

Adjuvant Treatment in Endometrial Cancer

Dr. Supriya Chopra

Professor, Radiation Oncology
ACTREC, Tata Memorial Centre

Department of Radiation Oncology and Gynecology Disease Management Group
Advanced Centre for Treatment Research and Education in Cancer, Navi Mumbai
Tata Memorial Centre



Adjuvant Treatment Selection Endometrial Cancer

- All Completed Clinical Trials in Endometrial Cancer are Based on Clinico-Pathological Risk Factors
- Treatment Selections based on Molecular risk features based on various subgroup and posthoc analysis.
- Prospective trials report PORTEC 4a expected in 2025-2026
- Rainbo Studies with Molecular classification beginning.
- Treatment Selection based on Standard Pathology
 - Adaptations based on molecular information

FIGO staging :Endometrial Cancer Report 2018

TABLE 1 Cancer of the corpus uteri.

FIGO Stage	
I ^a	Tumor confined to the corpus uteri
IA ^a	No or less than half myometrial invasion
IB ^a	Invasion equal to or more than half of the myometrium
II ^a	Tumor invades cervical stroma, but does not extend beyond the uterus ^b
III ^a	Local and/or regional spread of the tumor
IIIA ^a	Tumor invades the serosa of the corpus uteri and/or adnexae ^c
IIIB ^a	Vaginal involvement and/or parametrial involvement ^c
IIIC ^a	Metastases to pelvic and/or para-aortic lymph nodes ^c
IIIC1 ^a	Positive pelvic nodes
IIIC2 ^a	Positive para-aortic nodes with or without positive pelvic lymph nodes
IV ^a	Tumor invades bladder and/or bowel mucosa, and/or distant metastases
IVA ^a	Tumor invasion of bladder and/or bowel mucosa
IVB ^a	Distant metastasis, including intra-abdominal metastases and/or inguinal nodes)

Cancer of the corpus uteri

Frédéric Amant^{1,2,3,*} | Mansoor Raza Mirza⁴ | Martin Koskas⁵ | Carien L. Creutzberg⁶

extensive LVSI is found.⁶ The distinction made using LVSI status could be more relevant than the distinction between Stages IA and IB for predicting survival in Stage I endometrial cancer.⁷

3 | PROGNOSTIC TUMOR CHARACTERISTICS FOR HIGH-RISK DISEASE

Its early presentation following postmenopausal bleeding results in a generally good prognosis, but it should be treated using evidence-based protocols, and where appropriate, by expert multidisciplinary teams. Four main histopathologic criteria are recommended to determine high-risk disease:

1. Tumor grade 3 (poorly differentiated).
2. Lymphovascular space invasion.
3. Nonendometrioid histology (serous, clear cell, undifferentiated, small cell, anaplastic, etc.).
4. Cervical stromal involvement.

Amant, Int J Gynecol Obst 2018

Early Stage
(Localized)
(Stage I/II)

Advanced Stage (Localised)
Stage III/IVA

Low Risk

Intermediate Risk

High Intermediate Risk

High Risk

Postoperative Risk Stratification

Risk Grouping

	Low	Intermediate	High
Pathological features	Stage I <50% MI Grade I-II	>50% invasion Grade I or II <50% invasion/grade III LVSI/ Age>60	Stage II-IV Serous Clear Cell
5 year recurrence rate	2-10%	20-25%	30-65%

Low Risk Endometrial Cancer can be cured with surgery alone.

All effort of risk stratification is to identify patients that will benefit from treatment modulation

Within this group 20-25% incidence of recurrence without any adjuvant treatment.

Risk Groupings for Endometrial Cancer (2016)

	FIGO Stage	Grade	LVSI	Histology
Low Risk	I <50% Myometrial invasion	I/II	LVSI-	Endometroid
Intermediate	I =/>50% Myometrial Invasion	I/II	LVSI-	Endometroid
High Intermediate	I < 50 % myometrial invasion	III	LVSI+/-	Endometroid
	I, any depth	I/II	LVSI +	
High	I =/>50% Myometrial Invasion	III	LVSI-/+	Endometroid
	Stage II	Any Grade	Any LVSI	Any
	Stage III	Any Grade	Any LVSI	
Advanced	Stage III Incomplete surgery	Any Grade	Any LVSI	Any

SEER database: Lymphadenectomy Dissection rates

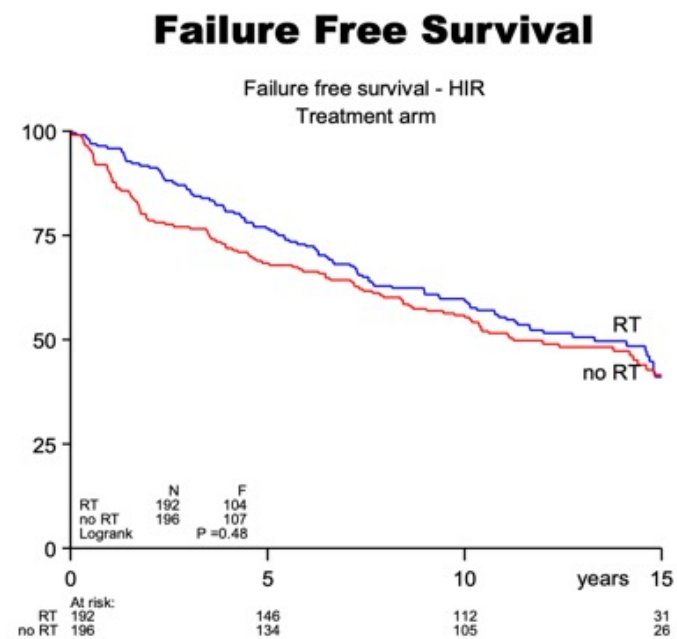
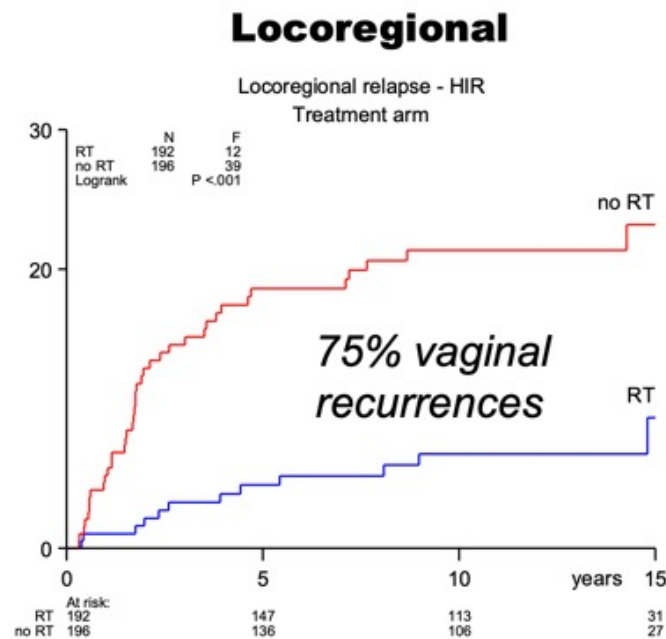
	LN Dissection Rate SEER Database
1988-1991	31%
1992-1995	40%
1996-1999	47%
2000-2003	53%
Use of LN Dissection N=42184 patients	0.81 (> 11 node removal HR 0.74 (p<0.0001)

Treatment Allocation
Early stage
(Intermediate-High)

Randomized Trials on Adjuvant Radiation

	PORTEC-1	GOG 99	ASTEC/EN.5	PORTEC-2
Risk	Intermediate Risk	Intermediate risk group	Intermediate High and High Risk (15%)	High Intermediate Risk
Surgical Staging	No	Yes	Some	No
Randomisation	Obs vs. EBRT	Obs vs. EBRT	<u>Obs</u> vs EBRT	EBRT vs. BT
Number	714	448	905	427
Pelvic Failure	15.5% vs 6% (HIR:20% vs 5%)	13% vs 4% (4% in LIR and 19% in HIR)	<u>6.1%</u> vs 3.2%	5.1% vs 2.1%
Grade ≥III GI toxicity	2.6% EBRT 0.5% No RT	2.6% 0.4%	7% EBRT 3% EBRT/VB	2% EBRT 1% VB
Life threatening Late Toxicity	1% (surgical intervention) 0.0025% death	1.3%	1% (RT arm)	None

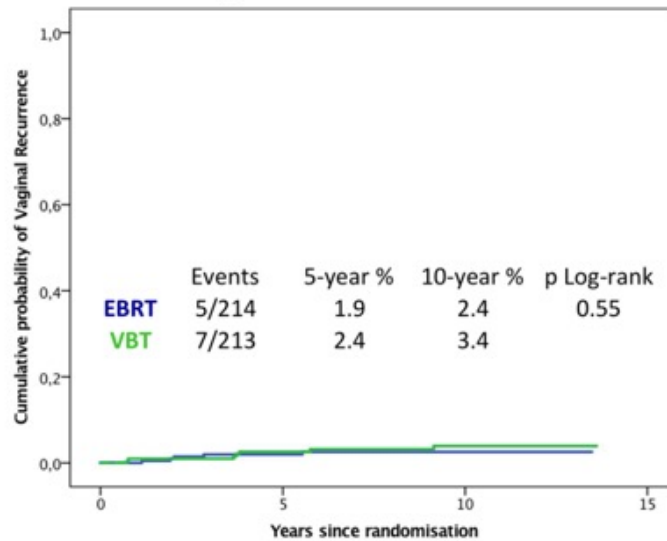
PORTEC -1 15 year follow up



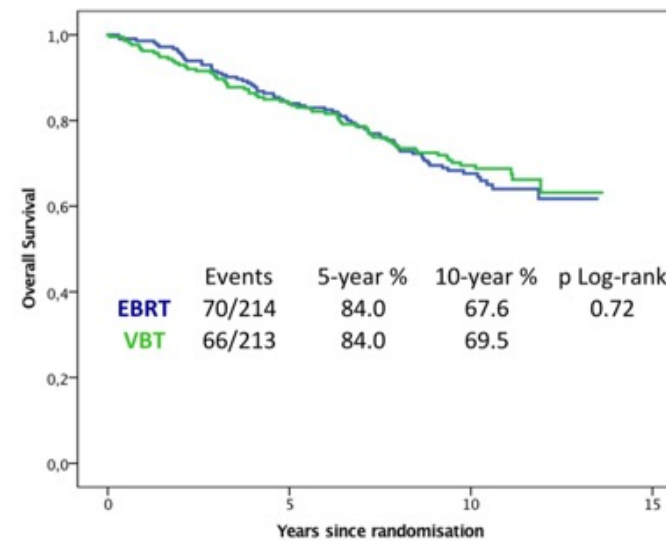
PORTEC-2 10 year follow up

Median follow-up 10.5 years

Vaginal Recurrence



Overall Survival



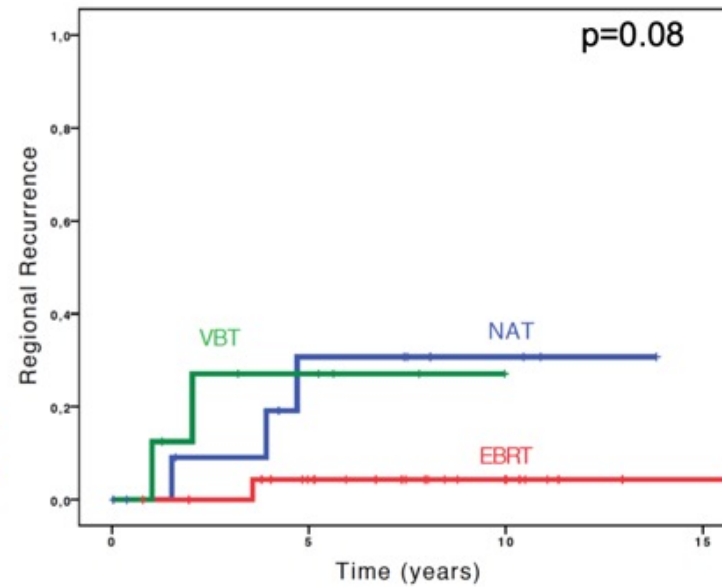
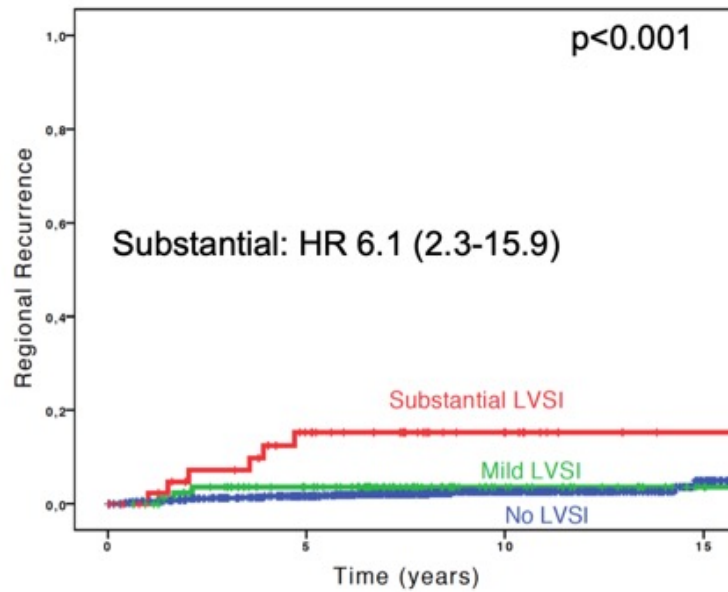
LVSI

➤ Pelvic nodal recurrence

5%

All 954 patients

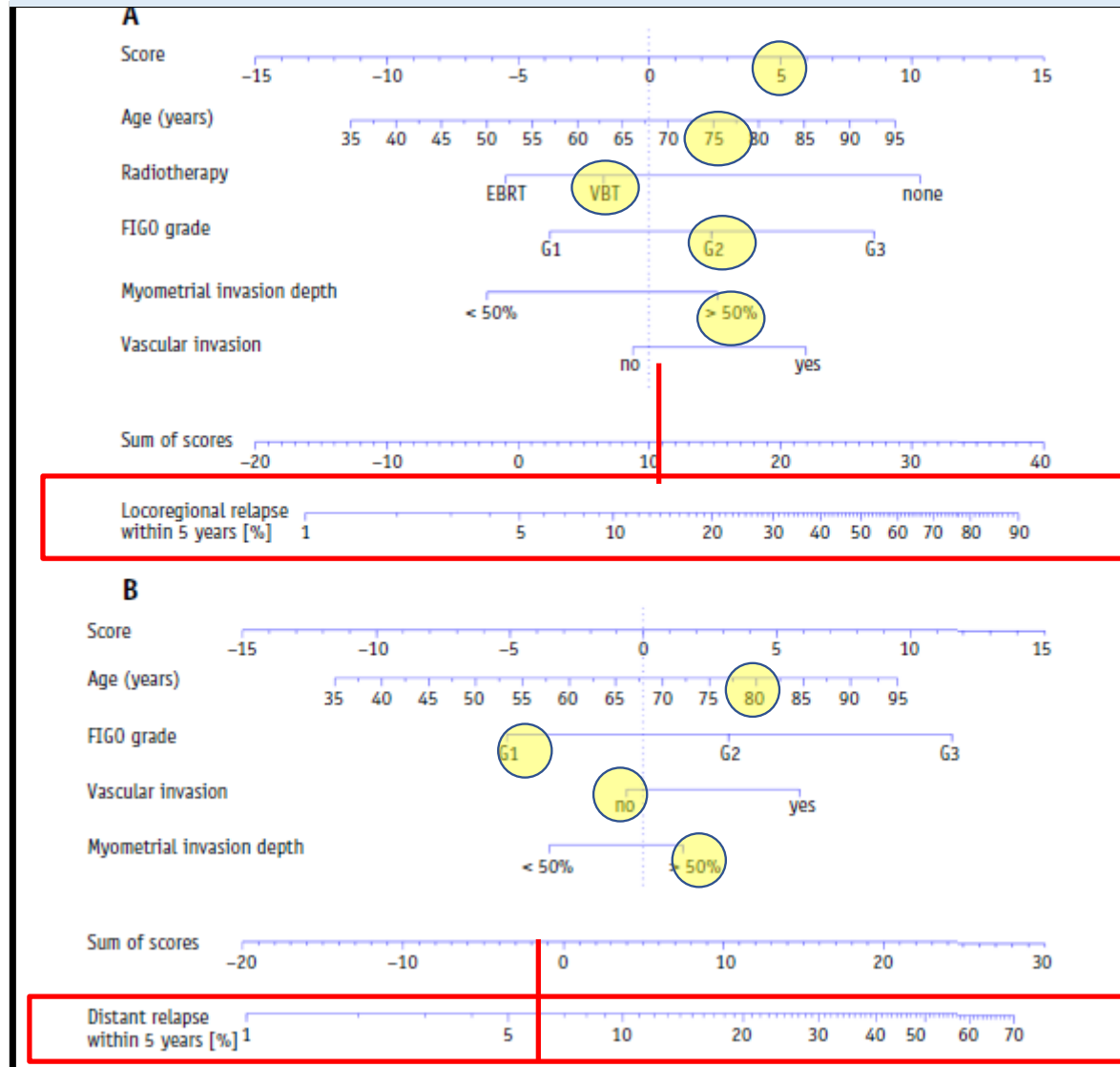
Substantial LVSI: 46 patients



Summary: Adjuvant RT Trials in Early Stage Endometrial Cancer

- **Low Risk Patients** (2009 FIGO IA gr I/II) may be **observed**.
- **Low and High Intermediate Risk:** (Age >60, IA Gr III/ IB Grade I-II) may be treated with **brachytherapy alone**.
- **LVSI +** may be considered for EBRT due to risk of PLN disease.

