Carcinoma Stomach Radiation Oncology Perspective

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31st ICRO-AROI 2019



Anatole France

· sentences

Outline

Indications of Adjuvant Radiation

CT Anatomy

- Target Delineation
- Plan Evaluation



Resectable Ca Stomach



Upfront Surgery



Pre-op Chemo/Chemorad

D1 vs D2 Resection

British Journal of Cancer (1999) 79(9/10), 1522–1530 © 1999 Cancer Research Campaign Article no. bjoc.1998.0243

Patient survival after D₁ and D₂ resections for gastric cancer: long-term results of the MRC randomized surgical trial

No difference in 5yr OS

Joypaul¹, M Sydes² and P Fayers², for the Surgical

Panc & Spleen removal a/w poor survival

9SY, UK; ²Cancer Division MRC Clinical Trials Unit, Cambridge, UK; ospital, Salford, UK; ⁵Kingstown General Hospital, St Vincents, Jamaica

Summary Controversy still exists on the optimal surgical resection for potentially curable gastric cancer. Much better long-term survival has been reported in retrospective/non-randomized studies with D_2 resections that involve a radical extended regional lymphadenectomy than with the standard D_1 resections. In this paper we report the long-term survival of patients entered into a randomized study, with follow-up to death or 3 years in 96% of patients and a median follow-up of 6.5 years. In this prospective trial D_1 resection (removal of regional perigastric nodes) was compared with D_2 resection (extended lymphadenectomy to include level 1 and 2 regional nodes). Central randomization followed a staging laparotomy.

Out of 737 patients with histologically proven gastric adenocarcinoma registered, 337 patients were ineligible by staging laparotomy because of advanced disease and 400 were randomized. The 5-year survival rates were 35% for D_1 resection and 33% for D_2 resection (difference -2%, 95% CI = -12%-8%). There was no difference in the overall 5-year survival between the two arms (HR = 1.10, 95% CI 0.87-1.39, where HR > 1 implies a survival benefit to D_1 surgery). Survival based on death from gastric cancer as the event was similar in the D_1 and D_2 groups (HR = 1.05, 95% CI 0.79-1.39) as was recurrence-free survival (HR = 1.03, 95% CI 0.82-1.29). In a multivariate analysis, clinical stages II and III, old age, male sex and removal of spleen and pancreas were independently associated with poor survival. These findings indicate that the classical Japanese D_2 resection offers no survival advantage over D_1 surgery. However, the possibility that D_2 resection without pancreatico-splenectomy may be better than standard D_4 resection cannot be dismissed by the results of this trial.

Surgical treatment of gastric cancer: 15-year follow-up results of the randomised nationwide Dutch D1D2 trial



Ilfet Songun, Hein Putter, Elma Meershoek-Klein Kranenbarg, Mitsuru Sasako, Cornelis J H van de Velde

Background Historical data and recent studies show that standardised extended (D2) lymphadenectomy leads to better results than standardised limited (D1) lymphadenectomy. Based on these findings, the Dutch D1D2 trial, a nationwide prospectively randomised clinical trial, was undertaken to compare D2 with D1 lymphadenectomy in patients with resectable primary adenocarcinoma of the stomach. The aim of the study was to assess the effect of D2 compared with D1 surgery on disease recurrence and survival in patients treated with curative intent.

Methods Between August, 1989, and July, 1993, patients were entered and randomised at 80 participating hospitals by means of a telephone call to the central data centre of the trial. The sequence of randomisation was in blocks of six with stratification for the participating centre. Eligibility criteria were a histologically proven adenocarcinoma of the

D2 a/w:

Lower LRR & gastric cancer related death

uate physical condition for D1 ig cancer or had undergone sment were implemented and I trial register, as DUT-KWF-

e. 711 patients underwent the the D2 group) and 285 had yed up for a median time of

Higher post-op mortality/morbidity/re-op rates

panalive treatment. Data were conected prospectively and an patients were followed up for a median time of $15 \cdot 2$ years (range $6 \cdot 9 - 17 \cdot 9$ years). Analyses were done for the 711 patients treated with curative intent and were according to the allocated treatment group. Of the 711 patients, 174 (25%) were alive, all but one without recurrence. Overall 15-year survival was 21% (82 patients) for the D1 group and 29% (92 patients) for the D2 group (p=0.34). Gastric-cancer-related death rate was significantly higher in the D1 group (48%, 182 patients) compared with the D2 group (37%, 123 patients), whereas death due to other diseases was similar in both groups. Local recurrence was 22% (82 patients) in the D1 group versus 12% (40 patients) in D2, and regional recurrence was 19% (73 patients) in D1 versus 13% (43 patients) in D2. Patients who had the D2 procedure had a significantly higher operative mortality rate than those who had D1 (n=32 [10%] *vs* n=15 [4%]; 95% CI for the difference 2–9; p=0.004), higher complication rate (n=142 [43%] *vs* n=94 [25%]; 11–25; p<0.0001), and higher reoperation rate (n=59 [18%] *vs* n=30 [8%]; 5–15; p=0.00016).

Interpretation After a median follow-up of 15 years. D2 lymphadenectomy is associated with lower locoregional recurrence and gastric-cancer-related death rates than D1 surgery. The D2 procedure was also associated with significantly higher postoperative mortality, morbidity, and reoperation rates. Because a safer, spleen-preserving D2 resection technique is currently available in high-volume centres, D2 lymphadenectomy is the recommended surgical approach for patients with resectable (curable) gastric cancer.

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See Reflection and Reaction page 404

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CHEMORADIOTHERAPY AFTER SURGERY COMPARED WITH SURGERY ALONE FOR ADENOCARCINOMA OF THE STOMACH OR GASTROESOPHAGEAL JUNCTION

JOHN S. MACDONALD, M.D., STEPHEN R. SMALLEY, M.D., JACQUELINE BENEDETTI, PH.D., SCOTT A. HUNDAHL, M.D., NORMAN C. ESTES, M.D., GRANT N. STEMMERMANN, M.D., DANIEL G. HALLER, M.D., JAFFER A. AJANI, M.D., LEONARD L. GUNDERSON, M.D., J. MILBURN JESSUP, M.D., AND JAMES A. MARTENSON, M.D.

ABSTRACT

Background Surgical resection of adenocarcinoma of the stomach is curative in less than 40 percent of cases. We investigated the effect of surgery plus postoperative (adjuvant) chemoradiotherapy on the survival of patients with resectable adenocarcinoma of the stomach or gastroesophageal junction.

Methods A total of 556 patients with resected adenocarcinoma of the stomach or gastroesophageal junction were randomly assigned to surgery plus postoperative chemoradiotherapy or surgery alone. The adjuvant treatment consisted of 425 mg of fluor-

Significant improvement in OS and RFS

41% grade 3 toxicities

per square meter per day) plus leucovorin (20 mg per square meter per day) were given one month apart.

