

# Treatment overview of colon cancers.



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# Indian scenario of colon cancer

**8%**

Of all cancer related death

**4.4 per M**

Annual incidence rate in men

**3.9 per M**

Annual incidence rate in females

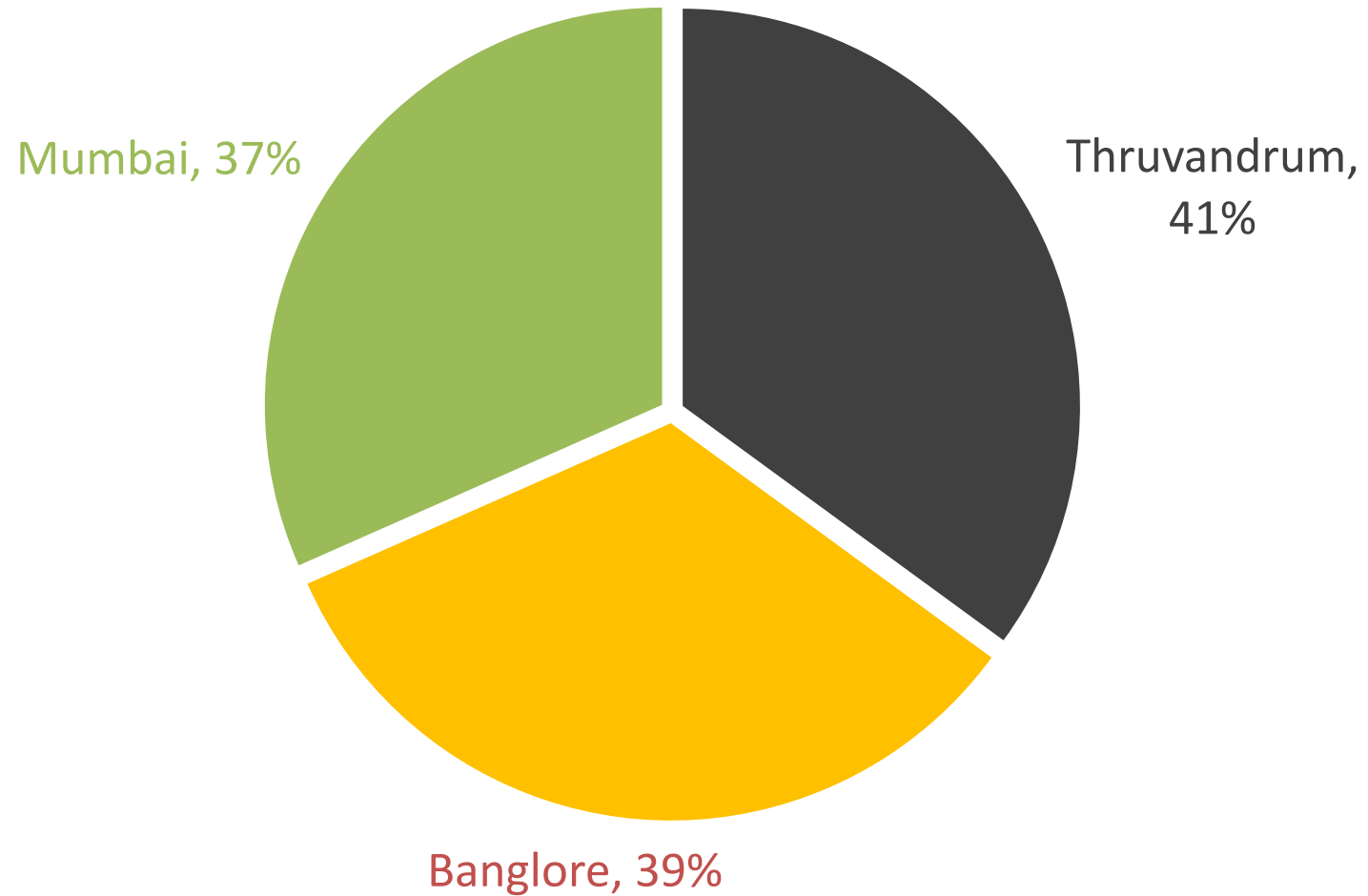
**8<sup>th</sup>**

Most common cancer in male