Nomograms for risk of relapse



PORTEC -1

PORTEC -2 Trials

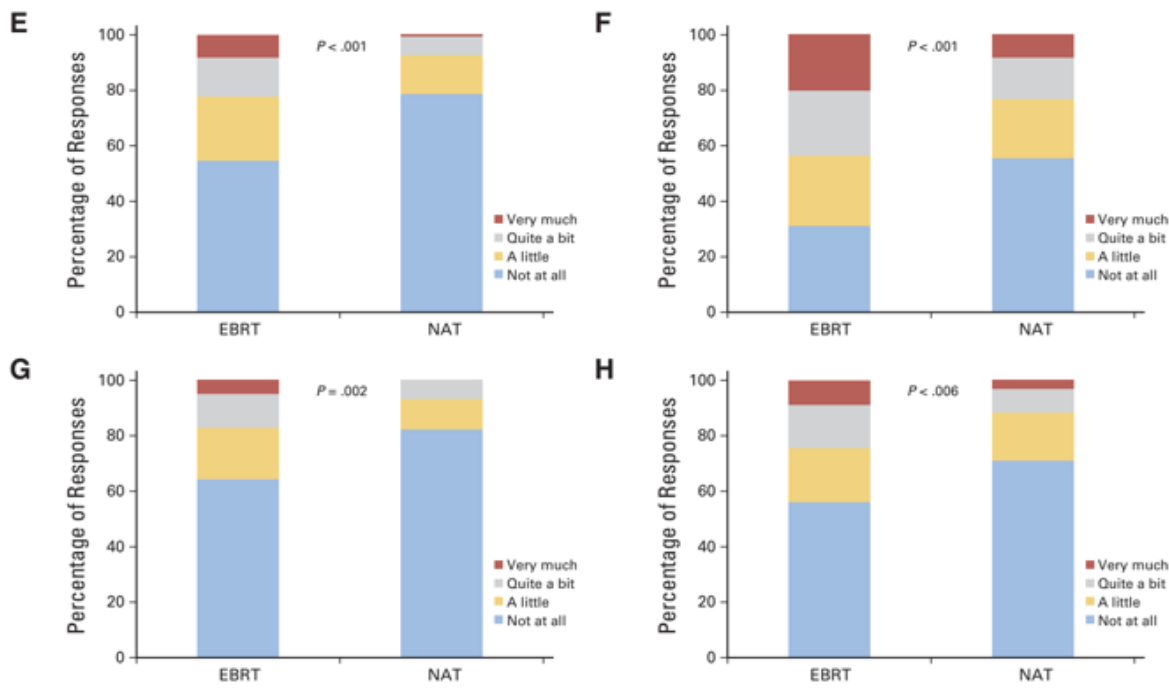
Intermediate Risk Patients
(Endometroid)

No LN Dissection

Need external validation
as 3/4th of the patients
included to make these
nomograms have
received adjuvant RT.

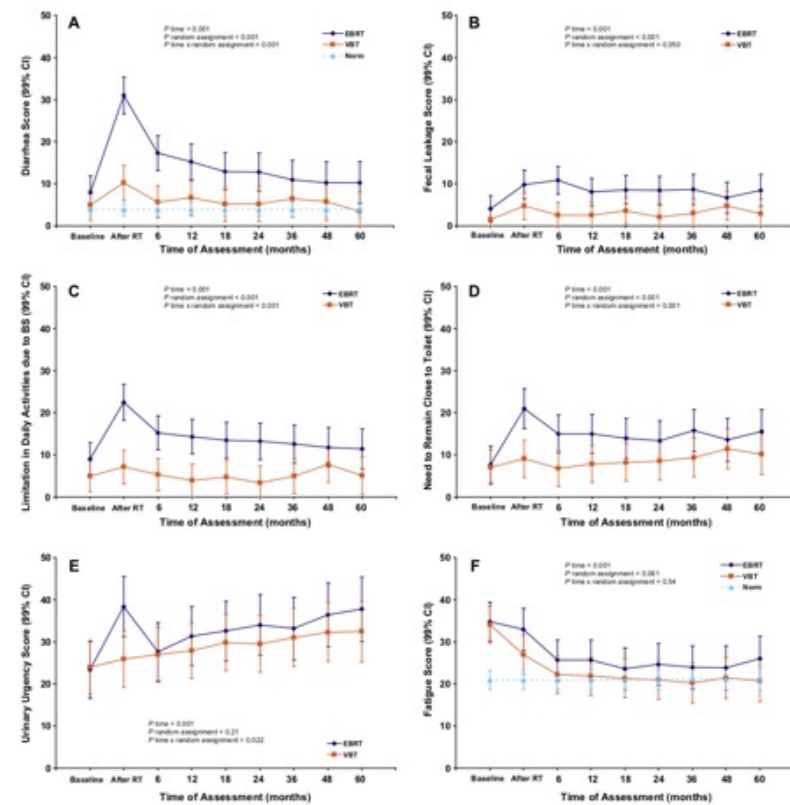
Creutzberg,
IJROBP 2014

Impact of Postoperative RT on QOL PORTEC I and II Trial : EBRT vs BT



Diarrhoea, Fecal Urgency, Fecal Leakage, Limitation of ADL

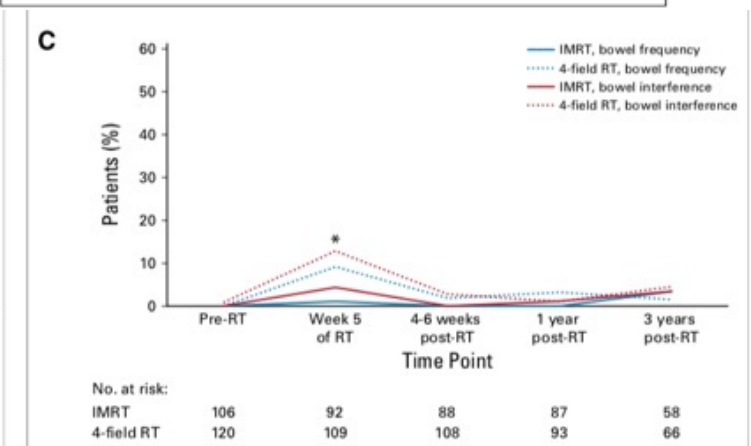
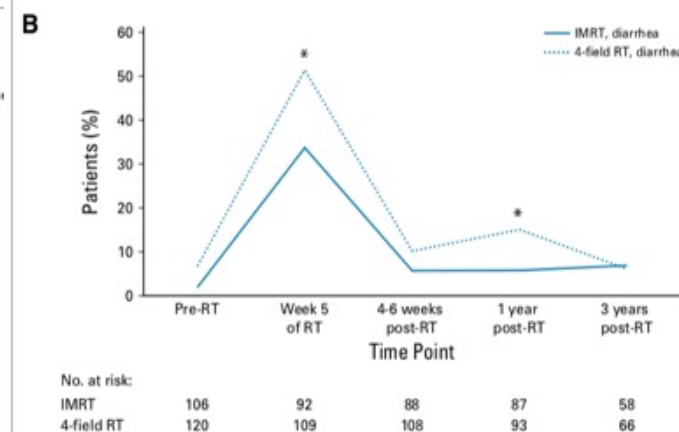
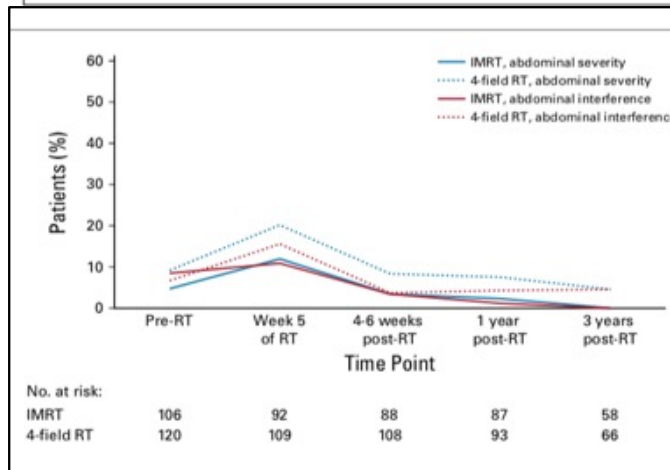
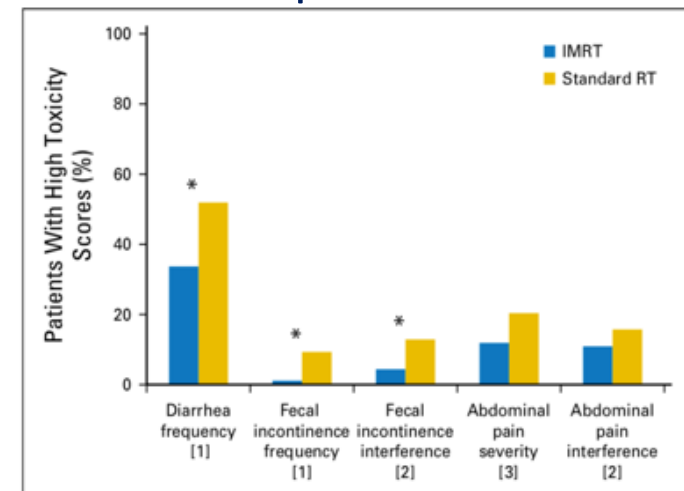
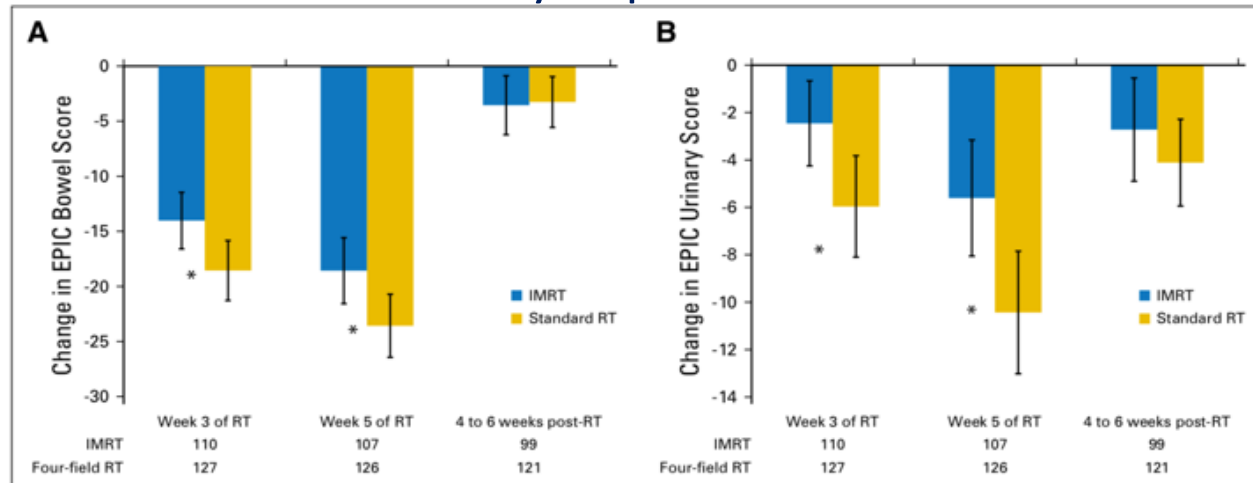
Nout RA, JCO 2011



Nout RA, Eur J Cancer 2012

TIME -C NRG Study

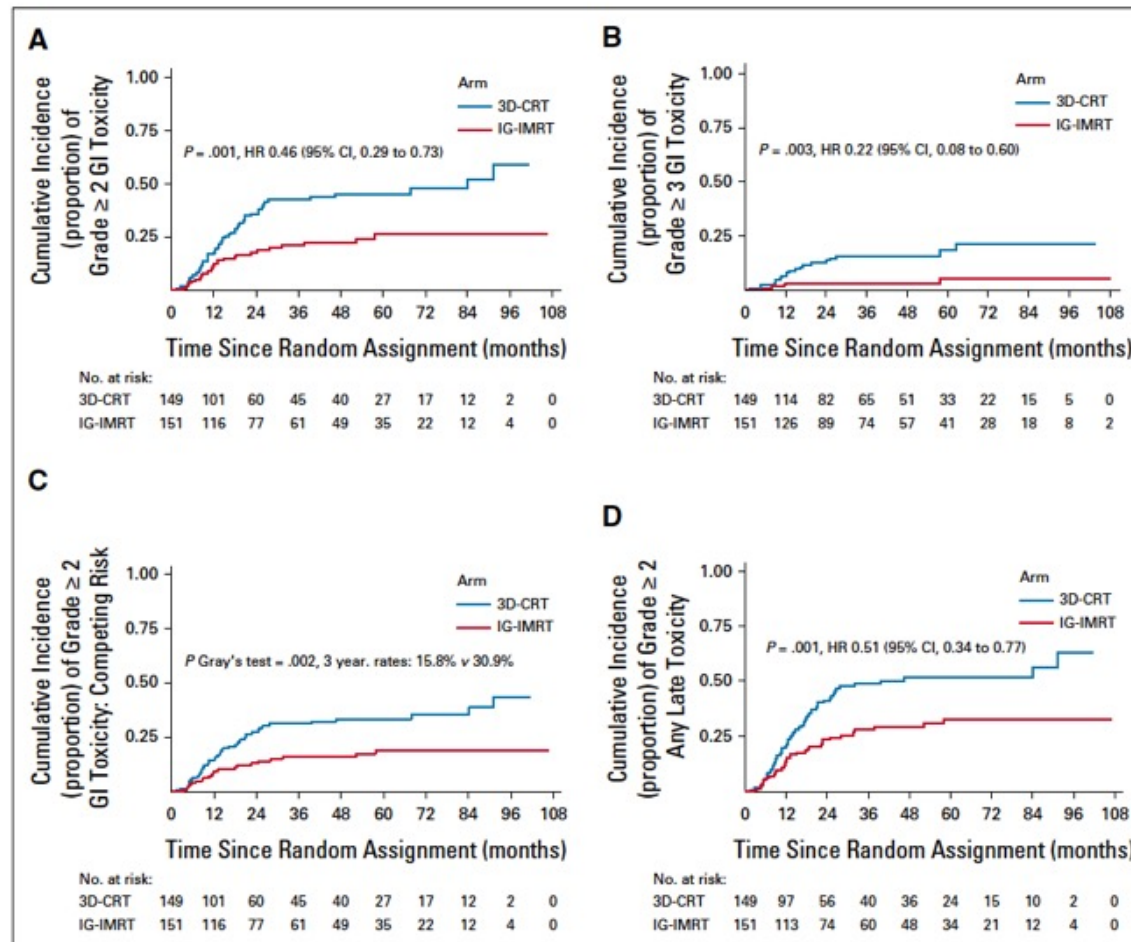
Early Impact on RT. No benefit at long term follow up