Results The median overall survival in the surgeryonly group was 27 months, as compared with 36 months in the chemoradiotherapy group; the hazard ratio for death was 1.35 (95 percent confidence interval, 1.09 to 1.66; P=0.005). The hazard ratio for relapse was 1.52 (95 percent confidence interval, 1.23 to 1.86; P<0.001). Three patients (1 percent) died from toxic effects of the chemoradiotherapy; grade 3 toxic effects occurred in 41 percent of the patients in the chemoradiotherapy group, and grade 4 toxic effects occurred in 32 percent.

Conclusions Postoperative chemoradiotherapy should be considered for all patients at high risk for recurrence of adenocarcinoma of the stomach or gastroesophageal junction who have undergone curative resection. (N Engl J Med 2001;345:725-30.)

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with more advanced disease ranged from 3 percent to 42 percent, depending on the extent of disease.²

The high rate of relapse after resection makes it important to consider adjuvant treatment for patients with stomach cancer. However, adjuvant chemotherapy has not resulted in higher survival rates than surgery alone.³⁻⁵

Local or regional recurrence in the gastric or tumor bed, the anastomosis, or regional lymph nodes occurs in 40 to 65 percent of patients after gastric resection with curative intent.⁶⁻⁹ The frequency of such relapses makes regional radiation an attractive possibility for adjuvant therapy. A phase 3 trial¹⁰ found clinically limited but statistically significant improvement (P=0.009) in survival after preoperative regional radiotherapy in patients with cancer of the gastric cardia. Small phase 3 trials have suggested that survival is improved after postoperative radiation, with or without fluorouracil,¹¹ and after intraoperative radiation.¹²

Phase 3 trials have found that 12 to 20 percent of patients with residual or locally unresectable gastric cancer are long-term survivors after treatment with radiation plus fluorouracil.^{13,14} We undertook a study to determine the efficacy of chemoradiotherapy in patients with resected gastric cancer. The trial was initiated in 1991 to compare surgery followed by fluorouracil plus irradiation of the gastric bed and regional lymph nodes with surgery alone.

METHODS

Eligibility

The eligibility criteria included histologically confirmed adenocarcinoma of the stomach or gastroesophageal junction; complete resection of the neoplasm, defined as resection performed with curative intent and resulting in resection of all tumor with the margins of the resection testing negative for carcinoma; a classification of the resected adenocarcinoma of the stomach or gastro-

JOURNAL OF CLINICAL ONCOLOGY

Updated Analysis of SWOG-Directed Intergroup Study 0116: A Phase III Trial of Adjuvant Radiochemotherapy Versus Observation After Curative Gastric Cancer Resection

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Stephen R. Smalley, Jacqueline K. Benedetti, Daniel G. Haller, Scott A. Hundahl, Norman C. Estes, Jaffer A. Ajani, Leonard L. Gunderson, Bryan Goldman, James A. Martenson, J. Milburn Jessup, Grant N. Stemmermann,† Charles D. Blanke, and John S. Macdonald

See accompanying editorial on page 2297

Stephen R. Smalley, Radiation Oncology

>10 yr median f/u –

Sig.improvement in RFS&OS

Similar distant relapse rates

•9.6% D2 dissection, 36% D1

•Lower OS rates in diffuse histology (40% pts)

ed suboptimal survival despite multiple randomized y or more aggressive surgical procedures. We operative radiochemotherapy in those at moderate rgery. We originally reported results with 4-year than 10-year median follow-up, presents data on explores selected subset analyses.

d/or node-positive gastric cancer were randomly rapy after R0 resection. Fluorouracil and leucovorin diotherapy. Radiotherapy was given to all LRF sites

(RFS) data demonstrate continued strong benefit hazard ratio (HR) for OS is 1.32 (95% CI, 1.10 to I (95% CI, 1.25 to 1.83; P < .001). Adjuvant duction in both overall relapse and locoregional d in 21 patients with radiotherapy versus eight show robust treatment benefit in most subsets, histology who exhibited minimal nonsignificant

of interest and author contributions are found at the end of this article.

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0732-183X/12/3019-2327/\$20.00

Conclusion

Intergroup 0116 (INT-0116) demonstrates strong persistent benefit from adjuvant radiochemotherapy. Toxicities, including second malignancies, appear acceptable, given the magnitude of RFS and OS improvement. LRF reduction may account for the majority of overall relapse reduction. Adjuvant radiochemotherapy remains a rational standard therapy for curatively resected gastric cancer with primaries T3 or greater and/or positive nodes.

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JOURNAL OF CLINICAL ONCOLOGY

Phase III Trial Comparing Capecitabine Plus Cisplatin Versus Capecitabine Plus Cisplatin With Concurrent Capecitabine Radiotherapy in Completely Resected Gastric Cancer With D2 Lymph Node Dissection: The ARTIST Trial

Jeeyun Lee, Do Hoon Lim, Sung Kim, Se Hoon Park, Joon Oh Park, Young Suk Park, Ho Yeong Lim, Min Gew Choi, Tae Sung Sohn, Jae Hyung Noh, Jae Moon Bae, Yong Chan Ahn, Insuk Sohn, Sin Ho Jung, Cheol Keun Park, Kyoung-Mee Kim, and Won Ki Kang

A C T
mach Cancer) trial was the first study to our
hemoradiotherapy therapy in patients with ode dissection. This trial was designed to
us cisplatin (XP) versus XP plus radiotherapy
2,000 mg/m ² per day on days 1 to 14 and
eeks) chemotherapy. The XP/XRT/XP arm
e XP arm and 230 to the XP/XRT/XP arm.
lition of XRT to XP chemotherapy did not
of surgery (n = 396), patients randomly
or DFS when compared with those who icance was retained at multivariate analysis
9952; <i>P</i> = .0471).

Corresponding author: Won Ki Kang, MD, PhD, Division of Hematology-Oncology, Department of Medicine, Samsung Medical Center, Sungkyunkwan University School of Medicine, 50 resection and D2 lymph node dissection in gastric cancer. A subsequent trial (ARTIST-II) in patients with lymph node–positive gastric cancer is planned.

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JOURNAL OF CLINICAL ONCOLOGY

Phase III Trial to Compare Adjuvant Chemotherapy With Capecitabine and Cisplatin Versus Concurrent Chemoradiotherapy in Gastric Cancer: Final Report of the Adjuvant Chemoradiotherapy in Stomach Tumors Trial, Including Survival and Subset Analyses

•7 yrs f/u, similar OS & DFS			
	082		
 Similar distant relapse rates 	s		

o Hoon Lim, Min Eui Hong, Kyoung-Mee Kim, Insuk Sohn, Moon Bae, Sung Kim, Seung Tae Kim, Joon Oh Park, i Kang

082 and article on page 3085

STRACT

pmach Tumors (ARTIST) trial tested whether the addition of by improved disease-free survival (DFS) in patients with

•LRR more in XP arm, 13% vs 7%, p=0.003

SMO-1131311.

Both S.H.P. and T.S.S. contributed equally to this work.

