

Meta analysis in Rectal Cancer

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Areas of meta analysis in rectal cancers

- Epidemiology and risk factors
- Diagnostics
- Molecular pathology and Genetics
- Surgical approach and techniques
- Timing of RT/chemo
- Efficacy of chemotherapy
- Wait and watch

Epidemiology and risk factors

World
Cancer
Research
Fund



American
Institute for
Cancer
Research

CUP Continuous
Update
Project

Analysing research on cancer
prevention and survival



Diet, nutrition, physical activity
and **colorectal cancer**

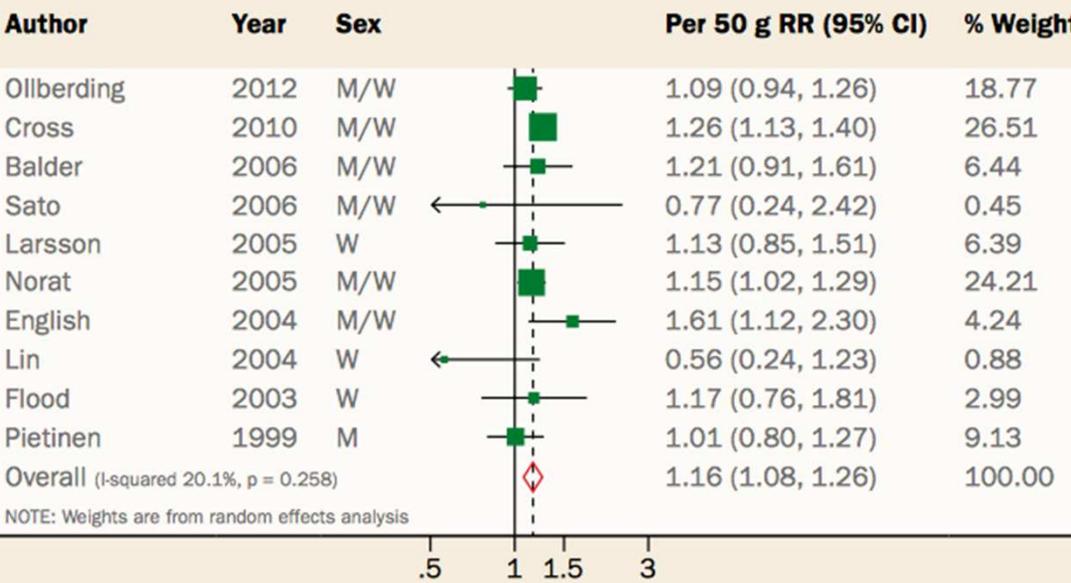
2017

Processed meat and colorectal cancer

Table 14: Summary of CUP 2016 cancer site dose-response meta-analyses – processed meat

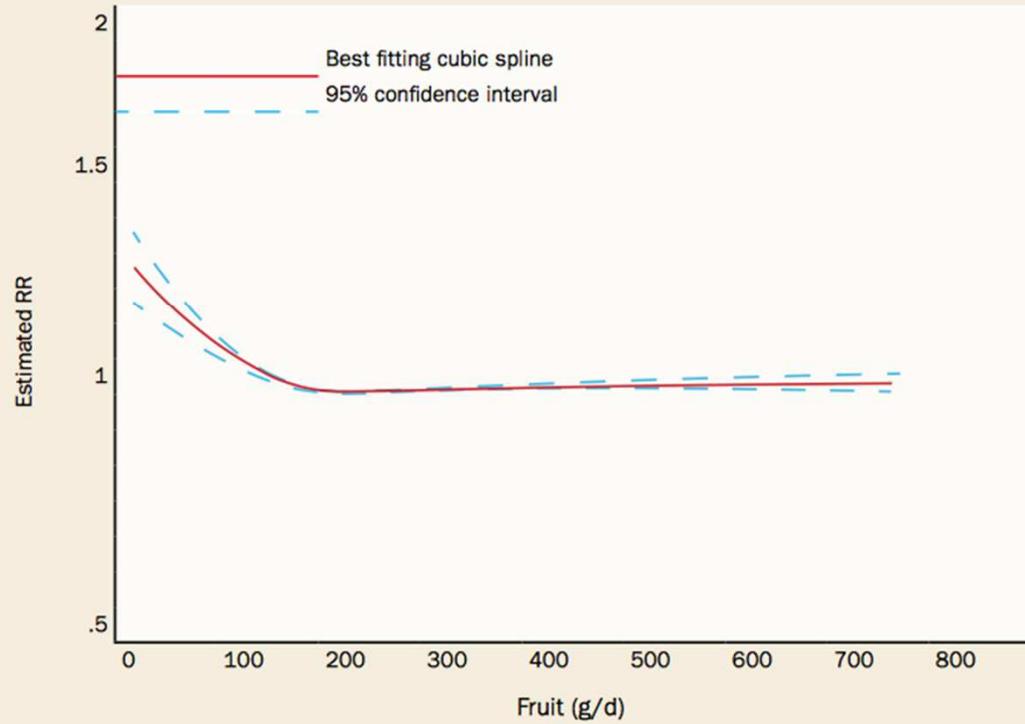
Analysis	Sex	Increment	RR (95% CI)	I ²	No. Studies	No. Cases
Colorectal cancer	M	Per 50 g/day	1.11 (0.86–1.43)	34%	2	-
	W	Per 50 g/day	1.18 (0.99–1.41)	19%	5	-
Colon cancer	M/W	Per 50 g/day	1.23 (1.11–1.35)	26%	12	8,599
Rectal cancer	M/W	Per 50 g/day	1.08 (1.00–1.18)	0%	10	3,029

Figure 8: Dose-response meta-analysis of processed meat and colorectal cancer per 50 grams per day



Fruit intake and CRC

Figure 5: Non-linear dose-response association of fruit intake and colorectal cancer



Alcohol and CRC

Figure 18: Non-linear dose-response associations of alcohol (as ethanol) intake and colorectal cancer

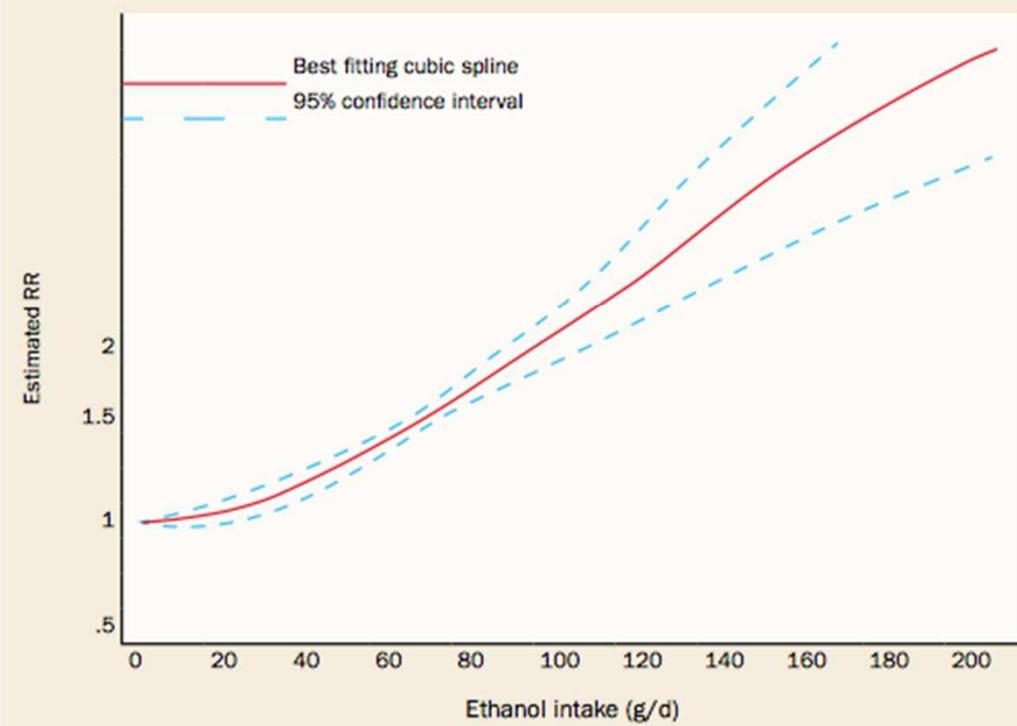
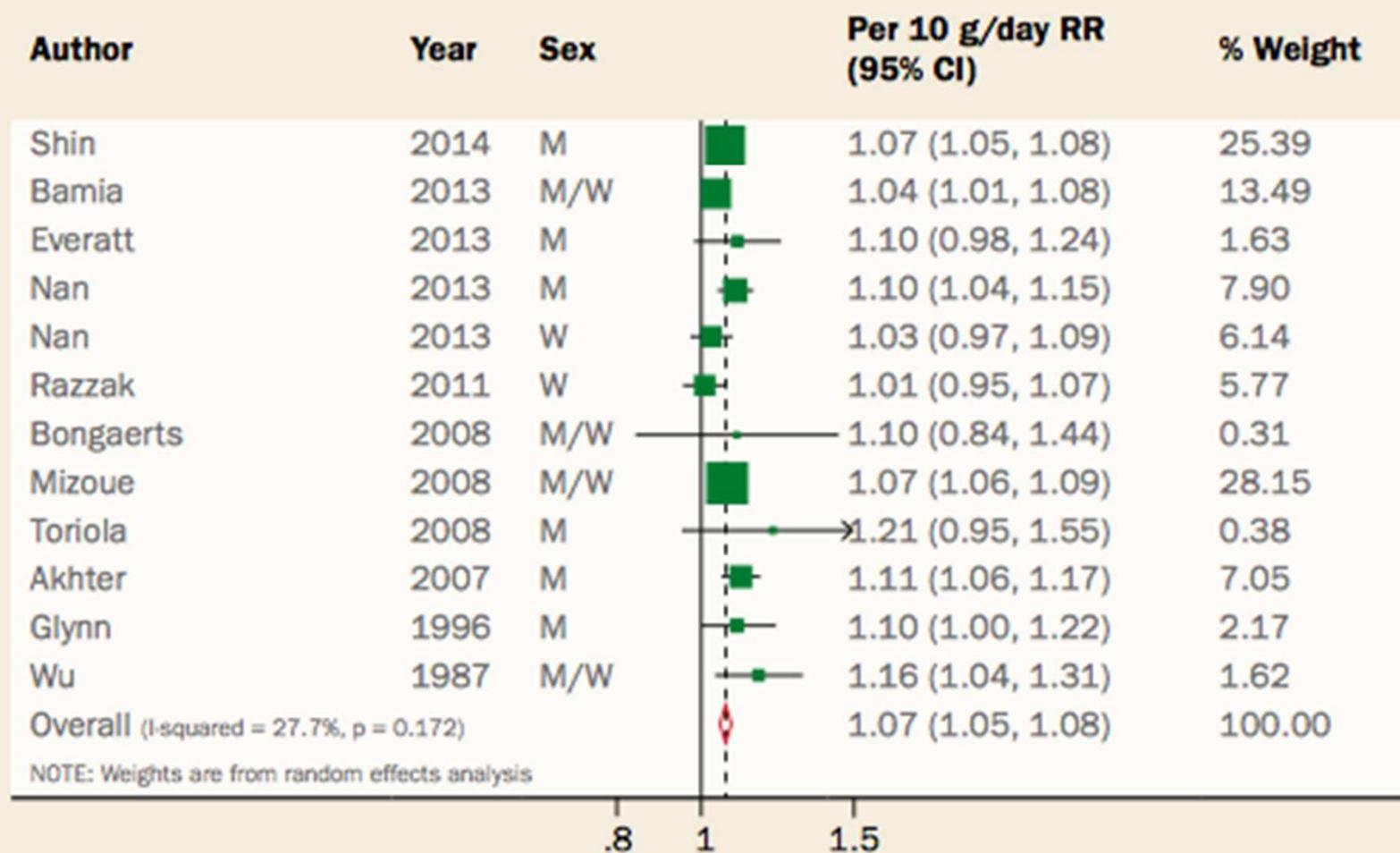


Figure 17: Dose-response meta-analysis of alcohol (as ethanol) and colorectal cancer per 10 grams per day



Association Between Dietary Inflammation Index and The Risk of Colorectal Cancer: A Meta-Analysis

Caixia Zhang, Weijing Wang & Dongfeng Zhang

To cite this article: Caixia Zhang, Weijing Wang & Dongfeng Zhang (2017): Association Between Dietary Inflammation Index and The Risk of Colorectal Cancer: A Meta-Analysis, *Nutrition and Cancer*, DOI: [10.1080/01635581.2017.1374418](https://doi.org/10.1080/01635581.2017.1374418)

To link to this article: <http://dx.doi.org/10.1080/01635581.2017.1374418>

6  C. ZHANG ET AL.

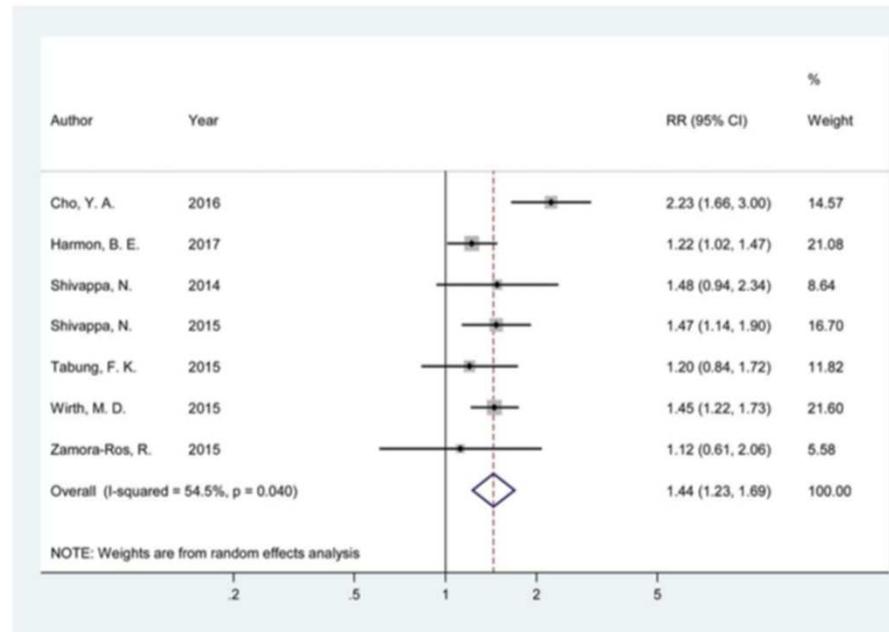


Figure 3. Forest plot of the relative risks (RRs) with corresponding 95% confidence intervals (CIs) of studies on DII and rectal cancer.

2017

DIET, NUTRITION, PHYSICAL ACTIVITY AND COLORECTAL CANCER 2017

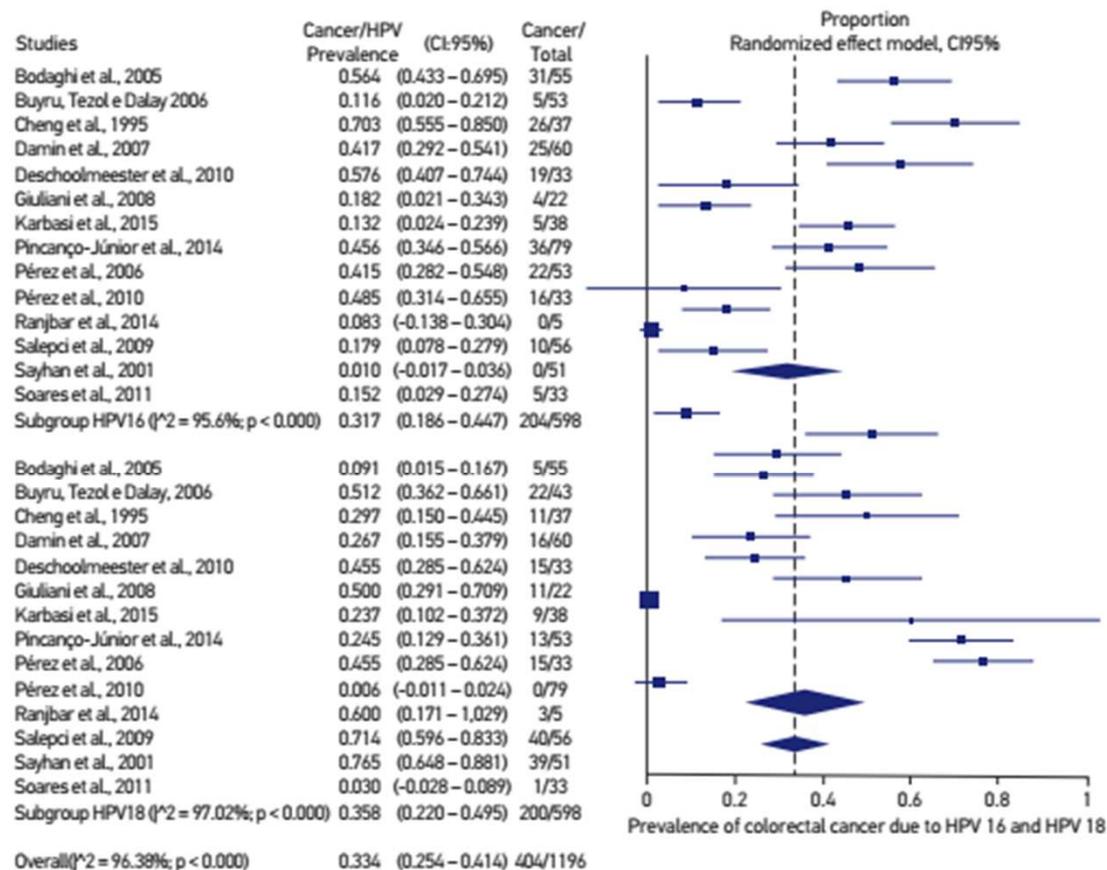
DECREASES RISK

INCREASES RISK

Convincing
Physical activity^{1,2}
Processed meat³
Alcoholic drinks⁴
Body fatness⁵
Adult attained height⁶
Probable
Wholegrains
Foods containing dietary fibre⁷
Dairy products⁸
Calcium supplements⁹
Red meat¹⁰
**Limited –
suggestive**
Foods containing vitamin C¹¹
Fish
Vitamin D¹²
Multivitamin supplements¹³
Low intakes of non-starchy vegetables¹⁴
Low intakes of fruits¹⁴
Foods containing haem iron¹⁵
**LIMITED
EVIDENCE**
**Limited –
no conclusion**
Cereals (grains) and their products; potatoes; animal fat; poultry; shellfish and other seafood; fatty acid composition; cholesterol; dietary n-3 fatty acid from fish; legumes; garlic; non-dairy sources of calcium; foods containing added sugars; sugar (sucrose); coffee; tea; caffeine; carbohydrate; total fat; starch; glycaemic load; glycaemic index; folate; vitamin A; vitamin B6; vitamin E; selenium; low fat; methionine; beta-carotene; alpha-carotene; lycopene; retinol; energy intake; meal frequency; dietary pattern

World Cancer Research Fund International/American Institute for Cancer Research. Continuous Update Project Report: Diet, Nutrition, Physical Activity and Colorectal Cancer. 2017. Available at: wcrf.org/colorectal-cancer-2017.