Klopp JCO 2018

Yeung, JCO 2020

Physician Reported Adverse Effects: PARCER Phase III IMRT Trial



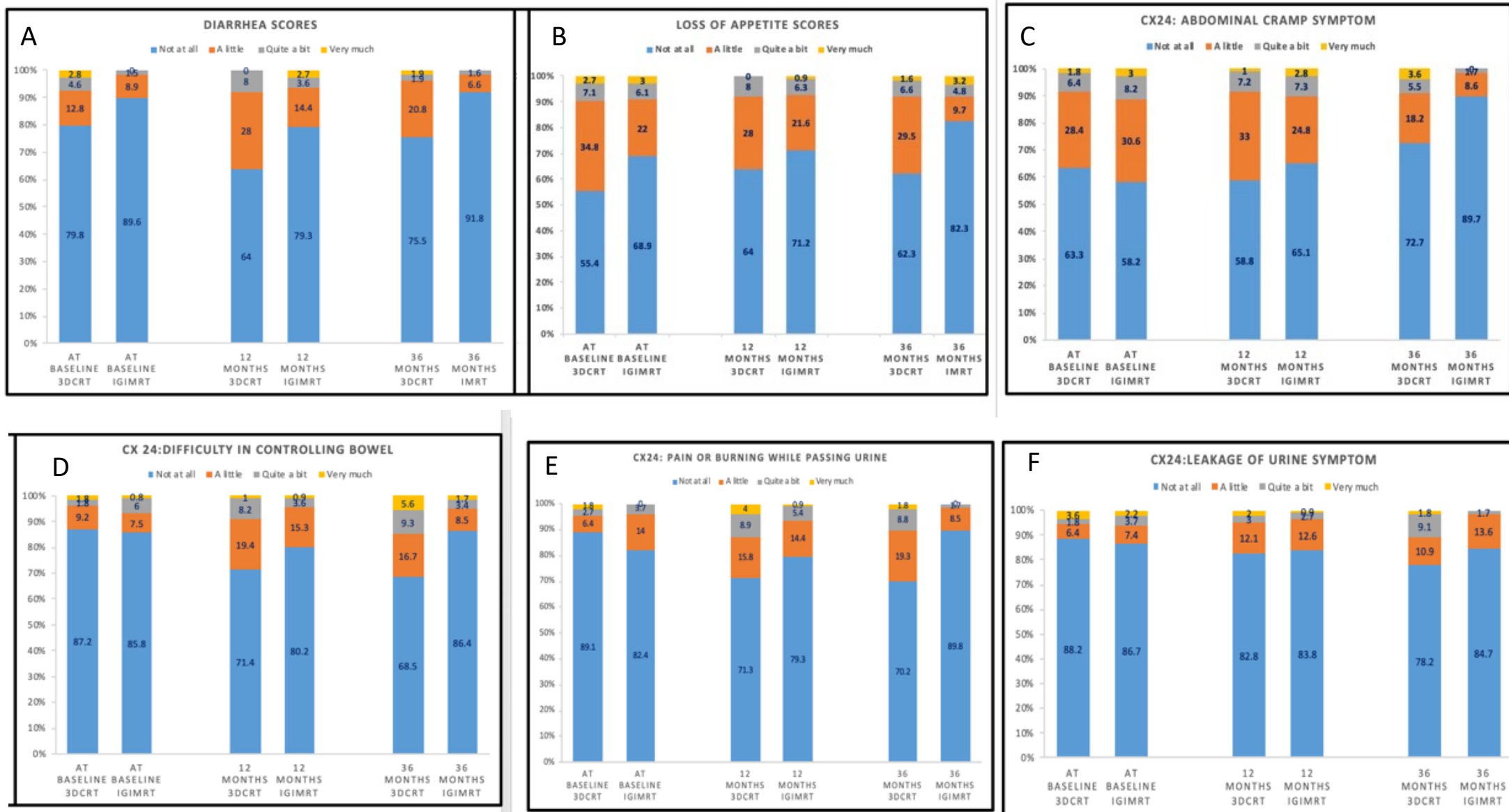


Fig 4 A- F

Special Considerations for EBRT

Patients with Familial Lynch Syndrome or HNPCC

Post Total Proctocolectomy and Ileo Rectal Anastomosis

Dual Pelvic Primary (Rectum and Endometrial Cancer)

Does Chemotherapy in addition to radiation
improve survival in early stage high risk patients?

Systemic Chemotherapy Trials: Endometrial Cancer

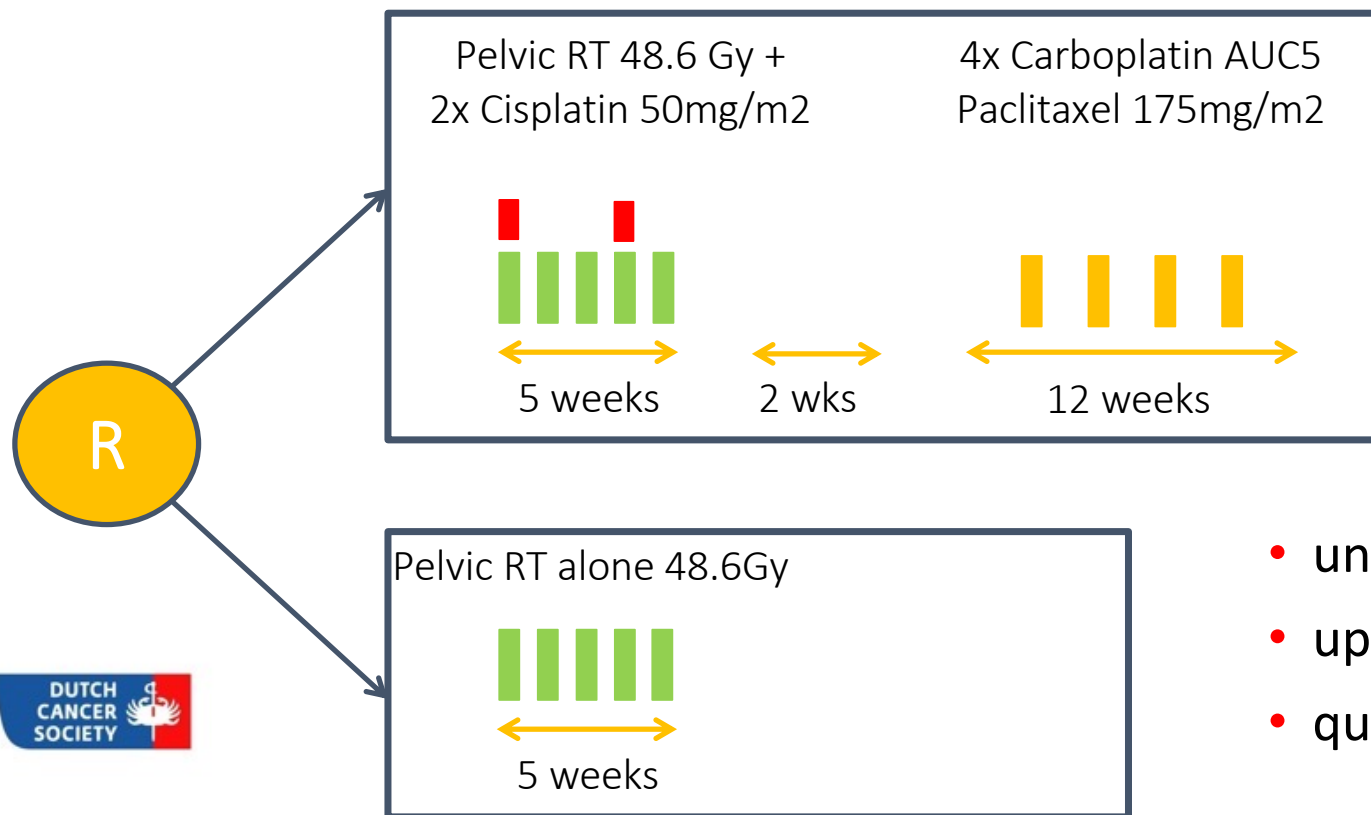
	NSGO/EORTC	MaNGO/ILIADE III	Maggi R
Number	383	156	345
Randomization	RT vs RT+CT	RT vs RT+CT	RT vs Chemo
Stage	Stage I-III, Grade II-III Type II (High Intermediate/ High)	Stage IIB,IIIA-C (High)	IC Grade III II G3>50% MI Stage III (High Risk)
PFS	24% vs 15% (p=0.04)	32% vs 19%(NS)	No difference in PFS
	PFS (8%, p=0.0009) 5% difference in OAS not significant or CSS (&%) not significant		

Small Representation of Stage I/II high risk tumours in above trials

Addition of Systemic chemotherapy not considered to be of important towards OS

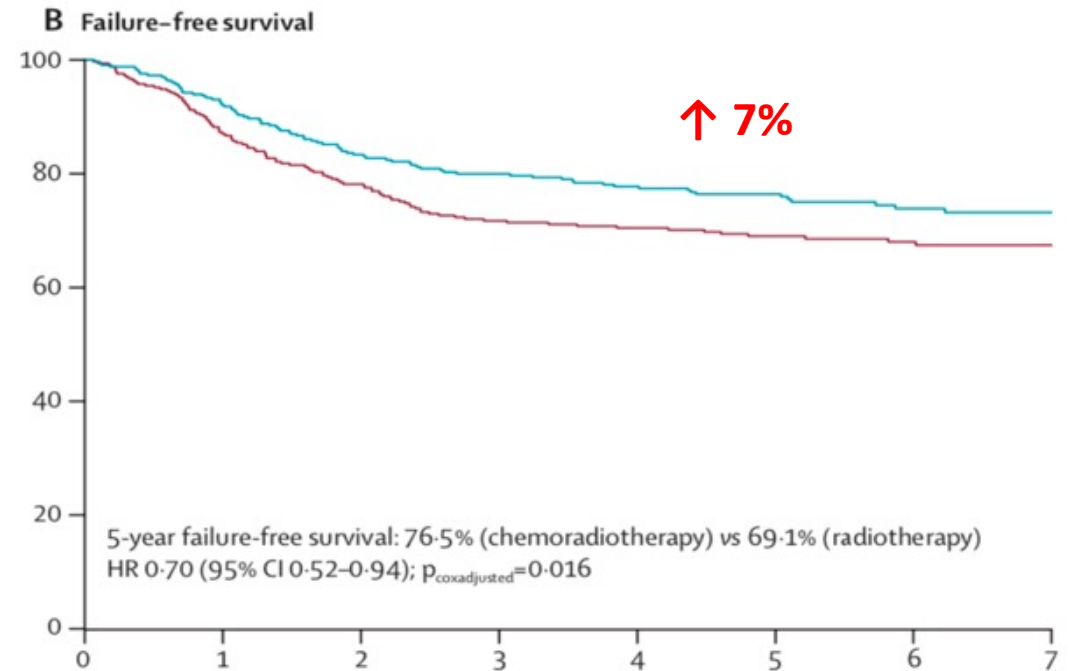
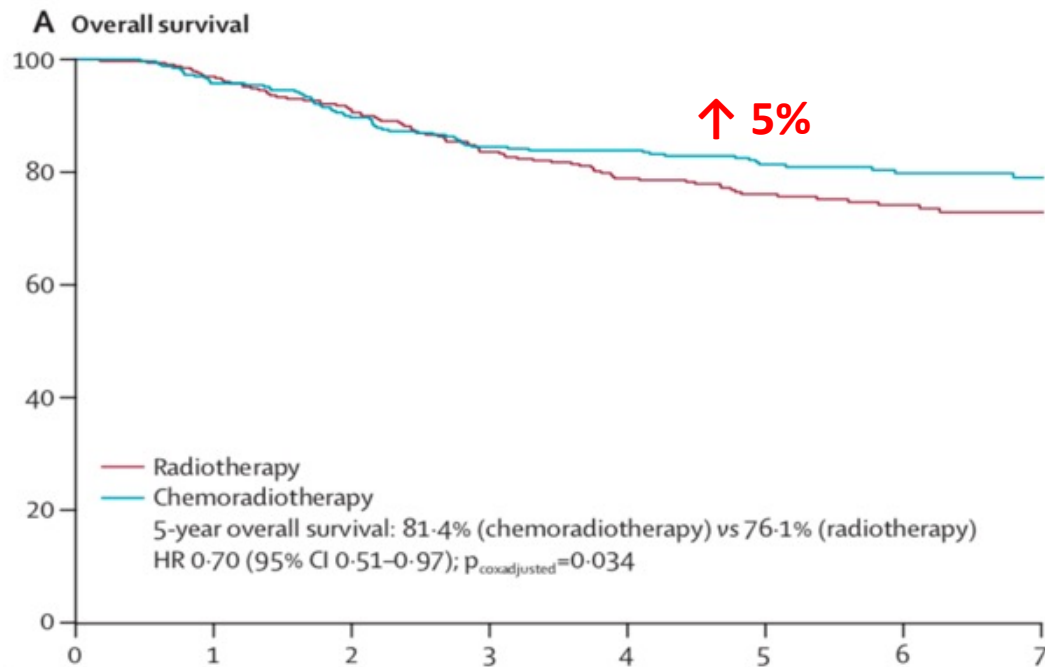
PORTEC-3

- 686 stage I High risk, stage II/III Endometrial Cancer



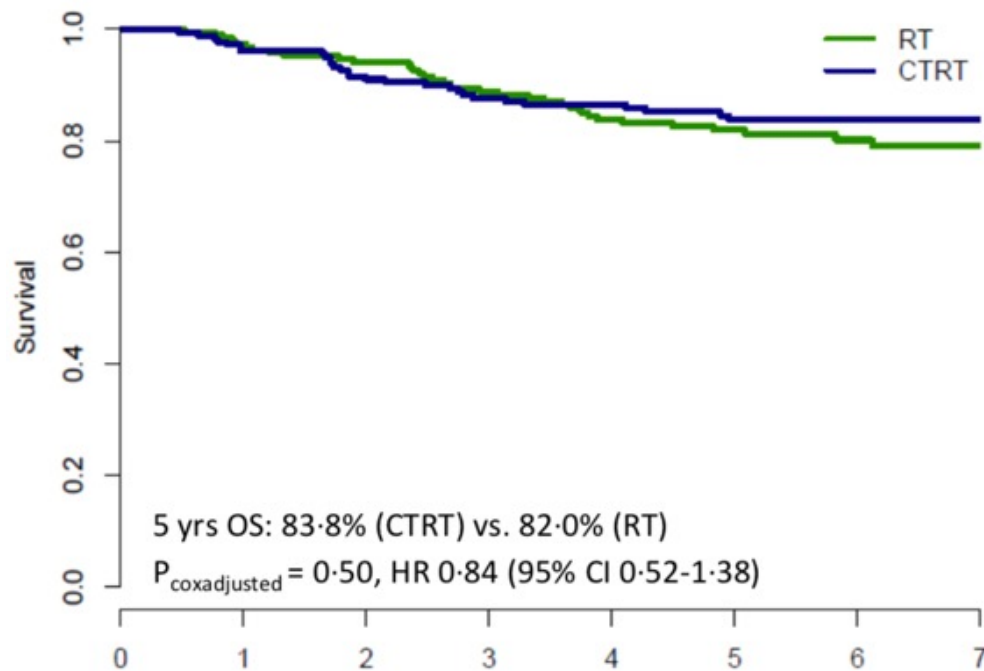
- uniform treatment schedule
- upfront pathology review
- quality of life analysis

