Plan evaluation in Ca Cervix Focus on target coverage and reducing toxicities



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Overview

- External Radiation for Node Negative (IB1-IIIB,IVA) and Node Positive Cervix Cancer (IIIC1-IIIC2)
- Comprehensive Dose evaluation EBRT+BT: Tumour Control and Toxicity
- Postoperative Radiation: Tumour Control and Toxicity
- Post Surgical Recurrent Cancers
- Late Morbidity and Dose Response Relationship

Outcomes of 2D RT (Con Chemo) and 2D BT in Randomized Trials 2003-2011

Stage IB2-IIB

Stage IIIB



Gupta et al, JCO 2018

70-75 Gy EQD2 Point A

Shrivastava et al, JCO 2018

Pelvic Failure Rates following Chemoradiation

	n	Stage	IB	IIB	IIIB	Overall ⁴	Conco Chema	mitant therapy
RetroEMBRACE 2016	731	IB: 17% IIB: 50%	4%	11%	25%	13%	77%	
Perez 1998 ¹	1499	IIB: 20% IB: 33% IIB: 29% IIIB: 23%	12%	21%	41%	23%	0%	Increasing Pelvic Failure Rate as a function of FIGO Stage.
Barillot 1997 ¹	1875	IB: 26% IIB: 29% IIB: 25%	13%	24%	49%	NA	0%	
Vale 2010 ¹	471	IB: 11% IB: 51% IIB: 23%	NA	NA	NA	22%	100%	11-24% pelvic failure rate in Stage II B
Vale 2008 ²	3.128	IB: <24% IB: 36%	NA	NA	NA	23%	50%	
Rose 1999 ³	176	IIIB: 38% IIB: 58% IIIB: 39%	NA	NA	NA	19%	100%	25-49% failure rate in stage III B
Whitney 1999 ³	169	IIB: 61 % IIIB: 34%	NA	NA	NA	>25%	100%	Limited correlation with point A dose.
Eifel 2004 ³	195	IB2: 33% IIB: 36% IIIB: 25%	IB2 + IIE	3: 13%	29%	17%	100%	
TATA 2018 ³	317	IB2: 18%	IB2 + IIE	B: 14%	-	14%	100%	
TATA 2018 ³	424	All IIIB	_	_	29%	29%	100%	

Conventional Brachytherapy Associated with Pelvic Failure Rate of 11-49%

Distant Failure Rate of 25-49%

Primary Tumour Dose vs. Local Control



Maximum increment in Stage IIB- III B tumors and with large residual volume: Aim HRCTV D90 (85 Gy EQD2). Further dose escalation to 95 Gy under investigation

One can expect that outside the setting of. Advanced image guidance this may be associated with higher morbidity and doses to OARs

Potter, R, CTRO 2018

Pattern of Failure of patients treated with Dose escalated Point A based treatment (80-84 Gy)



Venn diagram depicting patterns of relapse.

Diagram showing pattern of relapse- Total cases with distal/ distal+ nodal/ regional relapse- 84(excluding local relapse)

Nodal Dose Escalation

- Investigated nodal control probability (NCP) according to dose/volume parameters.
- Nodal boost in 75 patients, with 254 unresected pathological nodes.
- SEB \rightarrow 63 patients \rightarrow 1.8-2Gy/#
- SIB \rightarrow 12 patients \rightarrow 50-55Gy/25#
- Overall nodal recurrence rate was 9.1%.
- Nodal volume (threshold: 3 cm3, p<0.0001) and LN dose (≥57.5 Gy, p=.039) were significant for nodal control.
- Use of SIB was borderline for significance (p=.07).