Colorectal cancer prevalence linked to human papillomavirus: a systematic review with meta-analysis



- Colorectal cancer owing to HPV was diagnosed in 51.8% of cases.
- Of these, the majority was linked to HPV 16 and 18
- Similarity between genders.

Figure 3: Estimate of colorectal cancer due to human papillomavirus 16 and 18.

Timing of RT

Preoperative Radiotherapy for Resectable Rectal Cancer

Article in JAMA The Journal of the American Medical Association · August 2000

DOI: 10.1001/jama.284.8.1008 · Source: PubMed

Figure 1. Overall Mortality

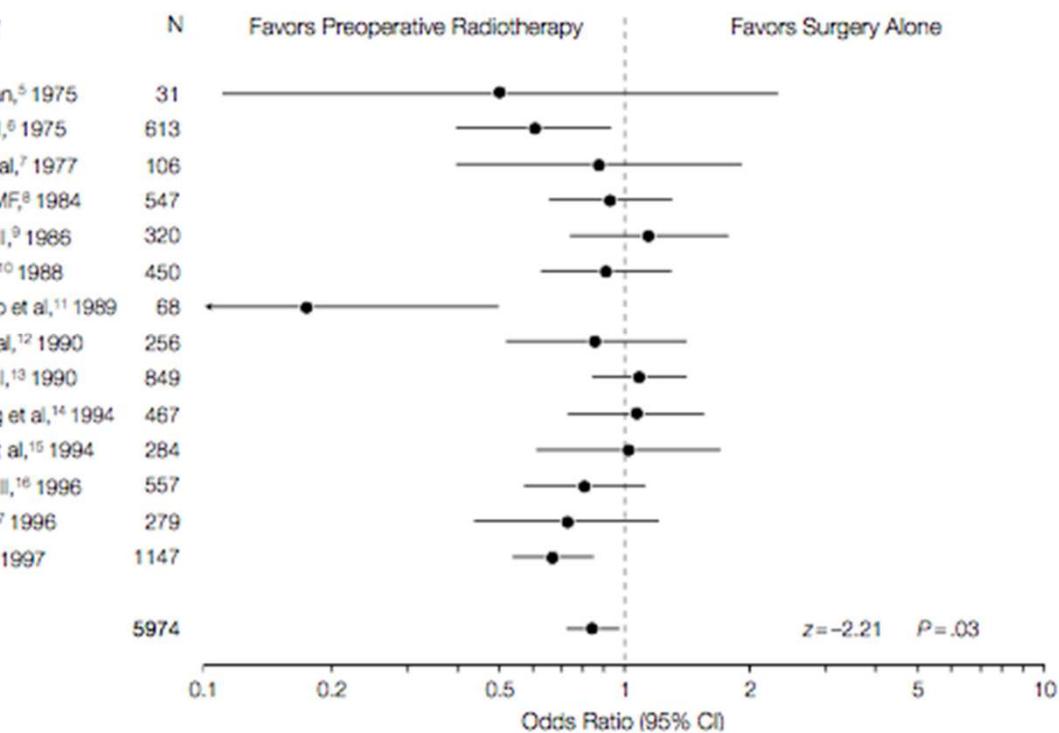


Figure 2. Cancer-Related Mortality

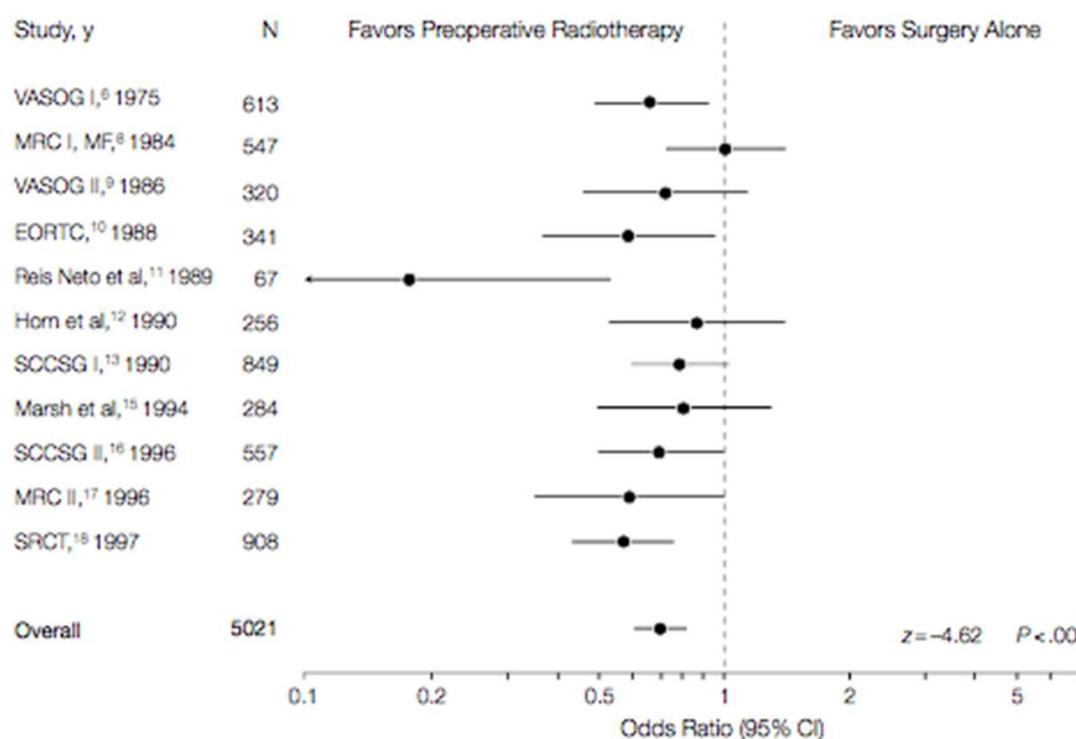
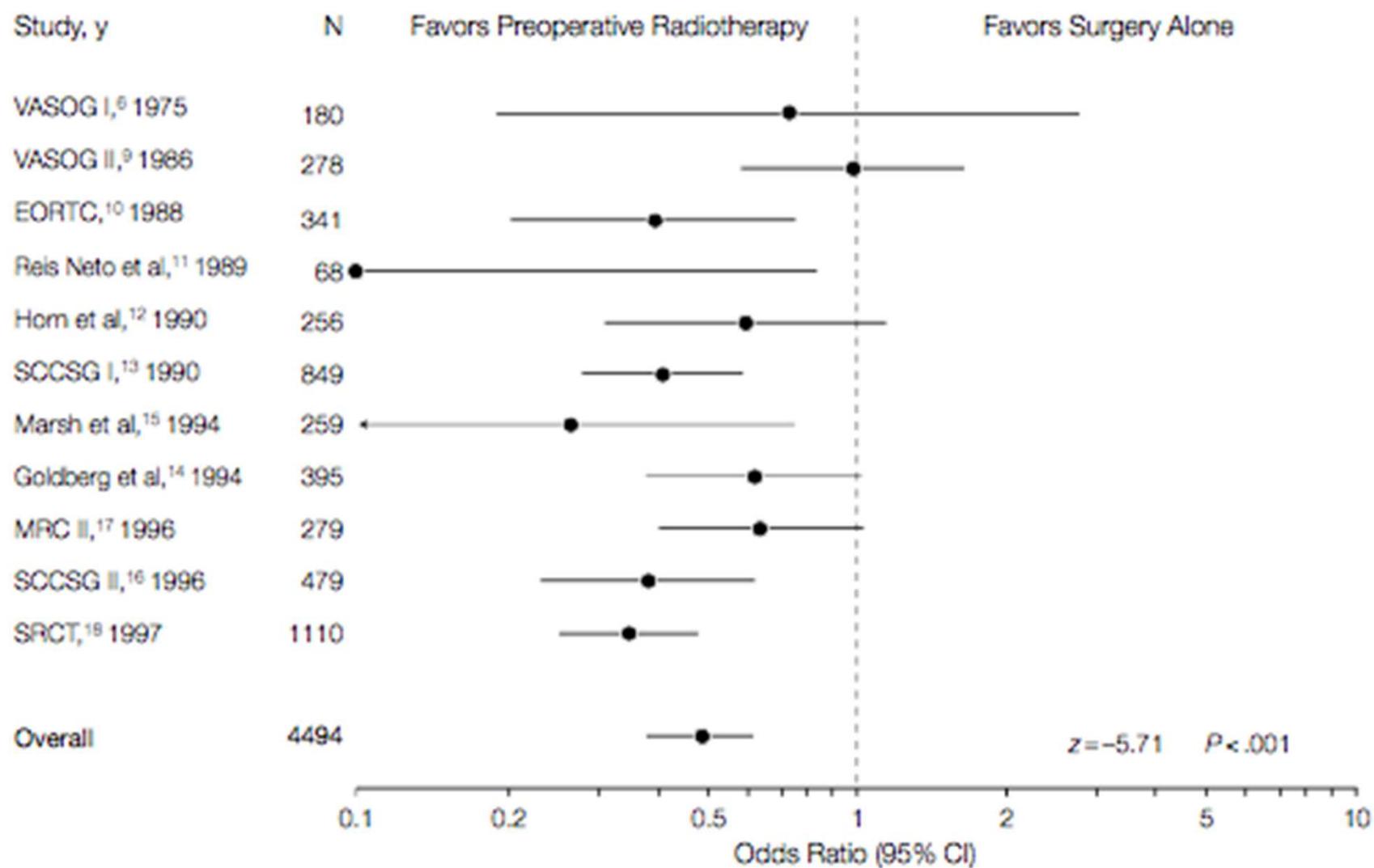


Figure 3. Local Recurrence



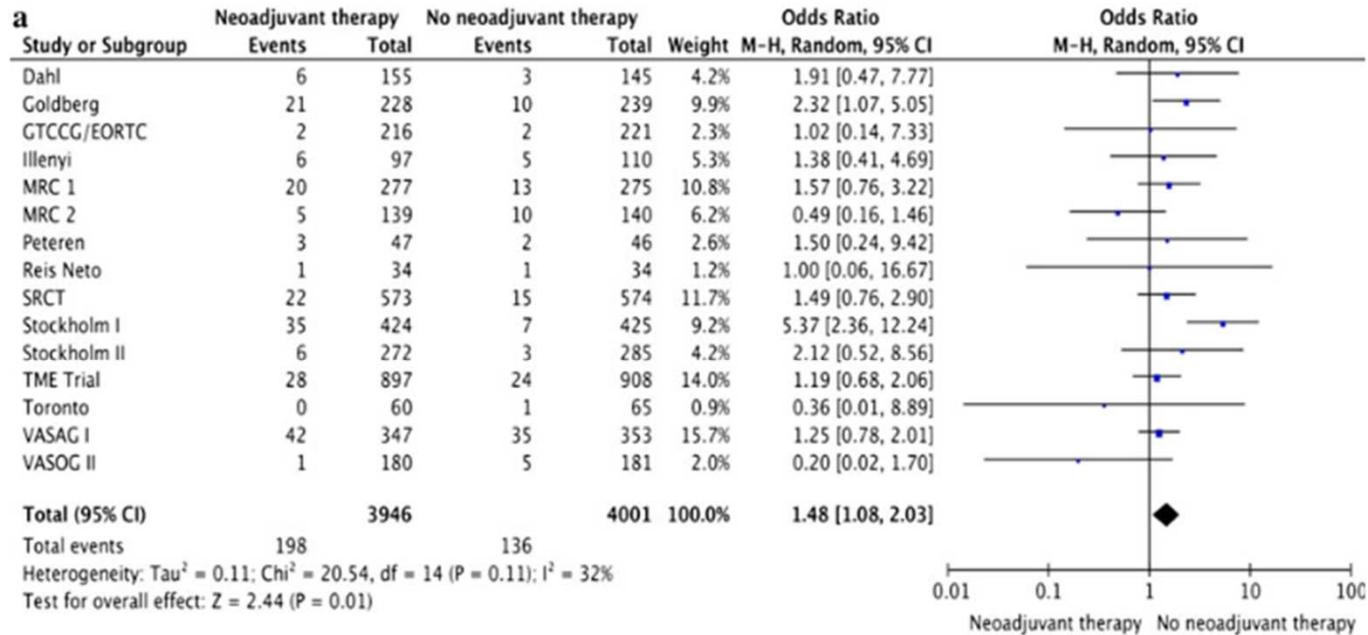
Neoadjuvant Radiotherapy for Rectal Cancer: Meta-analysis of Randomized Controlled Trials

Nuh N. Rahbari, MD¹, Heike Elbers, MD¹, Vasileios Askoxyllakis, MD², Edith Motschall³, Ulrich Bork, MD⁴, Markus W. Büchler, MD¹, Jürgen Weitz, MD⁴, and Moritz Koch, MD⁴

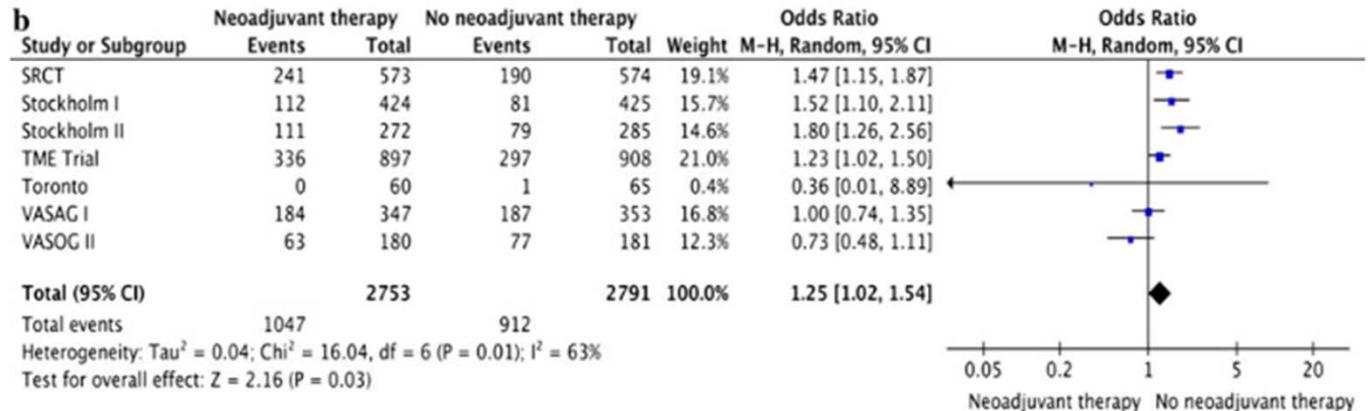
¹Department of General, Visceral and Transplantation Surgery, University of Heidelberg, Heidelberg, Germany;

²Department of Radiation Oncology, University of Heidelberg, Heidelberg, Germany; ³Institute of Medical Biometry and Medical Informatics, University of Freiburg, Freiburg, Germany; ⁴Department of Gastrointestinal, Thoracic and Vascular Surgery, University of Dresden, Dresden, Germany

