free survival (B) by disease status at transplantation are depicted. CR1/CR2 indicates complete remission 1 ($n = 22$) or 2 ($n = 14$); non-CR, patients with refractory disease ($n = 27$), untreated relapse ($n = 7$), or untreated primary disease ($n = 1$). (C-D) Overall and relapse-free survival was similar for patients who received a transplant from siblings (SIB) or volunteer unrelated donors (VUD) (CR group: SIB $n = 22$, VUD $n = 14$; non-CR group: SIB $n = 17$, VUD $n = 18$).

TOTAL MARROW IRRADIATION



World's First Total Marrow Irradiation Using
HI-ART System (R) Performed at City of Hope
Thursday, 14 July 2005

TOTAL MARROW IRRADIATION



- TomoTherapy Highly Integrated Adaptive Radiotherapy (Hi-Art) system is a novel way of delivering IMRT and literally means “slice therapy.”
- It is the combination of a helical CT scanner and a linear accelerator.
- A helical dose delivery is achieved by a continuous gantry rotation over 360° while the patient is translated through the gantry bore similar to a CT scan.
- Other studies have looked at linac based TMI

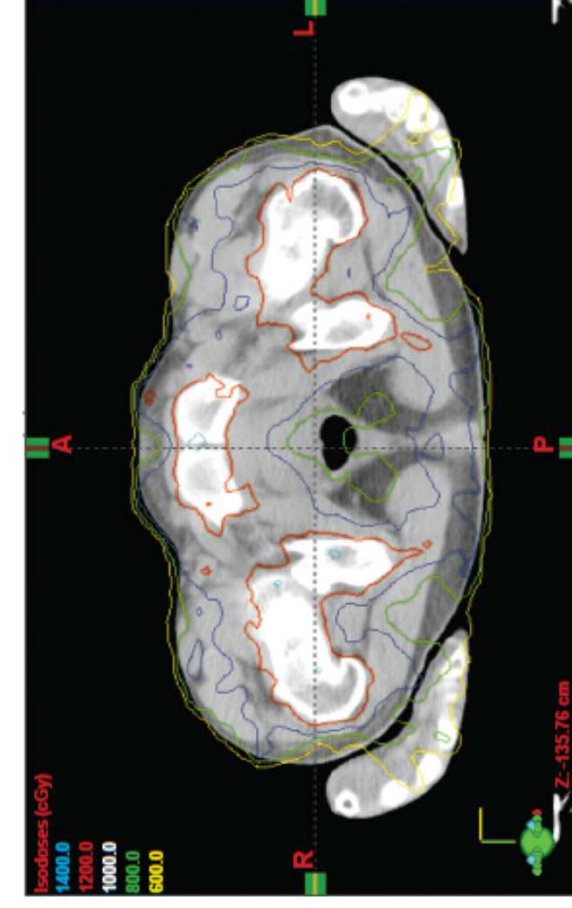
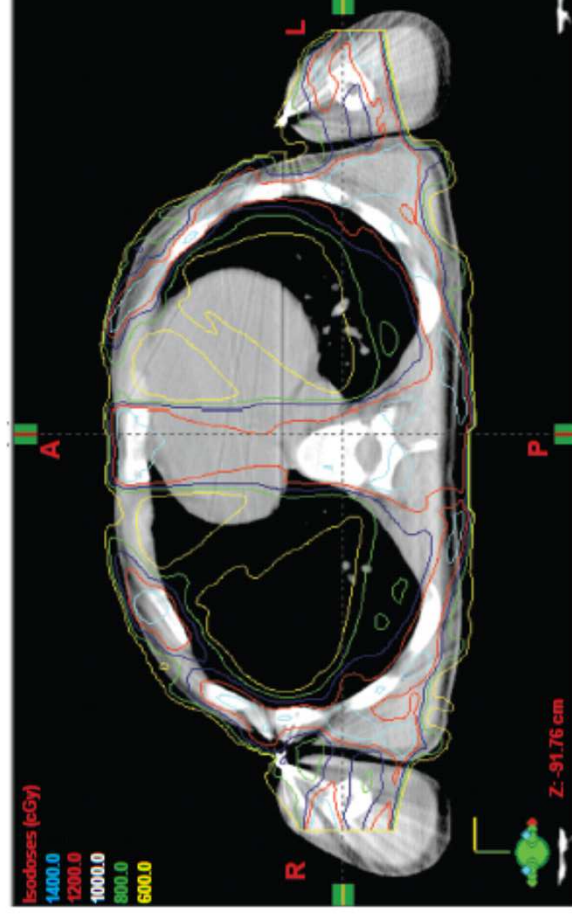
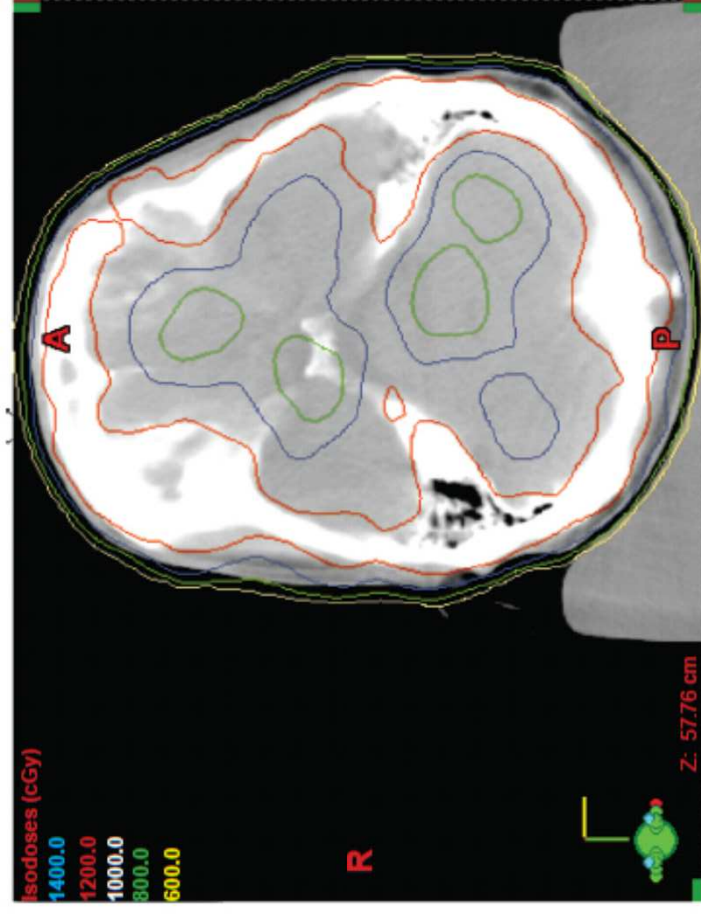