55-57.5 Gy/25# Nodal Dose

Bacarro, Chargari, J Gyn Onco 2017



Pooled Toxicity Results following chemoradiation for cervix cancer and conventional BT

Author	Odd's Ratio (Acute Grade III-IV)
Green,2001	Hemat : 8.6 GI: 2.2
Cochrane, 2005	Hemat : 8.6 GI: 2.2
IPD,2008	Hemat=2-10 GI: Significant Increase
Cochrane,2010	Hemat : 8.6 GI: 2.2
Cochrane IPD,2010	Hemat=2-10 GI Significant Increase

- Increase in Acute Hematological and Gastrointestinal Morbidity with concurrent chemoradiation.
- Suboptimal documentation of Late Effects across chemoradiation trials.
- Traditionally 70-75 Gy has been delivered to point A.
- Dose escalation recommended within setting of Image Guided Brachytherapy
- Nodal Dose escalation use is increasing

Clear need to reduce GI and Hematological Toxicity with IG-IMRT

Definitive PA Nodal RT + Chemo (Conventional)

Study	Ν	Dose (Gy)	Technique	Chemotherapy	Acute Grade III/IV	Late Grade III-IV
Sood	54	45/25	3DCRT	CDDP wk 1/4/BT	77.5%	10%
RTOG 9210	29	54-58	HFRT 3DCRT (1.2 BID)	5FU/CDDP 3 wkly	80%	24%
GOG 125	86	45/30	3DCRT HFRT	5 FU/CDDP/3wkly CDDP 50mg	33.7%	14%
RTOG0116 Arm 1	26	55.8- 64.8	3DCRT	CDDP Wkly	84%	40%
RTOG0116 Arm 2	16	55-64.8	3DCRT + AMF	CDDP wkly	87%	20%

Very High Rates of Grade III-IV Acute as well as late toxicity

2DRT

2D-simulation -Bony landmark-based simulation-AP-PA field The superior border: L4/L5 or L5/S1 interspace usually

The lateral border: at least 1.5-2.0 cm from the edge Pay attention in fatty cases.

The inferior border: inferior margin of the symphysis pubis or obturator foramen be reflected



IMRT with Nodal SIB

3DCRT with Nodal SEB



IMRT



Postoperative IMRT



IMRT with Nodal SEB





Extended Field RT with SIB



Pelvic OAR and Symptom Complex Morbidity of Pelvic RT+BT



Persistence Patterns of Late Toxicity



Graph Depicting overall temporal course of all grades of rectal toxicity over a period of 24 months in patients presenting with rectal toxicity: Tata Memorial Centre (N=90; 2011-2016)

Shejul, Chopra, Ranjan, Manuscript Peer review

EBRT and BT recommendations from various guidelines: Definitive and Adjuvant Setting

- Level I evidence for use of IG-IMRT for postoperative setting (PARCER/NRG 1203)
- IG-IMRT recommended as the preferred treatment approach by ASTRO,ESTRO guidelines in definitive setting (Gandhi,2013)
- NCG 2020 guidelines IG-IMRT as the preferred treatment approach for for stage III C1 and III C2 (Phase II studies)
- Image guided volume based brachytherapy should be the preferred approach when available. (ICRU 89)



QUANTEC

Rectal Cancer Patients

Baseline Bowel Symptoms

Non Homogenous Contouring Methods.

Correlates with Acute GI Toxicity.

Kavanagh, IJROBP 2010

ACTREC, TMC

Cervical Cancer: Adjuvant RT

Minimal/No Baseline Bowel symptoms.

Applicable across contouring methods.

Correlates with late GI toxicity.

Chopra, S, Tapas Dora IJROBP 2014, Chopra, S, R Krishnatry, BJR 2015

Final Analysis: PARCER Trial



Chopra S, Work under submission, Not to be reproduced without permission

Chopra S, ASTRO 2020













Chopra S, Work under submission, Not to be reproduced without permission



Fig 3 A-F

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Dose Constraints for Target during Radical EBRT