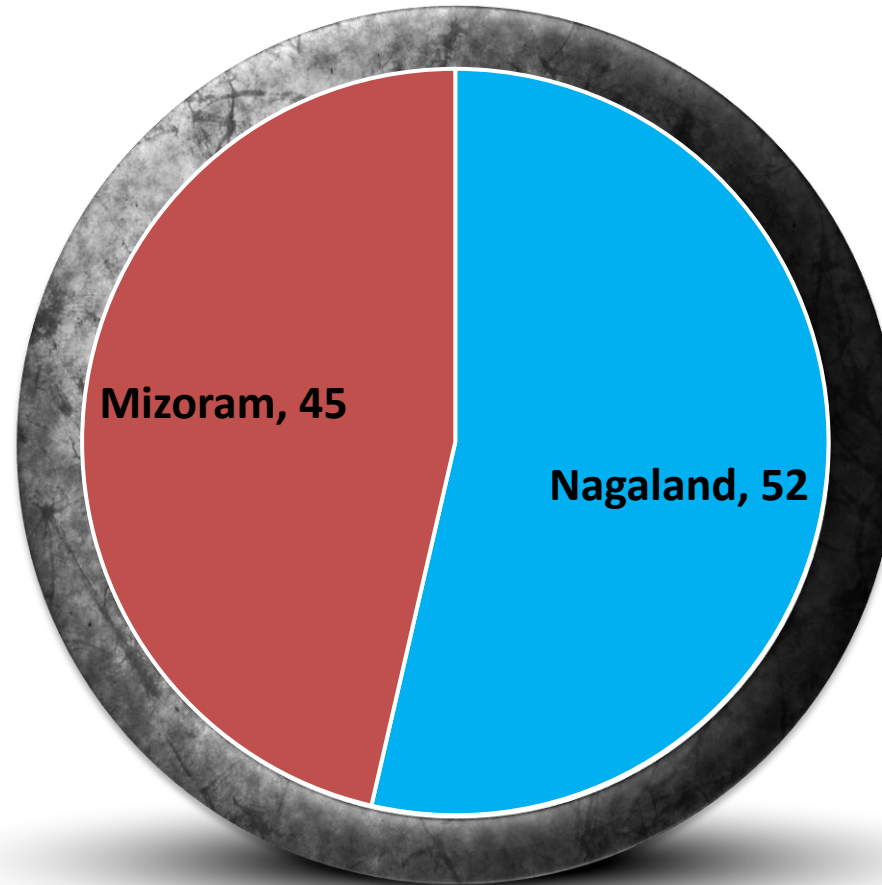
**9<sup>th</sup>**

Most common cancer in female

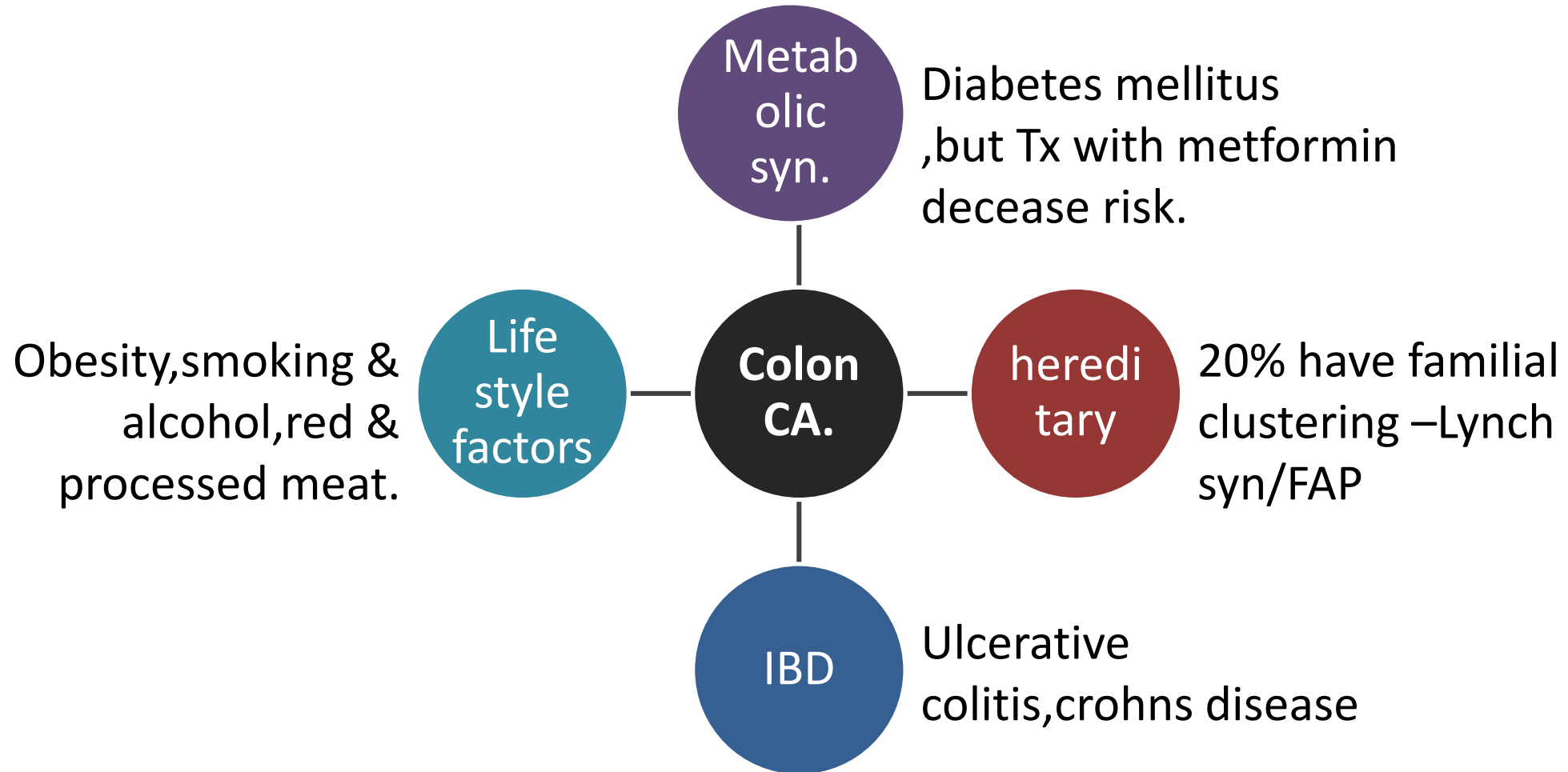
# Annual incidence in males



# Annual incidence in females

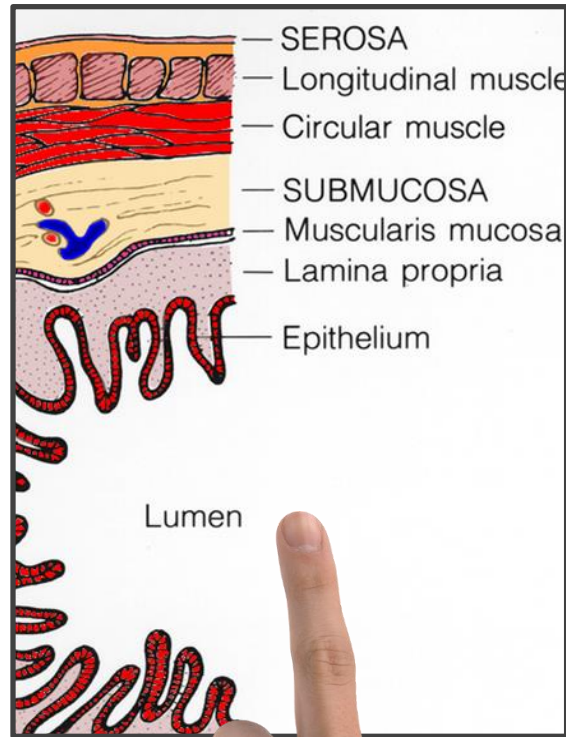


# 4 main risk factors for colon cancer are.

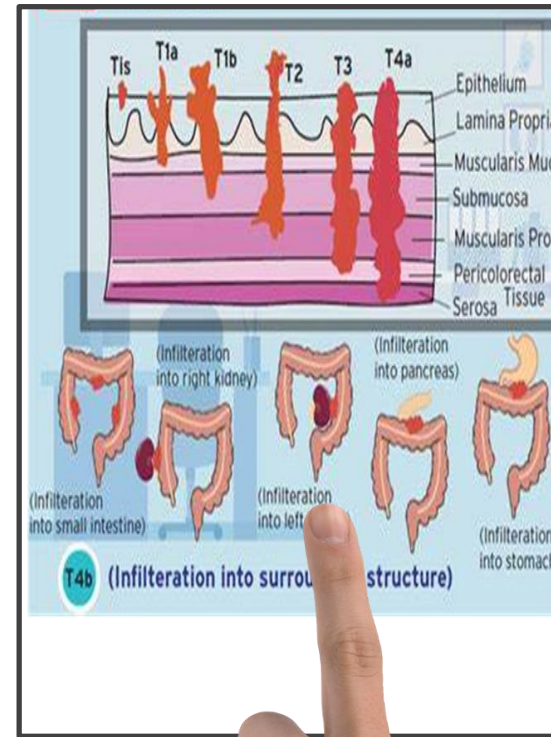


