CASE PRESENTATION

A 82 year old man presented with c/o backache and pain in both the sides of lower ribs since 1 1/2 years. Initially managed with analgesics, but the pain did not subside. His past medical history was unremarkable.

His physical examination was normal. DRE – Normal.

Laboratory Studies

CBC – WNL

PSA (29/5/07) – 679.21 ng/ml

Imaging Studies

Ultrasound (10/5/07)



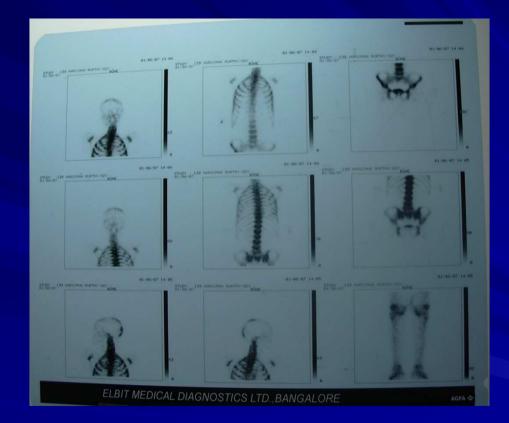
Normal study, prostate normal in size and echo texture

Chest X-Ray



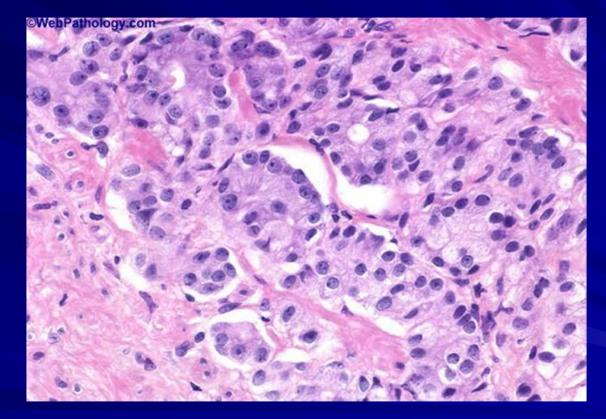
Normal Study

Bone scan (1/6/07)



Multiple areas of abnormal increase in tracer uptake over the entire skeleton. **SUPERSCAN** like appearance.

Prostate Biopsy (2/6/07)



Adenocarcinoma, Moderately differentiated, Gleason's score – 4+4

Diagnosis

Carcinoma prostate T1c Nx M1b Stage IV

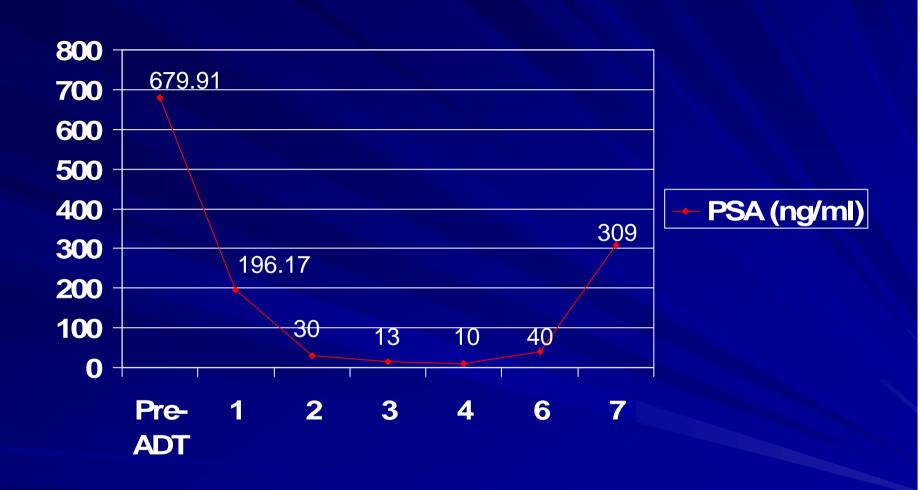
Treatment

Androgen deprivation therapy

Patient was taken up for B/L Orchidectomy (13/6/07)

He was started on T.Bicalutamide 50 mg

Follow Up?