Figure 1: Example axial linac-based IM-TMI dose distributions in the head (A), neck (B), chest (C), and pelvis (D). The dose distribution is displayed in four isodose levels: 1400 cGy (cyan), 1200 cGy (red), 1000 cGy (blue), 800 cGy (green), 600 cGy (yellow).

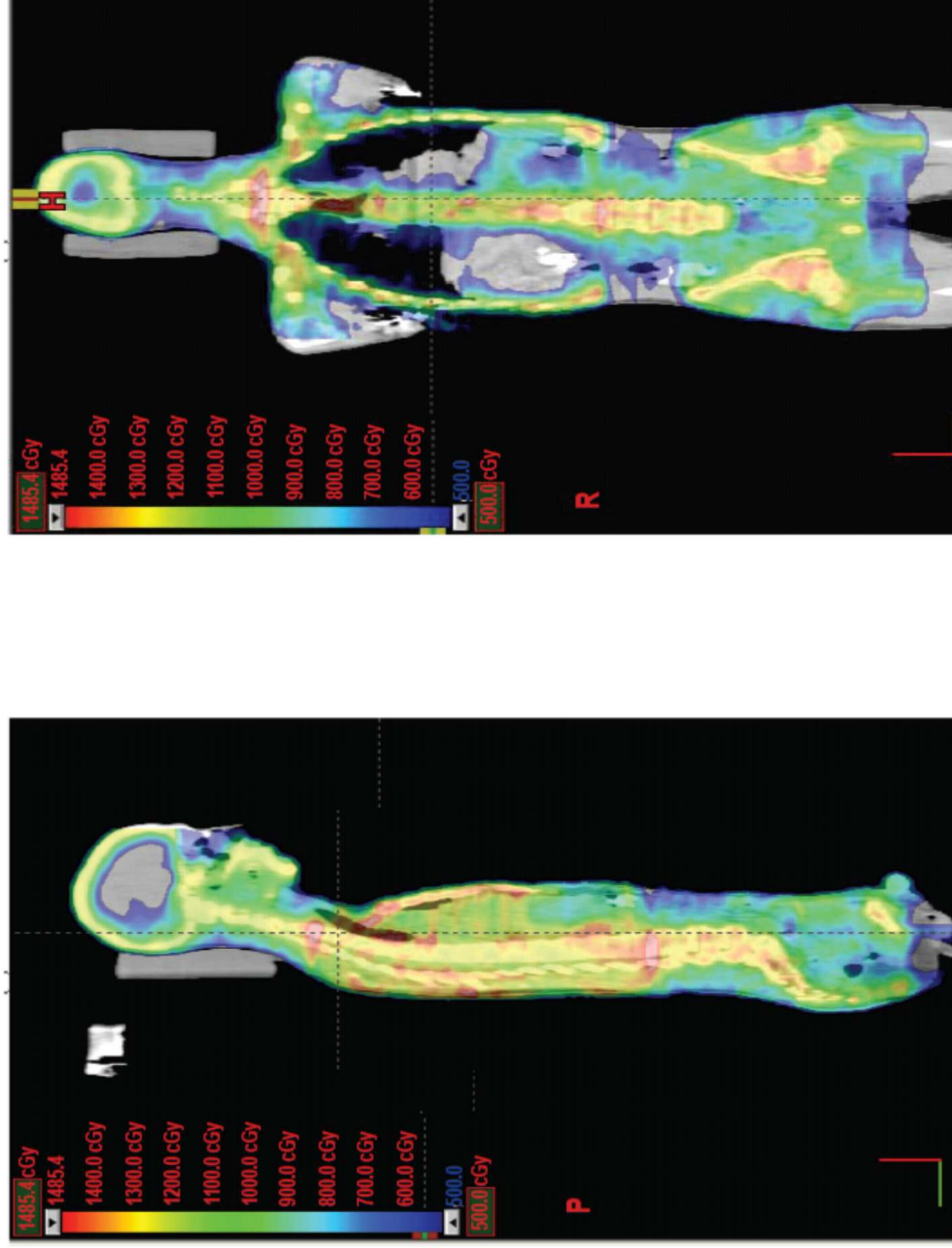


Figure 2: IM-TMI dose distribution in sagittal (A) and frontal (B) planes. The dose distribution is displayed as color-wash with values ranging from 500 cGy (blue) to 1485 cGy (red). Shades of yellow color present doses ranging between 1200-1300 cGy. Prescription dose is 1200 cGy.

Table I

Comparison of median doses (Gy) to organs at risk for linac-based TMI and conventional TBI¹¹.

Organ	TMI	TBI	Ratio of TBI/TMI Median Doses
Lungs	7.0	8.8	1.3
Liver	6.5	12.3	1.9
Kidneys	6.8	12.2	1.8
Heart	7.1	12.1	1.7
Lenses	2.5	11.3	4.5
Eyes	3.0	11.3	3.8
Brain	7.3	12	1.6