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Clinical trial information: NCT00323830

Authors' disclosures of potential conflicts of interest are found in the article online at www.jco.org. Author contributions are found at the end of this article.

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Patients and Methods

Between November 2004 and April 2008, 458 patients with GC who received gastrectomy with D2 lymph node dissection were randomly assigned to either six cycles of adjuvant chemotherapy with capecitabine and cisplatin (XP) or to two cycles of XP followed by chemoradiotherapy and then two additional cycles of XP (XPRT). This final update contains the first publication of overall survival (OS), together with updated DFS and subset analyses.

Results

With 7 years of follow-up, DFS remained similar between treatment arms (hazard ratio [HR], 0.740; 95% CI, 0.520 to 1.050; P = .0922). OS also was similar (HR, 1.130; 95% CI, 0.775 to 1.647; P = .5272). The effect of the addition of radiotherapy on DFS and OS differed by Lauren classification (interaction P = .04 for DFS; interaction P = .03 for OS) and lymph node ratio (interaction P < .01 for DFS; interaction P < .01 for OS). Subgroup analyses also showed that chemoradiotherapy significantly improved DFS in patients with node-positive disease and with intestinal-type GC. There was a similar trend for DFS and OS by stage of disease.

Conclusion

In D2-resected GC, both adjuvant chemotherapy and chemoradiotherapy are tolerated and equally beneficial in preventing relapse. Because results suggest a significant DFS effect of chemoradio-therapy in subsets of patients, the ARTIST 2 trial evaluating adjuvant chemotherapy and chemoradiotherapy in patients with node-positive, D2-resected GC is under way.

No RT



No RT



ARTIST Trial Critical Analysis!!



ARTIST Trial

High proportion of early stage & diffuse type gastric cancer • 60% in stage Ib/II (15% node negative)

60% diffuse type

Subgroup Analysis

- Chemoradiotherapy beneficial in –
- Node positive disease
- Intestinal type GC
- Higher lymph node ratio

	HR	95% CI	
All .	0.740	0.520 to 1.050	⊢•-I
COG PS 0 1	0.665	0.392 to 1.129 0.544 to 1.290	
Sastrectomy Subtotal Total	0.793 0.701	0.495 to 1.271 0.438 to 1.121	
N Negative Positive	1.359	0.477 to 3.876 0.493 to 0.994	
N ratio < 0.083 ≥ 0.083	0.714	0.407 to 1.252 0.466 to 1.019	
Stage IB/II III/IV (M0)	0.676	0.387 to 1.181 0.530 to 1.017	
<mark>ntestinal</mark> Diffuse	0.442	0.231 to 0.845 0.543 to 1.255	
HER2 0-2+ ≥ 3	0.749	0.533 to 1.053 0.197 to 4.842	⊢ ⊢
MET 0-2+ ≥ 3	0.749	0.534 to 1.050 0.196 to 10.197	⊢ ●┥
MLH1 MLH1 loss	1.167 0.788	0.313 to 4.347 0.544 to 1.143	
-cadherin -cadherin loss	0.566	0.160 to 2.007 0.591 to 1.247	
			0.1 1.0 10
			Favors XPRT Favors XP

HRs for DFS

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Original article

Effects of adjuvant radiotherapy on completely resected gastric cancer: A radiation oncologist's view of the ARTIST randomized phase III trial

Jeong Il Yu^a, Do Hoon Lim^{a,*}, Yong Chan Ahn^a, Jeeyun Lee^b, Won Ki Kang^b, Se Hoon Park^b, Joon Oh Park^b, Young Suk Park^b, Ho Yeong Lim^b, Seung Tae Kim^b, Sung Kim^c, Tae Sung Sohn^c, Min Gew Choi^c, Jae Moon Bae^c, Heerim Nam^d

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Regional nodes and/or Tumor Bed within RT fields

Remnant stomach not routinely encompassed

Duodenal stump/Anastomotic site included if margins<3cm</p>

Group 2 LNs - common hepatic, celiac, splenic, hepatoduodenal Group 3 LNs – Posterior panc head, sup.mesentric, paraaortic

Dose – 45Gy/5 weeks
No 3DCRT or IMRT

Cont..

22 pts, 11 in each arm

 Common in >pT1
 PNI +
 Signet ring/P.D. adeno

 9.7% vs 2.3% LR in pts. with all 3 factors



Fig. 1. Patterns of local recurrence. Tumor recurrence at the anastomosis site (10, 2.2%), remnant stomach (9, 2.0%), tumor bed (2, 0.4%), and duodenal stump (1, 0.2%)



• 25/28 rec.in XP arm

Most rec.in group 3 LNs

ARTIST cont..





Original article

Effects of adjuvant radiotherapy on completely resected gastric cancer: A radiation oncologist's view of the ARTIST randomized phase III trial

Jeong Il Yu^a, Do Hoon Lim^{a,*}, Yong Chan Ahn^a, Jeeyun Lee^b, Won Ki Kang^b, Se Hoon Park^b, Joon Oh Park^b, Young Suk Park^b, Ho Yeong Lim^b, Seung Tae Kim^b, Sung Kim^c, Tae Sung Sohn^c, Min Gew Choi^c, Jae Moon Bae^c, Heerim Nam^d

In conclusion, adjuvant XPRT significantly prolonged LRRFS in completely D2 resected gastric cancer patients, and adjuvant XPRT had a large effect on LRRFS in patients with LN metastasis. The regional area (LNs in groups 2 and 3 including the paraaortic, retropancreatic, aortocaval, retrocaval region) might be the most important RT target, and local area could be considered when determining RT targets in strictly limited patients. The combination of RT and chemotherapy was well tolerated without an increased risk of complications. The ARTIST-II trial is ongoing.

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NCCN

Gastrectomy with D2 lymph node dissection is the standard treatment for curable gastric cancer in eastern Asia. In Western countries, extended dissection of distant lymph nodes contributes to accurate staging of the disease; however, its contribution to the prolongation of survival is unclear.^{71,110,113} Initial results from two large randomized trials performed in

For patients with localized resectable gastric cancer, the NCCN Guidelines recommend gastrectomy with a D1 or a modified D2 lymph node dissection, with a goal of examining ≥15 lymph nodes.^{110,116,120,121} The guidelines emphasize that D2 lymph node dissection should be performed by experienced surgeons in high-volume centers. Routine or prophylactic pancreatectomy is not recommended with D2 lymph node dissection,^{106,125} and splenectomy is acceptable only when the spleen or hilum is involved.