# pT staging of colon cancer-8 th AJCC classification

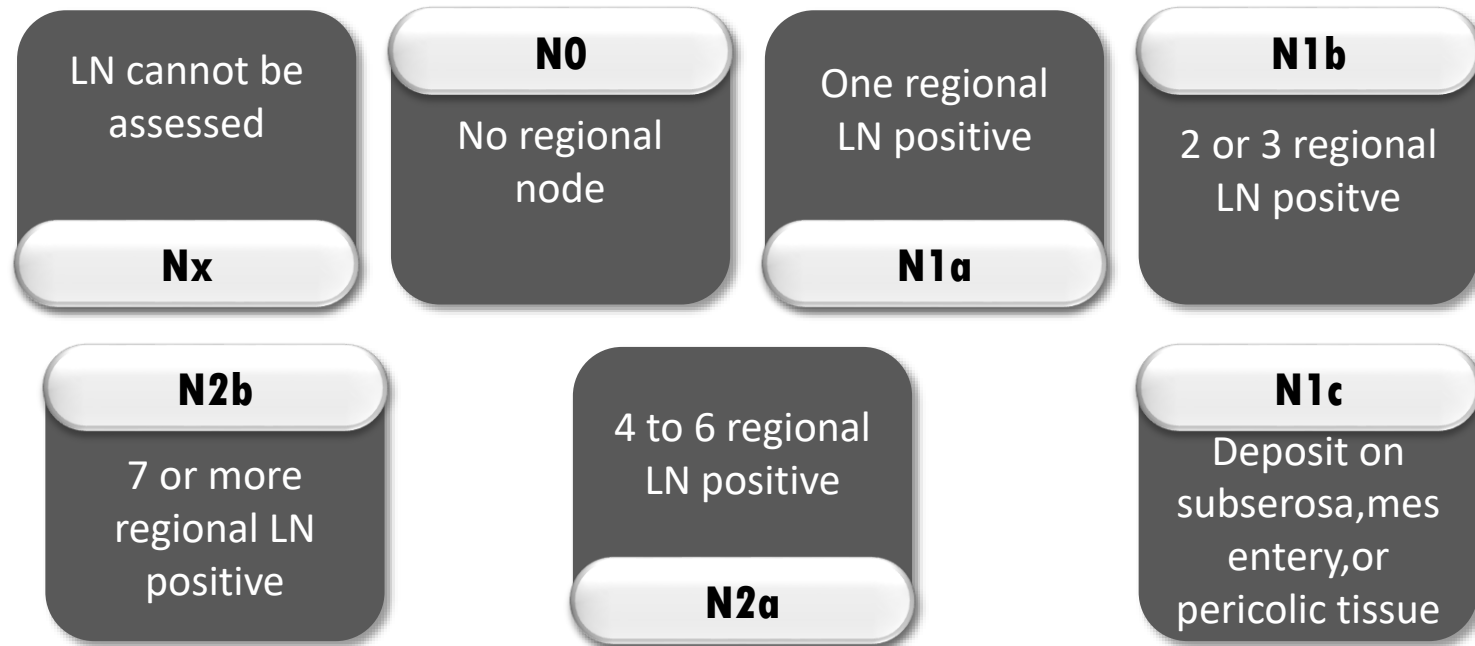
## Anatomy



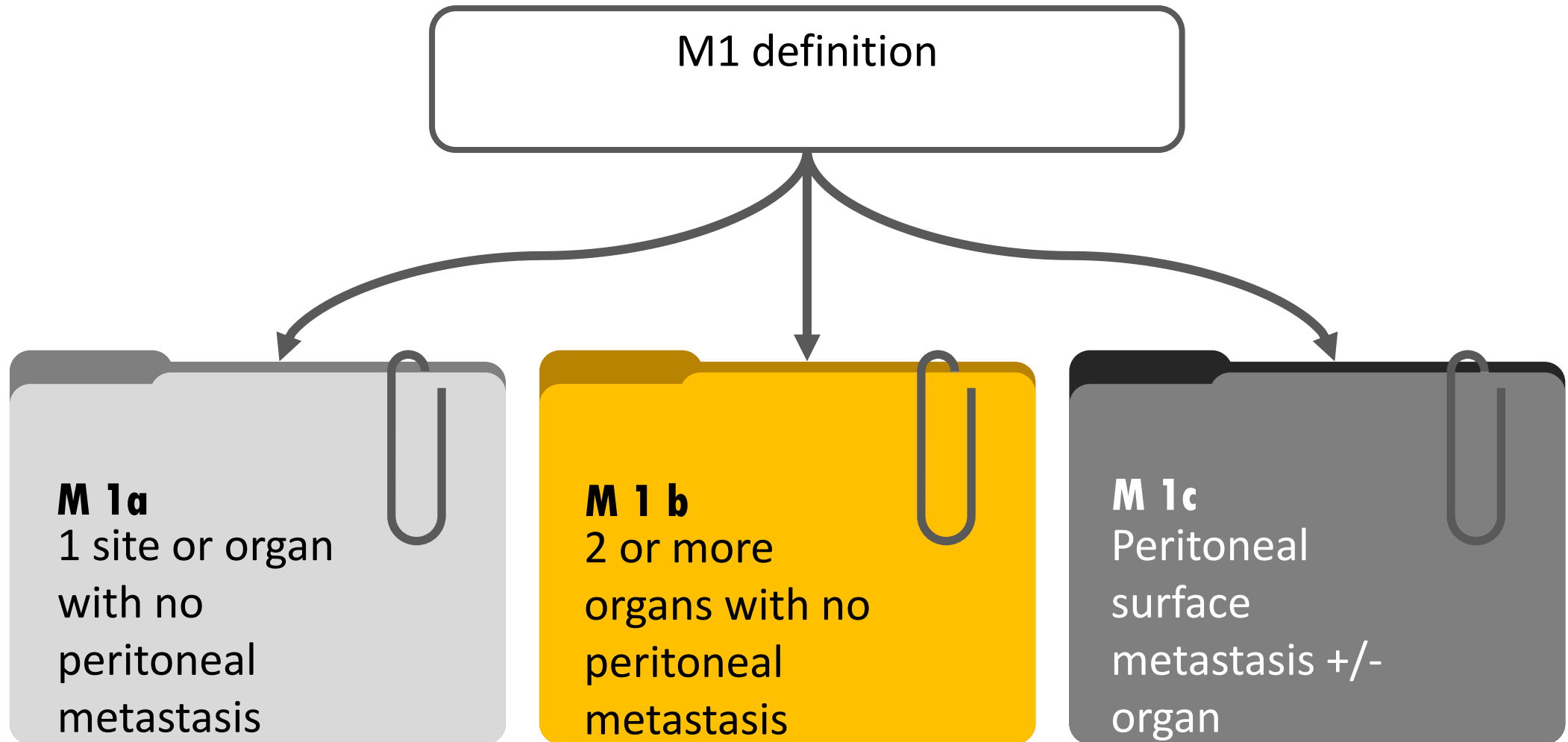
## T staging



# pN staging of colon cancer -8 th AJCC classification



# M staging of colon cancer -8 th AJCC classification





# 8 parameters which should be seen in formalin fixed pathological specimen.

1