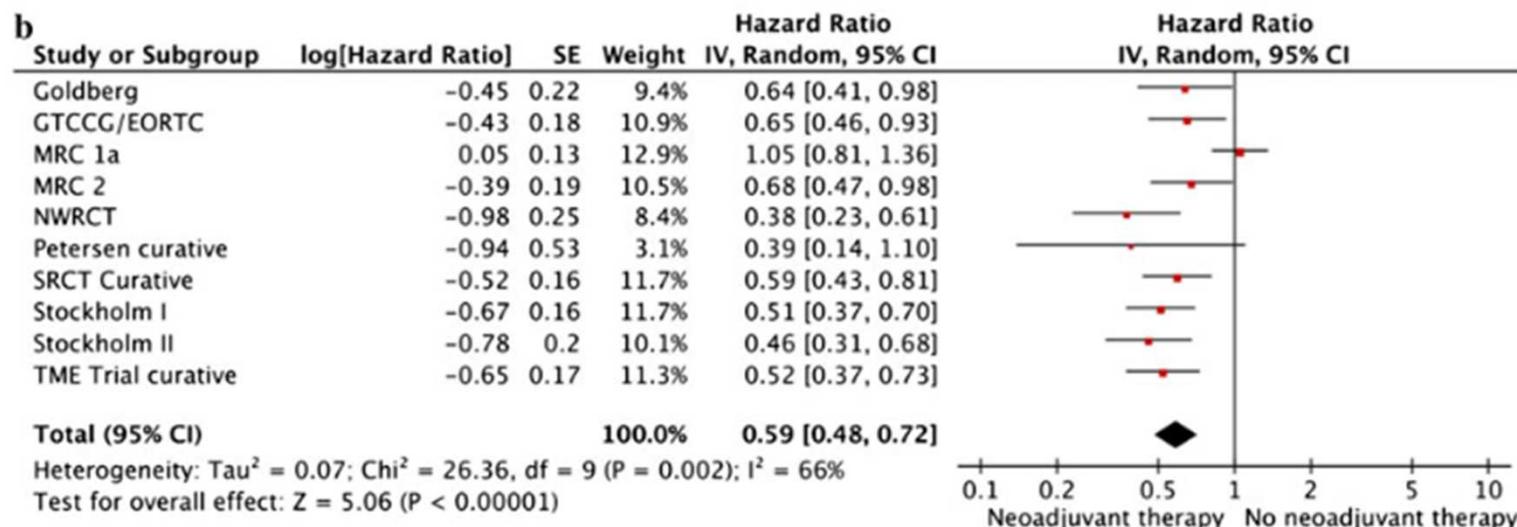
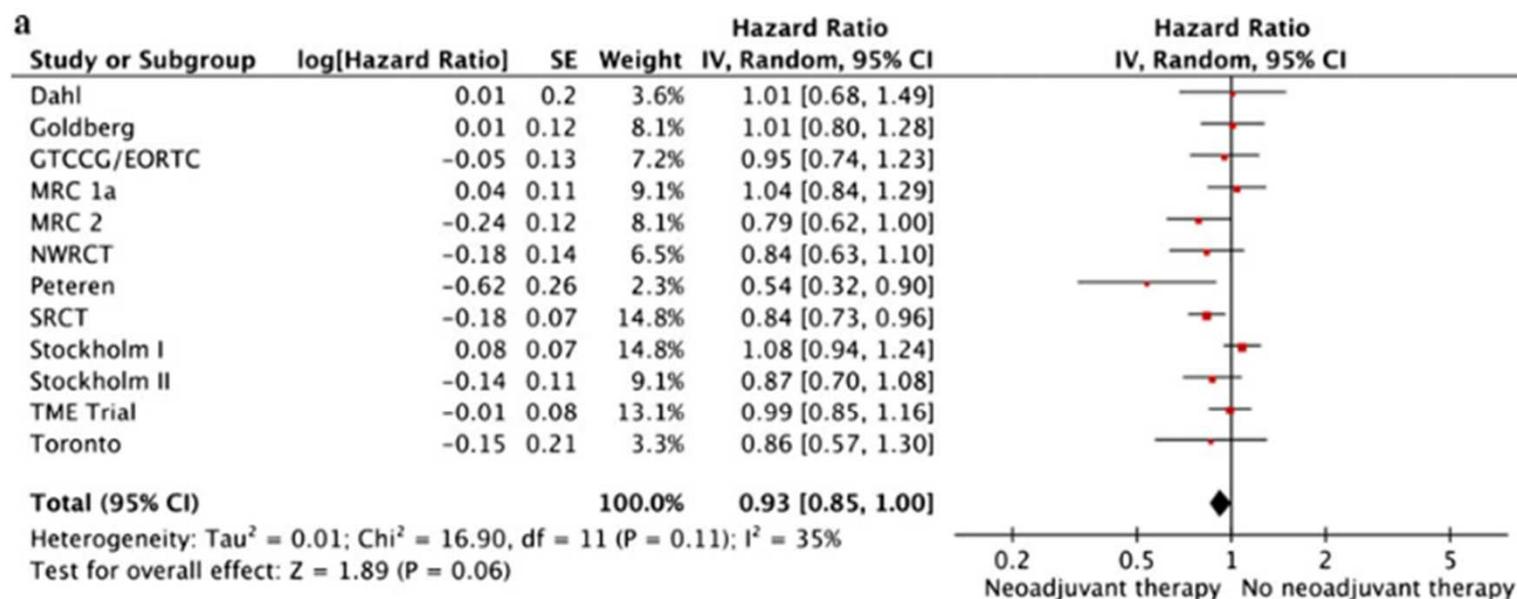
Meta analysis of Perioperative mortality



All studies



Subgroup analysis of studies with radiation dose of >5Gy/fr



. 3 Meta-analyses on **a** overall survival and **b** local recurrence-free survival in studies comparing neoadjuvant therapy to surgery alone

**Preoperative chemoradiation versus radiation alone for stage
II and III resectable rectal cancer (Review)**

De Caluwé L, Van Nieuwenhove Y, Ceelen WP



Local Recurrence at 5 yrs

Figure 1. Forest plot of comparison: I radiotherapy vs radiochemotherapy, outcome: I.10 Local Recurrence at 5y.

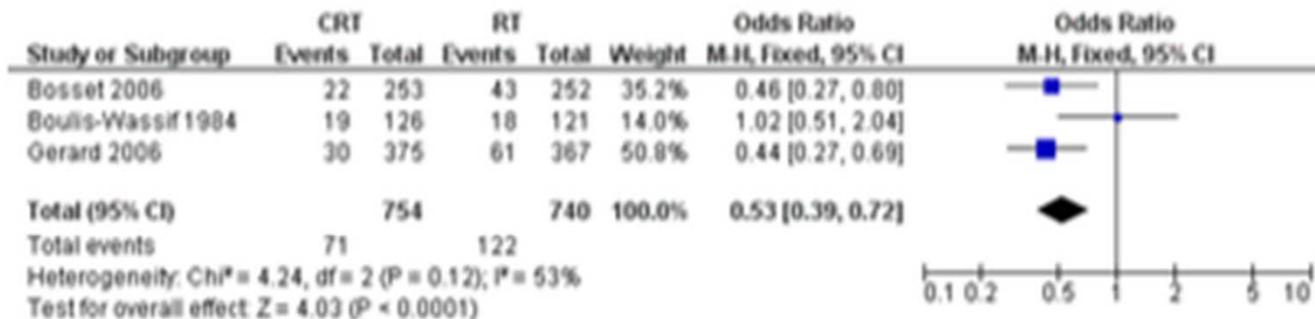


Figure 2. Forest plot of comparison: I radiotherapy vs radiochemotherapy, outcome: I.12 HR'LR.

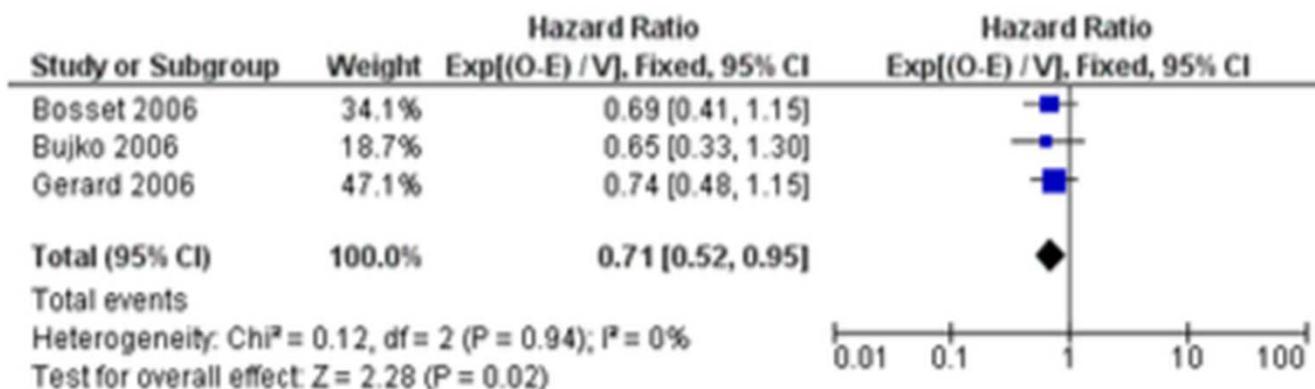
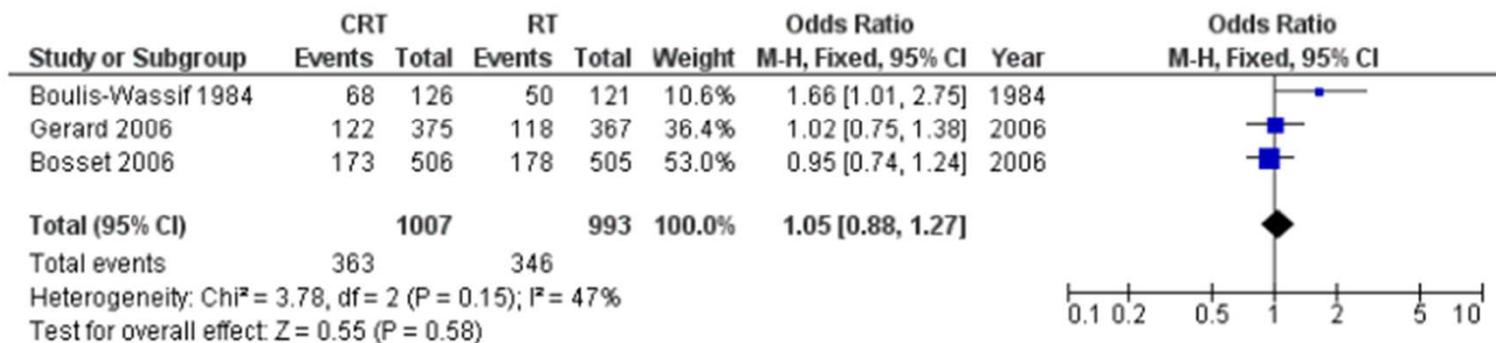
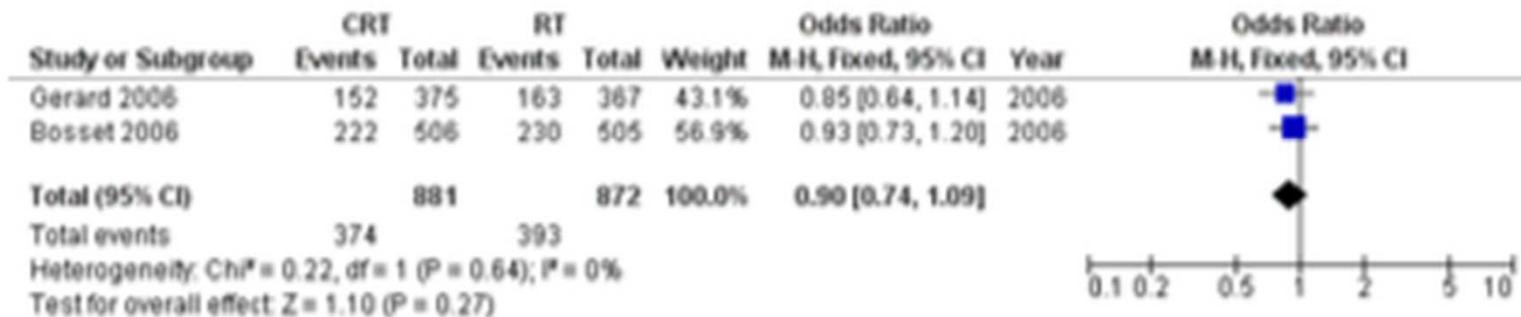


Figure 3. Forest plot of comparison: I radiotherapy vs radiochemotherapy, outcome: I.1 Overall Survival at 5y.



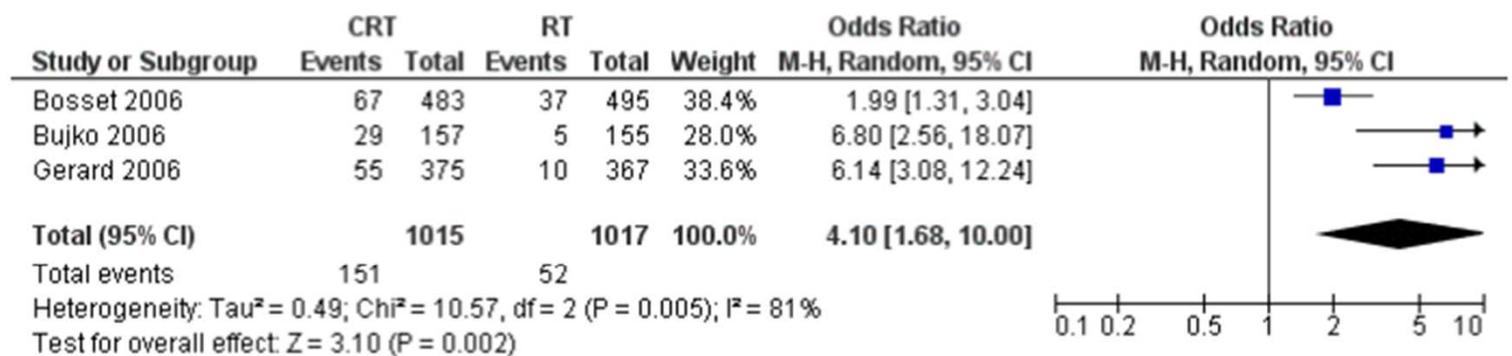
5-ys OS

Figure 5. Forest plot of comparison: I radiotherapy vs radiochemotherapy, outcome: I.3 Disease free survival at 5 y.



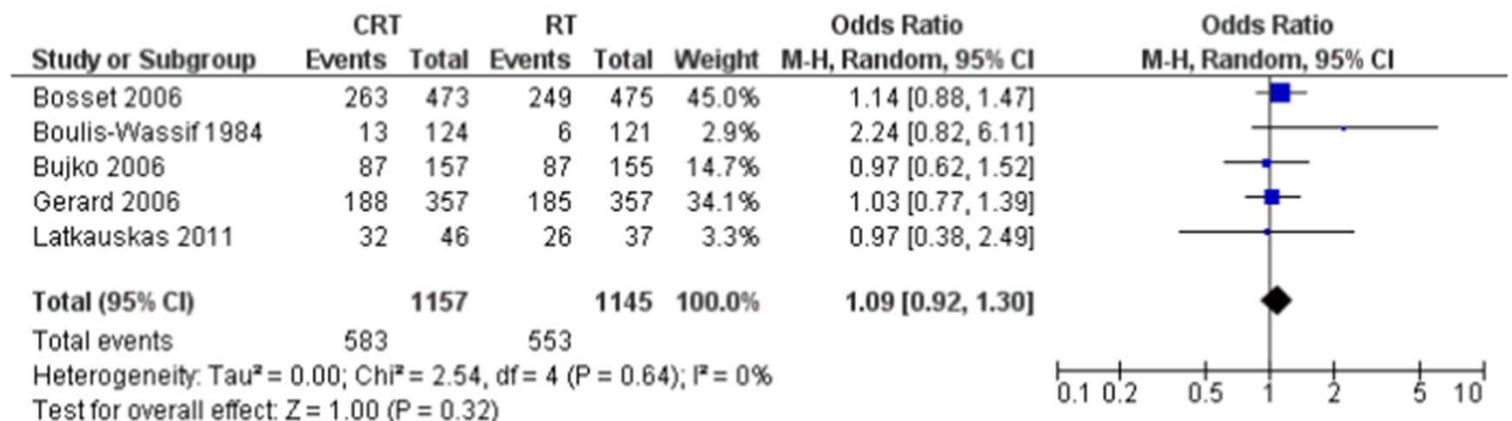
5-ys DFS

Figure 7. Forest plot of comparison: I radiotherapy vs radiochemotherapy, outcome: I.6 Grade III - IV toxicity.



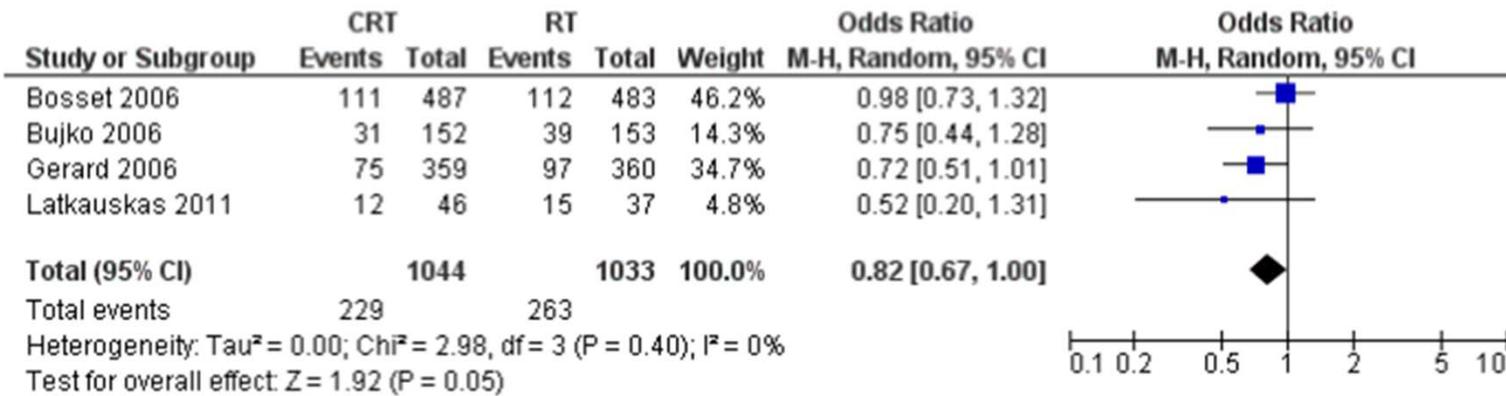
Toxicity

Figure 8. Forest plot of comparison: I radiotherapy vs radiochemotherapy, outcome: I.7 Sphincter preservation.



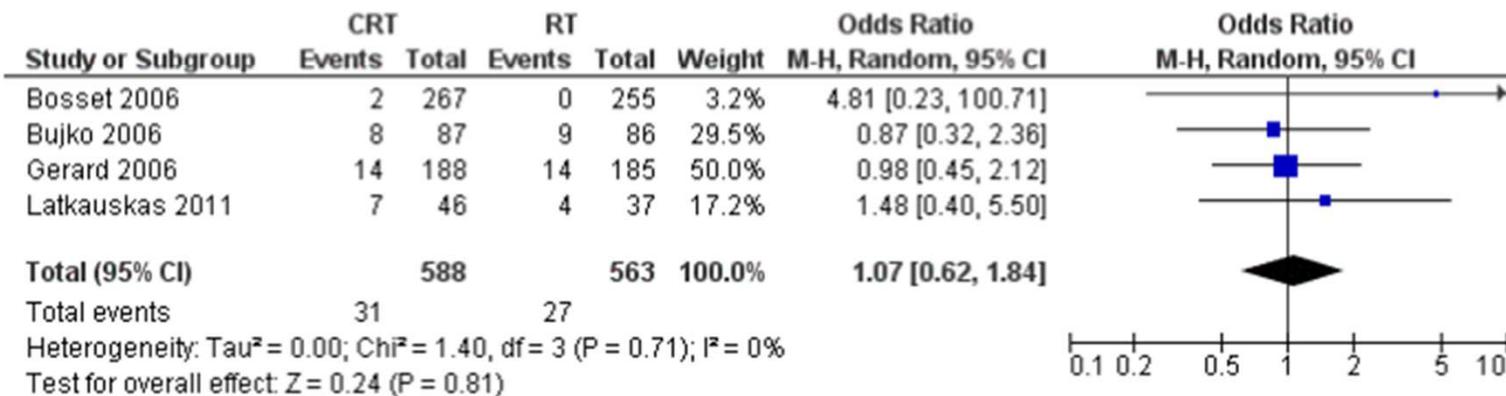
Sphincter preservation

Figure 10. Forest plot of comparison: I radiotherapy vs radiochemotherapy, outcome: I.5 Postop morbidity.