Patients who have not received pre-op chemotherapy

NCCN

Cancer

The benefit of postoperative chemoradiation for patients who have not received preoperative therapy has been established in randomized studies. 191, 192, 194, 195 Therefore, postoperative chemoradiation is recommended for all patients following an R1 or R2 resection, patients with pT3-pT4, any N or any pT, N+ tumors who received less than a D2dissection (category 1), and select high-risk patients with pT2, N0 tumors. following an R0 resection. High-risk features include poorly differentiated or higher grade cancer, LVI, neural invasion, age <50 years, and not undergoing D2 lymph node dissection.281 Palliative management, as clinically indicated, is an alternate option for patients with R2 resection.

fluorouracil or capecitabine before and after fluoropyrimidine-based chemoradiation. Patients with pT3-pT4, any N or any pT, N+ tumors who have undergone primary D2 lymph node dissection may alternatively receive chemotherapy (category 1).204,205

Perioperative Chemotherapy

Patients who have received preoperative chemoradiation should be observed until disease progression following R0 resection, regardless of tumor stage or nodal status. However, patients who have received preoperative chemotherapy could receive postoperative chemotherapy following R0 resection (category 1). In the absence of distant metastases, chemoradiation is recommended for patients with R1 or R2 resection, only Adjuvant Radiotherapy in D2 Dissections??

Risk stratification is the key ARTIST II Trial ongoing RADIOTHERAPY PLANNING IN CARCINOMA STOMACH

Relevant Anatomy

Gross

- Relations
- Arterial/Lymphatic supply





Lymphatic Drainage



1/2- Paracardia

3/4 – Lesser and Greater curvature

permission.

- 5 Rt Gastric A
- 6 Infrapyloric
- 7 Lt Gastric A

- 8 Common Hepatic A
- 9 Celiac axis
- 10/11 Splenic A/Hilum
- 12 Hepatoduodenal ligament
- 13-20 & 110-112 others(distant nodes)

Japanese Classification of Gastric Carcinoma, 3rd Edn: Gastric Cancer 2011

 N1 lymph nodes: perigastric, along lesser and greater curvatures
 N2 lymph nodes:

along celiac and its three branches (left gastric, common hepatic, and splenic)

More distal nodes:
 N3 (hepatoduodenal, peripancreatic, root of mesentery) and N4 (periaortic, middle colic)

*Splenic & Lt Cardia – N3 for antral lesions *Infra/Supra Pyloric – N3 for cardial lesions





Japanese Research Society for Gastric Cancer. Jpn J Surg 1981





Celiac A





Post Surgery CT Anatomy

Patterns of Spread

- <u>Direct through wall –</u>
 All adhesions regarded as malignant
- <u>Lymphatic</u> Submucosal and subserosal At least 5cm cut margins All LN groups are at some risk irrespective of site of tumor
- Hematogenous portal vein , liver in 30%
- Peritoneum

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PII S0360-3016(01)02646-3

LINICAL INVESTIGATION

Stomach

GASTRIC SURGICAL ADJUVANT RADIOTHERAPY CONSENSUS REPORT: RATIONALE AND TREATMENT IMPLEMENTATION

Stephen R. Smalley, M.D.,* Leonard Gunderson, M.S., M.D.,[†] Joel Tepper, M.D.,[‡] James A. Martenson, Jr., M.D.,[†] Bruce Minsky, M.D.,[§] Christopher Willett, M.D.,^{\parallel} and

LN at risk

Low risk

Direct Spread

Proximal/ Cardia Mediastinal Paracardial Gastric antrum, Periduodenal, Porta hepatic Esophageal anastamosis, Tumor bed

Body ALL nodal sites esp perigastric

Pancreas, Gastric resection margin

Distal 1/3rd/ Antrum Periduodenal, Peripancreatic, Porta hepatis Cardia, Periesophageal, Mediastinal, Splenic hilum Duodenum

Smalley SR et al, IJROBP 2002

Preplanning

- Pre-op CT scan
- Operative notes
- Histopathology
- Determine treatment volume
- Planning 2D/3DCRT/IMRT

Simulation



- Patient education/Fasting
- Consent
- Positioning- patient supine, hands over head
- Immobilization
- IV/oral contrast



Respiration-induced movement of the upper abdominal organs: a pitfall for the 3DCRT treatment of pancreatic cancer: *Bussels B et al, Radiotherapy and Oncology 2003*



Margin to account diaphragm movement


Guidelines for Treatment Volume



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Stomach

INTEROBSERVER VARIATION OF CLINICAL TARGET VOLUME DELINEATION IN GASTRIC CANCER

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* Department of Radiotherapy, The Netherlands Cancer Institute/Antoni van Leeuwenhoek Hospital, Amsterdam, The Netherlands; and [†]Department of Oncology, Karolinska Institute, Stockholm, Sweden

Purpose: To evaluate interobserver variability in clinical target volume (CTV) delineation in gastric cancer performed with the help of a delineation guide.

Patients and Methods: Ten radiotherapy centers that participate in the CRITICS Phase III trial were provided with a delineation atlas, preoperative CT scans, a postoperative planning CT scan, and clinical information for a gastric cancer case and were asked to construct a CTV and create a dosimetric plan according to departmental policy.

Results: The volumes of the CTVs and planning target volumes (PTVs) differed greatly, with a mean (SD) CTV volume of 392 (176) cm³ (range, 240–821cm³) and PTV volume of 915 (312) cm³ (range, 634–1677cm³). The overlapping volume was 376cm³ for the CTV and 890cm³ for the PTV. The greatest differences in the CTV were seen at the cranial and caudal parts. After planning, dose coverage of the overlapping PTV volume showed less variability than the CTV.

Conclusion: In this series of 10 plans, variability of the CTV in postoperative chemoradiotherapy for gastric cancer is large. Strict and clear delineation guidelines should be provided, especially in Phase III multicenter studies. Adaptations of these guidelines should be evaluated in clinical studies. © 2010 Elsevier Inc.

Radiation Treatment Parameters in the Adjuvant Postoperative Therapy of Gastric Cancer

Joel E. Tepper and Leonard L. Gunderson

Table 2. General Guidelines of Impact of T and N Stage on Inclusion of Remaining Stomach, Tumor Bed, Nodal Sites Within Irradiation Fields

TN Stage	Remaining Stomach**	Tumor Bed	Nodes
T1-2 (not into subserosa) N0	N	N	N
T2N0 (into subserosa)*	Variable	Y	Ν
T3N0	Variable	Y	Ν
T4N0	Variable	Y	Variable
T1-2N+	Y	Ν	Y
T3-4N+	Y	Y	Y

*Posterior wall T2N0 lesions, or those that extend beyond muscularis propria, especially tumors located in the proximal or distal stomach, are at risk for local relapse. In addition, patients with low-stage disease with close or positive surgical margins should be considered for treatment to the tumor bed.