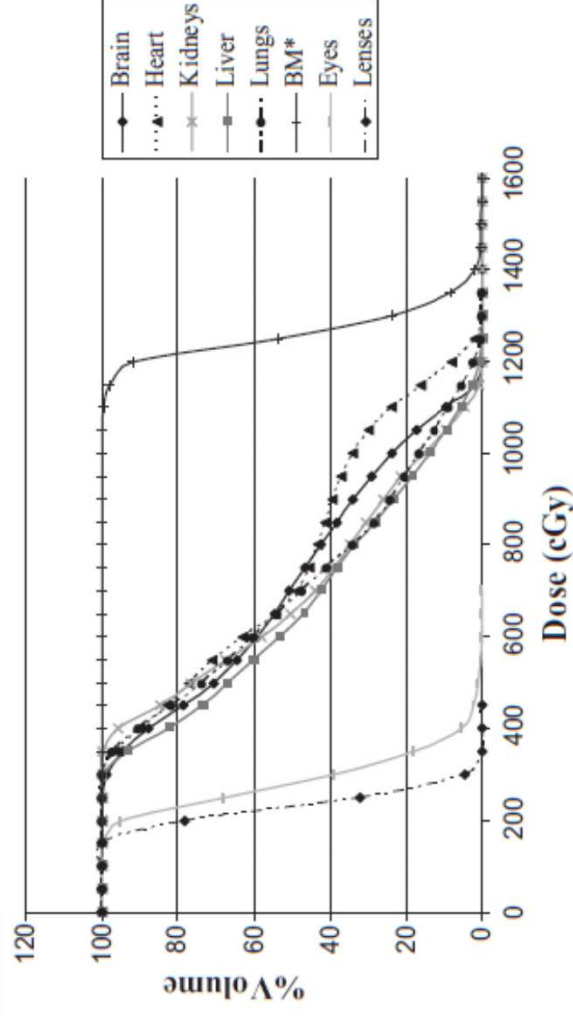


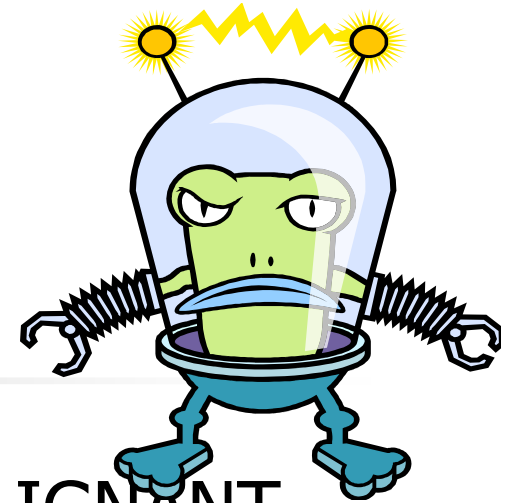
Figure 3: DVHs for the OARs and skeletal bone/marrow obtained in this pilot planning study for one patient. The DVH for the skeletal bone/marrow shows a good coverage while DVHs for all OARs are shifted to left indicating dose sparing. *Bone Marrow



CLINICAL DATA

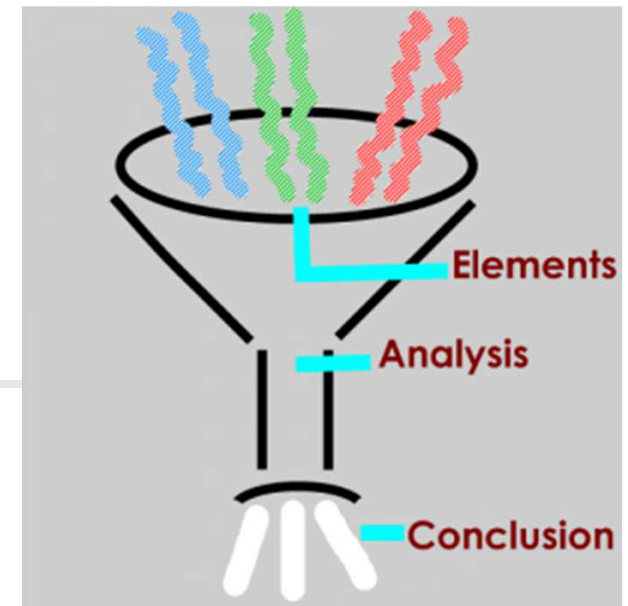
- ***Total Marrow Irradiation (TMI) with Helical Tomotherapy and PBPC Following High-Dose Melphalan and PBPC as Part of Tandem Therapy for Patients with Multiple Myeloma.***
- ***Image-Guided Total-Marrow Irradiation Using Helical Tomotherapy in Patients With Multiple Myeloma and Acute Leukemia Undergoing Hematopoietic Cell Transplantation***
- ***Total Marrow Irradiation (TMI) using Helical Tomotherapy: Dosimetric analysis demonstrates reduced organ doses which correlate with reduction in acute toxicities and predict for escalation of dose to target marrow beyond that achievable by standard TBI***