Grade of tumor

2

Depth of penetration (T)

3

N status  
.Minimum of 12  
LN need to be  
examined

4

Margin status,  
mainly  
circumferential

5

Lympho vascular  
space invasion

6

Perineural  
invasion

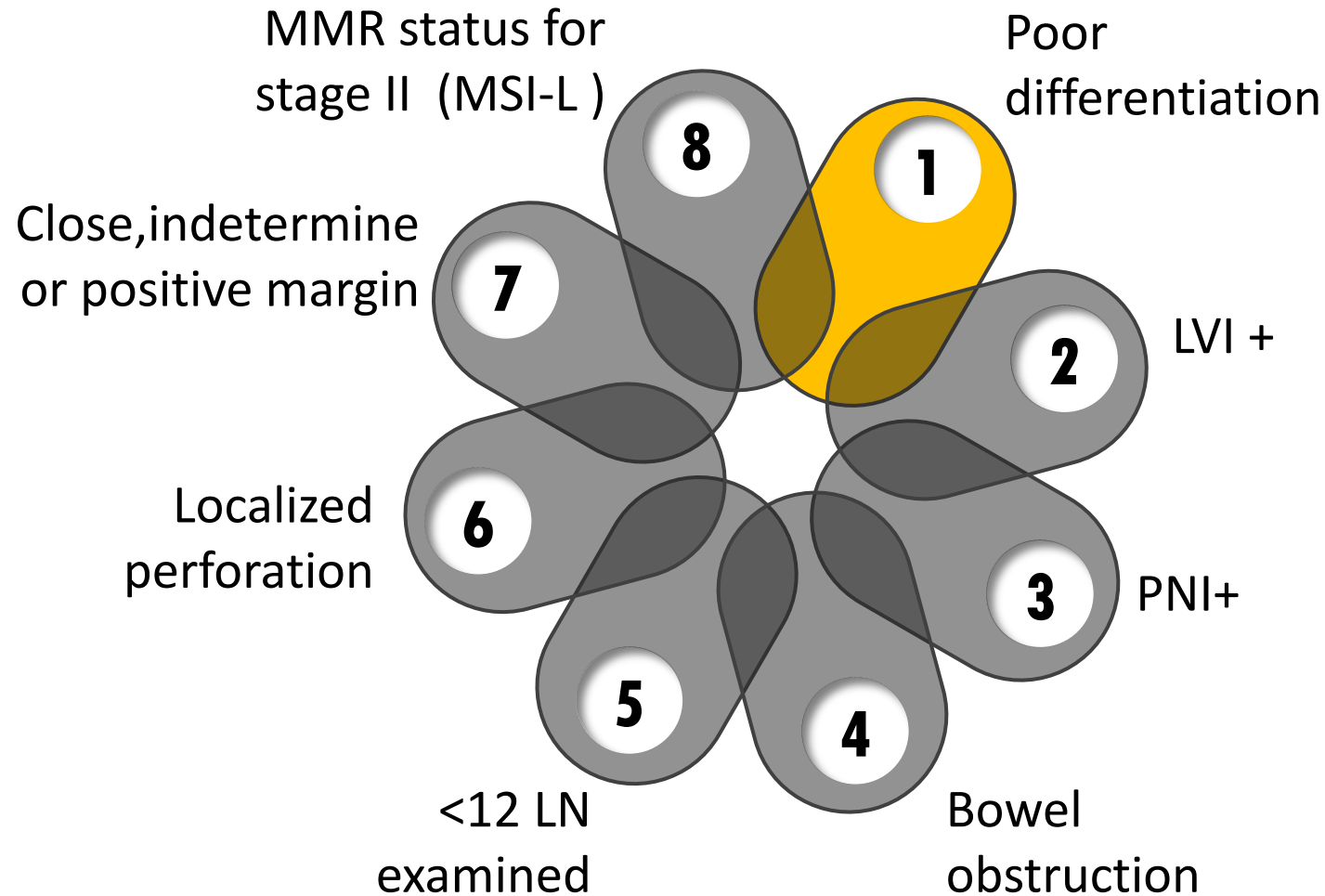
7

Peritumoral  
deposits /satellite  
nodules

8

MSI or MMR  
testing :if family  
history see.