		Hard dose constraints	Soft dose constraints
Targets	PTV45	V95% > 95%	
		Dmax<107%*	
	ITV45	Dmin> 95%	
	PTV-N(#)	D98% > 90% of prescribed LN dose	
		Dmax < 107% of prescribed LN dose	
	CTV-N(#)	D98% > 100%	D50% > 102%
		of prescribed LN dose	
Help contour	CTV-HR +10mm		Dmax < 103%
OARs	Bowel	Dmax < 105% (47.3Gy)*	When no lymph node boost:
			 V40Gy < 100cm3**
			 V30Gy < 350cm3**
			When lymph node boost or para-
			aortic irradiation:
			 V40Gy < 250cm3**
			 V30Gy < 500cm3**
			Dmax < 57.5Gy
	Sigmoid	Dmax < 105% (47.3Gy)*	Dmax < 57.5Gy
	Bladder	Dmax < 105% (47.3Gy)*	V40Gy < 75%**
			V30Gy < 85%**
			Dmax < 57.5Gy
	Rectum	Dmax < 105% (47.3Gy)*	V40Gy < 85%**
			V30Gy < 95%**
			Dmax < 57.5Gy
	Spinal cord	Dmax < 48Gy	
	Femoral heads	Dmax < 50Gy	
	Kidney	Dmean < 15Gy	Dmean < 10Gy
	Body	Dmax < 107%*	
	Vagina PIBS-		When vagina not involved:
	2cm		D _{PIBS-2cm} <5Gy
Optional	Ovaries	<5-8 Gy	
	Duodenum***	V55<15cm ³	

PTV: Aim 95% coverage to 95% (Not 100%)

Internal Target Volume: Aim coverage of 99% by 95%

Nodal SIB: Large Volumes can lead to excessive Toxicity

Aim: Nodal Dose escalation to Gross Nodes/CTV

PTV: 10% cooling at the periphery

Additional : Bone Marrow

AVOID SIB HOTSPOTS in HELP CONTOUR

Plan Evaluation: Useful Multi-objective plans

Structure ID	Structure Code	Patient Structure	DVH Objective	Evaluator	Variation	Priority	Met	Achieved
PTV45		PTV45	V43.0Gy[%]	>=95	95.5	2	Goal	96.72 %
PTV45	-	PTV45	Max[%]	<107	107.5	2	Goal	104.1 %
ITV45		ITV45	D99.9%[%]	>=95	94.5	2	Not met	86.8 %
Help contour		Help contour	Max[%]	<103		2	Goal	94.4 %
PTV-N1		PTV-N1	D98%[Gy]	>=47.25		2	Goal	48.363 Gy
PTV-N1		PTV-N1	Max[%]	<56.2		2	Not met	104.1 %
PTV-N2		PTV-N2	D98%[Gy]	>=47.25		2	Goal	48.631 Gy
PTV-N2		PTV-N2	Max[%]	<56.2		2	Not met	103.4 %
CTV-N1		CTV-N1	D98%[Gy]	>52.5		2	Not met	50.079 Gy
CTV-N1		CTV-N1	D50%[Gy]	>53.6		2	Not met	50.826 Gy
CTV-N2		CTV-N2	D98%[Gy]	>52.5		2	Not met	50.096 Gy
CTV-N2		CTV-N2	D50%[Gy]	>53.6		2	Not met	50.916 Gy
Bowel		Bowel	Max[%]	<=105	105.5	2	Goal	99.3 %
Bowel		Bowel	V40.0Gy[cc]	<250		2	Not met	267.59 cc
Bowel		Bowel	V30.0Gy[cc]	<500		2	Goal	470.79 cc
Sigmoid		Sigmoid	Max[%]	<=105	105.5	2	Goal	92.9 %
Bladder		Bladder	Max[%]	<=105	105.5	2	Goal	94.7 %
Bladder		Bladder	V40.0Gy[%]	<60		2	Goal	54.11 %
Bladder		Bladder	V30.0Gy[%]	<80		2	Goal	77.81 %
Rectum		Rectum	Max[%]	<=105	105.5	2	Goal	92.8 %
Rectum		Rectum	V40.0Gy[%]	<75		2	Goal	27.50 %
Rectum		Rectum	V30.0Gy[%]	<95		2	Goal	56.93 %
Spinal cord		Spinal cord	Max[Gy]	<48		2	Goal	44.662 Gy
Femoral heads_L		Femoral heads_L	Max[Gy]	<50		2	Goal	41.479 Gy
Femoral heads_R	t	Femoral heads_R	Max[Gy]	<50		2	Goal	42.668 Gy
Kidneys_L		Kidneys_L	Mean[Gy]	<15		1	Goal	8.874 Gy
Kidneys_L		Kidneys_L	Mean[Gy]	<10		2	Goal	8.874 Gy
Kidneys_R		Kidneys_R	Mean[Gy]	<15		1	Goal	11.623 Gy
Kidneys_R		Kidneys_R	Mean[Gy]	<10		2	Not met	11.623 Gy
Body		BODY	Max[%]	<107		2	Goal	104.1 %