PORTEC-3: overall & failure free survival

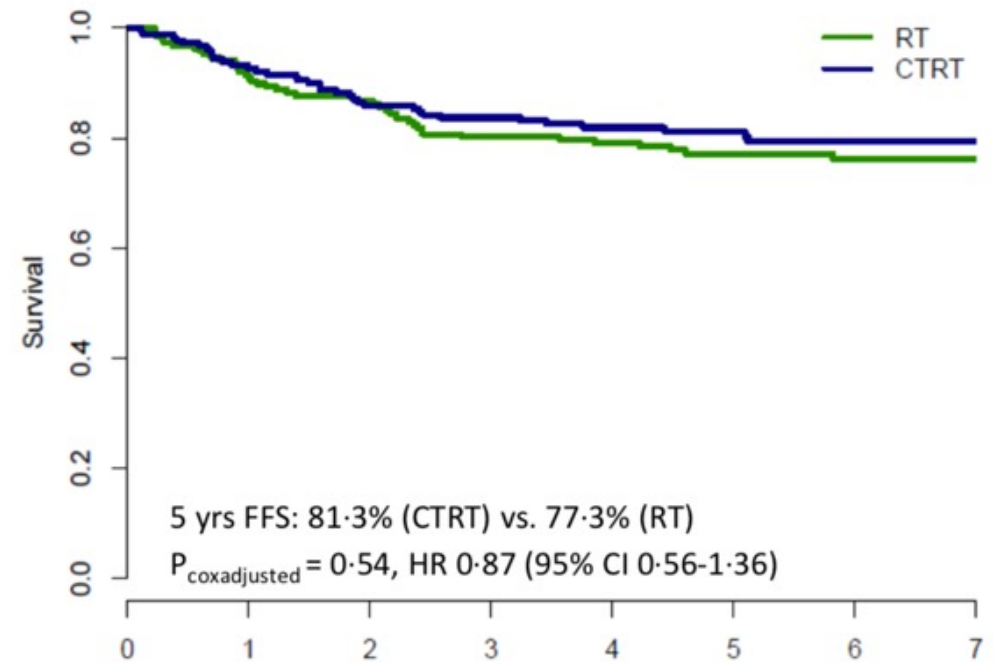


PORTEC-3: stage I/II

A. Overall survival in stage I/II



B. Failure-free survival in stage I/II



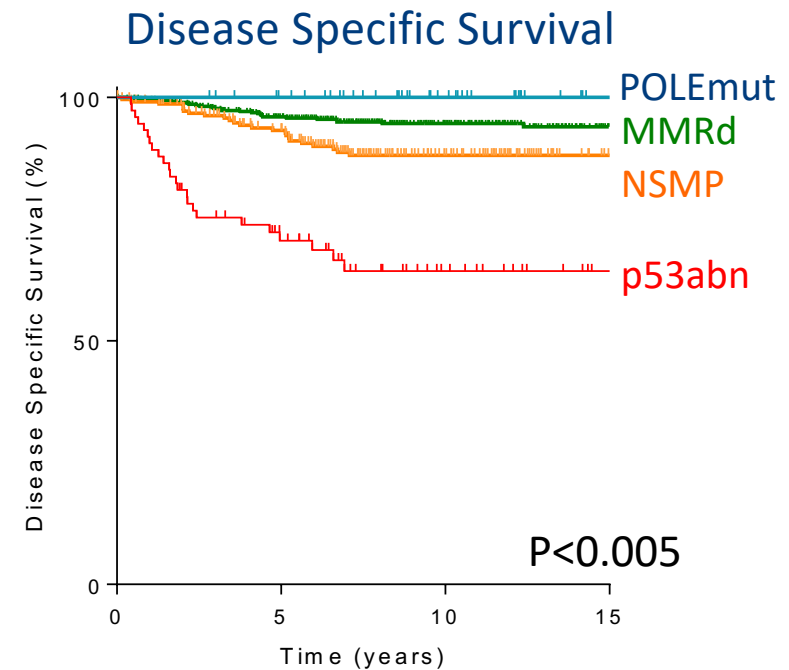
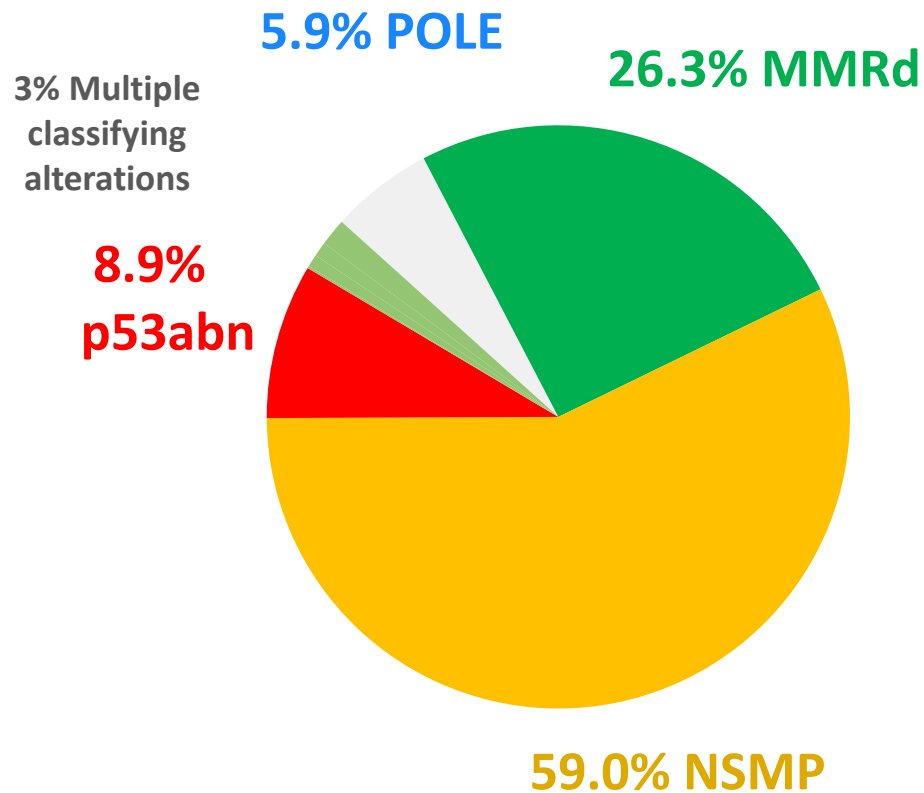
➤ Stage I/II: no significant difference in Overall or Failure Free Survival

	Patient Population	N	Randomization	Primary Endpoint	Results
PORTEC III ASCO	High Risk Stage I Grade III LVSI, Stage II-III Type II Histology	660	RT+CT F/B Chemo RT Alone	5 yr OS 5 yr FFS	82% vs 77%(p=0.18) 76% vs 69% (p=0.07) * 9-10% stage III Unplanned
GOG 249	High Risk Stage I Stage II Stage I-II serous	601	Vaginal Brachy+Chemo (p+cx 3) Vs Pelvic RT+/-BT	RFS	VCB+Chemo not superior 82% at 3 yrs 91% OS at 3 yrs Higher PA node in VB+chemo Higher Toxicity
GOG/NRG High Risk	Stage III-IV Optimally debulked Stage I-II Serous (Essentially Stage IIIC)	813	Cisplatin+RT f/b chemo vs Pacli Carbo	5yr RFS	No difference in 5 yr RFS or OS Survival/QOL awaited
JGOG 2403	High Risk, Stage I Grade III LVSI Stage II-III Type II Histology Stage IV no mets outside abdomen	788	Doxo+CDDP Docetaxel+CDDP Pacli+Carbo ? No RT	5 year PFS	No difference in 5 yr PFS and OS Toxicity profile better with Docetaxel+Platinum

Molecular Classification Endometrial Cancer

	POLE (Ultramutated)	MSI (Hypermutated)	Copy Number Low (NSMP)	Copy Number High
Copy Number Aberrations	Low	Low	Low	High
Microsatellite Instability	Mixed MSI High,Low,Stable	High Lynch Associated	Stable	Stable
Mutation Rate	Very High	High	Low	Low
Genes Commonly Mutated	POLE PTEN PI3KCA PI3KR1 FBXW7 ARID1A KRAS ARIDSB	PTEN RPL22 KRAS PIK3CA PIK3R1 ARID1A	PTEN CTNNB1 PIK3CA	TP53 PIK3CA
Histological Type	Endometrioid	Endometrioid	Endometrioid	Serous, Endometrioid,Mixed
Tumour Grade	Grade I-III	Grade I-III	Grade I-II	Grade III
Progression Free Survival	Good	Intermediate	Intermediate	Poor

PORTEC-1&2 (N=834 HIR, endometrioid)



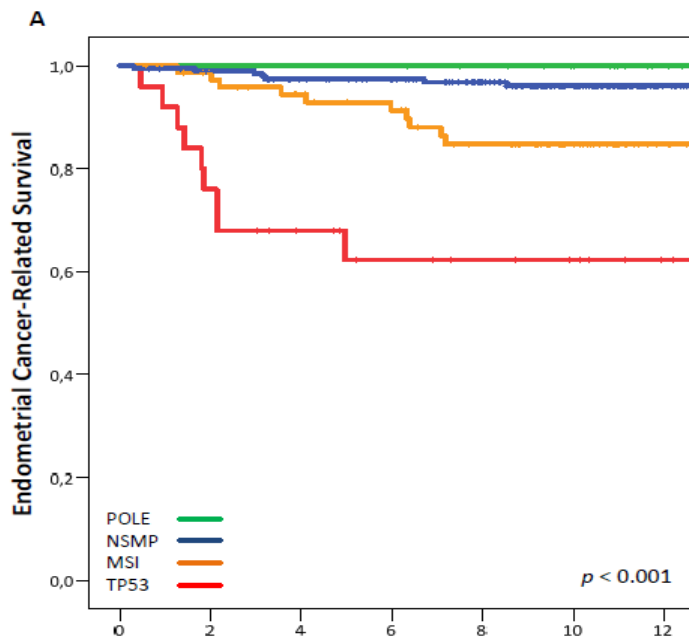
High-intermediate risk

Stelloo et al, CCR 2016

Surrogate markers improve prognostic accuracy in low stage, **intermediate risk** endometrial cancer

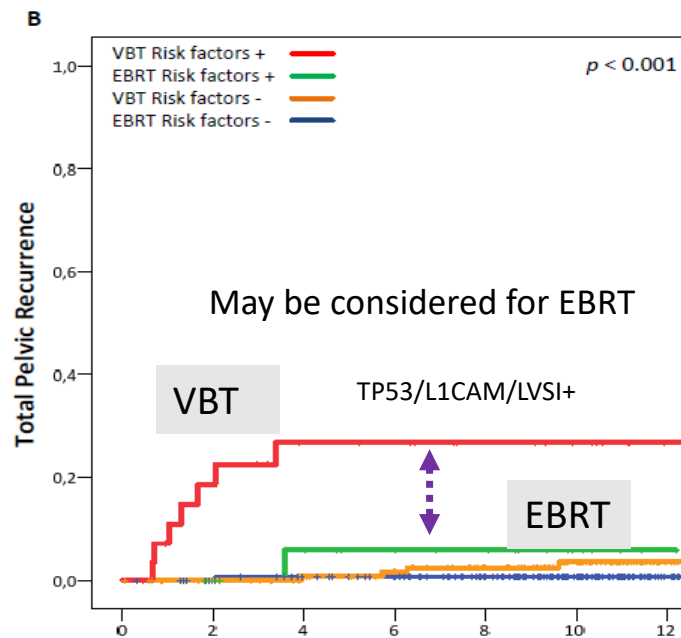
PORTEC-2 trial – 10-year results “HIR”

Endometrial Cancer Related Survival



	Years since randomisation						
Number at risk	0	2	4	6	8	10	12
POLE	16	16	16	16	14	11	3
NSMP	199	193	184	175	148	98	20
MSI	77	71	64	58	49	31	6
TP53	25	19	14	10	8	6	2

Pelvic Recurrence



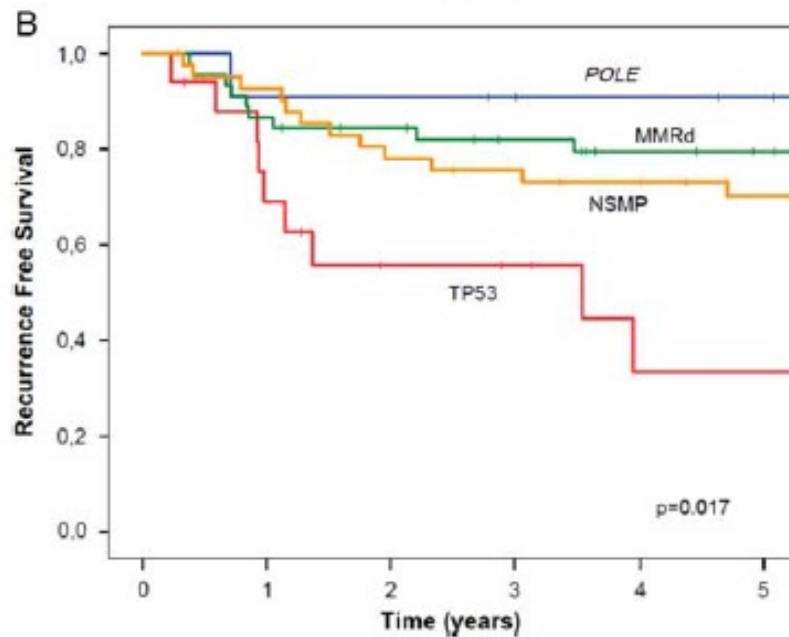
	Years since randomisation						
Number at risk	0	2	4	6	8	10	12
VBT RF +	29	21	16	15	11	8	2
EBRT RF +	21	19	16	13	11	5	1
VBT RF -	140	134	127	121	107	76	16
EBRT RF -	154	147	138	126	106	67	15

- EBRT provides better pelvic control in patients with molecular risk factors or substantial LVSI
- These findings support treatment based on molecular integrated risk profiles

Molecular classification of high grade EC

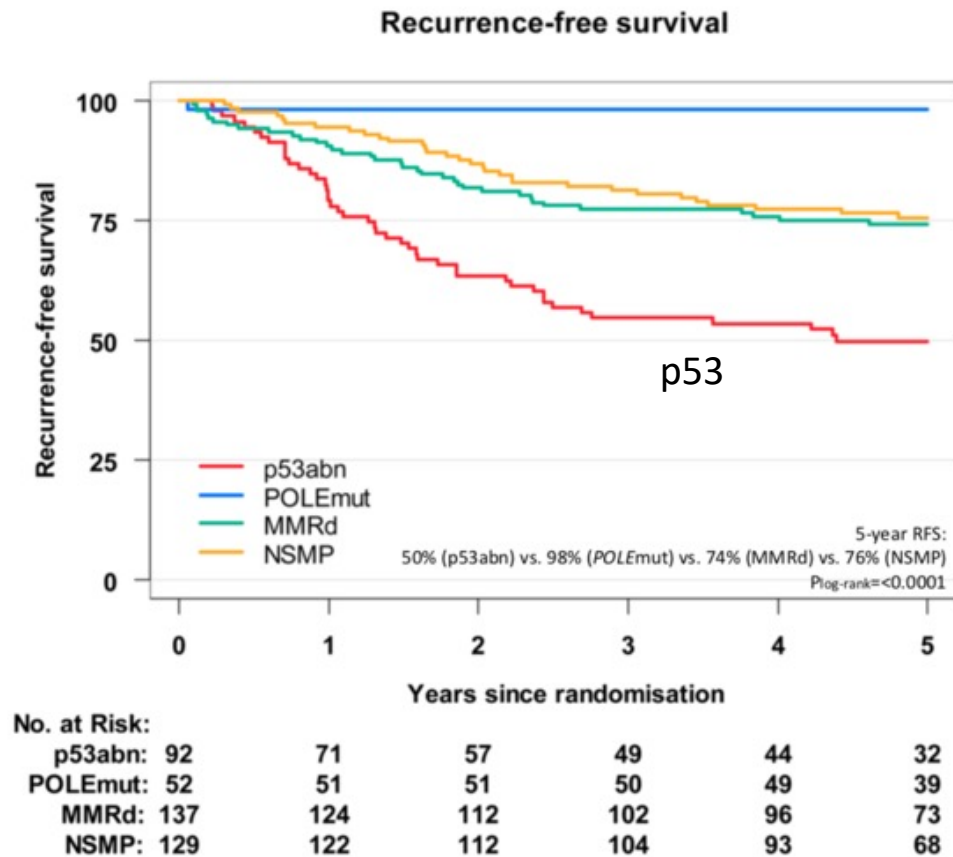
N=381; international collaboration

Stage I grade 3



- Molecular classification refines the prognosis of grade 3 endometrial cancer
- Prognostic independent from stage
- Grade 3 endometrial cancer is **not** a homogeneous 'high risk' cohort