# Pathological high risk features of recurrence- Poor prognostic features

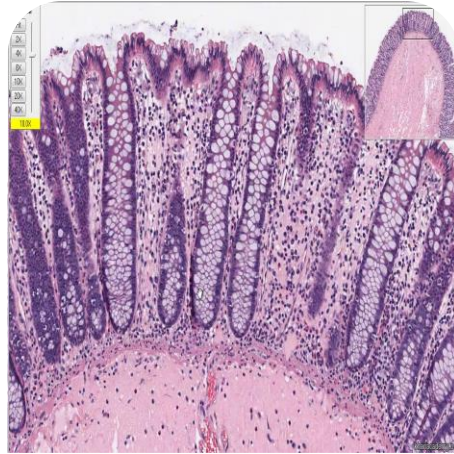


# Work up of non metastatic colon mass appropriate for resection.



## Colonoscopy.

- Rectosigmoid MC site
- Bx & polyp removal
- Synchronous precancerous lesion



## Biopsy & path.

High risk factors-  
poorly  
diff./LVI/PNI//local  
perforation/margin  
/LN examined



## Radiology.

- MRI pelvis-  
low lying  
sigmoid
- CT thorax/abd
- PET: not  
indicated.

|                                                 |      |      |
|-------------------------------------------------|------|------|
| Hgb (g/dL)                                      | 5    | 5.5  |
| MCV (fL)                                        | 63.9 | 64   |
| RDW (%)                                         | 26.5 | 26.2 |
| Platelets (x 10 <sup>3</sup> /mm <sup>3</sup> ) | 71   | 43   |
| WBC (x 10 <sup>3</sup> /mm <sup>3</sup> )       | 3.7  | 4.3  |
| Reticulocyte count (%)                          | 0.2  | ND   |

*\*After first red blood cell transfusion.*

*†After second red blood cell transfusion and discharge day.*

*Hgb = hemoglobin; MCV = mean corpuscular volume; ND = not done; 1 cell.*

## Blood parameter

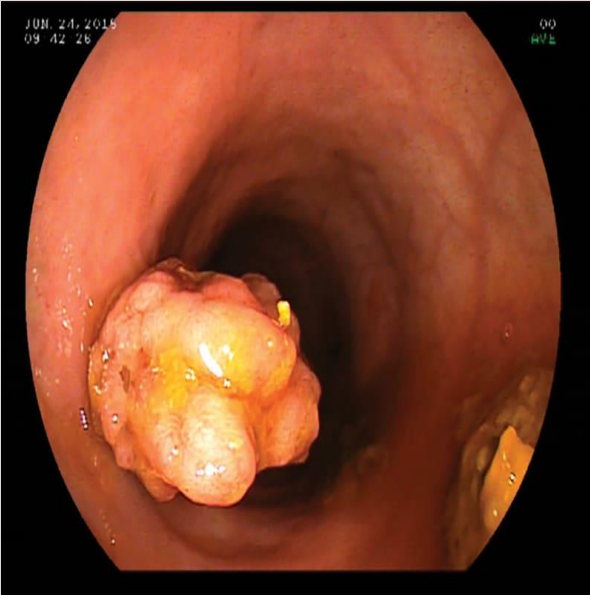
- CBC, blood  
chemistry
- CEA



## Gene assay

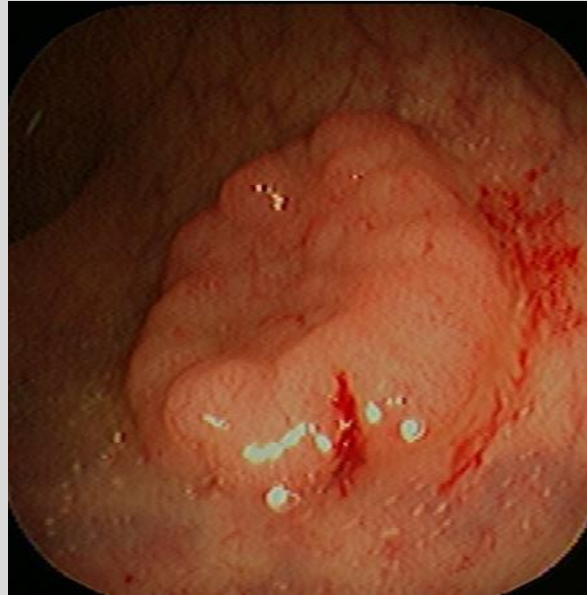
Not  
recommended  
except MSI or  
MMR testing :if  
family history see