- Objective system for patient treatment execution to absolve interindividual dependency.
- Use for Gynecological IMRT

Swamidas J, Chopra S Work under progress

IMRT-Nodal SIB Planning





Overall Volume Irradiated/ Nodal Boost and Diarrhoea



Role of Highly Conformal IMRT plans and Reduced Nodal SIB Volumes

Jensen, IJROBP 2020

Impact of EBRT Dose and Irradiated Volume



Jensen IJROBP,2020

Irradiated Volume Reduction with Conformal Techniques



Tata Memorial Data for EMBRACE II.

Slide Content Courtesy Nicole Nescavil, Stefan Ecker, Patients recruited in EMBRACE II study

All treated in Truebeam Varian

Hematological Toxicity :Bone marrow sub-volume Delineation







Mahantshetty U,IGCS,2012

Proposed Dose Volume Constraints for BM Sparing IMRT

Author	Ν	Contouring Method	Treatment Setting	BM volumes correlates ≥ Grade II HT
Mell L	37	Whole bone	Radical	V 10 ≥ 90%
Mahantshetty U	47	Free hand	Radical	V 40 ≥ 40%
Klopp A	40	Whole bone	Post operative	V 40 ≥ 37%

Table 5. Multivariate analysis of whole bone contours with toxicity

Toxicity	Volume	Percentage	Odds ratio (95% CI)	P value
	WP +LS V20	>70%	3.2 (0.3-34.6)	0.32
And UT Could be added and	WP V20	>75%	0.08 (0.005–1.3)	0.08
Any H I Grade 2 and above	WP V30	>60%	1.04 (0.28–3.7)	0.94
	FHN V40	>5%	0.33 (0.11-1)	0.051
	WP + LS V30	>55%	2.3 (0.14-39.5)	0.54
And UT Could be added	WP V30	>60%	2.3 (0.15-36.3)	0.54
Any H I Grade 3 and above	FHN V30	>15%	1.5 (0.18–12.9)	0.68
	FHN V40	>5%	1.68 (0.2–14.08)	0.63
	Ilium V20	>90%	7.15 (1.6–30.3)	0.008
	LP V5	>99%	0.27 (0.06-1.12)	0.07
Hemoglobin Grade 2 and above	LP V40	>25%	0.50 (0.06–3.8)	0.51
	Ischium V40	>45%	0.65 (0.09-4.2)	0.65
	WP + LS V30	>55%	2.02 (0.35-11.6)	0.42
	WP V40	>35%	4.7 (0.79–27.8)	0.08
WBC Grade 2 and above	LP V40	>25%	0.22 (0.02–2.63)	0.23
	Ischium V40	>45%	2.6 (0.39–17.7)	0.31
	FHN V 40	>5%	5.7 (0.98–33.3)	0.05
	WP V40	>35%	3.38 (0.6–17.4)	0.14
	Ilium V40	>25%	1.5 (0.36-6.5)	0.57
Neutrophil Grade 2 and above	LP V40	>25%	0.63 (0.13-3.009)	0.56
	FHN V40	>5%	2.6 (0.69–10.2)	0.15

HT, hematological toxicity ; WP, whole pelvis; LP, lower pelvis; LS, lumbar spine; WBC, white blood cells;