PORTEC-3: molecular subgroups (N=410)

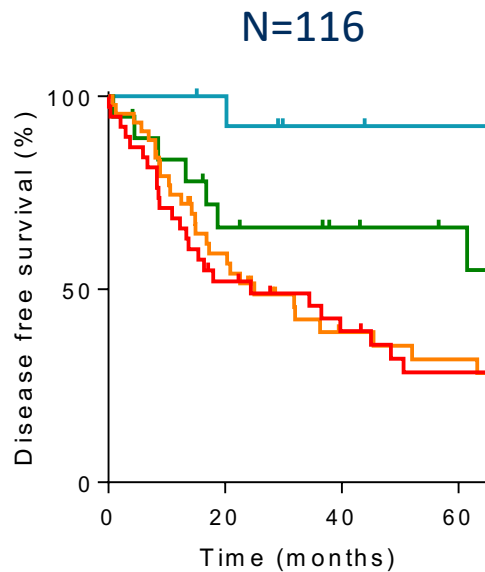


	Events	5-year estimate, %	HR (CI95%)	p-value
p53abn EC				
RT	28	37.2	1	
RT-CT	20	61.1	0.50 (0.28-0.89)	0.017
POLEmut EC				
RT	1	96.6	1	
RT-CT	0	100	0.02 (<0.01->10 ⁴)	0.632
MMRd EC				
RT	17	75.8	1	
RT-CT	18	72.4	1.15 (0.59-2.22)	0.687
NSMP EC				
RT	19	69.9	1	
RT-CT	17	81.2	0.71 (0.37-1.37)	0.311

Creutzberg et al, Presented at ESMO 2019

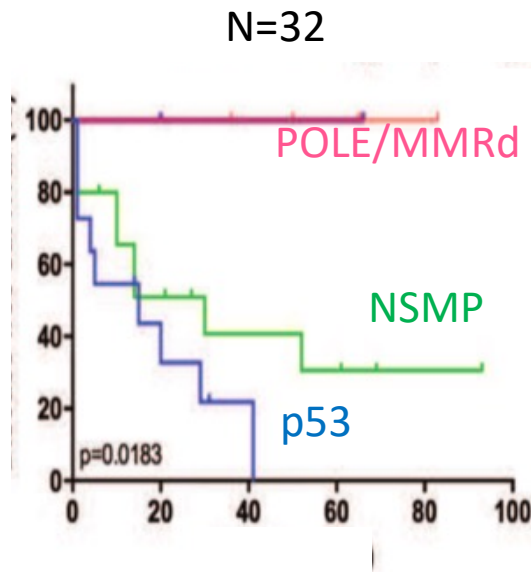
Slide Courtesy: R Nout

Non-Endometrioid by surrogate marker



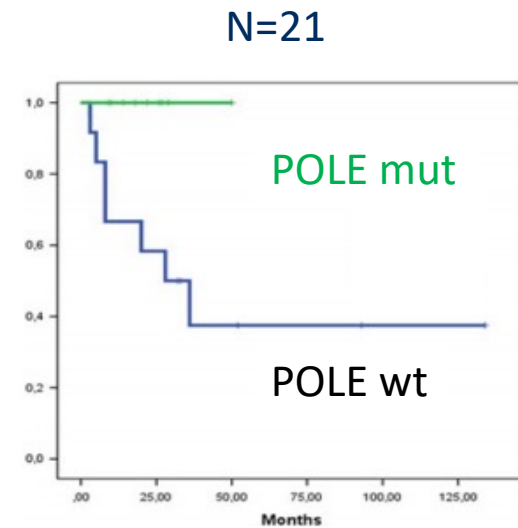
High-risk Endometrial Carcinomas

Stelloo et al, Mod Path 2015



Clear Cell Endometrial Carcinomas

DeLair et al, J Path 2017

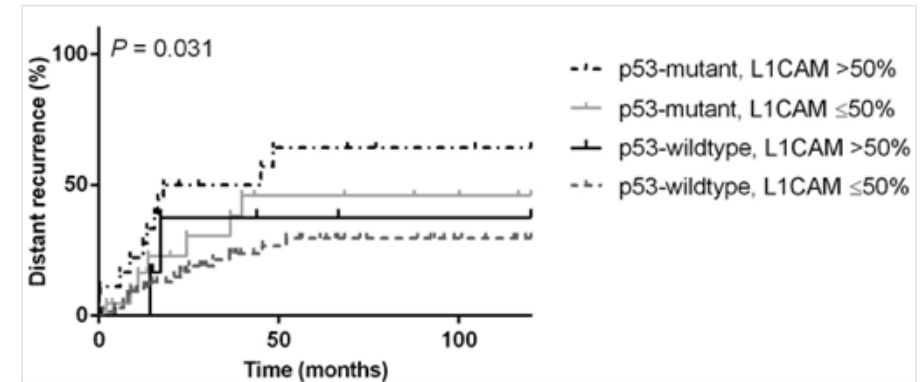
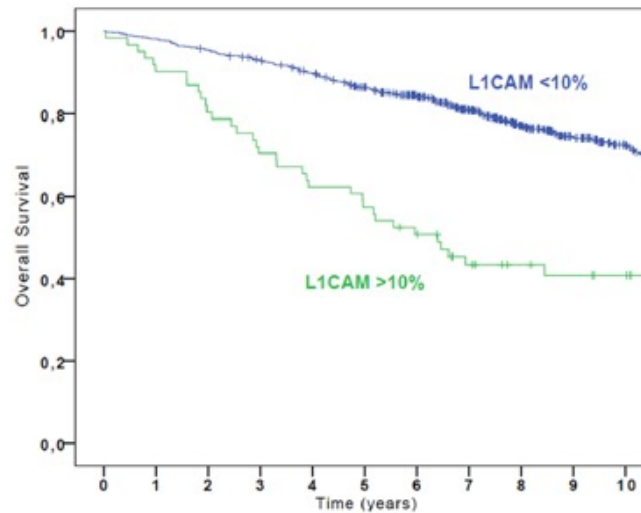
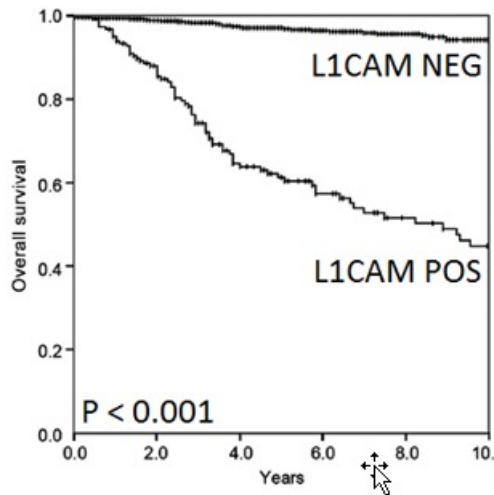


Un/Dedifferentiated Carcinomas

Espinosa et al, AJSP 2017

Prognostic refinement **may** be generalizable to high-risk and non-endometrioid histotypes – larger cohorts required!

Prognostic value of L1- cell adhesion molecule (L1-CAM)

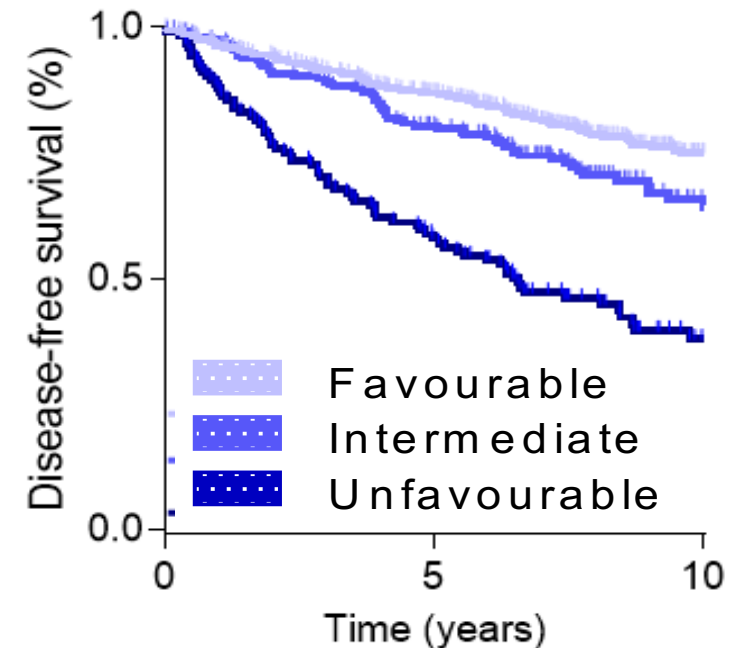
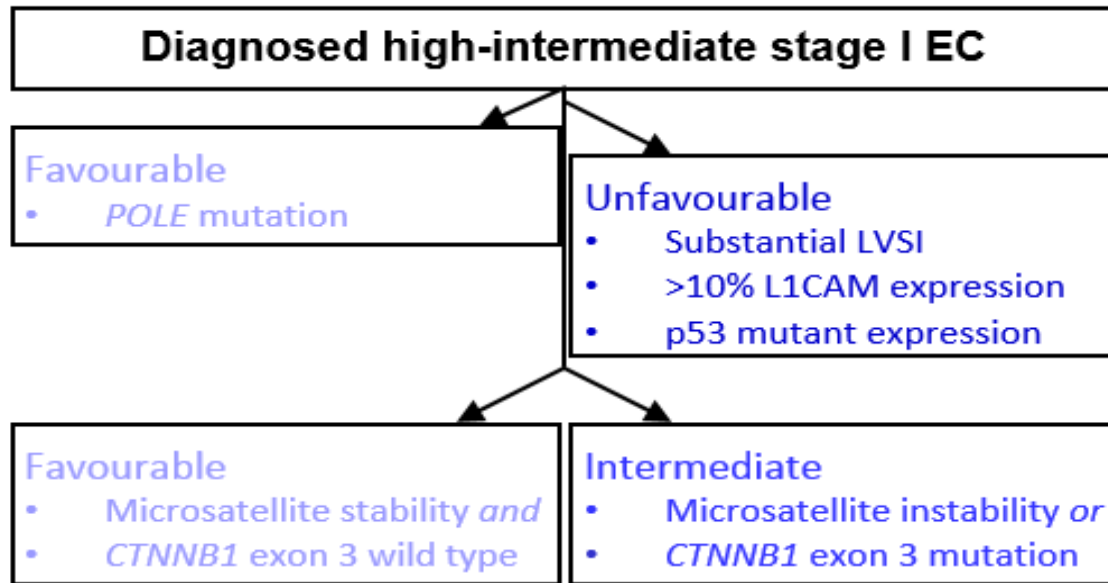


L1-CAM independent from TP53 mutation

L1-CAM overexpression is a strong negative prognostic factor, associated with EMT

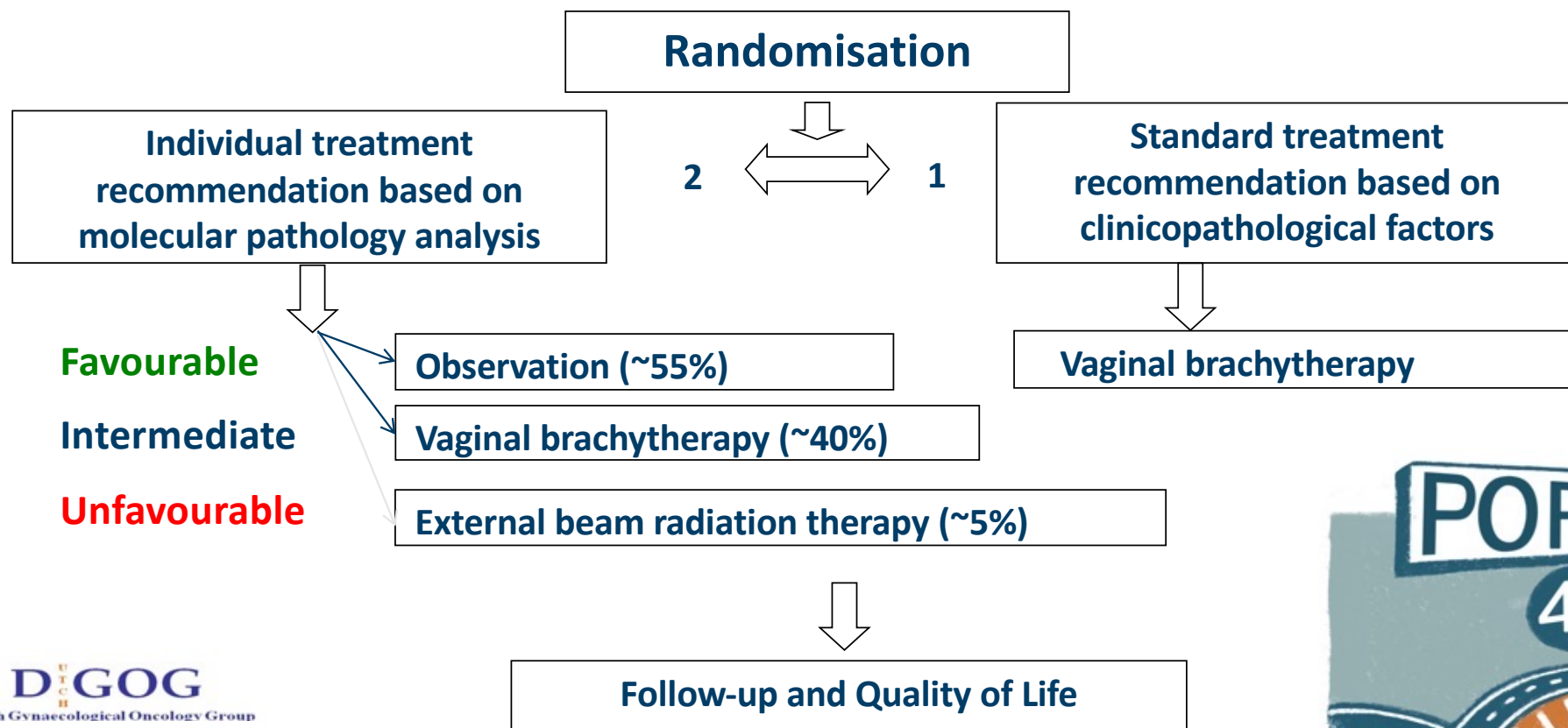
- About 7-10% of EC are L1CAM+
- More often L1CAM+ in grade 3, p53+, non-endometrioid cancers
- Independent from TP53 mutation
- Combined p53-mutant and L1-CAM expression more unfavorable than either one

Molecular integrated risk profile PORTEC-1 and 2



- **55%** of high-intermediate risk patients reclassified to **favourable**
- **15%** of high-intermediate risk patients reclassified to **unfavourable**