# Management of Colonoscopic detected invasive polyp.



## **Pedunculated**

Complete endoscopy excision  
with negative margin  
& keep on follow up



## **Sessile**

Colectomy with  
en bloc LND



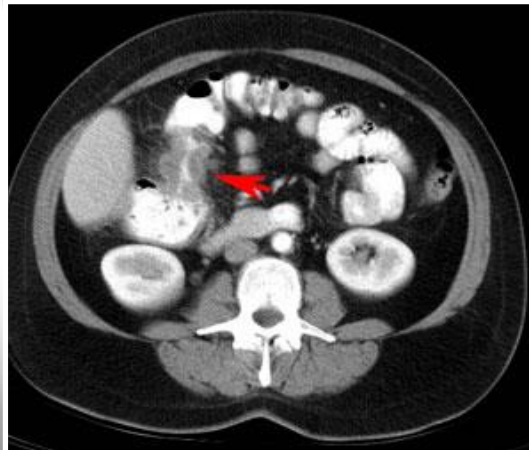
## **Fragmented specimen**

Colectomy with LND as  
margin cannot be  
assessed



# Options of Primary treatment for non-metastatic colon cancer appropriate resection as per work up

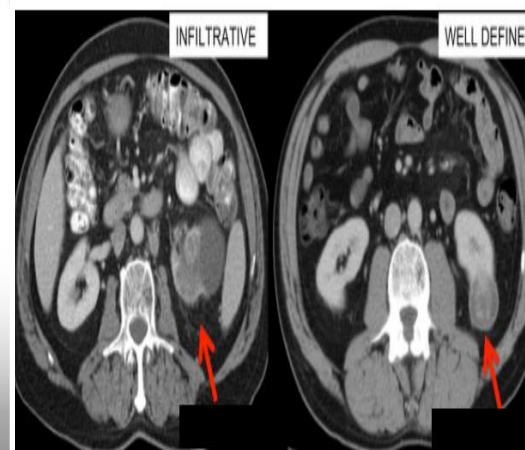
Surgery



Diversion  
/stent(distal  
lesions) followed  
by Sx



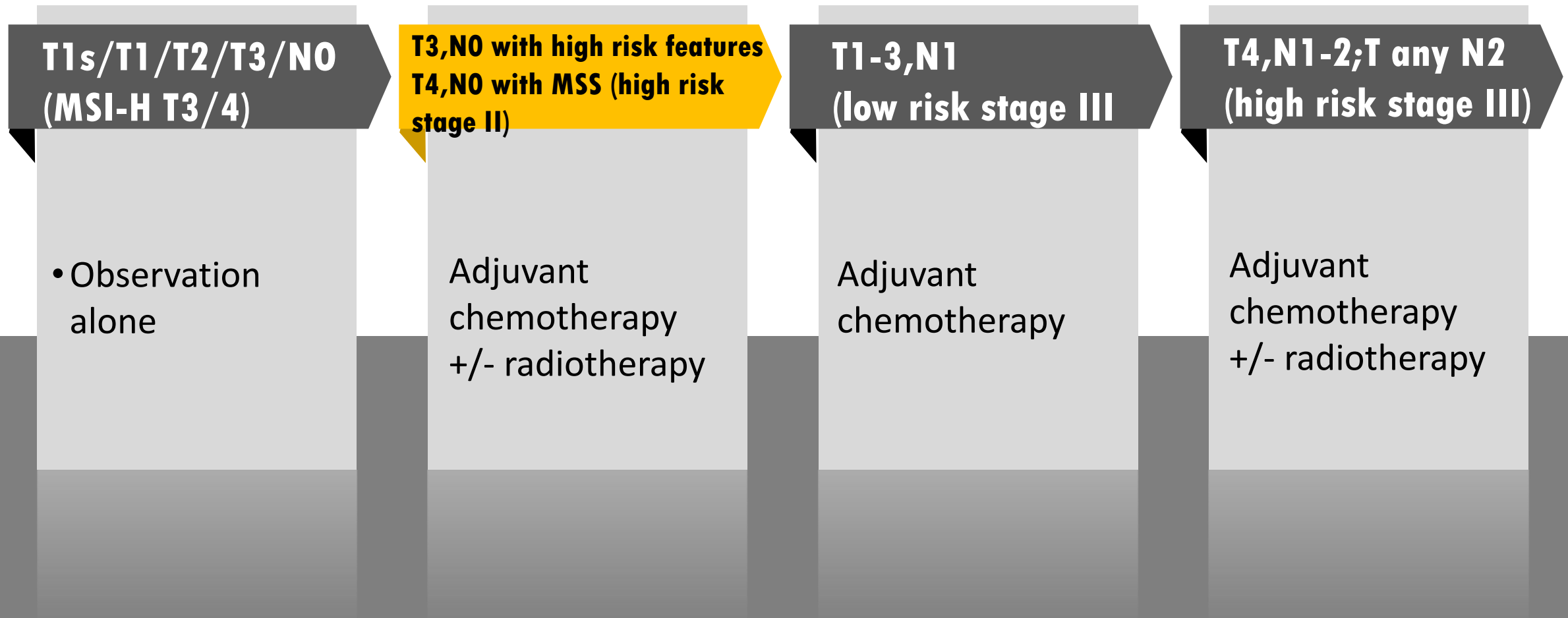
NACT followed by  
Sx.



Preoperative CRT  
followed by Sx.



# Adjuvant treatment after primary treatment as per pathologic staging of non metastatic colon cancer.



# 4 major types of colectomy as per tumor location



Right hemicolectomy



Left hemicolectomy



Transverse colectomy



Sigmoid colectomy

A colectomy may be done anywhere within the shaded areas of the diagrams.

## Colon resection

Include 5 cm of segment on either side.

Always consider regional LN dissection .

# Minimally invasive colectomy(Laparoscopic/robotic) approaches.

## Negatives

- Not recommended for acutely obstructed or perforated or locally invasive to surrounding structure tumors
- High risk of abdominal adhesions.