**Inclusion of the remaining stomach is preferable in most patients if two thirds of one kidney can be excluded. This is dependent on the extent of surgical resection and uninvolved margins (in centimeters).
 Table 3. Impact of Site of Primary Lesion and TN Stage on Irradiation Treatment Volumes—EG Junction (General Guidelines)

Site of Primary and TN Stage	Remaining Stomach	Tumor Bed Volumes**	Nodal Volumes	Tolerance Organ Structures
1) EG junction	If allows exclusion of 2/3 R kidney	T-stage dependent	N-stage dependent	Heart, lung, spinal cord, kidneys,
T2N0 with invasion of subserosa	Variable dependent on surgical- pathologic findings*	Medial left hemidiaphragm; adjacent body of pancreas	None or perigastric, periesophageal***	
T3N0	Variable dependent on surgical- pathologic findings*	Medial left hemidiaphragm; adjacent body of pancreas	None or perigastric, periesophageal mediastinal, celiac***	
T4N0	Preferable but dependent on surgical-pathologic findings*	As for T3N0 plus site(s) of adherence with 3-5 cm margin	Nodes related to site of adherence, +/- perigastric, periesophagcal mediastinal, celiac	
T1-2 N+	Preferable	Not indicated for T1, as above for T2 into subserosa	Periesophageal, mediastinal, prox perigastric, celiac	
T3-4 N+	Preferable	As for T3, T4N0	As for T1-2N+ and T4N0	

*For tumors with wide (>5 cm) surgical margins confirmed pathologically, treatment of residual stomach optional, especially if this would result in substantial increase in normal tissue morbidity.

**Use preop imaging (CT, barium swallow), surgical clips and postop Imaging (CT, barium swallow).

***Optional node inclusion for T2-3N0 lesions if there has been an adequate surgical node dissection (D2 dissection) and at least 10-15 nodes have been examined pathologically.

GE Junction

Table 4.	Impact of Site of Primary Gastric Lesion and TN Stage on Irradiation Treatment Volumes-Cardia
Proximal	One Third of Stomach (General Guidelines)

Site of Primary and TN Stage	Remaining Stomach	Tumor Bed Volumes**	Nodal Volumes	Tolerance Organ Structures
2) Cardia/ prox 1/3 of stomach	Preferred, but spare 2/3 of one kidney (usually R)	T-stage dependent	N-stage dependent	kidneys, spinal cord, liver, heart, lung
T2N0 with invasion of subserosa	Variable dependent on surgical- pathologic findings*	Medial L hemidiaphragm, adjacent body of pancreas (+/- tail)	None or perigastric†	
T3N0	Variable dependent on surgical- pathologic findings*	Medial L hemidiaphragm, adjacent body of pancreas (+/- tail)	None or perigastric: optional: periesophageal, mediastinal, celiac#†	
T4N0	Variable dependent on surgical- pathologic findings*	As for T3N0 plus site(s) of adherence with 3-5 cm margin	Nodes related to site of adherence, +/- perigastric, periesophageal, mediastinal, celiac	
T1-2N+	Preferable	Not indicated for T1, as above for T2 into subserosa	Perigastric, celiac, splenic, suprapancreatic, +/- periesophageal, mediastinal, panc- duod, porta hepatis***	
T3-4 N+	Preferable	As for T3, T4N0	As for T1-2N+ and T4N0	

*For tumors with wide (>5 cm) surgical margins confirmed pathologically, treatment of residual stomach not necessary, especially if this would result in substantial increase in normal tissue morbidity.

**Use preop imaging (CT, barium swallow), surgical clips and postop imaging (CT, barium swallow).

***Pancreaticoduodenal and portahepatis nodes are at low risk if nodal positivity is minimal (ie, 1-2 pos nodes with 10-15 nodes examined), and this region does not need to be irradiated. Periesophageal and mediastinal nodes are at risk if there is esophageal extension.

[†]Optional node inclusion for T2-3N0 lesions if there has been an adequate surgical node dissection (D2 dissection) and at least 10-15 nodes have been examined pathologically.

Cardia/Proximal Stomach

To identify Diaphragm





Lung window: Abdominal cavity & Lung interface

Diaphragm



Diaphragm



Proximal Stomach Tumor Inclusion of medial 2/3rd of Lt Hemidiaphragm in CTV Table 5. Impact of Site of Primary Gastric Lesion and TN Stage on Irradiation Treatment Volumes-Body/ Middle One Third of Stomach (General Guidelines)

Site of Primary and TN Stage	Remaining Stomach	Tumor Bed Volumes*	Nodal Volumes	Tolerance Organ Structures
3) Body/mid-1/3 of stomach	Yes, but spare 2/3 of one kidney	T-stage dependent	N-stage dependent, spare 2/3 of one kidney	Kidneys, spinal cord, liver
T2N0 with invasion of subserosa— esp. post wall	Yes	Body of pancreas (+/- tail)	None or perigastric; optional: celiac, splenic, supra- pancreatic, pancreatico- duodenal, portahepatis**	
T3N0	Yes	Body of pancreas (+/- tail)	None or perigastric; optional; celiac, splenic, supra- pancreatic, pancreatico- duodenal, portahepatis**	
T4N0	Yes	As for T3N0 plus site(s) of adherence with 3-5 cm margin	Nodes related to site of adherence +/- perigastric, celiac, splenic, supra- pancreatic, pancreatico- dupdenal portakenatis	
T1-2 N+	Yes	Not indicated for T1	Perigastric, celiac, splenic, supra-pancreatic, pancreatico-duodenal, porta hepatis	
T3-4N+	Yes	As for T3, T4N0	As for T1-2N+ and T4N0	

Body/Middle 1/3rd

*Use preop imaging (CT, barium swallow), surgical clips, and postop imaging (CT, barium swallow).

**Optional node inclusion for T2-3N0 lesions if there has been adequate surgical node dissection (D2 dissection) and at least 10-15 nodes have been examined pathologically.

Table 6. Impact of Site of Primary Gastric Lesion and TN Stage on Irradiation Treatment Volumes—Antrum/ Pylorus/Distal One Third of Stomach (General Guidelines)

Site of Primary and TN Stage	Remaining Stomach	Tumor Bed Volumes**	Nodal Volumes	Tolerance Organ Structures
 Pylorus/distal 1/3 stomach 	Yes, but spare 2/3 of one kidney (usually L)	T-stage dependent	N-stage dependent	Kidneys, liver, spinal cord
T2N0 with invasion of subserosa	Variable dependent on surgical-pathologic findings*	Head of pancreas, (+/- body), 1st and 2nd duodenum	None or perigastric; optional: pancreatico- duodenal, porta hepatis, celiac, supra-pancreatic***	
T3N0	Variable dependent on surgical-pathologic findings*	Head of pancreas, (+/- body), 1st and 2nd duodenum	None or perigastric; optional: pancreatico- duodenal, porta hepatis, celiac, supra-pancreatic***	
T4N0	Preferable but dependent on surgical-pathologic findings*	As for T3N0 plus sitc(s) of adherence with 3-5 cm margin	Nodes related to site(s) of adherence +/- perigastric, pancreatico- duodenal, portahepatis, celiac, supra-panc	
T1-2N+	Preferable	Not indicated for T1	Perigastric, pancreatico- duodenal, portahepatis, celiac, supra-pancreatic; Optional splenic hilum***	
T3-4N+	Preferable	As for T3, T4N0	As for T1-2N+ and T4N0	

*For tumors with wide (>5 cm) surgical margins confirmed pathologically, treatment of residual stomach is optional if this would result in substantial increase in normal tissue morbidity.