Lack of Prospective Validation of Bone Marrow Dose Threshholds

Lewis, Chopra, BJR 2018

EFRT with or without systemic chemotherapy



Gupta, Chopra Ecancer med 2018



	NACT cohort	Non NACT cohort	<i>p</i> -value
Leukopenia ≥ Grade II	7 (58%)	17 (55%)	0.83
Leukopenia ≥ Grade III	7 (58%)	6 (19%)	0.01
Neutropenia ≥ Grade II	9 (75%)	8 (25%)	0.003
Neutropenia ≥ Grade III	7 (58%)	3 (9.6%)	0.002
Thrombocytopenia ≥ Grade II	5 (42%)	4 (13%)	0.04
Thrombocytopenia ≥ Grade III	2 (17%)	1 (3%)	0.12
Any ≥ Grade II HT	10 (83.3%)	18 (58%)	0.11
Any ≥ Grade III HT	8 (67%)	7 (22.6%)	0.007
Acute vomiting > Grade II	5 (45.5%)	5 (18%)	0.07
Diarrhoea ≥ Grade II	3 (25.0%)	4 (12.9%)	0.33
Diarrhoea ≥ Grade III	2(16.7%)	3 (9.7%)	0.40
Acute Grade II or higher GI	6 (50%)	9(29%)	0.19
Acute Grade III GI	2 (16.7%)	3 (9.7%)	0.52
Any grade III or higher toxicity (HT/GI)	8 (66.7%)	9 (29%)	0.02

Rectum: EBRT

Rectum: EBRT +BT





QUANTEC, 2010

Mazeron, Radiotherapy and Oncology,

Intracavitory/IC-IS Brachytherapy

Interstitial Brachytherapy BID Continuous Fractionation

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EMBRACE 1 Results, Potter, Tanderup, 2020

Dora, Chopra, Brachytherapy 2015

Anal Canal : Dose Constraints

Study	No of pts	OAR	Endpoint	Dmean (in EQD2) constraint	Risk of endpoint below this constraint	Risk of endpoint above this constraint
Al-albany [18]	65	Anal sphincter region	Incontinence >2X/week	43.2	8%	52%
Alsadius [19]	403	Anal canal	Incontinence > 1x/month	40	5.2%	21%
Buettner [<mark>20]</mark>	388	Anal sphincter region	Incontinence: moderate/ severe (gr2)	47, though <30Gy ideal	5% (approx; read from graph)	
Smeenk [<mark>22</mark>]	36	Anal canal wall	Urgency present	41.8	15%	62%
Peeters [21]	641	Anal canal wall	Incontinence requiring pad >2x/week	No constraint specified	16% at 19Gy	31% at 52Gy

Bladder Toxicity: EBRT+ Image Guided BT





EMBRACE II Protocol, 2016 Tanderup, Potter

Viswanathan, QUANTEC, 2010

Bladder: Dose Volume Correlation Toxicity (Primary Setting)



10-15% Grade II toxicity expected

Median follow up short for Bladder Toxicity

Trigonum, Detrusor, Bladder wall, Urethra may be related to various endpoints

Tanderup, Seminars in Radiation Oncology, 2020

Tanderup, Seminars in Radiation Oncology, 2020

ICRU Bladder Point and Dose Volume Effects



Spampinato, Radiotherapy and Oncology 2020

Sigmoid :OAR Displacement Intrafraction and Intercourse Re RT



Bindal, Shingal, Chopra, Swamidas Work in Progress (Sigmoid Dose Accumulation)

Dose Volume Recommendations Gyn EBRT+BT



Intra and Interfraction Displacements

Rectum> Bladder>Bowel>SIgmoid

Tanderup, Seminars in Radiation Oncology, 2020

EMBRACE II: Tata Memorial Centre N=50 (2018-2019)

	HRCTV D90	GTV 98	IRCTV D98	Rectum 2cc	Bladder 2 cc	Sigmoid 2cc	Bowel 2cc
Median	96 Gy	106 Gy	63 Gy	62.6	80.2	68	63 Gy
Range	(86-114 Gy)	(90-125 Gy)	(57-70)	(50-75)	(58-91)	(51-78)	(45-81)

EMBRACE : Tata Memorial Centre N=94 (2009-2013)

	HRCTV D90	GTV 98	IRCTV D98	Rectum 2cc	Bladder 2 cc	Sigmoid 2cc	Bowel 2cc
Median	88.3 Gy	Not Reported	Not Reported	65.7	85.7	67 Gy	Not Reported

Organ at Risk Doses During Cervix Cancer Radiation: IMRT+ IGBT



Acute Morbidity: EMBRACE II (Tata Memorial Centre)