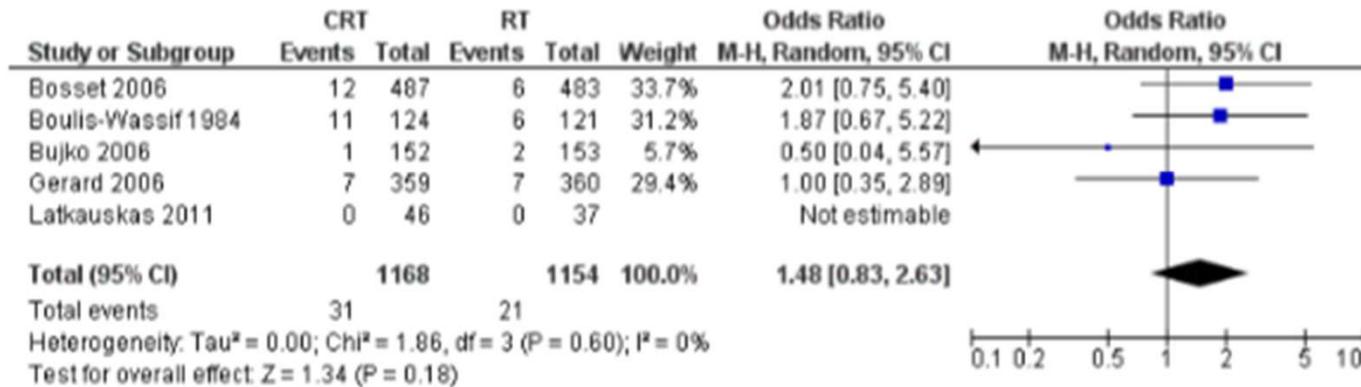
Post op morbidity

Figure 11. Forest plot of comparison: I radiotherapy vs radiochemotherapy, outcome: I.9 Anastomotic leak.



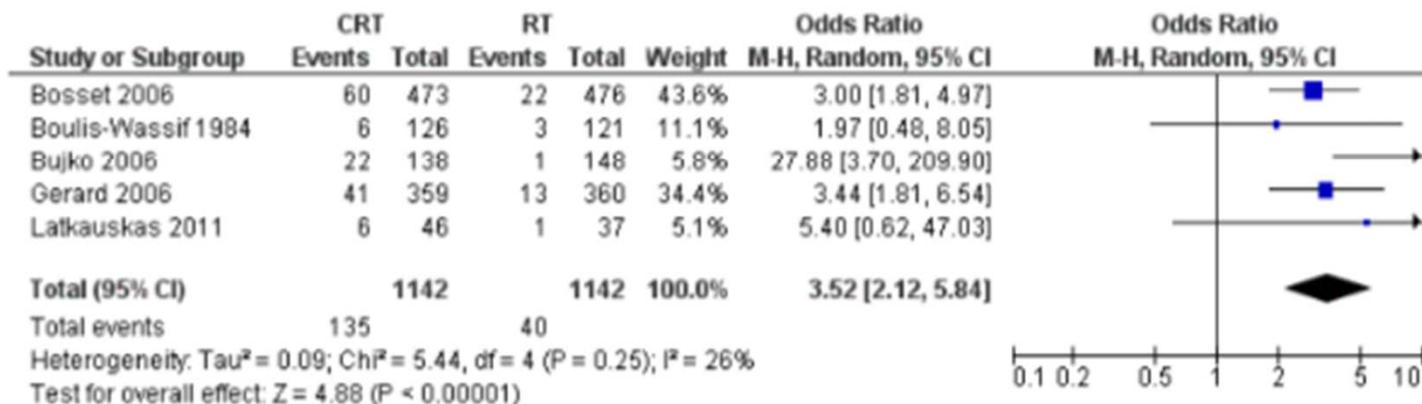
Anastomotic leak

Figure 9. Forest plot of comparison: I radiotherapy vs radiochemotherapy, outcome: I.4 Mortality 30 d.



30-day mortality

Figure 12. Forest plot of comparison: I radiotherapy vs radiochemotherapy, outcome: I.8 pCR.



pCR

ORIGINAL ARTICLE

Year : 2018 | Volume : 14 | Issue : 8 | Page : 224-231

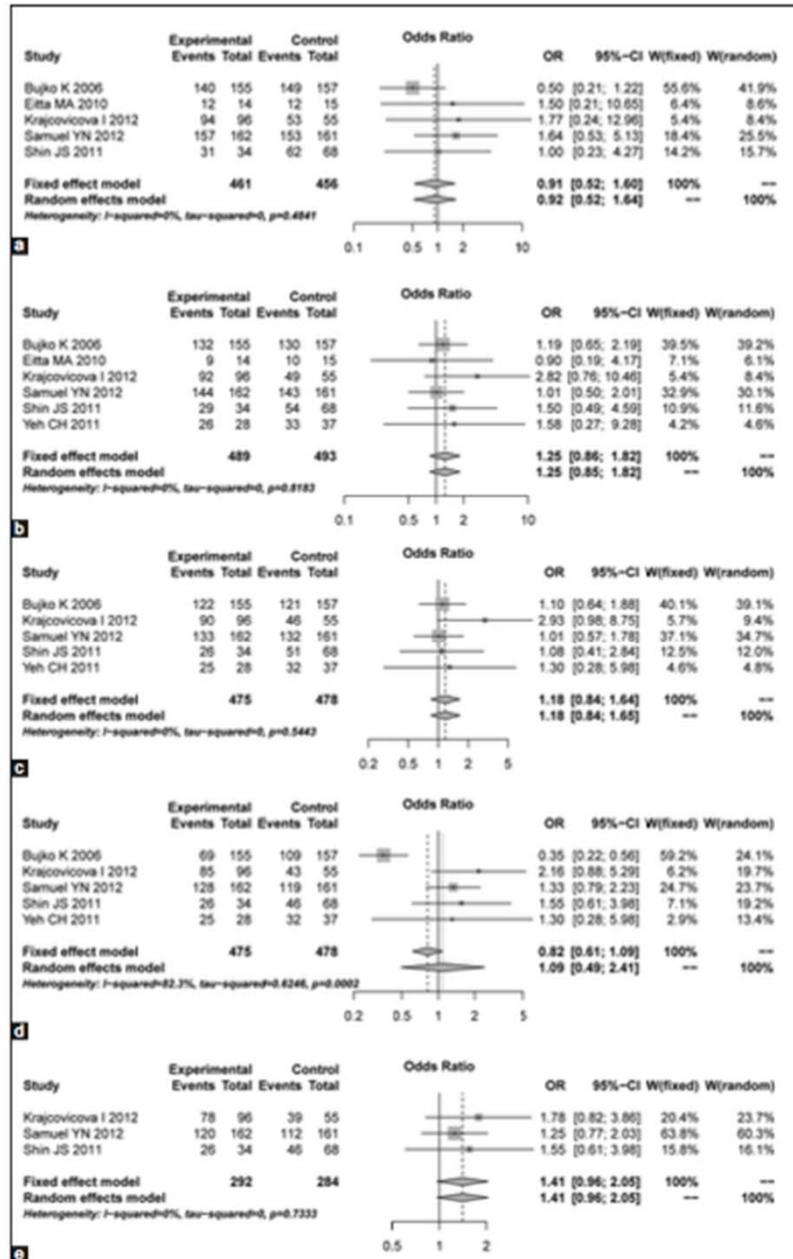
Comparison of short-course with long-course preoperative neoadjuvant therapy for rectal cancer: A meta-analysis

Ke Chen, Guoming Xie, Qi Zhang, Yanping Shen, Taoqi Zhou

Department of Radiochemotherapy, Yinzhou Hospital Affiliated to Medical School of Ningbo University, Ningbo, China

Date of Web Publication

26-Mar-2018



1-yr OS

2-yr OS

3-yr OS

4-yr OS

5-yr OS

Figure 3: Forest plots of comparison between short-term versus long-term treatments on survival outcomes. (a) 1-year overall survival; (b) 2-year overall survival; (c) 3-year overall survival; (d) 4-year overall survival; (e) 5-year overall survival

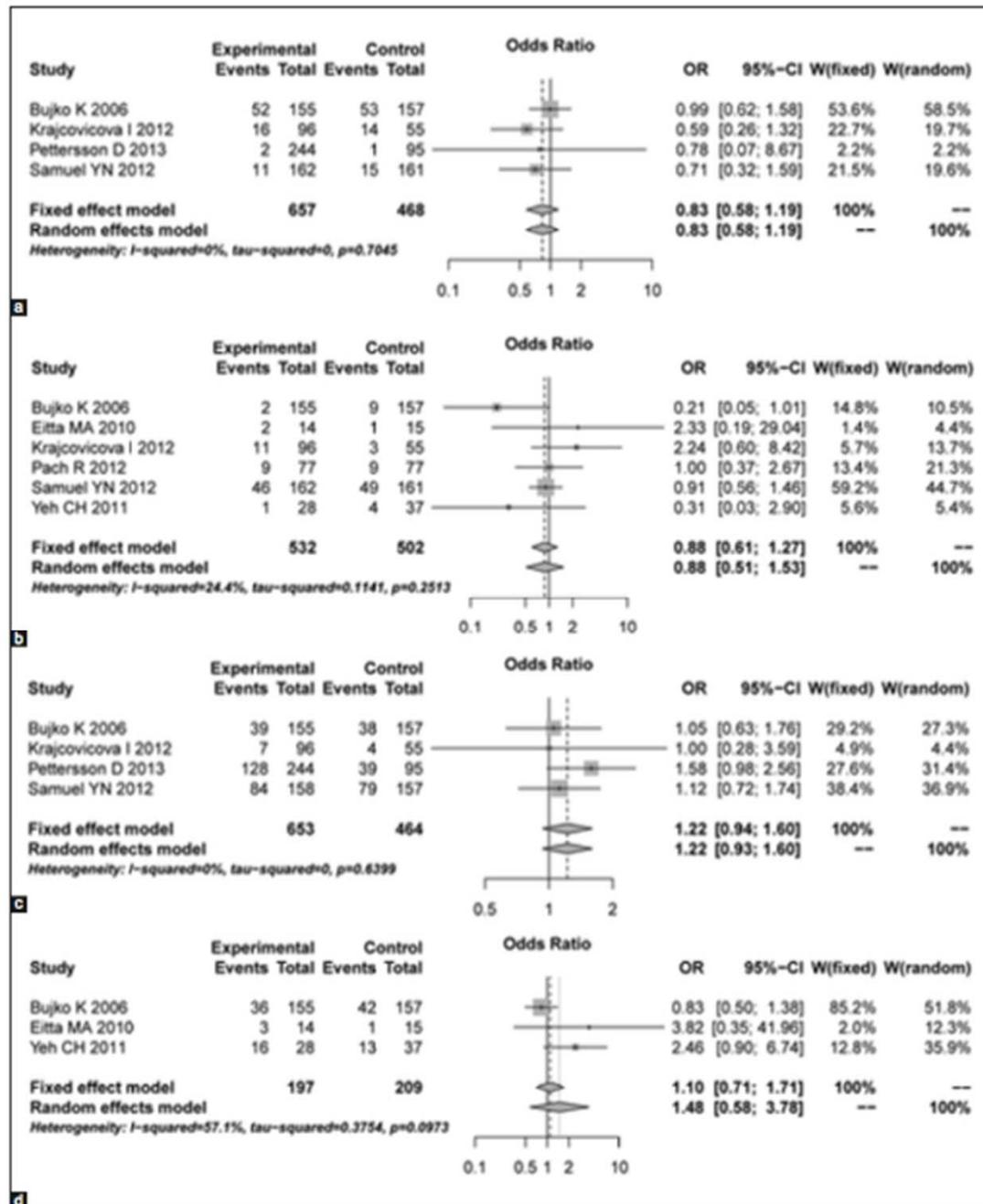


Figure 4: Forest plots of comparison between short-term versus long-term treatments on other outcomes. (a) death rate; (b) recurrence rate; (c) complications; (d) distant metastasis

Death rate

Recurrence rate

Complications

Distant metastasis

Optimal Interval to Surgery After Neoadjuvant Chemoradiotherapy in Rectal Cancer: A Systematic Review and Meta-analysis

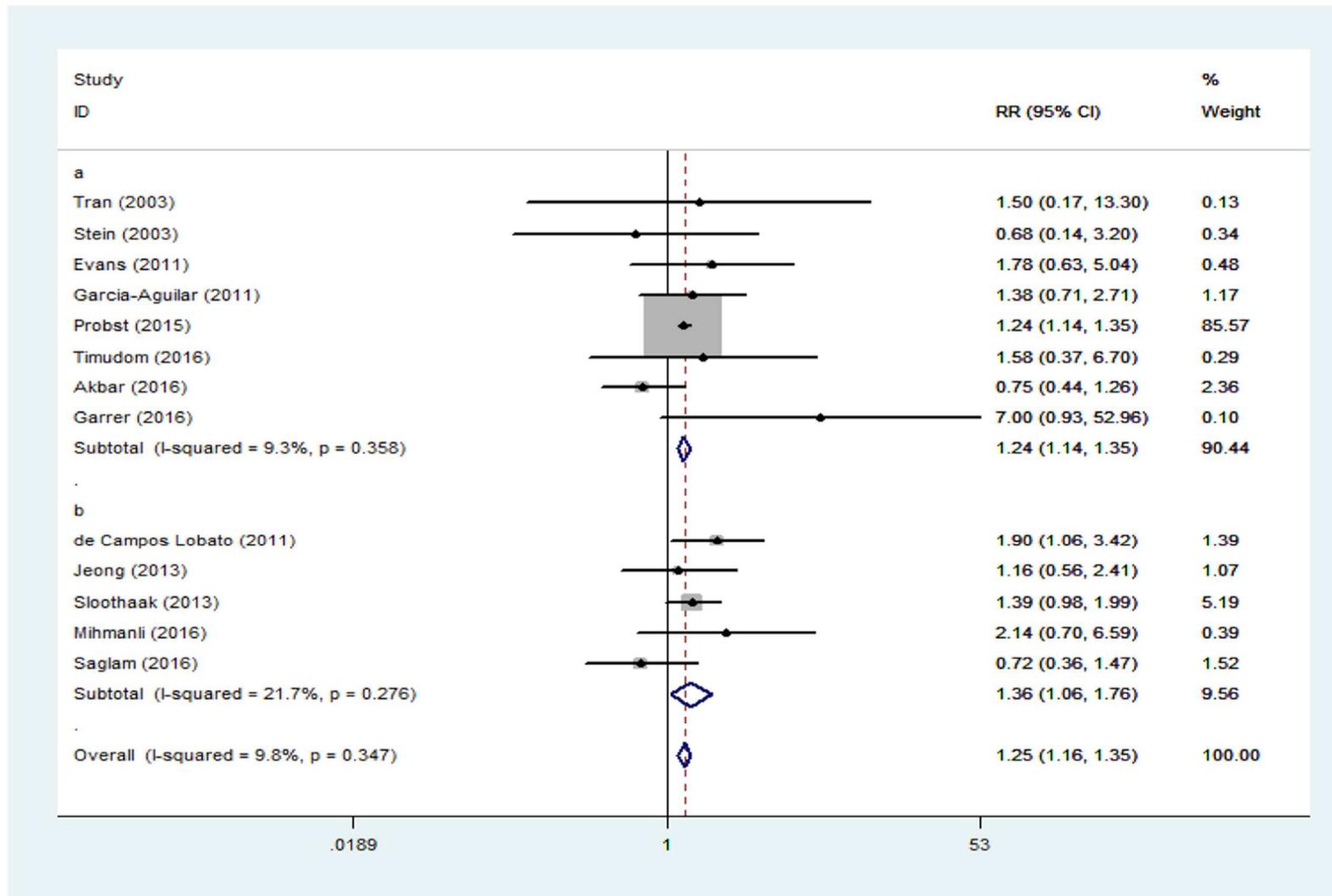
Donglin Du, Zhourong Su, Dan Wang, Wenwen Liu, Zhengqiang Wei

Clinical Colorectal Cancer

Volume 17, Issue 1, Pages 13-24 (March 2018)