**Use preop imaging (CT, barium swallow), surgical clips, and postop imaging (CT, barium swallow).

***Optional node inclusion for T2-3N0 lesions if there has been an adequate surgical node dissection (D2 dissection) and at least 10-15 nodes have been examined pathologically.

Pyloric/Distal 1/3rd

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Guidelines

EORTC-ROG expert opinion: Radiotherapy volume and treatment guidelines for neoadjuvant radiation of adenocarcinomas of the gastroesophageal junction and the stomach

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Fig. 7. Corresponding elective lymph node stations for GC tumours of the proximal third with their tumour centre outside of the gastroesophageal junction: 1, right paracardial LN; 2, left paracardial LN; 3, LN along the lesser curvature; 4sa, LN along the short gastric vessels; 4sb, LN along the left gastroepiploic vessels; 7, LN along the left gastroepiploic vessels; 9, LN around the celiac artery; 10, LN at the splenic hilum; 11p, LN along the proximal splenic artery; 11d, LN along the distal splenic artery; 19, infradiaphragmatic LN.

Ca Proximal Stomach



Mid1/3rd Stomach

Fig. 8. Corresponding elective lymph node stations for GC tumours of the middle third: 1, right paracardial LN; 2, left paracardial: LN; 3, LN along the lesser curvature; 4sa, LN along the short gastric vessels; 4sb, LN along the left gastroepiploic vessels; 5s, suprapyloric LN; 6, Infrapyloric LN; 7, LN along the left gastric artery; 8a, LN along the common hepatic artery (anter osuperior group); 8b, LN along the common hepatic artery (anter osuperior group); 8b, LN along the common hepatic artery (posterior group); 9, LN around the cellac artery; 10, LN at the splenic hilum; 11p, LN along the proximal splenic artery; 11d, LN along the distal splenic artery; 18, LN along the inferior margin of the pancreas; 19 infradiaphragmatic LN.

112

(110)

Fig. 9. Corresponding elective lymph node stations for GC tumours of the distal third: 3, LN along the lesser curvature; 4d, LN along the right gastroepiploic vessels; 5, suprapyloric LN; 6, infrapyloric LN; 7, LN along the left gastric artery; 8a, LN along the common hepatic artery (anterosuperior group); 8b, LN along the common hepatic artery (posterior group) 9, LN around the celiac artery; 1p, LN along the proximal splenic artery; 12a, LN in the hepatoduodenal ligament (along the hepatic artery); 12b, LN in the hepatoduodenal ligament (along the bile duct); 12p, LN in the hepatoduodenal ligament (behind the portal vein); 13, LN on the posterior surface of the pancreatic head; 18, LN along the inferior margin of the pancreas.

Distal 1/3rd Stomach



Original Report

Gastric lymph node contouring atlas: A tool to aid in clinical target volume definition in 3-dimensional treatment planning for gastric cancer

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encountered are the left paracardial LNs (Fig 1A). The left paracardial LNs are anatomically defined medially by the gastric fundus, anterolaterally by the visceral peritoneum, posteriorly by the spleen, superiorly by the hemidiaphragm, and inferiorly by the greater curvature LNs. Generally, the region anterior to the gastric body is devoid of any nodal tissue. greater curvature LNs, splenic hilum LNs, and right paracardial LNs (Fig 1B). Once the greater curvature is encountered, the nodal tissue on the left lateral perigastric

region is termed the greater curvature LNs. The greater curvature LNs run along the short gastric vessels and both right and left gastroepiploic vessels, and they are bordered medially by the gastric body, anterolaterally by the ribs, and posteriorly by the spleen and splenic hilum LNs. Lying posterior to the greater curvature LNs, the splenic hilum LNs represent the nodal basin lying between the spleen and gastric body, bordered posterolaterally by the spleen, medially by the kidneys, extending inferiorly to cover all of the splenic hilum vasculature. In Fig 1B, the right paracardial LNs can also be identified, representing the narrow anatomic space that lies between gastric cardia



Figure 1C depicts the lesser curvature and splenic artery LNs in relation to greater curvature and splenic hilum LNs. The lesser curvature LNs are defined superiorly by the right paracardial LNs, anteromedially by the liver, inferomedially by the suprapyloric LNs, laterally by the gastric body, and posteriorly by the kidney. The splenic artery LN basin surrounds the splenic artery. It is bordered anteriorly by the posterior aspect of the gastric body, posteriorly by the left kidney, laterally by the splenic hilum LNs, and medially by the celiac axis LNs. Figure 1D illustrates the location of the left gastric LNs in the context of other previously described LN stations. The left gastric LN station is defined as regional tissue surrounding the left gastric artery, starting inferiorly from its origin of the celiac axis to superiorly, running along the superior portion of the lesser curvature, where these LNs merge with the lesser curvature LNs. The left gastric LN station is bordered medially by the liver, superolaterally by the splenic artery LN basin, and inferolaterally by the celiac LNs.



Continuing inferiorly, Figure 1E illustrates the location of hepatoduodenal and paraortic LN stations. The hepatoduodenal LNs lie along the proper hepatic artery, common bile duct, and the portal vein, extending superiorly from the under surface of the liver to the superior portion of the duodenum inferiorly. The paraortic LNs are located within the region between and immediately adjacent to the aorta and inferior vena cava. Through consensus discussion, the superior border of the paraortic LNs was designated as 5-mm below the origin of the celiac axis. This LN basin extends inferiorly to the duodenal sweep, medially to the vertebral body, and laterally extending to 2-mm left of the aorta.

As named, the common hepatic LNs (Fig 1F) can best be identified by first identifying the common hepatic artery, which terminates to form the proper hepatic artery and gastroduodenal artery. This LN basin is bordered posteriorly by the paraortic LNs, posteromedial by the celiac LNs, anteriorly by the liver, anteroinferiorly by the suprapyloric LNs, and laterally by the hepatoduodenal LNs. Similarly, the celiac LNs are defined by the celiac artery, starting from its origin from the aorta to its termination where it branches and gives off the common hepatic artery, left gastric artery, and splenic artery.



Figure 1G illustrates the suprapyloric LNs, which lie directly superior to the gastric pylorus. The common hepatic LNs flow into the suprapyloric LNs, then flow leftward to join up with the lesser curvature LNs. The suprapyloric LNs are bordered anteriorly by the left lobe of the liver, posteriorly by the pancreatic body, and to the left by the inferior portion of the lesser curvature LNs.

Lastly, the infrapyloric LNs, posterior pancreatic LNs, and the superior mesenteric LNs can be appreciated. The infrapyloric LNs lie immediately inferior to the gastric pylorus and anterior to the pancreatic head and superior mesenteric vessels. The posterior pancreatic LNs lie immediately posterior to the pancreatic head and anterior to the paraortic LNs. The superior mesenteric LNs reside anteriorly along the surface of the pancreatic head and neck, from the junction of the superior mesenteric artery and vein superiorly to the duodenal sweep inferiorly.