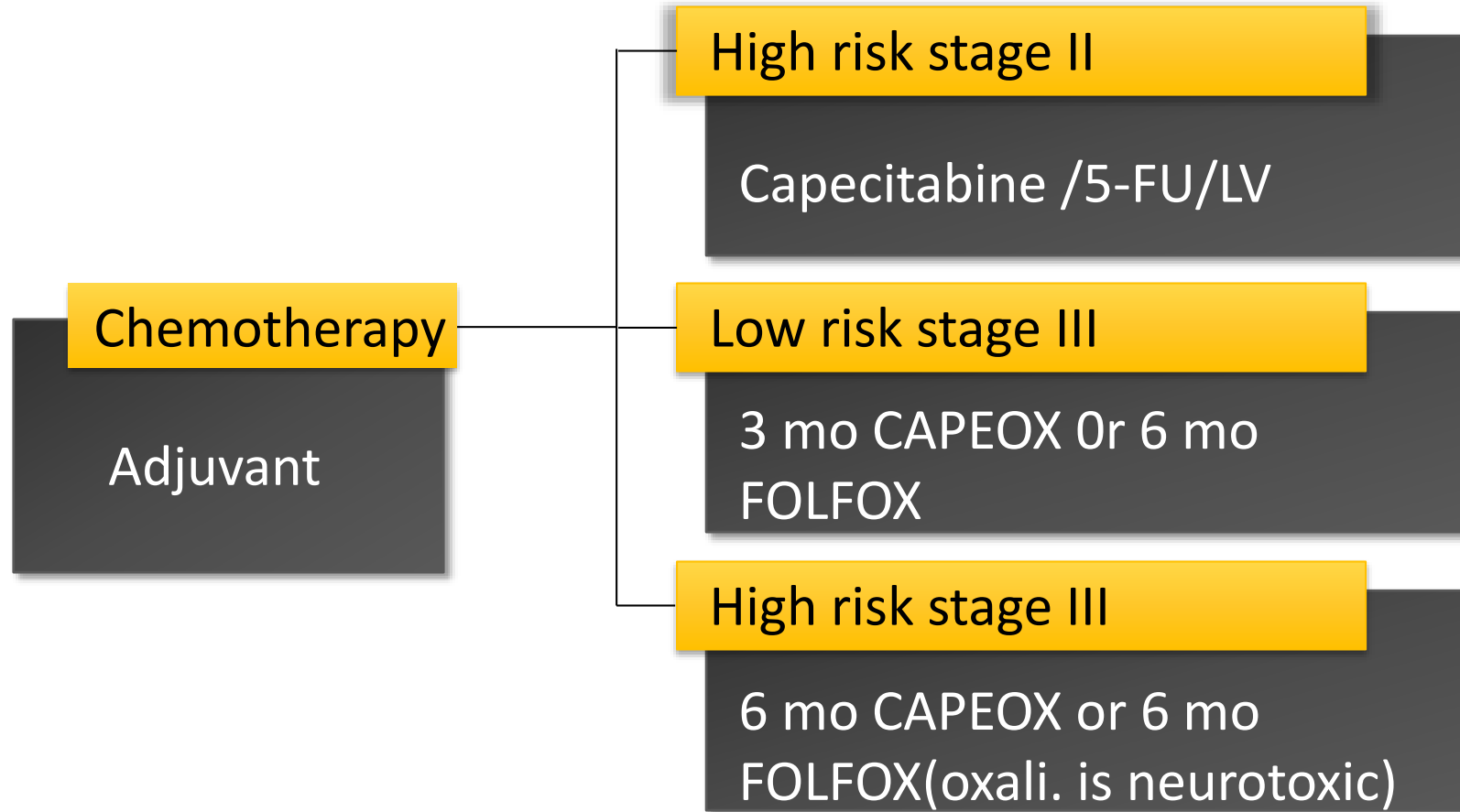
## Positives

- Less blood loss,short stay
- Shorter time of bowel recovery ,less infection rate
- Best for left side cancer





# Adjuvant chemotherapy recommended only for high risk stage II & stage III cases.



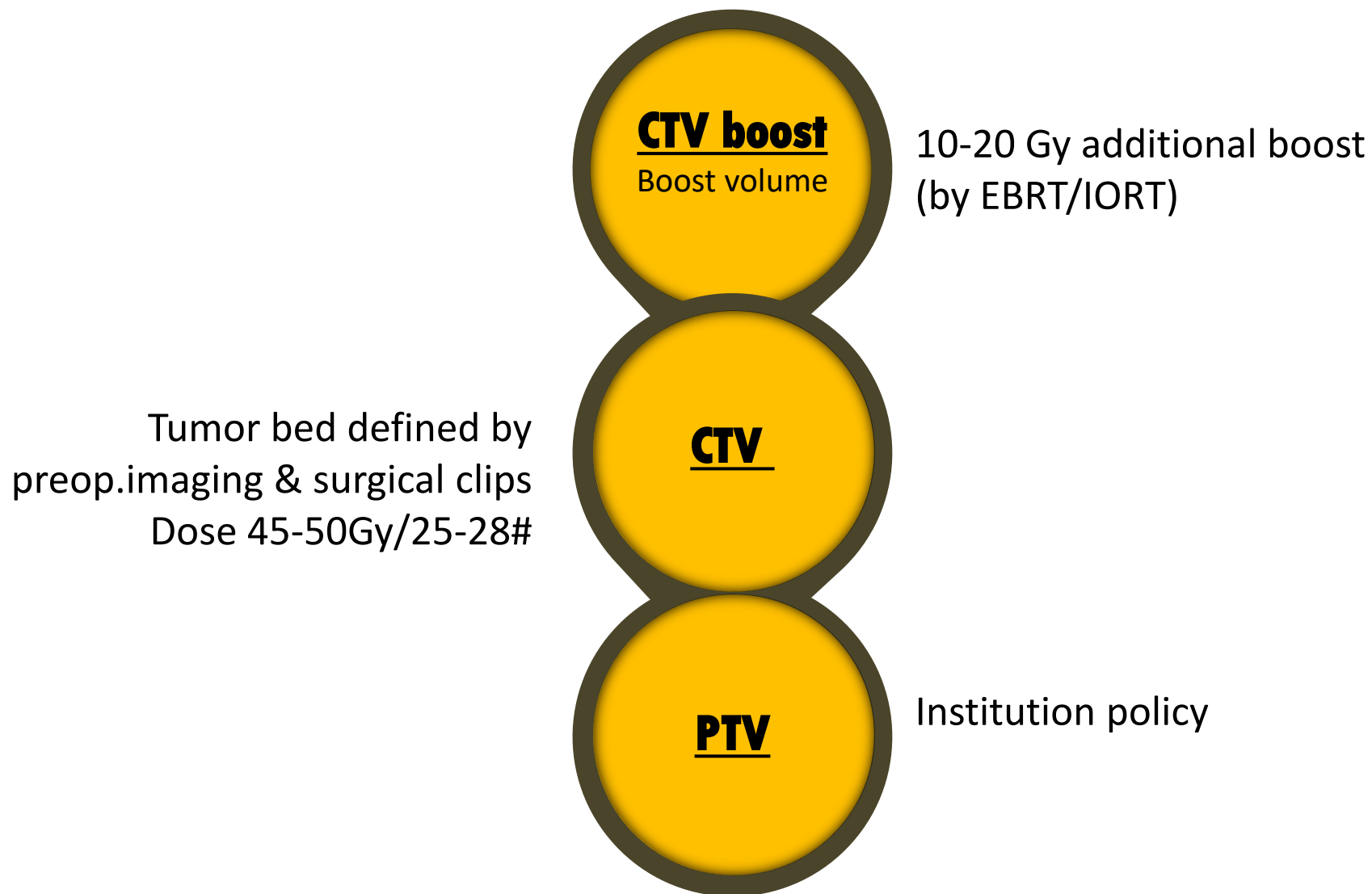
# Adjuvant radiotherapy recommendations.

Initially unresectable to  
make it resectable.

Post op . T4b  
( perforation,residual  
disease post resection)



# Target volume definition.



**50-60% develop metastasis with liver as most common site.**

### **Metachronous**

MC type of metastasis in colon cancer  
Develops after initial treatment

### **Synchronous**

Occur in 20-34 % cases  
Metastasis at time of initial diagnosis  
Bad prognosis

# Additional test recommended for metastatic colon disease.

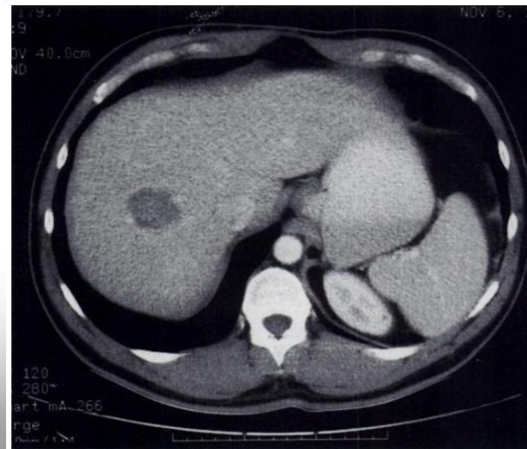
| Imaging                                                                                                | Gene status test.                                                                     | Gene testing.                                                                                                               |
|--------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"><li>• PETCT in presence of potentially resectable lesions.</li></ul> | <ul style="list-style-type: none"><li>• KRAS/NRAS .</li><li>• BRAF mutation</li></ul> | <ul style="list-style-type: none"><li>• MMR(IHC)&amp;</li><li>• MSI(PCR) mutation analysis if not done initially.</li></ul> |