PORTEC-4a: molecular integrated vs standard indications for adjuvant treatment



Molecular Risk Based Treatment Selection

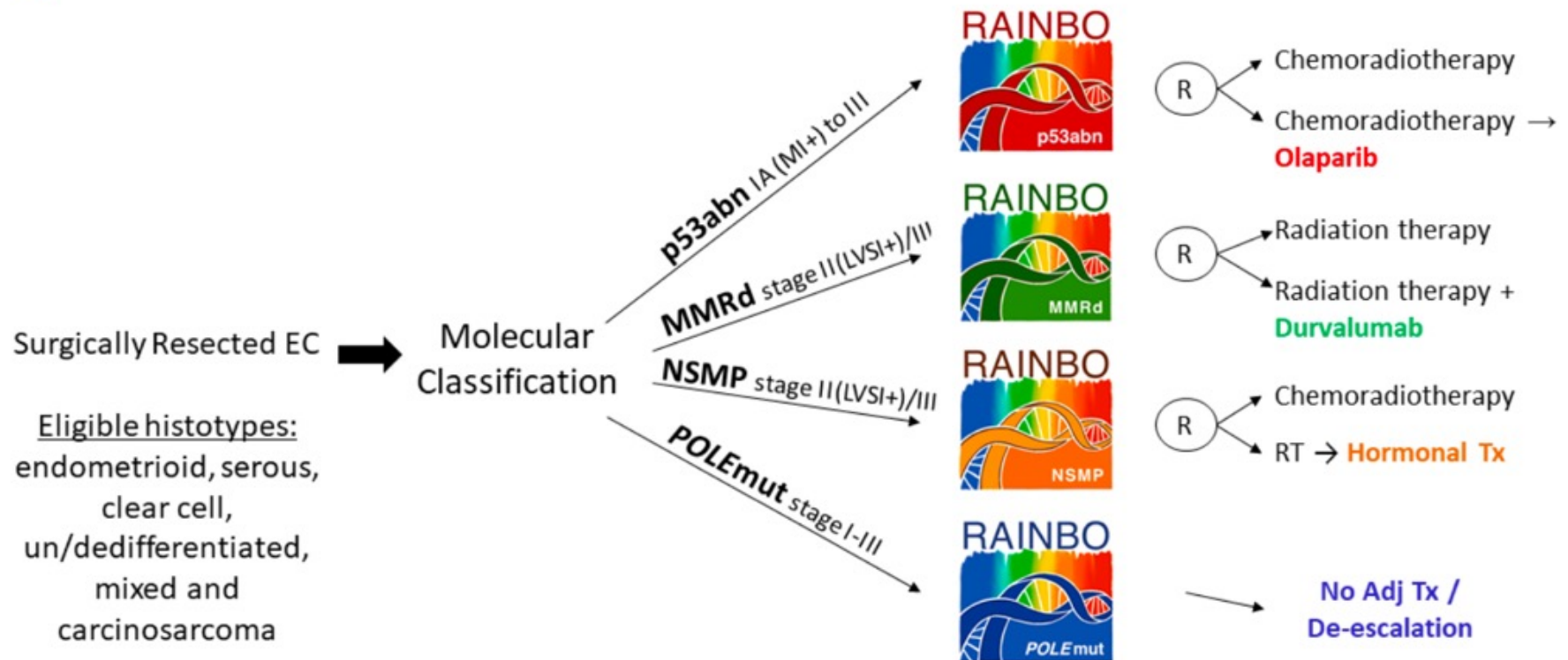
Risk group	Molecular classification unknown	Molecular classification known*†
Low	<ul style="list-style-type: none"> ▶ Stage IA endometrioid + low-grade‡ + LVSI negative or focal 	<ul style="list-style-type: none"> ▶ Stage I-II POLEmut endometrial carcinoma, no residual disease ▶ Stage IA MMRd/NSMP endometrioid carcinoma + low-grade‡ + LVSI negative or focal
Intermediate	<ul style="list-style-type: none"> ▶ Stage IB endometrioid + low-grade‡ + LVSI negative or focal ▶ Stage IA endometrioid + high-grade‡ + LVSI negative or focal ▶ Stage IA non-endometrioid (serous, clear cell, undifferentiated carcinoma, carcinosarcoma, mixed) without myometrial invasion 	<ul style="list-style-type: none"> ▶ Stage IB MMRd/NSMP endometrioid carcinoma + low-grade‡ + LVSI negative or focal ▶ Stage IA MMRd/NSMP endometrioid carcinoma + high-grade‡ + LVSI negative or focal ▶ Stage IA p53abn and/or non-endometrioid (serous, clear cell, undifferentiated carcinoma, carcinosarcoma, mixed) without myometrial invasion
High-intermediate	<ul style="list-style-type: none"> ▶ Stage I endometrioid + substantial LVSI regardless of grade and depth of invasion ▶ Stage IB endometrioid high-grade‡ regardless of LVSI status ▶ Stage II 	<ul style="list-style-type: none"> ▶ Stage I MMRd/NSMP endometrioid carcinoma + substantial LVSI regardless of grade and depth of invasion ▶ Stage IB MMRd/NSMP endometrioid carcinoma high-grade‡ regardless of LVSI status ▶ Stage II MMRd/NSMP endometrioid carcinoma
High	<ul style="list-style-type: none"> ▶ Stage III-IVA with no residual disease ▶ Stage I-IVA non-endometrioid (serous, clear cell, undifferentiated carcinoma, carcinosarcoma, mixed) with myometrial invasion, and with no residual disease 	<ul style="list-style-type: none"> ▶ Stage III-IVA MMRd/NSMP endometrioid carcinoma with no residual disease ▶ Stage I-IVA p53abn endometrial carcinoma with myometrial invasion, with no residual disease ▶ Stage I-IVA NSMP/MMRd serous, undifferentiated carcinoma, carcinosarcoma with myometrial invasion, with no residual disease
Advanced metastatic	<ul style="list-style-type: none"> ▶ Stage III-IVA with residual disease ▶ Stage IVB 	<ul style="list-style-type: none"> ▶ Stage III-IVA with residual disease of any molecular type ▶ Stage IVB of any molecular type

Rainbo Trial

(Refining Adjuvant Treatment using Molecular Classification for Endometrial Cancer: trans PORTEC Platform Trial)

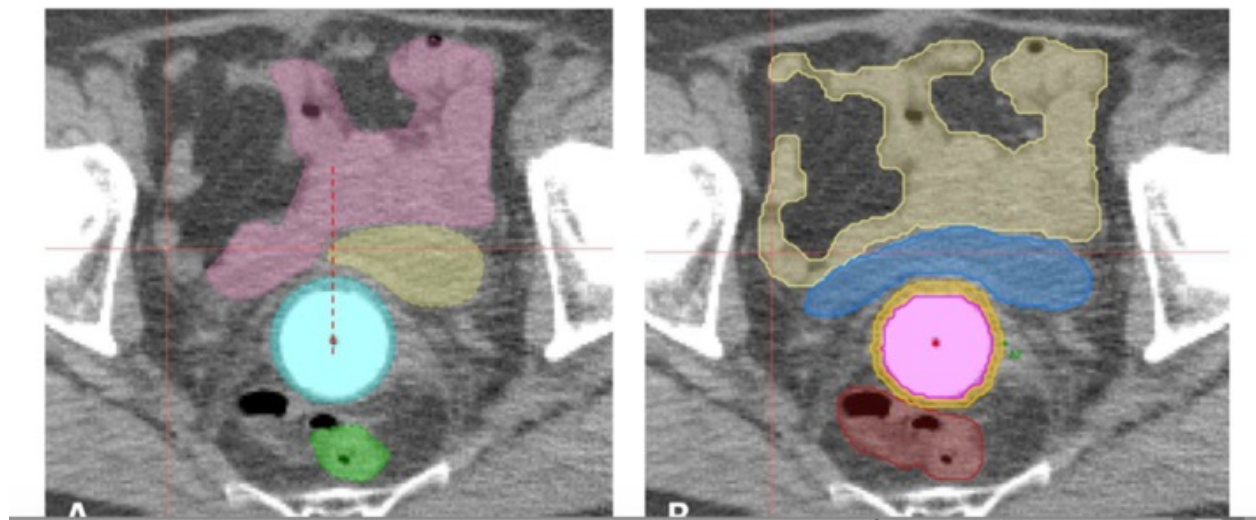
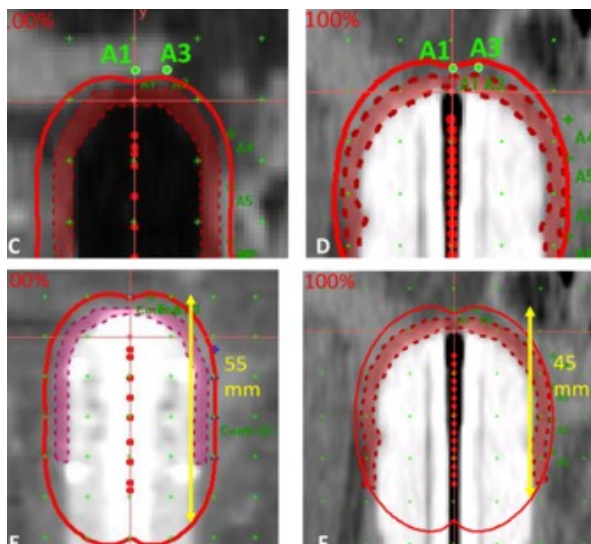


Overview of program
DGOG/transPORTEC/GCIG/ENGOT-en14.¹⁻⁴/RAINBO



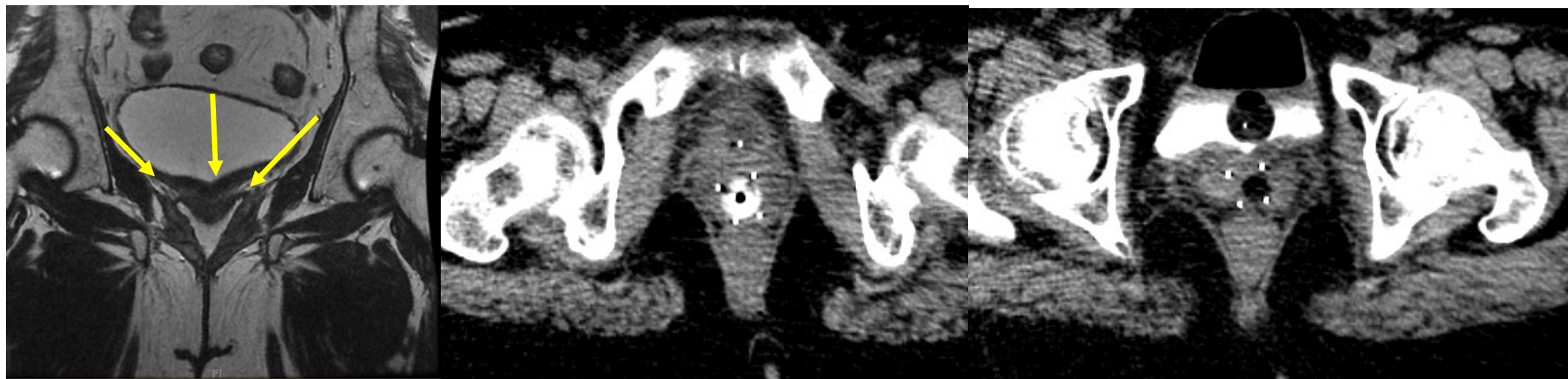
Brachytherapy for Endometrial Cancers

Adjuvant, Medically Inoperable and Recurrent

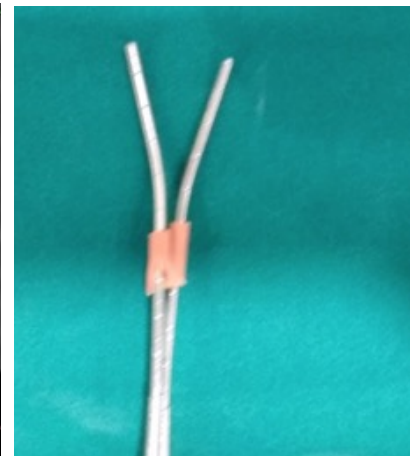
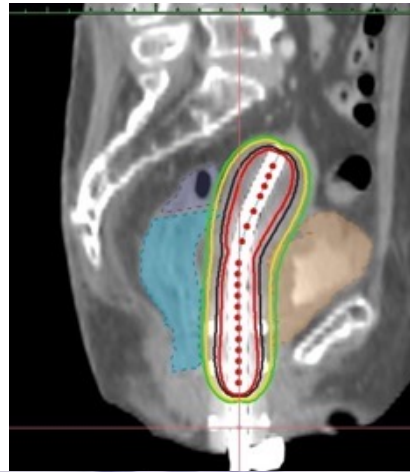
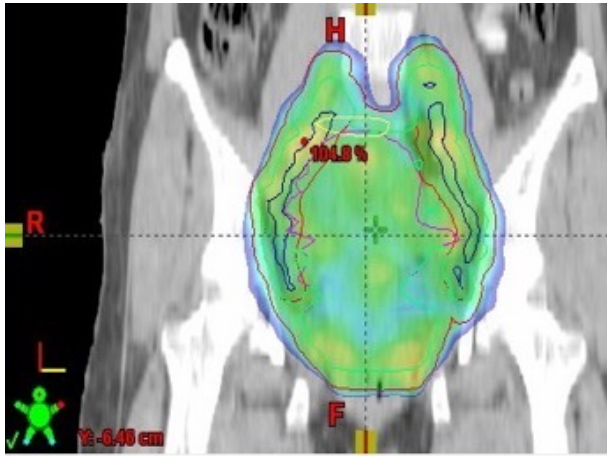


Adjuvant Vaginal BT: 7 Gy x 3 # delivered in 3 weeks

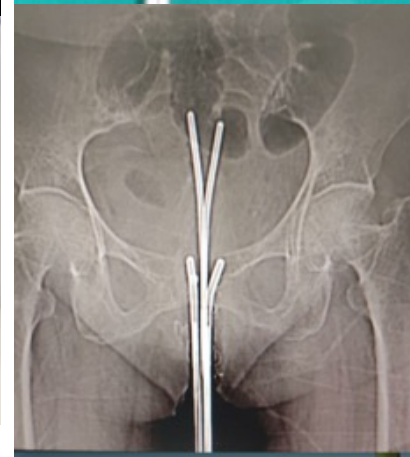
Wortman, Radiotherapy and Oncology



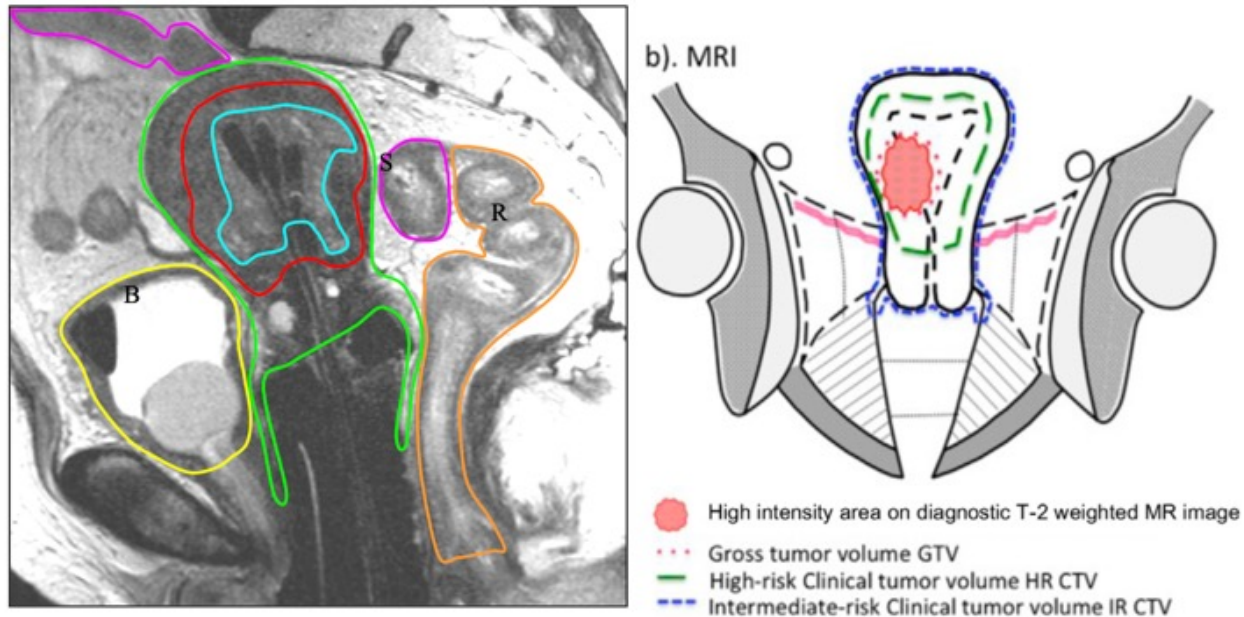
Radical Radiotherapy in Endometrial Cancers



Commercial Prototype



Target Concept for Medically Inoperable Endometrial Cancers



- **CTV: whole uterus, cervix and upper 1/3 of vagina**
 - Take all information into account (colposcopy, imaging) to delineate GTV
 - Depending of pattern of spread parametrial and paravaginal tissue may be included