N=50

All patients completing IMRT and BT within 50 days without any break due to HT

≥ 3

2

0

1

Low Rate of Grade II-III toxicity

Courtesy: Nicole Nescavil, Stefan Ecker

Fatigue, Insomnia and Hot flashes



Fig. 4. Actuarial estimates, for patients younger and older than 49 years, are shown in the Kaplan–Meier curves: (A) CTCAE $G \ge 2$ fatigue, (B) CTCAE $G \ge 2$ insomnia, (C) CTCAE $G \ge 2$ hot flashes. *Abbreviations: CTCAE = Common Terminology Criteria for Adverse Events, BM = baseline morbidity, G = grade, y = year.*

Smet, Radiotherapy and Oncology, 2020

Impact of IG-IMRT on Fatigue and Insomnia



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Bone Effects after Pelvic EBRT



Chopade, Chopra, Manuscript under submission, Unpublished work not to be reproduced without permission

Correlation of Increasing Dose with HU Loss



50-60 HU Loss with Pelvic RT at median follow up of 36 Months (12-60 mths)

Chopade, Chopra, Manuscript under submission, Unpublished work not to be reproduced without permission

EBRT+ Brachytherapy for post surgical recurrences



Parameter	Outcomes			
Patients recruited on study	N=50			
Median Age	47 years (35-65 yrs.)			
Gross Tumor Volume Baseline (T2W MRI)	20.7 cc (0-96 cc)			
Fluorodeoxyglucose PET Volume (35% SUV Max)	14.8 cc (0-62 cc)			
Flouro-Thyidine PET Volume (35% SUV Max)	10.8cc (0-49) (23/34 67% of FDG uptake)			
Hypoxic sub volume Flouro Misonidazole	8/34 (23% of those with FDG uptake)			
Histology	42 Squamous: 8 Adenocarcinima (84%:16%)			
Pelvic Nodal Involvement	19 (38%)			
Previous Surgery	Wertheim's Hysterectomy=5 Total abdominal hysterectomy and bilateral salpingoophrectomy=45			
Residual Disease After Surgery Recurrent Disease after surgery	N=23 N=27			
Average time to presentation	36 mths (1-228 mths)			
Dose (EQD2) MUPIT/Small Tandem-Needles Vaginal Brachytherapy (Single/Multisource)	71 Gy (67-74 Gy) 35/ 73 Gy 12/ 67 Gy			
Clinical Target Volume at Brachytherapy	38 cc (12-85 cc)			
D 90 (Dose Received by 90% of Clinical Target Volume)	71 Gy (50**-74 Gy)			
CTV D98 (Dose Received by 98% of Clinical Target Volume)	65 Gy (53**-74 Gy)			
Rectum 2 cc/Bladder 2 cc/Sigmoid 2 cc Doses	68 Gy (62-69 Gy)/ 67 Gy (65-71)/62 Gy (57-67 Gy)			
Table 1: Table depicting baseline, imaging and treatment details of the study cohort				

Chopra S, IJROBP,2019



Chopra S, IJROBP,2019



	Grade III	Grade IV	Grade V
Rectal	2 (4%)	1 (2%)	Nil
Bowel	Nil	Nil	1 (2%)
Bladder	1 (2%)	Nil	Nil
Bone	Nil	1 Avascular necrosis Head Femur and Fracture	Nil

Limited opportunity of further dose escalation due to rectal tolerance ? Sub-volume Dose escalation



Blood in Stools



Difficulty in Controlling Bowels



100% 80% 60% 40% 20% PRE RT POST RT_24M POST RT_60M • Not at all • A little • Quite a bit • Very much

Diarrhea

Frequency of Urination



Abdominal Cramps

Burning Micturition



Difficulty in Emptying Bladder



Leakage of Urine



Vaginal Discharge



Vaginal Irritation or Soreness



Chopra, S, IJROBP 2019

Re RT setting: DVH Evaluation



A Proportion of patients with local relapse will not be eligible for any treatment

Dose Response Relationship with Brachytherapy+/-EBRT



N= 417 patients from 18 different publications (23-25/institute)

Sturdza, IJROBP2020



Outcomes following Stereotactic Re RT (Nodal/Local)