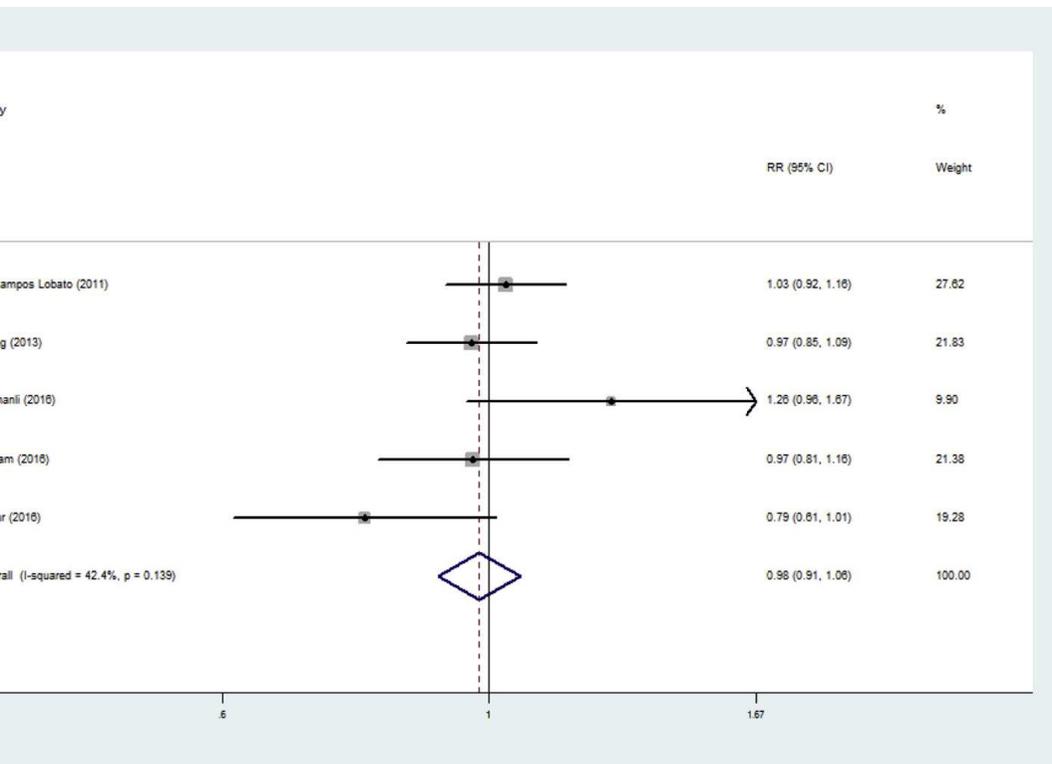
DOI: [10.1016/j.clcc.2017.10.012](https://doi.org/10.1016/j.clcc.2017.10.012)

pCR with interval to surgery < vs > 8 weeks

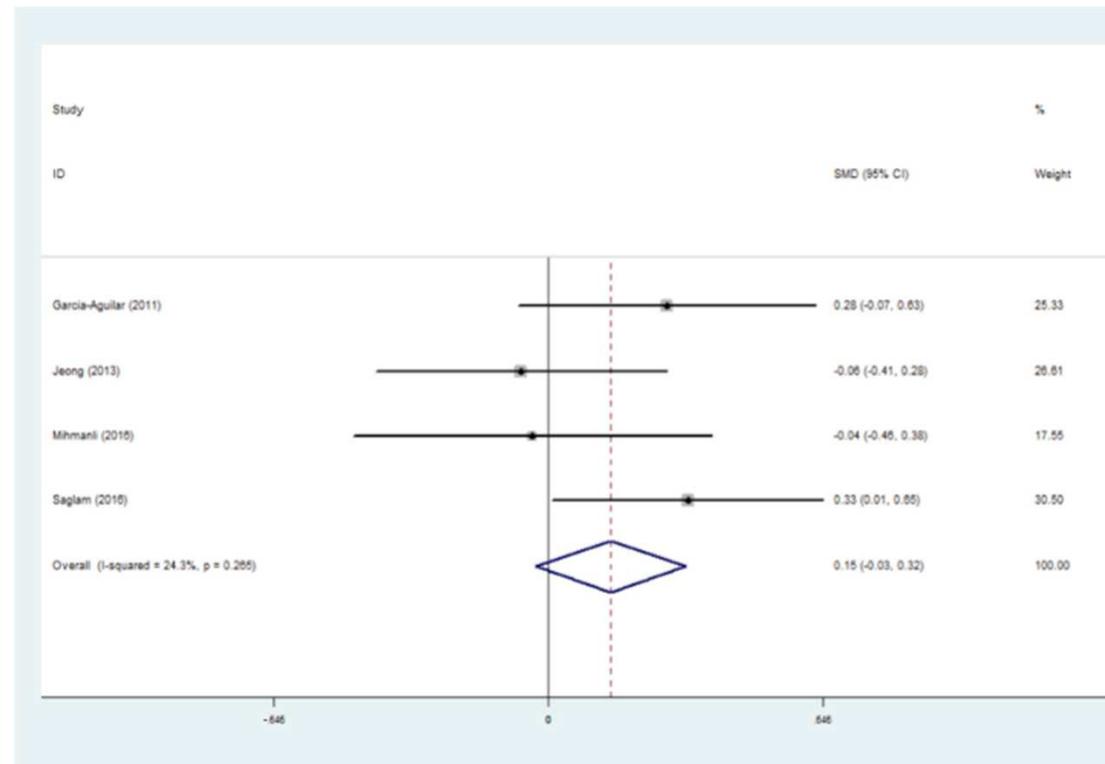


pCR was significantly higher with nCRT → Sx interval of > 8 weeks

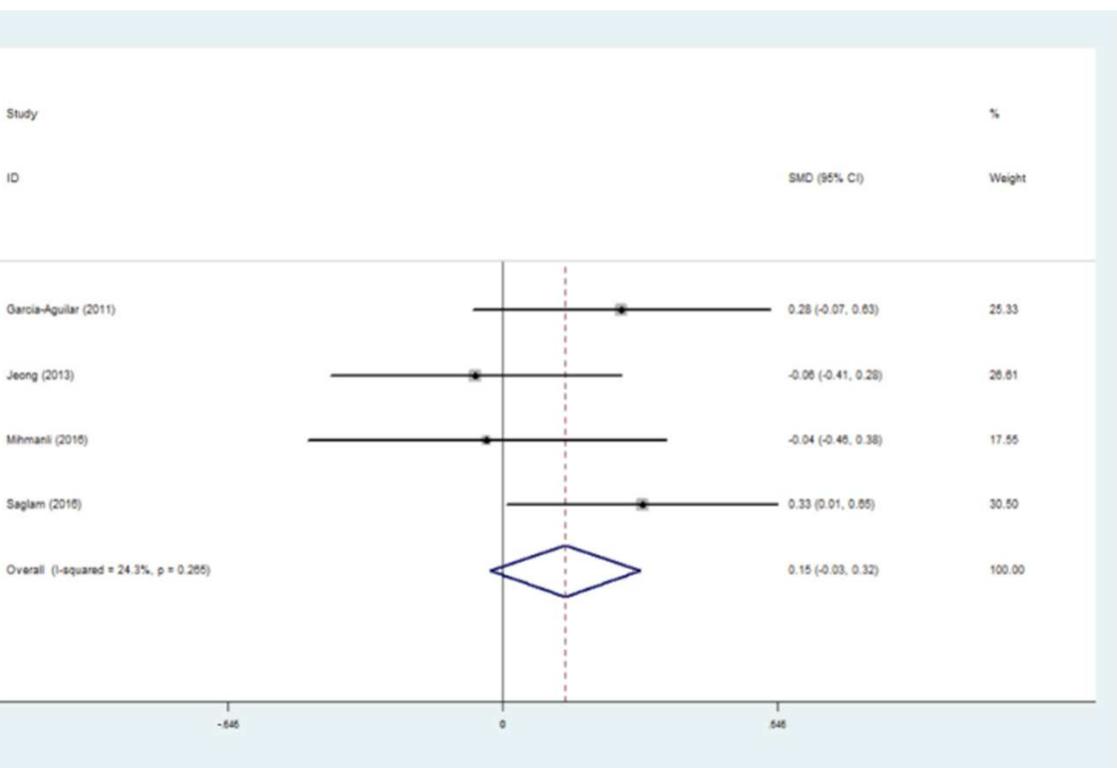
OS



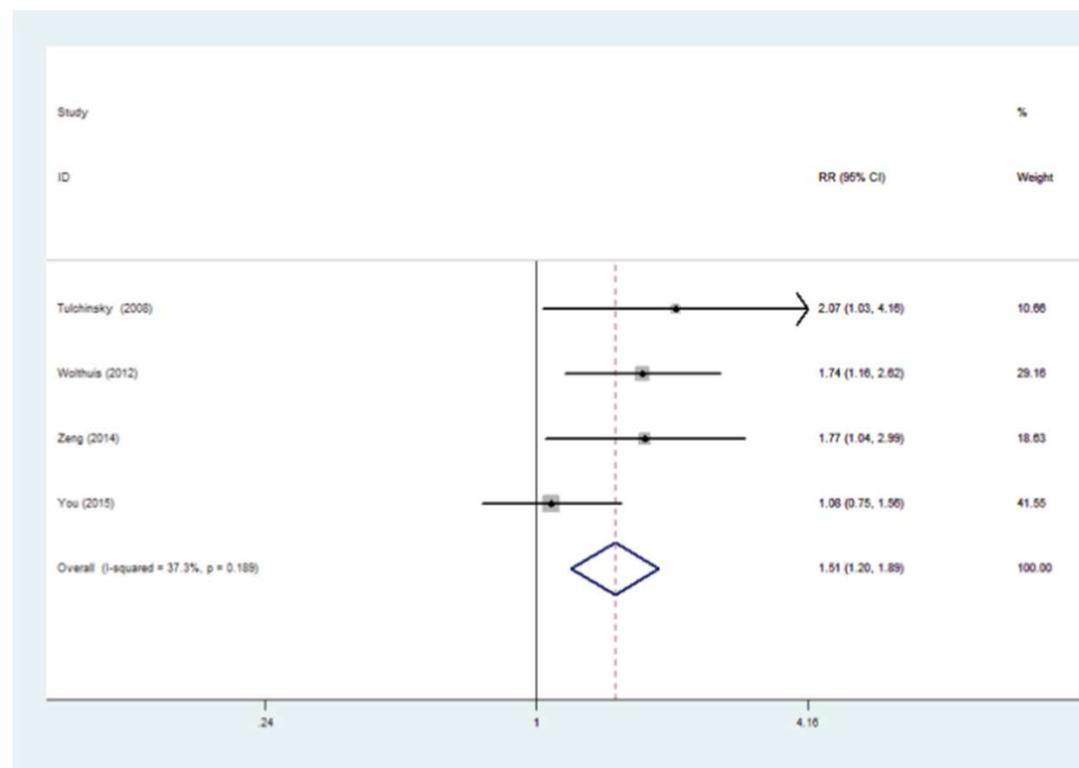
DFS



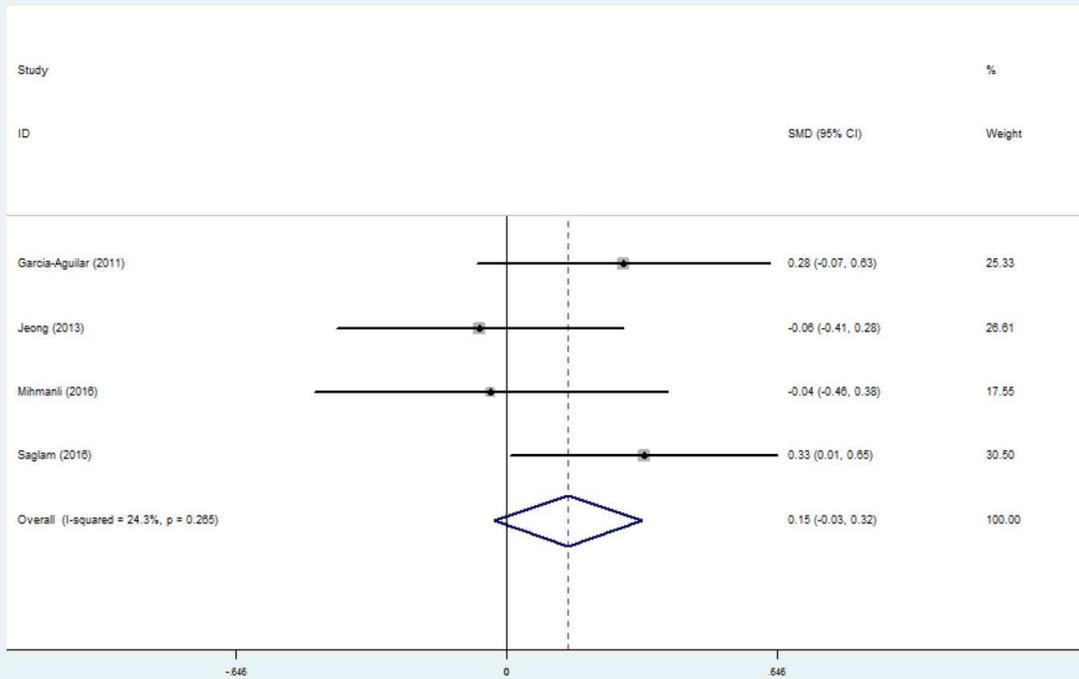
Local recurrence



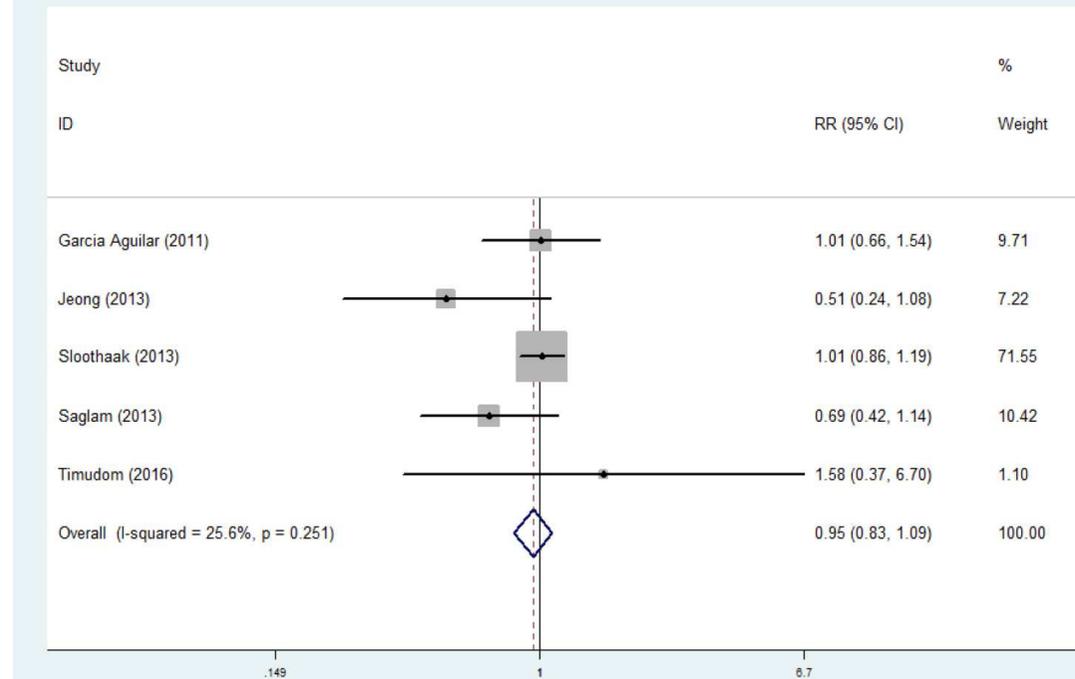
pCR



Operative time



Post op Complications





Original Article

Radiat Oncol J 2017;35(3):198-207
<https://doi.org/10.3857/roj.2017.00059>
pISSN 2234-1900 · eISSN 2234-3156

ROJ Radiation
Oncology
Journal

Preoperative chemoradiotherapy versus postoperative chemoradiotherapy for stage II–III resectable rectal cancer: a meta-analysis of randomized controlled trials

Jin Ho Song, MD¹, Jae Uk Jeong, MD², Jong Hoon Lee, MD³, Sung Hwan Kim, MD³,
Hyeon Min Cho, MD⁴, Jun Won Um, MD⁵, Hong Seok Jang, MD⁶ for Korean Clinical Practice Guideline for
Colon and Rectal Cancer Committee

¹Department of Radiation Oncology, Gyeongsang National University Hospital, Gyeongsang National University School of Medicine, Jinju; ²Department of Radiation Oncology, Chonnam National University Hospital, Chonnam National University School of Medicine, Gwangju; Departments of ³Radiation Oncology and ⁴Surgery, St. Vincent's Hospital, College of Medicine, The Catholic University of Korea, Suwon; ⁵Department of Surgery, Korea University Ansan Hospital, Ansan; ⁶Department of Radiation Oncology, Seoul St. Mary's Hospital, College of Medicine, The Catholic University of Korea, Seoul, Korea

pCR

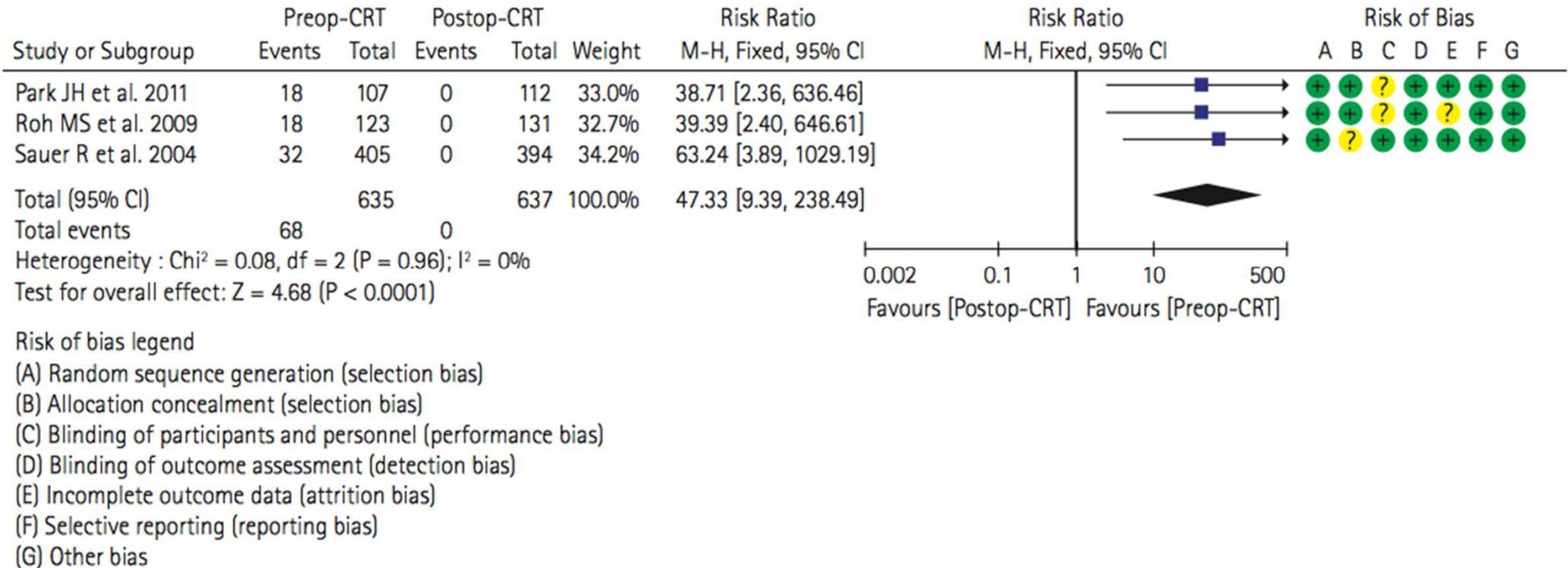
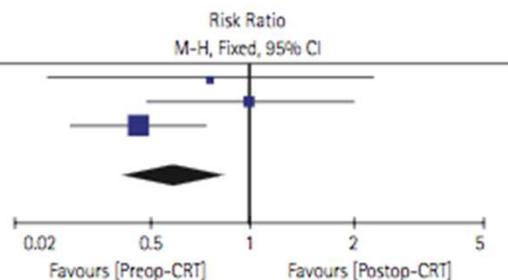


Fig. 2. Forest plot of comparison: pathologic complete response (ypT0N0) between preoperative and postoperative chemoradiotherapy.