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Phase II trial

A new approach to delineating lymph node target volumes for post-operative radiotherapy in gastric cancer: A phase II trial

CrossMark

Radiotherapy

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lable 1

The radiation indication and principal of target volume delineation for gastric lymph nodes (INs).

Lymph node station		Target volume delineation	Radiation indication
1-6 7	Perigastric LNs LNs along the left gastric artery	Residual stomach and 0.5-1 cm expansion The interspace between the liver and the stomach Cranial-lower border of the cardia Caudal-upper border of the celiac trunk Anterior-anterior border of the lesser gastric curvature Posterior-anterior border of the lesser gastric curvature Right-left border of the liver Left-right border of the stomach	Any perigastric INs involved Lesions occur in the lesser curvature, involve the lower esophagus, or involve the station 1 or 3 a LNs
8	LNs along the common hepatic artery	The common hepatic artery and 0.5-1 cm expansion	Lesions located in the lesser curvature near the pylorus or in the lower portion of the greater curvature, or involvement to the station 3b, 5, 6, and 4d lymph nodes
9	LNs around the celiac artery	The celiac trunk and 0.5-1 cm expansion	Any INs involved
10 11 p	LNs at the splenic hilum Proximal splenic artery	The splenic artery distal to the pancreatic tail and the vessels at the splenic hilum, with an additional 0.5-1 cm margin The splenic artery from its origin to halfway between its	Lesions at the fundus or the left gastroepiploic artery-supplying area, or involvement of the 4sa or 4sb LNs Lesions at the left gastroepiploic artery-supplying area or station 6
	LNs	origin and the pancreatic tail end, then with an additional 0.5-1 cm margin	LNs involved
11d	Distal splenic artery INs	The splenic artery from halfway between its origin and the pancreatic tail end to the end of the pancreatic tail, then with an additional 0.5-1 cm margin	Lesions at the fundus or the left gastroepiploic artery-supplying area
12a	Hepatoduodenal ligament LNs along the proper hepatic artery	The proper hepatic artery from its gives rise to the left and right hepatic artery to the common hepatic artery	Lesions at the lesser curvature near the pylorus or at the lower portion of the greater curvature, or involvement of the station 3b, 5, 6, 4d, and 8 LNs
12p	Hepatoduodenal ligament LNs along the portal vein	The portal vein from the right hepatic vein joins the portal vein to the right border of the pancreas	Lesions at the lesser curvature
13	LNs on the posterior surface of the pancreatic head	Cranial—the upper border of pancreatic head Caudal—the lower border of pancreatic head Right—the duodenum Left—the abdominal aorta Anterior-posterior border of the pancreas Posterior-anterior border of the inferior vena cava	Signet-ring cell carcinoma or mucinous adenocarcinoma at the gastric antral, or the pancreas involved
14v	LNs along the superior mesenteric vein	The superior mesenteric vein from the lower border of the pancreas to the level of bifurcation of colic vein, then with an additional 0.5-1 cm margin	Station 6 LNs involved
14a	LNs along the superior mesenteric artery	The proximal 2.5 cm to 3.0 cm of the superior mesenteric artery and 1 cm expansion	Lesions invading into the adjacent tissues or organs such as the pancreas or the transverse colon
15	LNs along the middle colic vessels	The region from the involved transverse colon to the root of the superior mesenteric vessels	Lesions at the greater curvature and invading into the transverse colon or its mesentery
16a1 16a2	LNs around the abdominal aorta	Para-aortic LNs in the diaphragmatic aortic hiatus Cranial: the upper margin of the origin of the celiac artery Caudal: the lower border of the left renal vein	Lesions at gastroesophageal junction Any INs involved
16b1*		Cranial: the lower border of the left renal vein Caudal: the upper border of the origin of the inferior mesenteric artery	Any INs involved, excluding lesions at gastroesophageal junction
16b2*		Cranial: the upper border of the origin of the inferior mesenteric artery Caudal: the aortic bifurcation	Station 16b2 is generally not included in the CTV

Left: left border of abdominal aorta with an additional 1–1.5 cm margin; Right: right border of abdominal aorta with an additional 2 cm margin; Anterior: anterior border of abdominal aorta with an additional 1.5–2 cm margin; Posterior: posterior border of abdominal aorta with an additional 0.3–0.5 cm margin. 16a1, 16a2, 16b1 and 16b2 have same left, right, anterior and posterior border

Nodal Contours



BOWEL COMMON TARGET CTV LN CTV Tumor Bed Dummy Com Hep N Dummy Gr Curv N Dummy Hepatoduodenal N Dummy Les Curv N Dummy Lt Gastric N Dummy Lt Paracardial N Dummy Paraaortic N Dummy Post Panc N Dummy Rt Paracardial N Dummy Suprapyloric N HEART KIDNEY LT KIDNEY RT LIVER LUNG COMMON LUNG RT OAR SPINAL CORD patient PTV LN_5mm PTV Tumor Bed REST HEART REST KIDNET LT REST LIVER REST LUNG LT REST LUNG RT REST SPLEEN SPINAL CORD Spleen

Celiac Nodes



BOWEL COMMON TARGET CTV LN CTV Tumor Bed Dummy Com Hep N Dummy Gr Curv N Dummy Hepatoduodenal N Dummy Les Curv N Dummy Lt Gastric N Dummy Lt Paracardial N Dummy Paraaortic N Dummy Post Panc N Dummy Rt Paracardial N Dummy Suprapyloric N HEART KIDNEY LT KIDNEY RT LIVER LUNG COMMON LUNG LT LUNG RT OAR SPINAL CORD patient PTV LN_5mm PTV Tumor Bed REST HEART REST KIDNET LT REST LIVER REST LUNG LT REST LUNG RT REST SPLEEN SPINAL CORD Spleen

Hepatoduodenal Nodes





Left Gastric Nodes





Paraaortic Nodes





Suprapyloric Nodes





Posterior Pancreatic Nodes



CTV Tumor Bed
Dummy Celiac N
Dummy Com Hep N
Dummy Gr Curv N
Dummy Hepatoduodenal N
Dummy Les Curv N
Dummy Lt Gastric N
Dummy Lt Paracardial N
Dummy Paraaortic N
Dummy Post Panc N
Dummy Rt Paracardial N
Dummy Suprapyloric N
HEART
KIDNEY LT
KIDNEY RT
LIVER
LUNG COMMON
LUNG LT
LUNG RT
OAR SPINAL CORD
patient
PTV LN_5mm
PTV Tumor Bed
REST HEART
REST KIDNET LT
RESTLIVER
REST LUNG LT
REST LUNG RT
REST SPLEEN
SPINAL CURD
Spieen