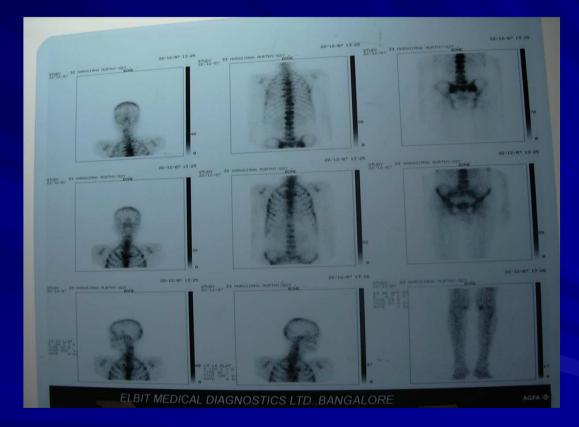
Patient had recurrence of backache, and it was very sever.

PSA – 309 ng/ml (2/1/08)

Hormone resistant prostate cancer.

Any role if investigations at this point of time?

Bone Scan



Multiple areas of abnormal uptake over the entire skeleton **SUPERSCAN**

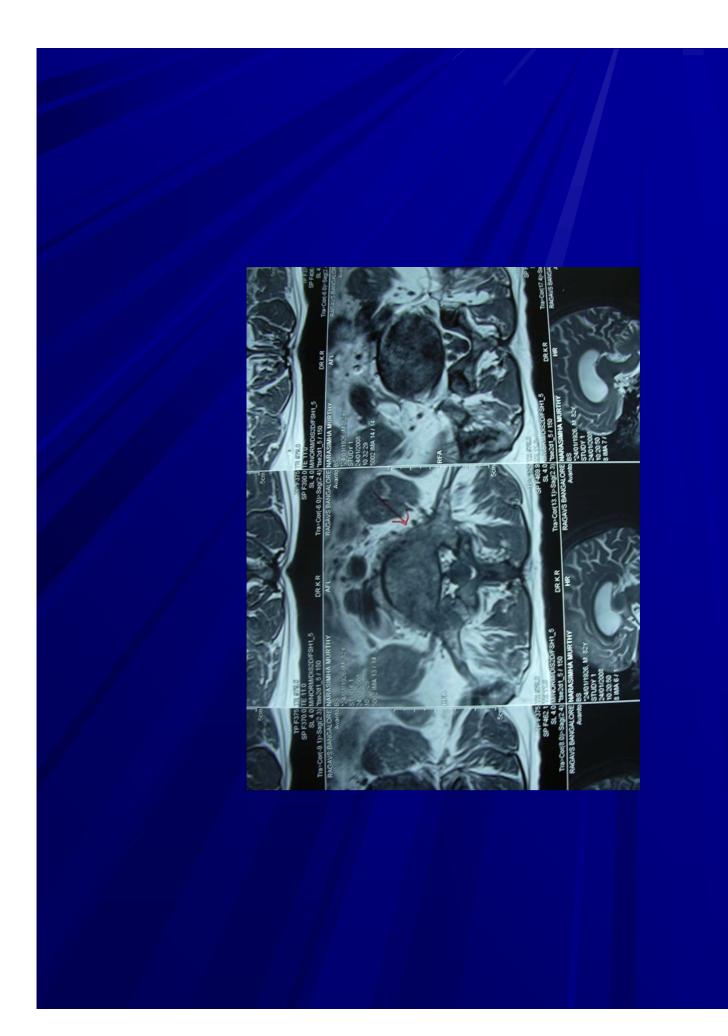
MRI (24/1/8)



Vertebral marrow appears heterogeneous in signals. T1 weighted – Hypo intense T2 – Hypo/Hyper intense

Imp – Vertebral mets.





Line of Management ?

Systemic therapy

Inj Docetaxel (75 mg/m2) 3 cycles, once in 21days.

Inj Zolendronic acid 4 mg , 3 cycles , once in 21 days.

T.Bicalutamide was stopped.

Bone Scan (2/6/08)



Multiple areas of abnormal uptake over the entire skeleton SUPERSCAN (Worsening compared to previous scan)

What next?

Patient is started on External RT on LINAC with palliative intent to thoracic spine to a dose of 3000cGy/10fr/5fr/week.

THANK YOU