A. 5-year locoregional recurrence

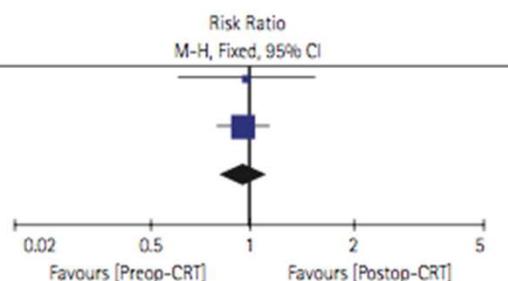
Study or Subgroup	Preop-CRT		Postop-CRT		Weight	Risk Ratio M-H, Fixed, 95% CI
	Events	Total	Events	Total		
Park JH et al. 2011	5	107	7	112	9.5%	0.75 [0.24, 2.28]
Roh MS et al. 2009	13	123	14	131	18.8%	0.99 [0.48, 2.02]
Sauer R et al. 2004	24	405	51	394	71.7%	0.46 [0.29, 0.73]
Total (95% CI)		635		637	100.0%	0.59 [0.41, 0.84]
Total events	42		72			
Heterogeneity: $\text{Chi}^2 = 3.33$, $\text{df} = 2$ ($P = 0.19$); $I^2 = 40\%$						
Test for overall effect: $Z = 2.89$ ($P = 0.0004$)						



5-yr LR

B. 5-year distant recurrence

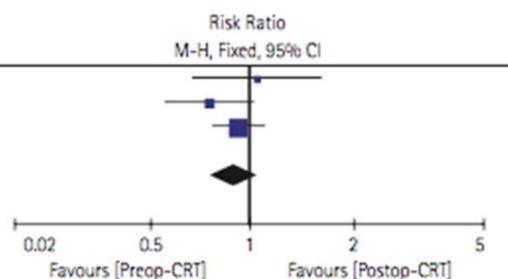
Study or Subgroup	Preop-CRT		Postop-CRT		Weight	Risk Ratio M-H, Fixed, 95% CI
	Events	Total	Events	Total		
Park JH et al. 2011	25	107	27	112	14.8%	0.97 [0.60, 1.56]
Roh MS et al. 2009	0	0	0	0		Not estimable
Sauer R et al. 2004	146	405	150	394	85.2%	0.95 [0.79, 1.13]
Total (95% CI)		512		506	100.0%	0.95 [0.80, 1.13]
Total events	171		177			
Heterogeneity: $\text{Chi}^2 = 0.01$, $\text{df} = 2$ ($P = 0.93$); $I^2 = 0\%$						
Test for overall effect: $Z = 0.59$ ($P = 0.55$)						



5-yr DM

C. 5-year relapse-free survival

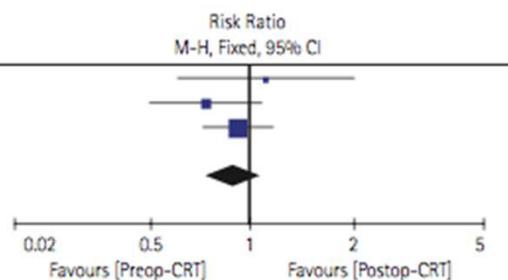
Study or Subgroup	Preop-CRT		Postop-CRT		Weight	Risk Ratio M-H, Fixed, 95% CI
	Events	Total	Events	Total		
Park JH et al. 2011	29	107	29	112	12.5%	1.05 [0.67, 1.63]
Roh MS et al. 2009	43	123	61	131	26.0%	0.75 [0.55, 1.02]
Sauer R et al. 2004	130	405	138	394	61.5%	0.92 [0.75, 1.01]
Total (95% CI)		635		637	100.0%	0.89 [0.76, 1.04]
Total events	202		228			
Heterogeneity: $\text{Chi}^2 = 1.82$, $\text{df} = 2$ ($P = 0.40$); $I^2 = 0\%$						
Test for overall effect: $Z = 1.49$ ($P = 0.14$)						



5-yr RFS

D. 5-year overall survival

Study or Subgroup	Preop-CRT		Postop-CRT		Weight	Risk Ratio M-H, Fixed, 95% CI
	Events	Total	Events	Total		
Park JH et al. 2011	18	107	17	112	10.2%	1.11 [0.60, 2.03]
Roh MS et al. 2009	31	123	45	131	26.6%	0.73 [0.50, 1.08]
Sauer R et al. 2004	96	405	102	394	63.2%	0.92 [0.72, 1.17]
Total (95% CI)		635		637	100.0%	0.89 [0.73, 1.08]
Total events	145		164			
Heterogeneity: $\text{Chi}^2 = 1.51$, $\text{df} = 2$ ($P = 0.47$); $I^2 = 0\%$						
Test for overall effect: $Z = 1.22$ ($P = 0.22$)						



5-yr OS

A. sphincter preservation rate

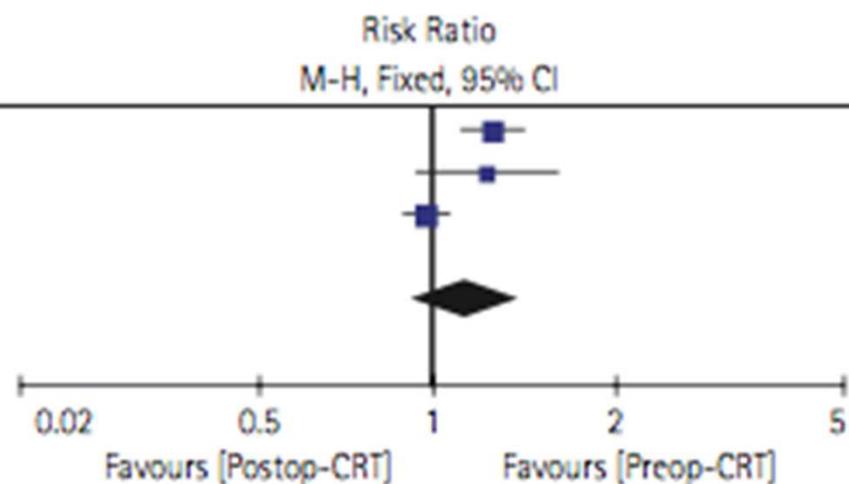
Study or Subgroup	Preop-CRT		Postop-CRT		Weight	Risk Ratio
	Events	Total	Events	Total		M-H, Fixed, 95% CI
Park JH et al. 2011	98	107	7	81	36.7%	1.27 [1.11, 1.44]
Roh MS et al. 2009	59	123	14	51	24.0%	1.23 [0.93, 1.63]
Sauer R et al. 2004	279	405	51	280	39.4%	0.97 [0.89, 1.06]
Total (95% CI)		635		637	100.0%	1.13 [0.92, 1.40]

Total events

436 412

Heterogeneity: $\tau^2 = 0.03$; $\chi^2 = 12.24$, $df = 2$ ($P = 0.002$); $I^2 = 84\%$

Test for overall effect: $Z = 1.16$ ($P = 0.24$)



B. conversion rate from APR to LAR

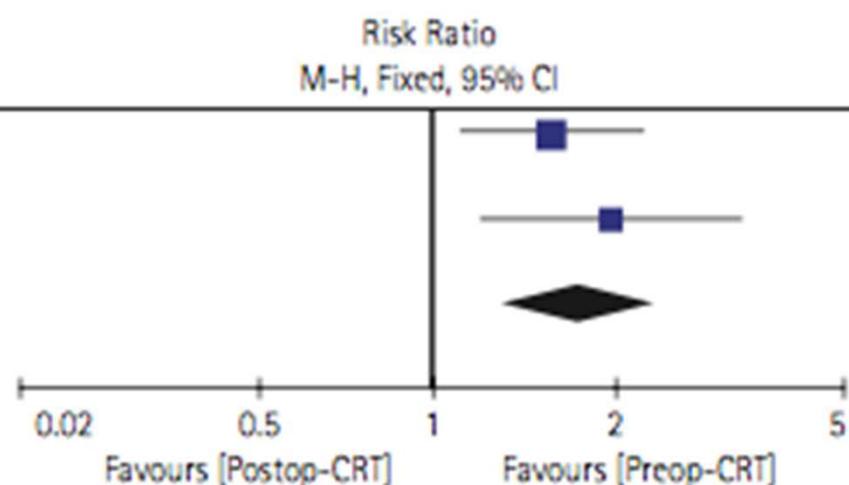
Study or Subgroup	Preop-CRT		Postop-CRT		Weight	Risk Ratio
	Events	Total	Events	Total		M-H, Fixed, 95% CI
Park JH et al. 2011	42	62	22	52	57.2%	1.60 [1.12, 2.30]
Roh MS et al. 2009	0	0	0	0		Not estimable
Sauer R et al. 2004	45	116	15	78	42.8%	2.02 [1.21, 3.36]
Total (95% CI)		178		130	100.0%	1.78 [1.31, 2.41]

Total events

87 37

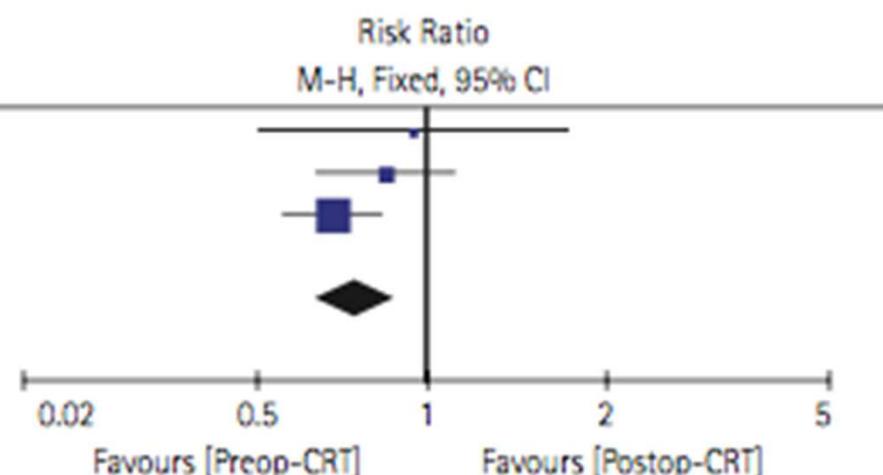
Heterogeneity: $\chi^2 = 0.56$, $df = 1$ ($P = 0.45$); $I^2 = 0\%$

Test for overall effect: $Z = 3.72$ ($P = 0.0002$)



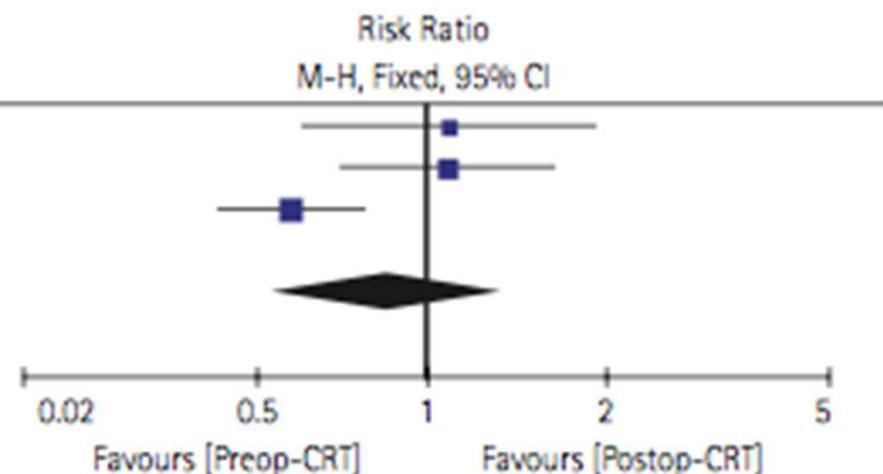
A. \geq grade 3 acute complication

Study or Subgroup	Preop-CRT		Postop-CRT		Weight	Risk Ratio
	Events	Total	Events	Total		M-H, Fixed, 95% CI
Park JH et al. 2011	16	107	18	112	7.3%	0.93 [0.50, 1.73]
Roh MS et al. 2009	51	123	65	131	26.2%	0.84 [0.64, 1.10]
Sauer R et al. 2004	109	405	158	394	66.5%	0.67 [0.55, 0.82]
Total (95% CI)		635		637	100.0%	0.73 [0.63, 0.86]
Total events	176		241			
Heterogeneity: $\text{Chi}^2 = 2.20$, $\text{df} = 2$ ($P = 0.33$); $I^2 = 9\%$						
Test for overall effect: $Z = 3.87$ ($P = 0.0001$)						



B. \geq grade 3 perioperative or chronic complication

Study or Subgroup	Preop-CRT		Postop-CRT		Weight	Risk Ratio
	Events	Total	Events	Total		M-H, Fixed, 95% CI
Park JH et al. 2011	18	107	17	112	26.7%	1.11 [0.60, 2.03]
Roh MS et al. 2009	31	123	30	131	33.7%	1.10 [0.71, 1.70]
Sauer R et al. 2004	57	405	95	394	39.7%	0.58 [0.43, 0.79]
Total (95% CI)		635		637	100.0%	0.86 [0.53, 1.38]
Total events	106		142			
Heterogeneity: $\text{Tau}^2 = 0.13$; $\text{Chi}^2 = 7.26$, $\text{df} = 2$ ($P = 0.03$); $I^2 = 72\%$						
Test for overall effect: $Z = 0.63$ ($P = 0.53$)						



conclusions

- Pre-op RT significantly reduces local recurrence
- Pre-op CRT results in higher rates of pCR compared to RT alone
- CRT is associated with higher toxicity c/w RT alone
- Pre-op RT is associated with better local control compared to post op RT
- pCR rates are higher when interval from CRT to Sx is more than 8 weeks
- Longer interval to surgery did not compromise outcomes and was not associated with difference in toxicity rates
- Hypofractionation with doses >5Gy appears to increase perioperative mortality and post op morbidity in some reports
- Pre-op CRT results in better local control compared to post op CRT with no difference in DFS, OS or DM rates
- Pre-op CRT resulted in significantly fewer complications and higher rates of conversion from APR to LAR

Surgical approach



Meta-analysis of the impact of surgical approach on the grade of mesorectal excision in rectal cancer. *BJS* 2017; 104: 1609-1619.