Treatment Planning

Applicator Reconstruction

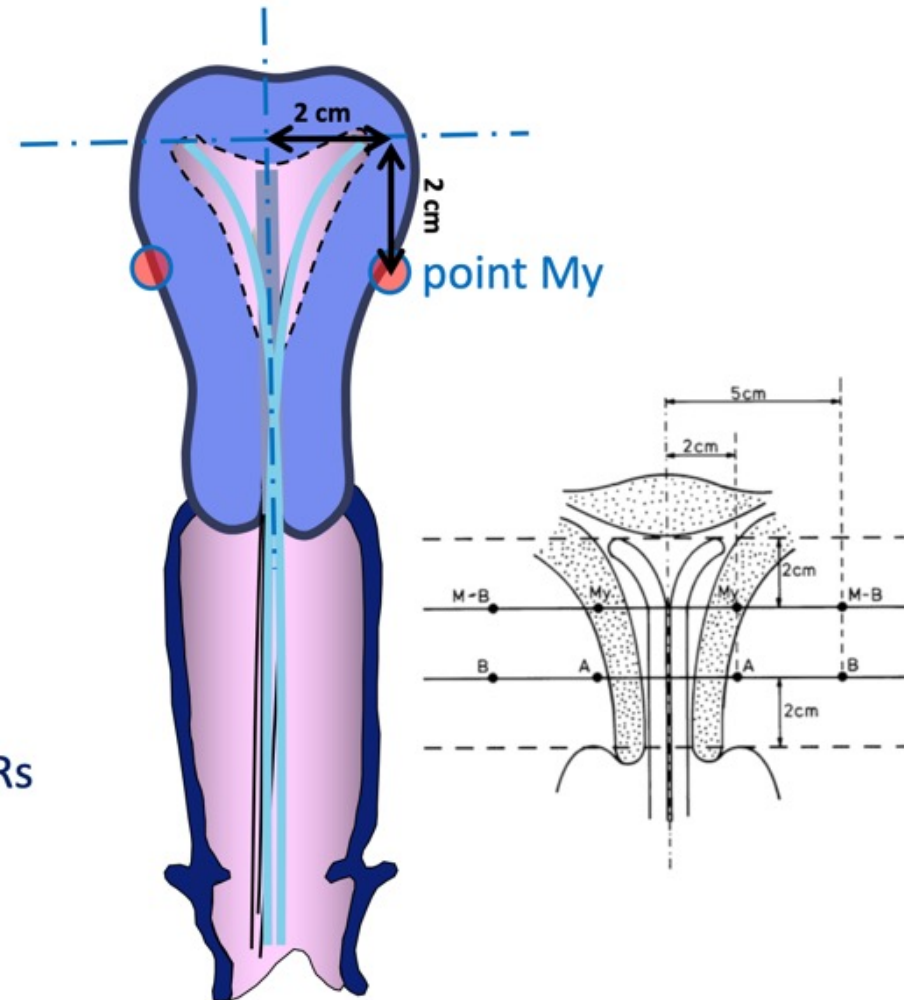
One-channel

two-channel or other

Define point My (Starting point)

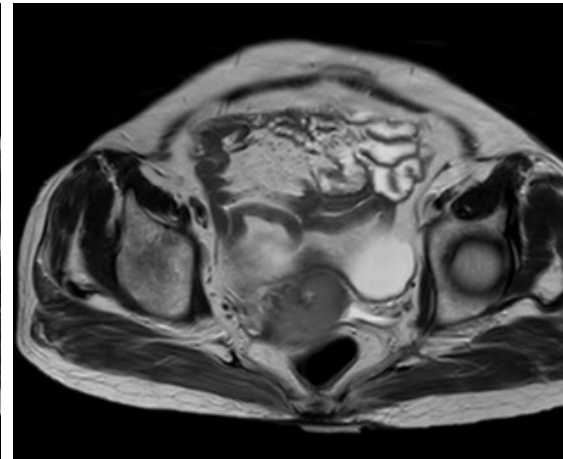
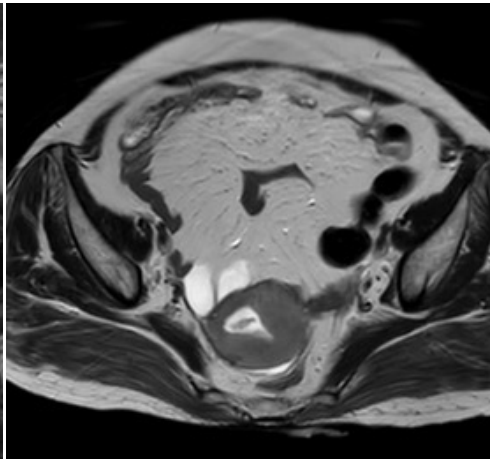
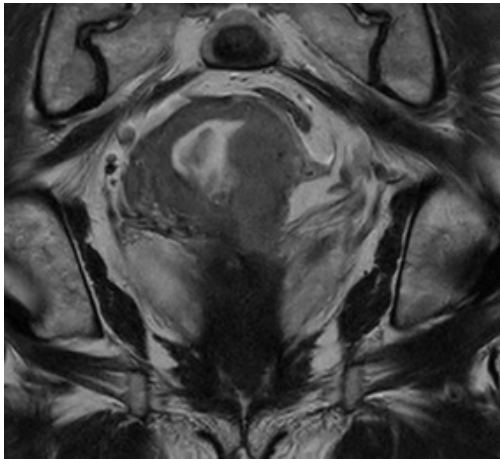
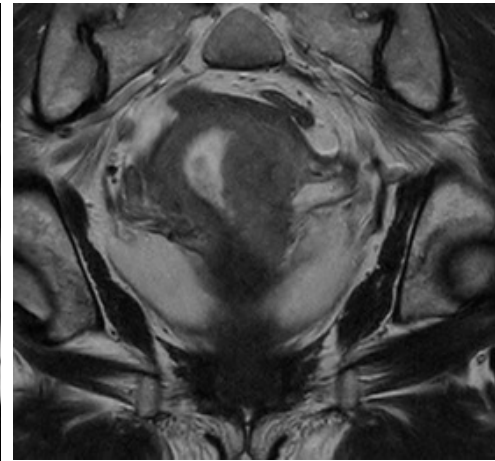
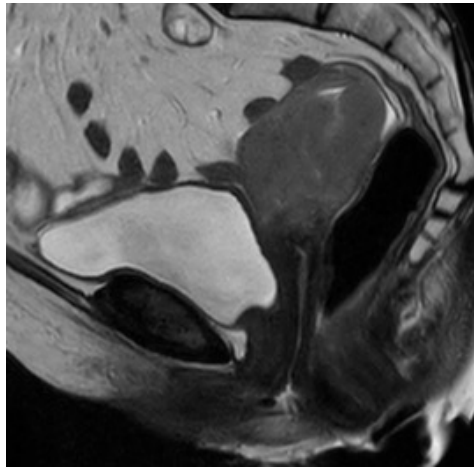
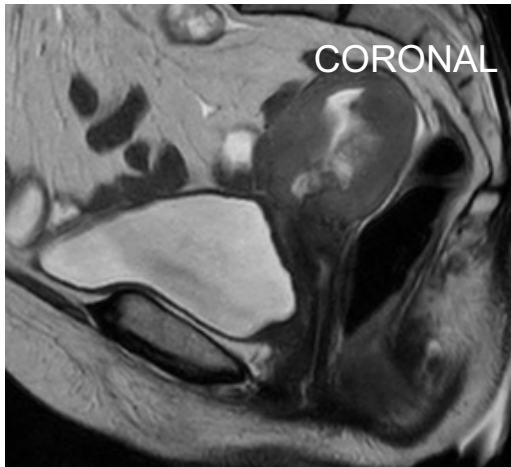
Activate Source position and Normalize to point(s) My

Optimize dwells according to target and OARs



Slide Courtesy Nout R

T2 W MRI (At Diagnosis)

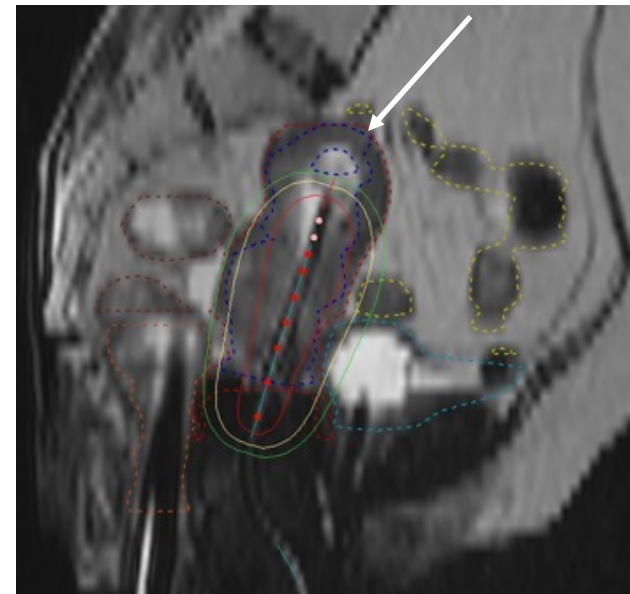


BT Treatment Planning (Possible Option A)

Standard Intracavitary plan (7 cm tandem/ 22 mm ring)

Prescription Dose: 7 Gy/ #

ROI	Dose (1#)	EQD2 (4#)
GTV D98	3.8 Gy	63 Gy _{4.5}
CTV D90	1.8 Gy	50.6 Gy _{4.5}
BLADDER D2cc	6.1 Gy	87.6 Gy ₃
RECTUM D2cc	3.7 Gy	63 Gy ₃
SIGMOID D2cc	3.3 Gy	59.8 Gy ₃
BOWEL D2cc	4.4 Gy	69.2 Gy ₃



Unacceptable target doses

Standard Intracavitary plan

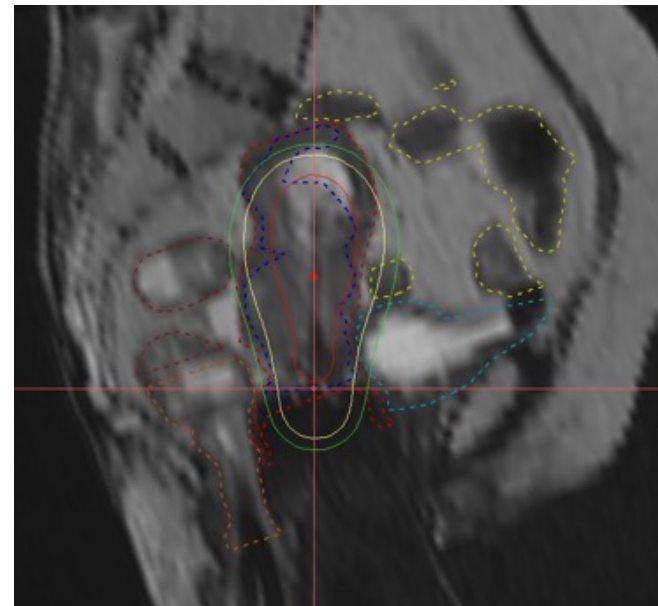
All EQD2 Calculations (Alpha/Beta=4.5)

BT Treatment Planning (Possible Option B)

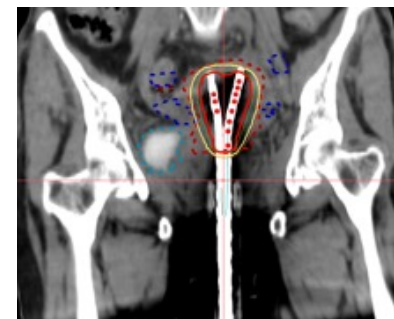
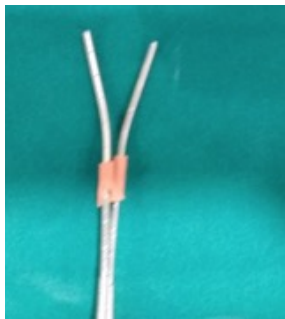
"Simulated "Rotte-Y" Plan)

ROI	Dose (1#)	EQD2 (4#)
GTV D98	4.4 Gy	67.7 Gy _{4.5}
CTV D90	4.3 Gy	67 Gy _{4.5}
BLADDER D2cc	5.4 Gy	79.5 Gy ₃
RECTUM D2cc	3.1 Gy	58.3 Gy ₃
SIGMOID D2cc	3.8 Gy	64 Gy ₃
BOWEL D2cc	5 Gy	75 Gy ₃

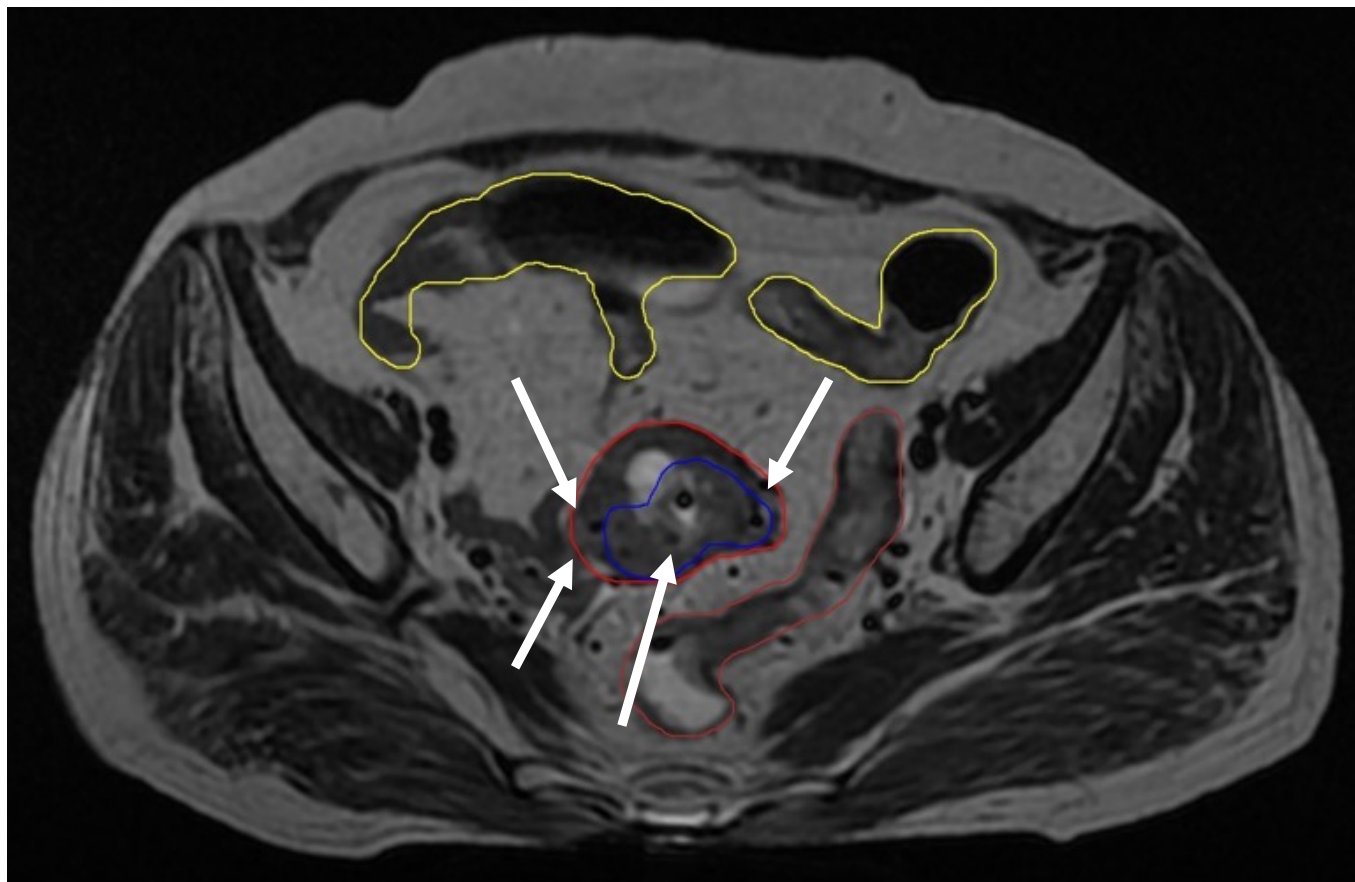
Rotte-Y Simulation Plan



Acceptable target and OAR doses.