INDICATIONS FOR TBI AT CMC VELLORE

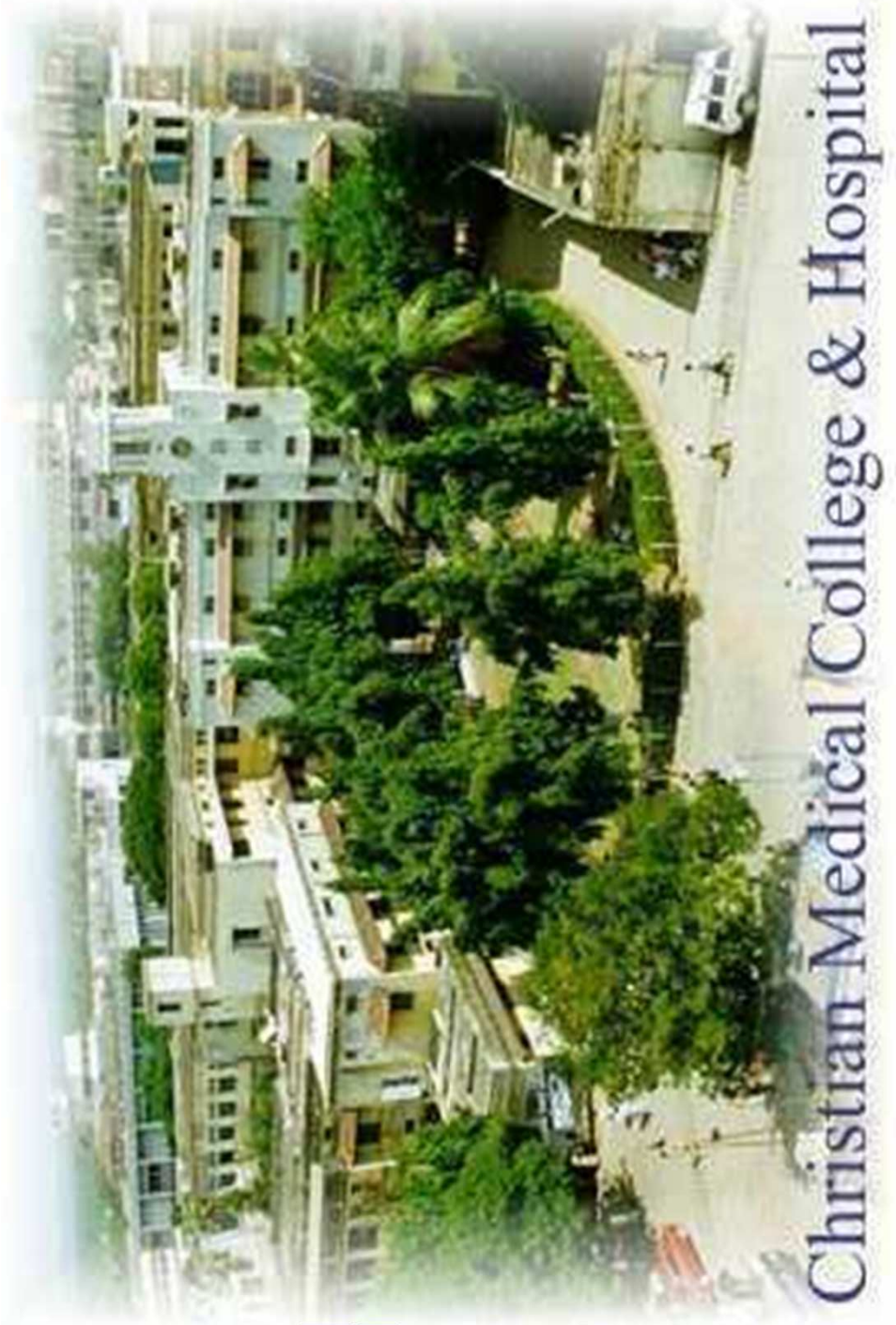


- MALIGNANT
 - ALL
 - AML – MUD
 - CML – lymphoid BT
 - NHL – young pt
 - MDS – MUD
 - Ph+ ALL - RIC
- NON-MALIGNANT
 - Aplastic anemia – sick, rejection, MUD
 - Fanconi's – rejection
 - Autoimmune disease
 - Haploidentical Tx

Conclusions



- TBI is an effective modality of treatment for patients requiring Allogeneic SCT
- Fractionation of doses and reduction of total dose has helped reduce side effects
- Used for acute and chronic leukemia, MDS and lymphomas
- Low dose TBI being increasingly used for immunosuppression with RIC protocols.



Christian Medical College & Hospital

Thank You