Published: 17th October 2017

Authors: B. Creavin, M. E. Kelly, E. Ryan, D. C. Winter

Original Investigation

ONLINE ONLY FREE

April 19, 2017

Pathologic Outcomes of Laparoscopic vs Open Mesorectal Excision for Rectal Cancer

Systematic Review and Meta-analysis

X Martínez-Pérez, MD^{1,2}; Maria Clotilde Carra, PhD³; Francesco Brunetti, MD¹; et al

[Author Affiliations](#) | [Article Information](#)

JAMA Surg. 2017;152(4):e165665. doi:10.1001/jamasurg.2016.5665

Journal of Laparoendoscopic & Advanced Surgical Techniques, Vol. 28, No. 5 | Full Reports

Laparoscopic Versus Conventional Open Abdominoperineal Resection for Rectal Cancer: An Updated Systematic Review and Meta-Analysis

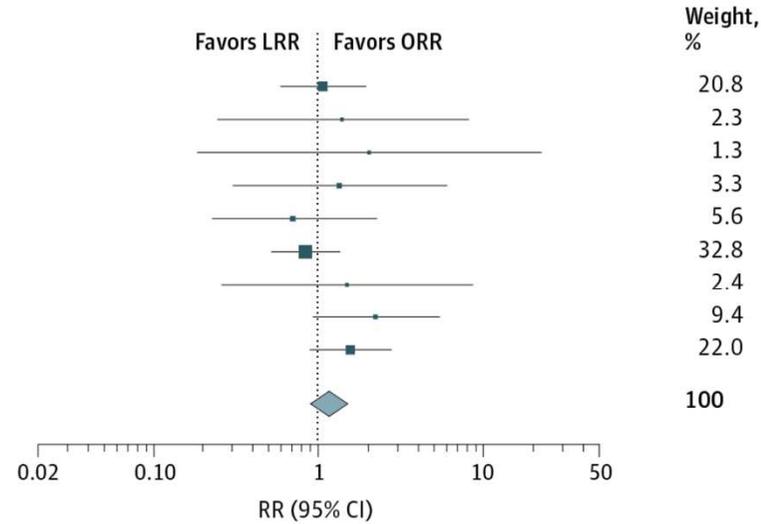
Xubing Zhang, Qingbin Wu, Tao Hu, Chaoyang Gu, Liang Bi, and Ziqiang Wang

Published Online: 1 May 2018 | <https://doi.org/10.1089/lap.2017.0593>

A Circumferential resection margin involvement

Source	LRR		ORR		RR (95% CI)
	No. of Events	Participants	No. of Events	Participants	
Guillou et al, ¹⁵ 2005	30	193	14	97	1.08 (0.60-1.93)
Ng et al, ³⁵ 2008	3	51	2	48	1.41 (0.25-8.09)
Ng et al, ³³ 2009	2	76	1	77	2.03 (0.19-21.88)
Luján et al, ³⁴ 2009	4	101	3	103	1.36 (0.31-5.92)
Kang et al, ¹⁴ 2010	5	170	7	170	0.71 (0.23-2.21)
van der Pas et al, ¹³ 2013	43	588	26	300	0.84 (0.53-1.35)
Ng et al, ³⁰ 2014	3	40	2	40	1.50 (0.26-8.50)
Stevenson et al, ²¹ 2015	16	238	7	235	2.26 (0.95-5.39)
Fleshman et al, ²⁰ 2015	29	240	17	222	1.58 (0.89-2.79)
Total	135	1697	79	1292	1.17 (0.89-1.53)

Heterogeneity $\tau^2=0.00$, $\chi^2_8=6.32$ ($P=.61$), $I^2=0\%$
 Test for overall effect: $Z=1.13$ ($P=.26$)

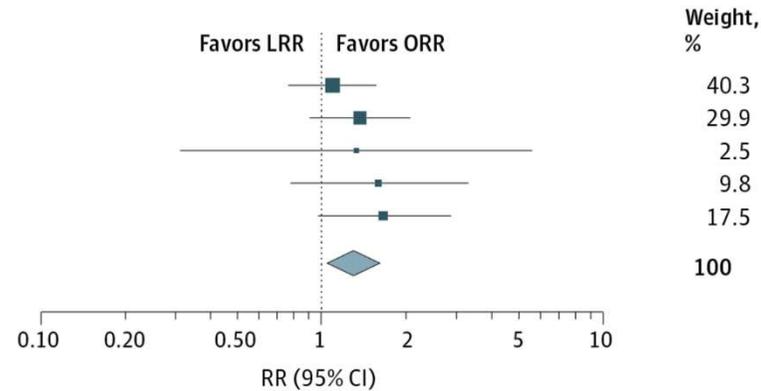


Involvement of CR

B Noncomplete mesorectal excision

Source	LRR		ORR		RR (95% CI)
	No. of Events	Participants	No. of Events	Participants	
Kang et al, ¹⁴ 2010	47	170	43	170	1.09 (0.77-1.56)
van der Pas al, ¹³ 2013	77	666	28	331	1.37 (0.91-2.06)
Ng et al, ³⁰ 2014	4	40	3	40	1.33 (0.32-5.58)
Fleshman et al, ²⁰ 2015	19	240	11	222	1.60 (0.78-3.28)
Stevenson et al, ²¹ 2015	32	238	19	235	1.66 (0.97-2.85)
Total	179	1354	104	998	1.31 (1.05-1.64)

Heterogeneity $\tau^2=0.00$, $\chi^2_4=2.11$ ($P=.71$), $I^2=0\%$
 Test for overall effect: $Z=2.36$ ($P=.02$)

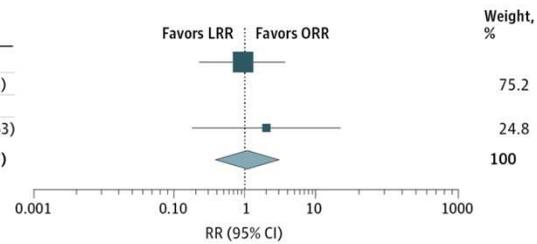


Incomplete TME

A Distal resection margin involvement

Source	LRR		ORR		RR (95% CI)
	No. of Events	Participants	No. of Events	Participants	
Braga et al, ³⁷ 2007	0	83	0	85	Not estimable
Fleshman et al, ²⁰ 2015	4	240	4	222	0.93 (0.23 to 3.65)
Luján et al, ³⁴ 2009	0	101	0	103	Not estimable
Stevenson et al, ²¹ 2015	2	238	1	235	1.97 (0.18 to 21.63)
Total	6	662	5	645	1.12 (0.34 to 3.67)

Heterogeneity $\tau^2=0.00$, $\chi^2_1=0.29$ ($P=.59$), $I^2=0\%$
 Test for overall effect: $Z=0.18$ ($P=.86$)

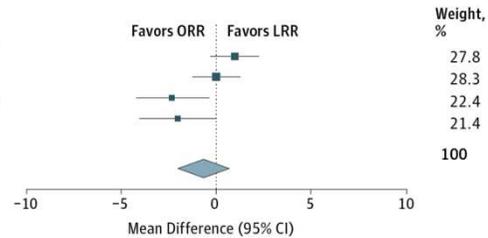


Distal resection margin involvement

B Distance to radial margin

Source	Distance, mm						Mean Difference (95% CI)
	LRR		ORR		Total	Total	
	Mean (SD)	SD	Mean (SD)	SD			
Kang et al, ¹⁴ 2010	9 (5.92)	170	8 (5.92)	170	1.00	(-0.26 to 2.26)	
van der Pas et al, ¹³ 2013	10 (9.62)	588	10 (8.14)	300	0.00	(-1.21 to 1.21)	
Fleshman et al, ²⁰ 2015	10.5 (9.2)	240	12.8 (11.2)	222	-2.30	(-4.18 to -0.42)	
Stevenson et al, ²¹ 2015	10 (10.37)	211	12 (10.37)	201	-2.00	(-4.00 to 0.00)	
Total		1209		893	-0.67	(-2.16 to 0.83)	

Heterogeneity $\tau^2=1.69$, $\chi^2_3=11.46$ ($P=.009$), $I^2=74\%$
 Test for overall effect: $Z=0.87$ ($P=.38$)

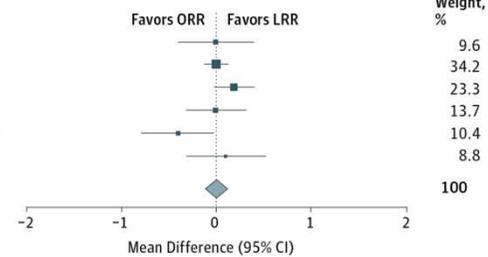


Distance to radial margin

C Distance to distal margin

Source	Distance, cm						Mean Difference (95% CI)
	LRR		ORR		Total	Total	
	Mean (SD)	SD	Mean (SD)	SD			
Kang et al, ¹⁴ 2010	2 (1.85)	170	2 (1.85)	170	0.00	(-0.39 to 0.39)	
Liu et al, ³² 2010	3 (0.375)	98	2 (0.5)	88	0.00	(-0.13 to 0.13)	
Liang et al, ³¹ 2011	3.22 (0.738)	86	3.03 (0.684)	104	0.19	(-0.01 to 0.39)	
van der Pas et al, ¹³ 2013	3 (2.07)	618	3 (2.37)	310	0.00	(-0.31 to 0.31)	
Stevenson et al, ²¹ 2015	2.6 (2.22)	240	3 (1.77)	201	-0.40	(-0.77 to -0.03)	
Fleshman et al, ²⁰ 2015	3.2 (2.6)	240	3.1 (1.9)	222	0.10	(-0.31 to 0.51)	
Total		1452		1095	0.01	(-0.12 to 0.15)	

Heterogeneity $\tau^2=0.01$, $\chi^2_5=7.82$ ($P=.17$), $I^2=36\%$
 Test for overall effect: $Z=0.16$ ($P=.87$)

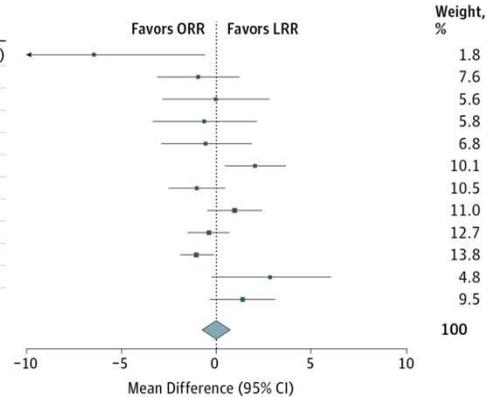


Distance to distal margin

D Lymph nodes harvested

Source	No. of Lymph Nodes						Mean Difference (95% CI)
	LRR		ORR		Total	Total	
	Mean (SD)	SD	Mean (SD)	SD			
Araujo et al, ³⁸ 2003	5.5 (7.81)	13	11.9 (7.81)	15	-6.40	(-12.20 to -0.60)	
Braga et al, ³⁷ 2007	12.7 (7.3)	83	13.6 (6.9)	85	-0.90	(-3.05 to 1.25)	
Pechlivanides et al, ³⁶ 2007	19.2 (5.5)	34	19.2 (6.66)	39	0.00	(-2.79 to 2.79)	
Ng et al, ³⁵ 2008	12.4 (6.7)	51	13 (7)	48	-0.60	(-3.30 to 2.10)	
Ng et al, ³³ 2009	11.5 (7.9)	76	12 (7)	77	-0.50	(-2.87 to 1.87)	
Luján et al, ³⁴ 2009	13.63 (6.26)	101	11.57 (5.1)	103	2.06	(0.49 to 3.63)	
Kang et al, ¹⁴ 2010	17 (7.29)	170	18 (6.66)	170	-1.00	(-2.48 to 0.48)	
Liu et al, ³² 2010	16 (5)	98	15 (4.9)	98	1.00	(-0.39 to 2.39)	
Liang et al, ³¹ 2011	7.05 (5.05)	169	7.44 (4.89)	174	-0.39	(-1.44 to 0.66)	
van der Pas et al, ¹³ 2013	13 (5.92)	683	14 (6.66)	341	-1.00	(-1.83 to -0.17)	
Ng et al, ³⁰ 2014	17.7 (8.4)	40	14.8 (5.6)	40	2.90	(-0.23 to 6.03)	
Fleshman et al, ²⁰ 2015	17.9 (10.1)	240	16.5 (8.4)	222	1.40	(-0.29 to 3.09)	
Total		1758		1412	0.05	(-0.77 to 0.86)	

Heterogeneity $\tau^2=1.07$, $\chi^2_{11}=27.72$ ($P=.004$), $I^2=60\%$
 Test for overall effect: $Z=0.11$ ($P=.91$)



Lymph nodes harvested

Adjuvant chemotherapy

Cochrane Database of Systematic Reviews

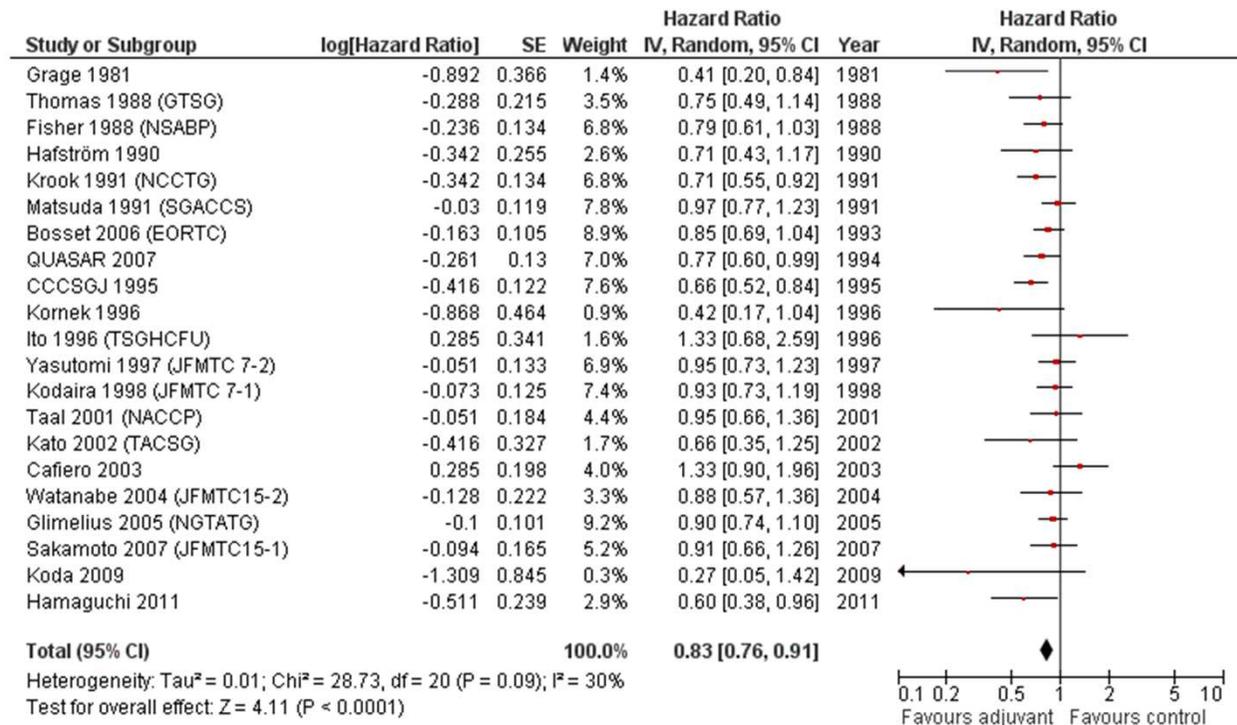
Postoperative adjuvant chemotherapy in rectal cancer operated for cure.

Cochrane Systematic Review - Intervention | Version published: 14 March 2012 [see what's new](#)

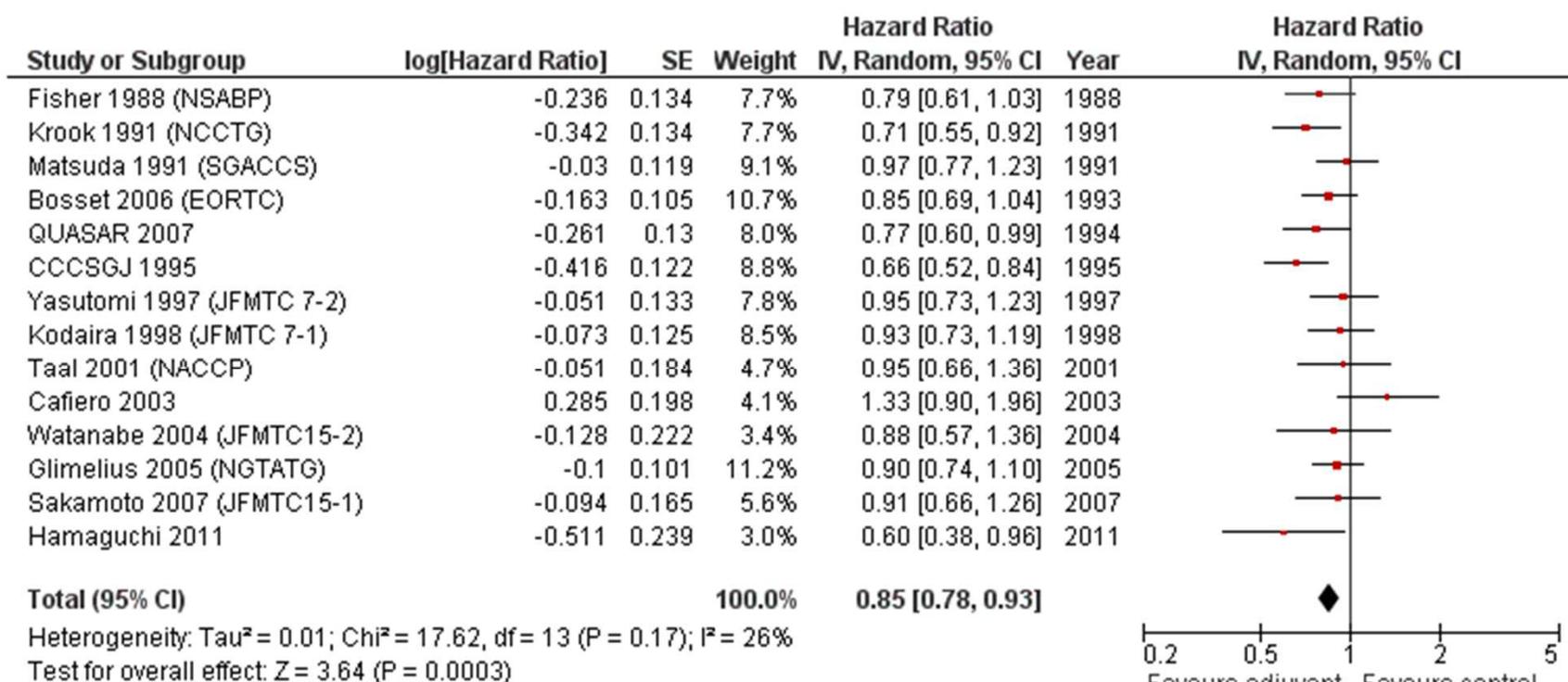


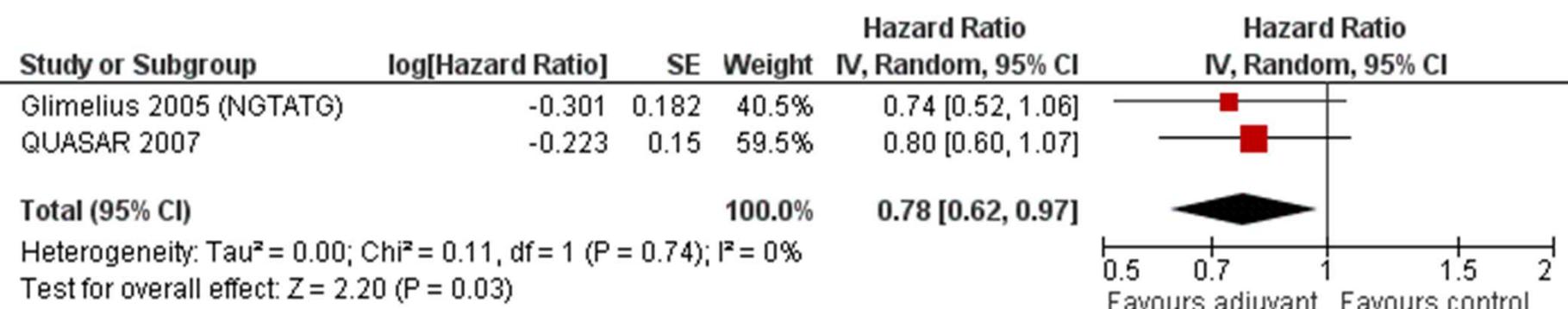
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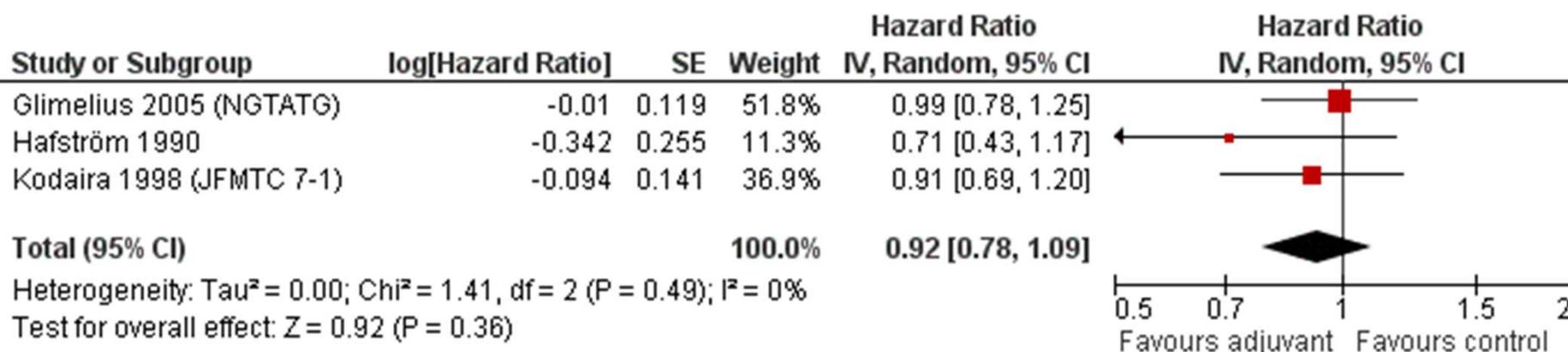