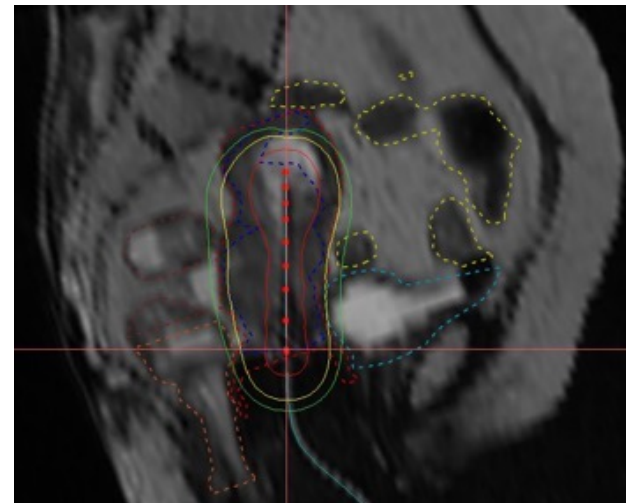
Venezia : Additional Needles in Fundus (8 cm)



BT Treatment Planning (Actual Treatment Plan)

IC+IS with parallel and oblique needles

ROI	Dose (1#)	EQD2 (4#)
GTV D98	4.9 Gy	71.9 Gy _{4.5}
CTV D90	5 Gy	72.8 Gy _{4.5}
BLADDER D2cc	5.4 Gy	79.5 Gy ₃
RECTUM D2cc	3.9 Gy	64.7 Gy ₃
SIGMOID D2cc	4.3 Gy	68.3 Gy ₃
BOWEL D2cc	4.2 Gy	67.4 Gy ₃



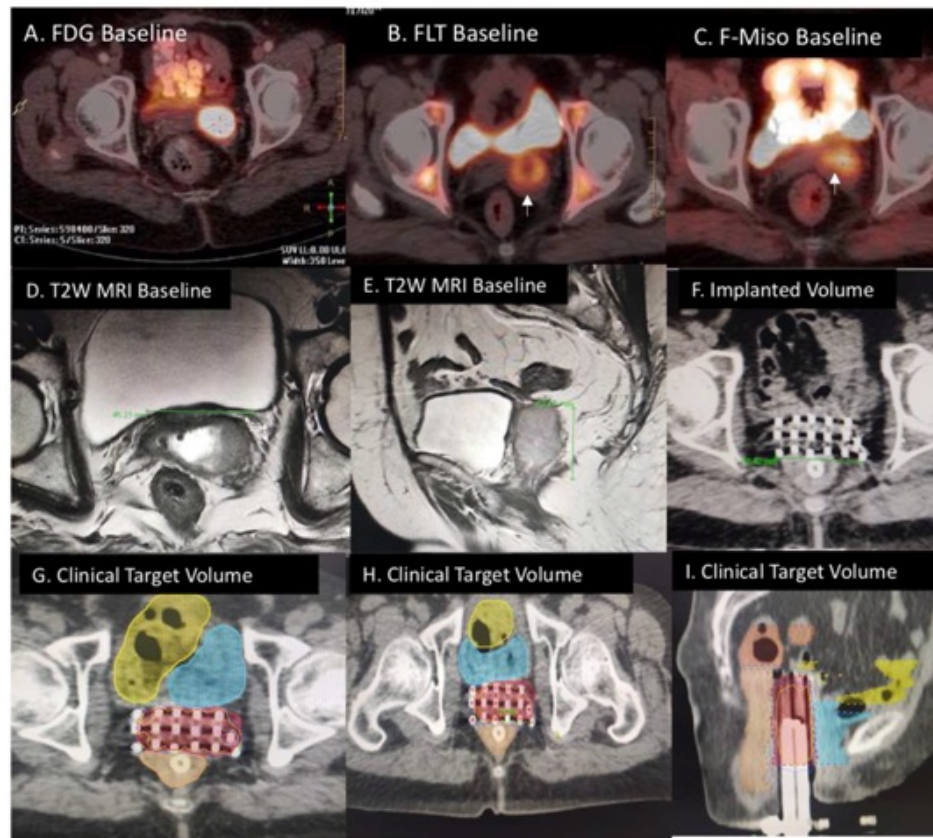
Acceptable target and OAR doses

IC + IS with parallel and oblique needles

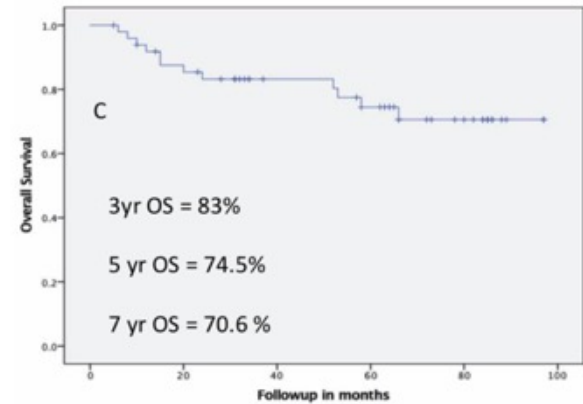
Comparative Plans

ROI	Single Channel Cylinder	Rotte- Y Applicator	Venezia with Parallel and Oblique Needles
GTV D98	63 Gy _{4.5}	67.7 Gy _{4.5}	71.9 Gy _{4.5}
CTV D90	50.6 Gy _{4.5}	67 Gy _{4.5}	72.8 Gy _{4.5}
BLADDER D2cc	87.6 Gy ₃	79.5 Gy ₁₀	79.5 Gy ₁₀
RECTUM D2cc	63 Gy ₃	58.3 Gy ₁₀	64.7 Gy ₁₀
SIGMOID D2cc	59.8 Gy ₃	64 Gy ₁₀	68.3 Gy ₁₀
BOWEL D2cc	69.2 Gy ₃	75 Gy ₁₀	67.4 Gy ₁₀

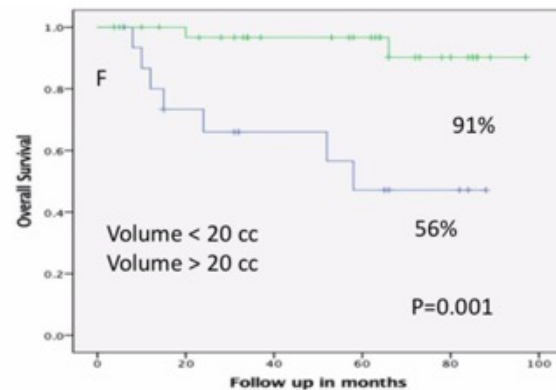
Post Surgery Recurrent Endometrial Cancer (Vaginal)



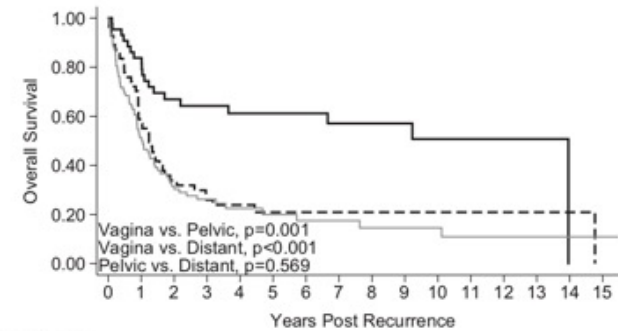
Outcomes of Patients with Vaginal Recurrences



N=	50	41	29.	24.	13	0
Events	0	6	1	3	1	0



0	N=	50	41	29.	24.	13	0
0	Events	0	6	1	3	1	0



Number at risk	43	36	26	21	20	19	16	13	10	10	6	5	2	1	0	0
Vaginal Recurrence:	43	36	26	21	20	19	16	13	10	10	6	5	2	1	0	0
Pelvic Recurrence:	55	30	17	13	9	7	4	3	2	1	1	1	1	1	1	0
Distant Recurrence:	92	43	25	17	9	8	7	7	4	4	4	3	2	1	1	1

— Vaginal Recurrence - - - Pelvic Recurrence
 . . . Distant Recurrence

Recurrences, Endometrial cancers

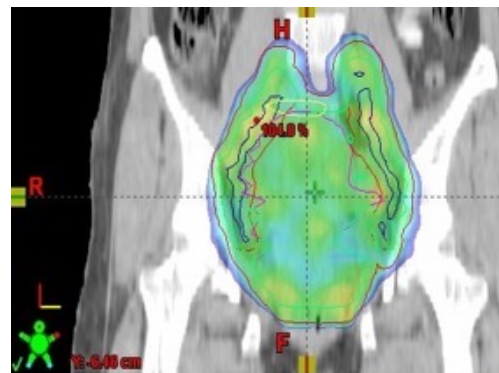
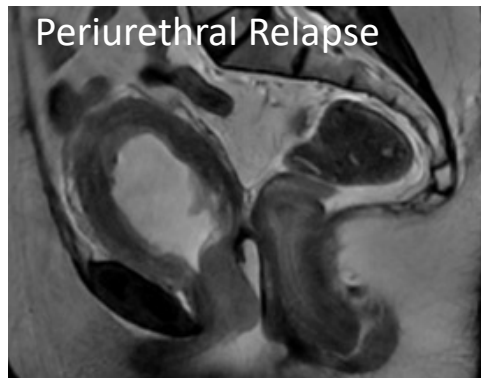
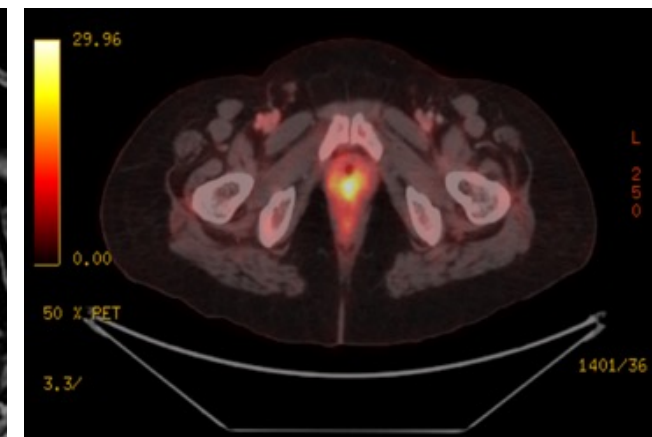
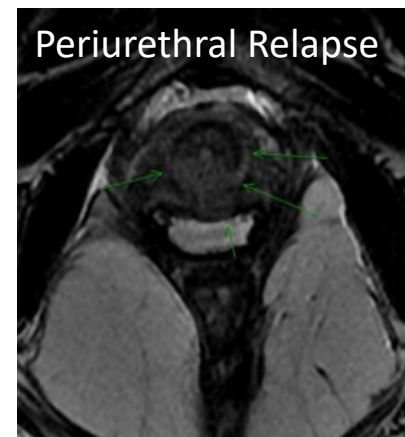
Francis S, Gynec Oncology 2019

Median Survival >10 years

Recurrences, Cervix Cancer, Chopra IJROBP, 2019

Post RT recurrences in Endometrial Cancer: Reirradiation

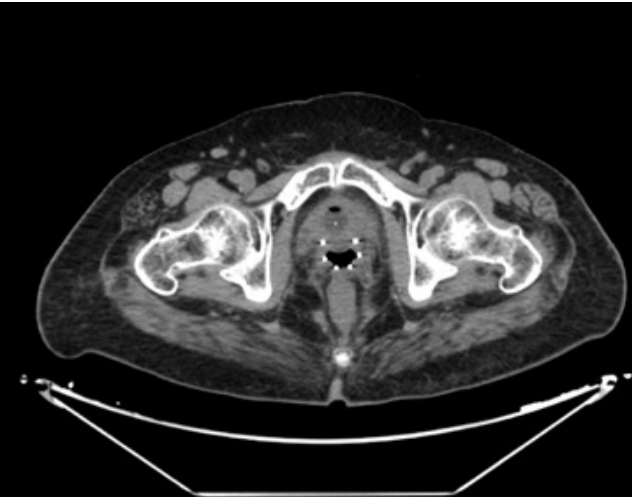
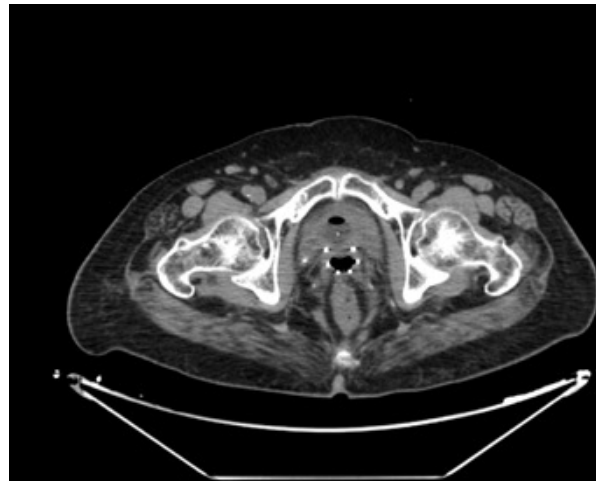
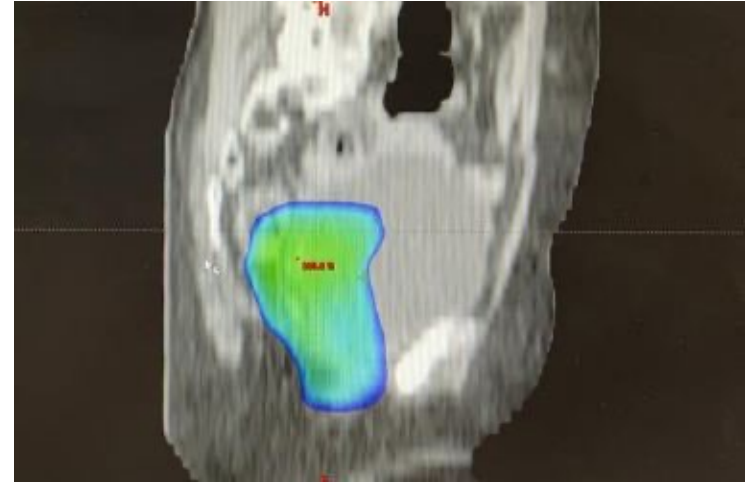
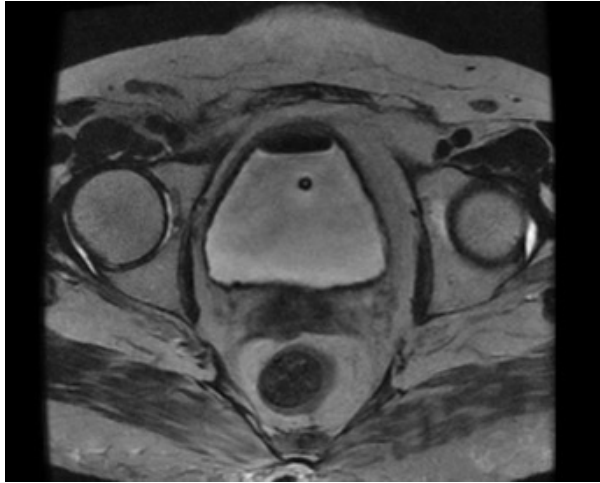
- 22/249 (8.8% pelvic Recurrences) : Early Endometrial Cancer
- High risk Endometrial cancer
- Post RT recurrences : Periurethral, vaginal apex, nodal



VBT, PERIURETHRAL RELAPSE 7 YEAR DFI.

EBRT+INTERSTITIAL BT 65-70 GY

Post RT Vaginal recurrences in Endometrial Cancer



Conclusions

- Early stage Endometrial Cancer is a heterogenous disease. Most current trials based on "pathological risk factors"
- "Molecular risk factors and classification" may greatly improve treatment selection, response prediction and treatment efficacy
- First clinical trials of adjuvant molecular-based treatment
- Brachytherapy for Medically Inoperable and Recurrent Cervical Cancer individualized approach.