Author	Number of Cases (Re RT)	Prior RT	Sites	Dose	Follow up	Local Control	Toxicity
Ling	20	100%	Nodal	44.5 Gy/5#	31 mths	62%	Grade III:14.3%
lftode	26	NK	Nodal/Dista nt	45 Gy/6#	28.5mths	93%	Grade II:11%
Mesko	28	46%	62% Nodal	40 Gy/5#	12.8 mths	No failures	Grade >/=II: 10.7%
Laliscia	45	40%	61% Nodal	27 Gy/3#	40 mths	NR	No Late toxicity
Park	85	68%	89% nodal 3% local	39 Gy/3#	20. mths	82.5%	Late Grade>III:5%
Kunos	50	44%	68% Nodal	24 Gy/3#	21mths	NR	NR
Deodato	11	55%	45% Nodal	30 Gy/6#	19 mths	81.8%	Late Grade II=10%

Spectrum of In field Relapses after Gyn Radiation





Toxicity : Temporal Course after 1st Course of RT



Tissue Recovery after First Course of RT

- 25% Radiation Dose Recovery for Pelvic OARs in 6-12 months, 50% Dose Recovery in 6-12 months.
- Bladder may have less dependency on Fraction size (alpha/beta =6)
- 15-25% Grade III toxicity expected (Bladder/Rectum/Sigmoid)
- > 10-12% Fractures
- ➢ 5-7% for Vascular Blow outs :Nodal Re RT data

Shejul, Chopra, Advances in Rad Onc, In review 2020

Abusaris, TCRT,2012, Radiotherapy and Oncology,2012 Sesikeran, Journal of Current Oncology 2020

Third course Radiation: Pelvic Structures

Median Overlapping Volume =204 cc

16 month follow up after 3 rd course of Radiation and no Grade IV toxicity Table 4a Dose (EQD ₂) and cumulative dose (EQD ₂) given to the organs at risk after three radiation courses.							
Organs at risk	Median dose of 1st course	Median dose of 2nd course	Median dose of 3th course	Median	Min	Max No. of patients	
Bladder	50	31	34	114	86	151 13	
Bowel	50	30	21	108	80	148 10	
Rectum	52	28	36	127	99	189 8	
Sacral nerves/cauda equina	38	54	29	106	80	149 9	
Plexus brachialis	53	24	23	92	79	142 3	
Myelum	43	14	16	72	66	79 2	

Time Corrected Doses for Repair Table 4b

Cumulative dose (EQD₂) given to the organs at risk after three radiation courses with dose reduction due to tissue repair.

Organs at risk	Median	Min	Max	No. of patients
Bladder	79	50	118	13
Bowel	73	49	108	10
Rectum	91	68	156	8
Sacral nerves/cauda equ	ina 65	47	117	9
Plexus brachialis	85	66	106	3
Myelum	62	55	68	2

Abusaris, Radiotherapy and Oncology, 2011

Dose recommendations for pelvic organs

	Alpha/Beta=3 (2cc volume)'	Re RT (10 cc volume)
Rectum-Sigmoid	75 Gy EQD2	100 -110Gy3
Bowel	75 Gy EQD2	90-100 Gy 3
Bladder	90 Gy EQD2	110-120 Gy3
Cauda Equina	45-50 Gy EQD2	105 Gy3
Urethra	0.1 cc 85 Gy EQD2	120 Gy EQD3

Temporal (Time Based) Recovery of 25 and 50 % may be presumed of no persisting late toxicity

Abusaris, TCRT,2012, Radiotherapy and Oncology,2012 Sesikeran, Journal of Current Oncology 2020

Outcomes of Oligoprogression/Oligorecurrence treated with IMRT/SBRT: Tata Cohort

N=40

Median time to first relapse=14 months (6-22) Median ReRT/RT dose=30-42 Gy/5-6# Those with denovo metastastasis recd

Oligorecurrence (N=26) Infield=46% Out of field=19% In and out of field= 35%

Oligometastasis (N=14)

50% received salvage chemotherapy (others did not due to poor performance status) Median OS from relapse =17 mths (9-26) Only 37% patients have died Likely to improve further.





Tata Memorial Centre, Work in Progress

Deformable dose accumulation : 2020+2019+2018 EQD2 & BED