Left Paracardial Nodes



Greater Curvature Nodes



CTV Tumor Bed Dummy Celiac N Dummy Com Hep N Dummy Gr Curv N Dummy Hepatoduodenal N Dummy Les Curv N Dummy Lt Gastric N Dummy Lt Paracardial N Dummy Paraaortic N Dummy Post Panc N Dummy Suprapyloric N HEART KIDNEY LT KIDNEY RT LIVER LUNG COMMON LUNG LT LUNG RT OAR SPINAL CORD patient PTV LN_5mm PTV Tumor Bed REST HEART REST KIDNET LT REST LIVER REST LUNG LT REST LUNG RT REST SPLEEN SPINAL CORD Spleen

Right Paracardial Nodes





Lesser Curvature Nodes





Splenic Hilar Nodes



COMMON TARGET CTV LN CTV Tumor Bed Dummy Celiac N Dummy Com Hep N Dummy Gr Curv N Dummy Hepatoduodenal N Dummy Les Curv N Dummy Lt Gastric N Dummy Lt Paracardial N Dummy Paraaortic N Dummy Post Panc N Dummy Rt Paracardial N Dummy Splenic Hil N Dummy Suprapyloric N HEART KIDNEY LT KIDNEY RT LIVER LUNG COMMON LUNG LT LUNG RT OAR SPINAL CORD patient PTV LN_5mm PTV Tumor Bed REST HEART REST KIDNET LT REST LIVER REST LUNG LT REST LUNG RT REST SPLEEN Spleen

Splenic Arterial Nodes



CTV LN CTV Tumor Bed Dummy Celiac N Dummy Com Hep N Dummy Gr Curv N Dummy Hepatoduodenal N Dummy Les Curv N Dummy Lt Gastric N Dummy Lt Paracardial N Dummy Paraaortic N Dummy Post Panc N Dummy Rt Paracardial N Dummy Splenic Hil N Dummy Suprapyloric N HEART KIDNEY LT KIDNEY RT LIVER LUNG COMMON LUNG LT LUNG RT OAR SPINAL CORD patient PTV LN_5mm PTV Tumor Bed REST HEART REST KIDNET LT REST LIVER REST LUNG LT REST LUNG RT REST SPLEEN SPINAL CORD Spleen

Splenic Arterial Nodes



Regional Lymphatics of Stomach



Lymphatics Contour vs CTV

Post-operative Radiotherapy

Dose –

- R0 resection 45-50.4Gy @1.8Gy/fr
- R+ resection 55-60Gy (to smaller volume)

OAR constraints –

Spinal Cord: Dmax ≤ 45Gy

Lungs: V20Gy < 20-30%; Dmean < 20Gy</p>

- Bowel: V45Gy < 195cc
- Heart: V30Gy < 30% (closer to 20% preferred) Dmean < 30Gy</p>
- Kidneys (evaluate each separately): Dmean < 18Gy; V20Gy < 33%</p>

Liver: Dmean < 25Gy; V30Gy < 33%</p>

Jansen EP et al, IJROBP 2007; Dewit L et al, Eur J Cancer 1993; Dawson LA et al, IJROBP 2001

BEAM ARRANGEMENT

AP/PA portals

Anteriorly weighted beams to reduce spinal cord doses

Reduced fields with obliques or laterals used after 45 Gy

AP/PA +LATERAL/ oblique port can be used from beginning to decrease spinal cord dose till 20 Gy. Lateral port to be removed thereafter to decrease liver dose

3DCRT

- Beam arrangement AP, PA, Obliques
- Fields may be weighted to maximize sparing of kidneys
- MLCs




AP/PA beam portals

Full doses to cord, bowel











Oblique beams Relative sparing of cord, bowel



LAT + Obliques







AP/PA beams Liver & B/L Kidneys 90-100% isodose



Oblique beams Kidneys 70-80% isodose

54/F,

Carcinoma Pyloric Antrum (s/p Distal Gastrectomy, pT2pN3M0)

Adjuvant RT – 45Gy/25#

3DCRT vs VMAT plans





	3DCRT	VMAT
Dmean	25.2 Gy	14.1 Gy
V20Gy	56%	28%

DVH



Statistics Display

Structure	Volume (cm ³)	Plan	Min. Dose (cGy)	Max. Dose (cGy)	Mean Dose (cGy)	Cold Ref. (cGy)	Volume < (cm ³)	Volume < (%)	Hot Ref. (o	Gy) Volume > (cm ³)	Volume > (%)
BOWEL	573.653	3A5040cGY28FPH1	69.1	5490.4	925.4	4029.7	547.766	95.49	45	0.0 15.178	2.65
BOWEL	573.653	3DFINAL	123.5	5145.2	1241.4	4029.7	519.119	90.49	45	0.0 33.504	5.84
HEART	447.152	3A5040cGY28FPH1	102.9	5368.9	1905.8				4	4.0 330.906	74.00
HEART	447.152	3DFINAL	127.0	5190.0	1947.6				5	1.1 330.906	74.00
KIDNEY LT	151.233	3A5040cGY28FPH1	77.3	5115.6	1417.1				30	0.0 20.644	13.65
KIDNEY LT	151.233	3DFINAL	105.9	5471.1	2520.5				30	0.0 55.239	36.53
KIDNEY RT	143.293	3A5040cGY28FPH1	56.8	4111.0	1027.8						
KIDNEY RT	143.293	3DFINAL	83.9	5054.7	1636.4						
LIVER	1503.551	3A5040cGY28FPH1	31.8	5431.9	1982.7						
LIVER	1503.551	3DFINAL	55.7	5569.5	2221.8						
LUNG COMMON	1700.468	3A5040cGY28FPH1	18.1	5454.4	552.5				20	0.0 143.965	8.47
LUNG COMMON	1700.468	3DFINAL	33.1	5480.2	643.2				20	0.0 195.184	11.54
PTV LN_Smm	319.703	3A5040cGY28FPH1	4046.9	5438.5	5076.0				49	7.7 303.718	95.00
PTV LN_5mm	319.703	3DFINAL	4636.4	5569.5	5155.5				49	9.0 303.718	95.00
PTV Tumor Bed	559.347	3A5040cGY28FPH1	4072.3	5458.7	5076.6				49	3.4 531.380	95.00
PTV Tumor Bed	559.347	3DFINAL	3950.4	5472.9	5042.1				48	2.0 531.380	95.00
SPINAL CORD	24.893	3A5040cGY28FPH1	21.7	4101.3	1630.6				45	0.00	0.00
SPINAL CORD	24.893	3DFINAL	39.8	4757.9	1913.1				45	0.0 0.138	0.55
patient(Unsp.Tiss.)	19223.305	3A5040cGY28FPH1	0.0	5424.1	453.4						
patient(Unsp.Tiss.)	19223.305	3DFINAL	1.7	5603.2	550.8						

Supportive Care

- Nutrition, review weekly
- Prophylactic antiemetics
- B12, Fe, Folate, Vitamins as indicated
- CBC weekly during treatment, then monthly

Let us not cast aside What belongs to the past, for, It is only with the Past That we can weave the fabric of the Future

....Anatole France