**Goal of primary treatment is to achieve complete resection/ablation in metastatic resectable..Discuss MDT**  
**To achieve goal use 6 perioperative FOLFOX/CAP.**

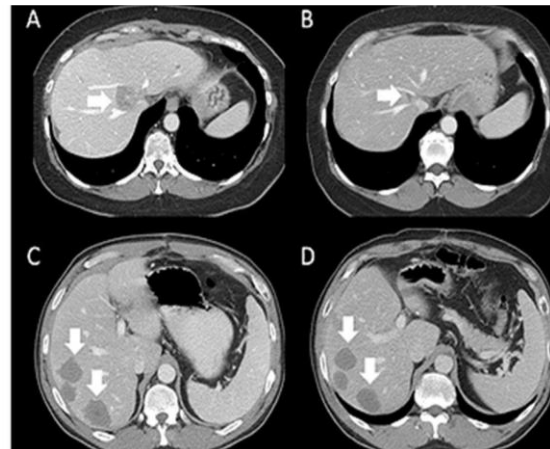
Resection/or  
Cryoablation  
(best for  
subcapsular)



Ablation  
(RFA:size  
<3cm/microwave)/  
or SBRT



SBRT  
(Only 700cc of viable  
liver<15Gy with dose  
12-20Gy/3 #)



Preoperative portal  
vein embolization  
to expand liver  
remnant



**In unresectable metastatic lesions use chemotherapy with biological agents & reassess every 2 mo for resection.**



**1**

FOLFOXIRI+ Bev.-right side

**2**

FOLFIRI+ cetx./pani.;left side  
wild type KRAS/NRAS

**3**

Nivo/pembro.  
dMMR/ MSI-H

**4**

Add vemurafenib  
If BRAF mutations positive

**5**

If disease progressed with all  
available regimes-Regorafenib/Yt 90  
chemoembolisation

# Points to be kept in mind while planning systemic therapy for metastatic disease

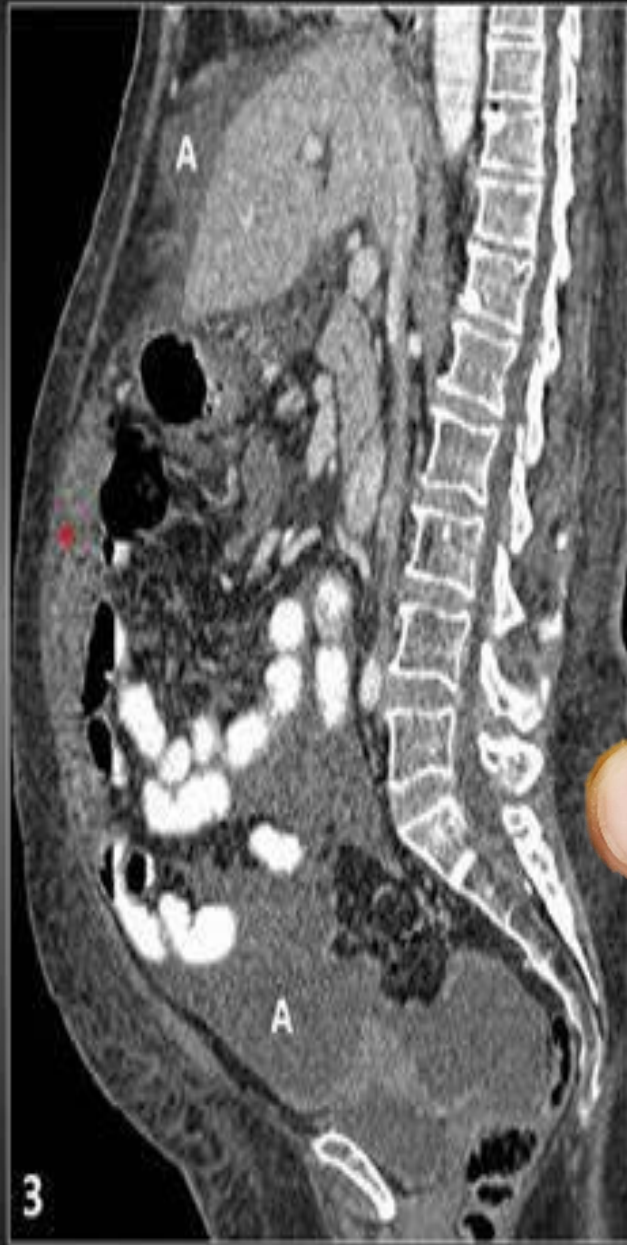
- 1** Rechallenge with same drug on progression if Tx stopped for other reason than progression
- 2** Not to give concurrent anti-EGFR & anti-VEGF agent
- 3** Bevi. Is preferred agent based on toxicity/cost
- 4** Bevi. Interfere with wound healing hence give 6 week gap before Sx

- 5** Cetx & panituzumab are recommended in combination with irinitocan
- 6** Biological agent only indicated for unresectable metastatic disease
- 7** Nivolumab is preferred ICI if indicated
- 8** Best supportive care



# Peritoneal carcinomatosis

- Seen in 17% MCRC cases.
- TOC is peritoneal stripping surgery (if R0 resection is possible) followed by HIPEC
- If extensive disease then palliative chemotherapy with caution on use of bevacizumab due to high risk of perforation.



# Surveillance post treatment

## Colonoscopy

Yearly once for 5 years  
Or clinically indicated

## Life style modification advice

30min exercise daily  
325 mg aspirin.  
Limit alc. Intake &  
smoking cessation.

## P/E & CEA levels

3 mo x 2yrs followed  
by 6mo x total 5 yrs.

## Imaging

Chest /abdomen/pelvic  
CT 6mo x total 5ys  
PET/CT not indicated



## Contact Us

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