Os: larger studies





Stage II



Stage III



Purchase

Adjuvant chemotherapy after preoperative (chemo)radiotherapy and surgery for patients with rectal cancer: a systematic review and meta-analysis of individual patient data

[Anne J Breugom, MD](#) [†] • [Marloes Swets, MD](#) [†] • [Prof Jean-François Bosset, MD](#) • ... [Gerrit-Jan Liefers, PhD](#) •

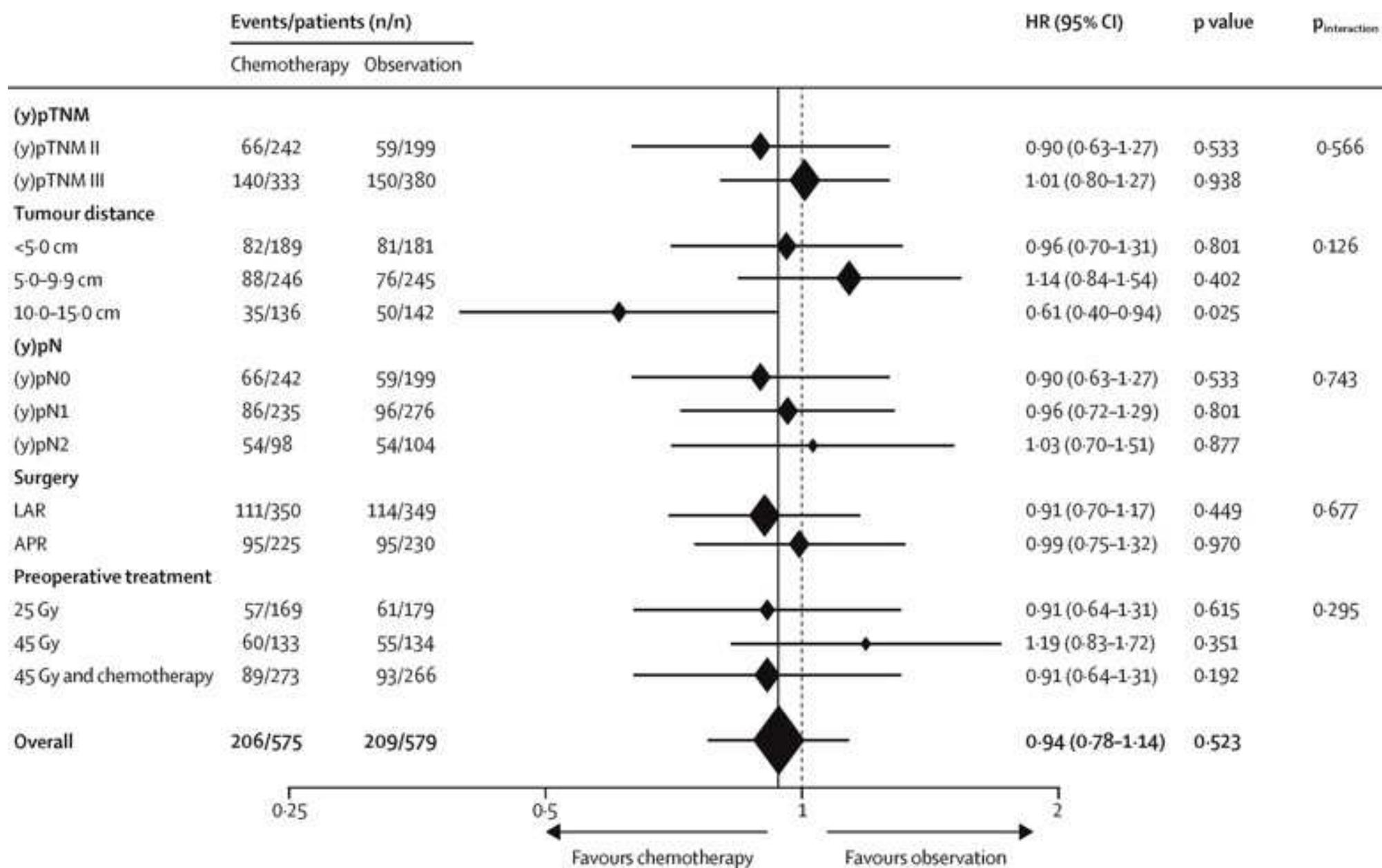
[Prof Hein Putter, PhD](#) • [Prof Cornelis J H van de Velde, PhD](#)   • [Show all authors](#) • [Show footnotes](#)

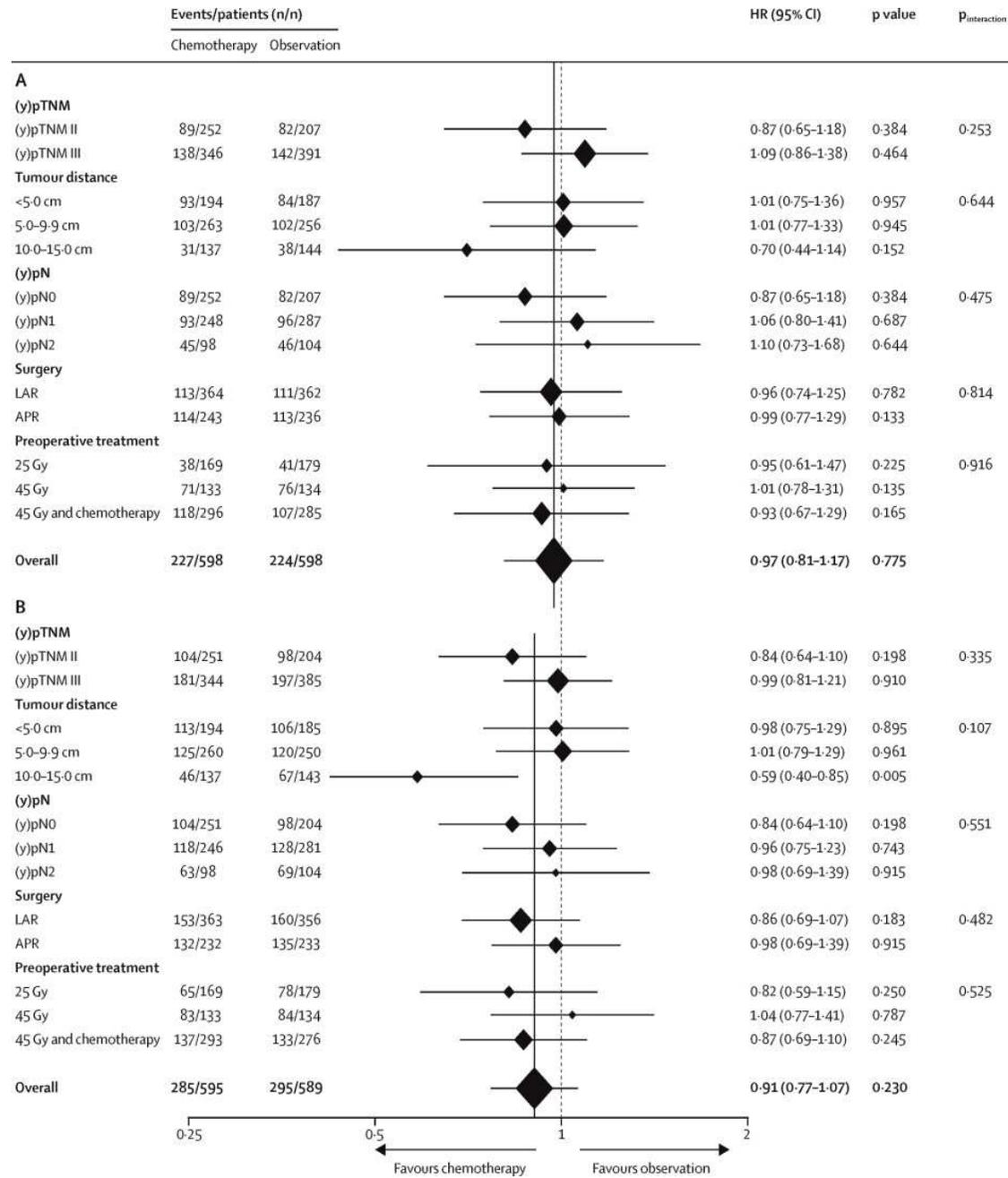
Published: January 11, 2015 • DOI: [https://doi.org/10.1016/S1470-2045\(14\)71199-4](https://doi.org/10.1016/S1470-2045(14)71199-4) •



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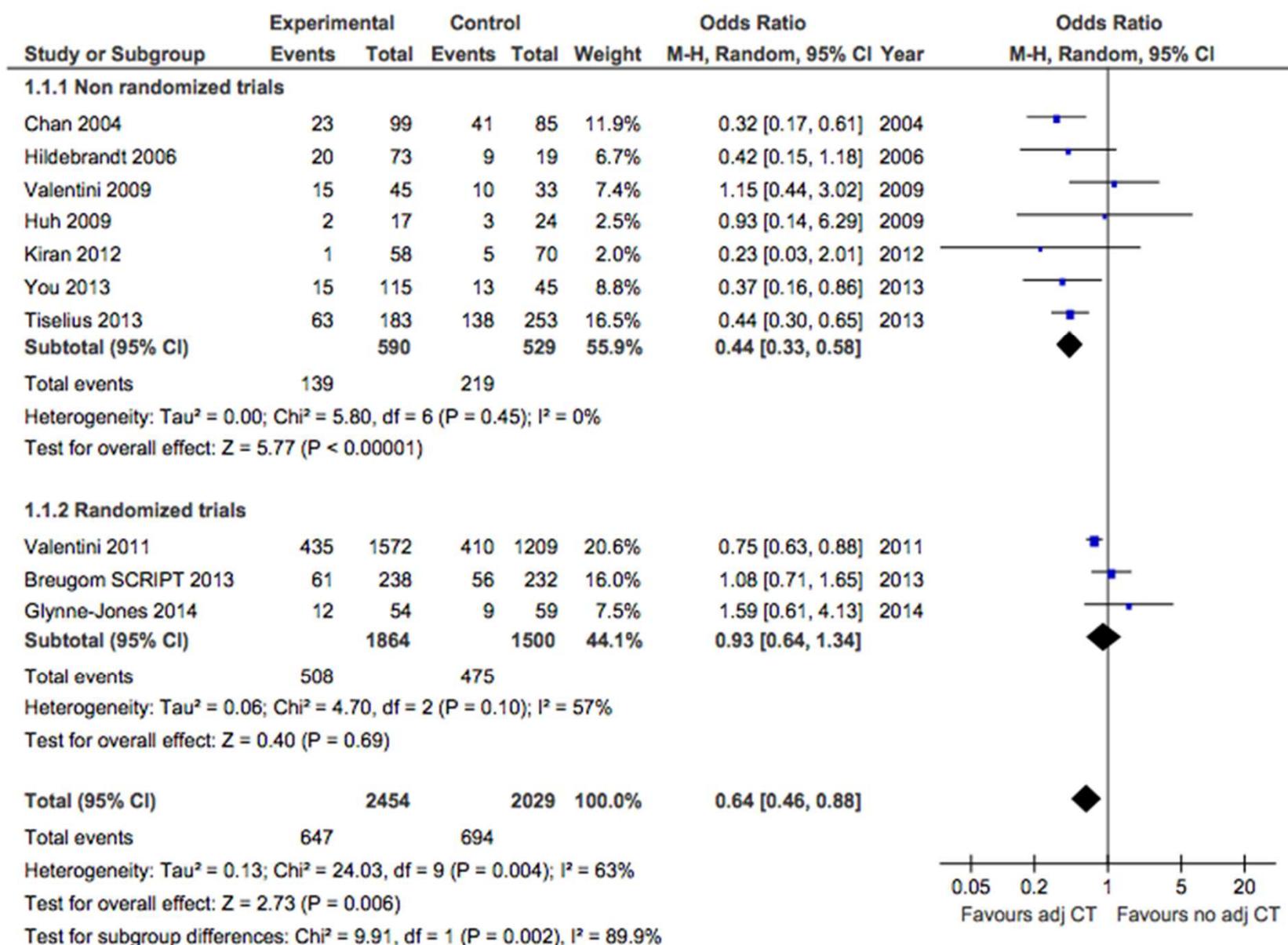




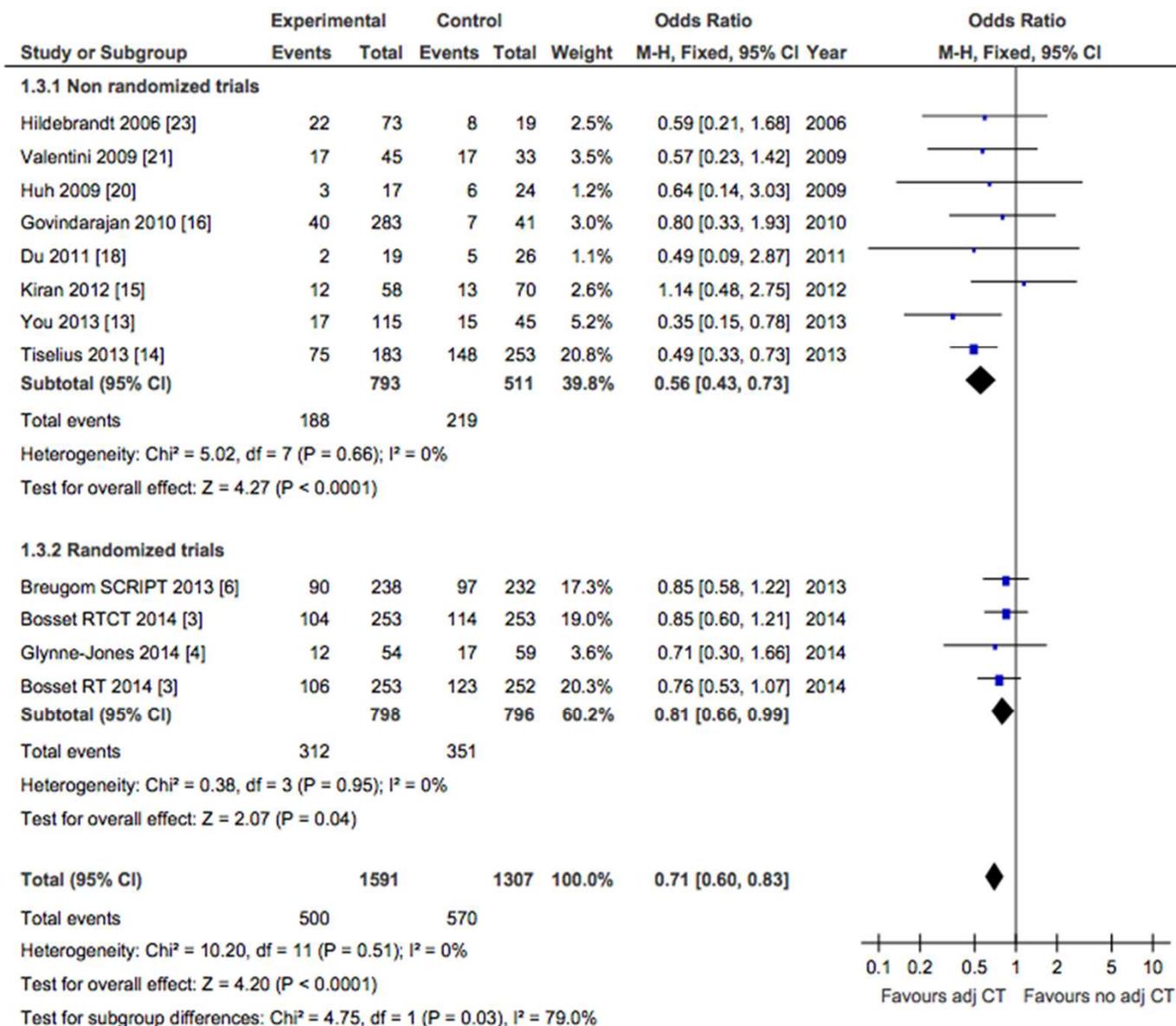
[International Journal of Colorectal Disease](#)

April 2015, Volume 30, [Issue 4](#), pp 447–457 | [Cite as](#)

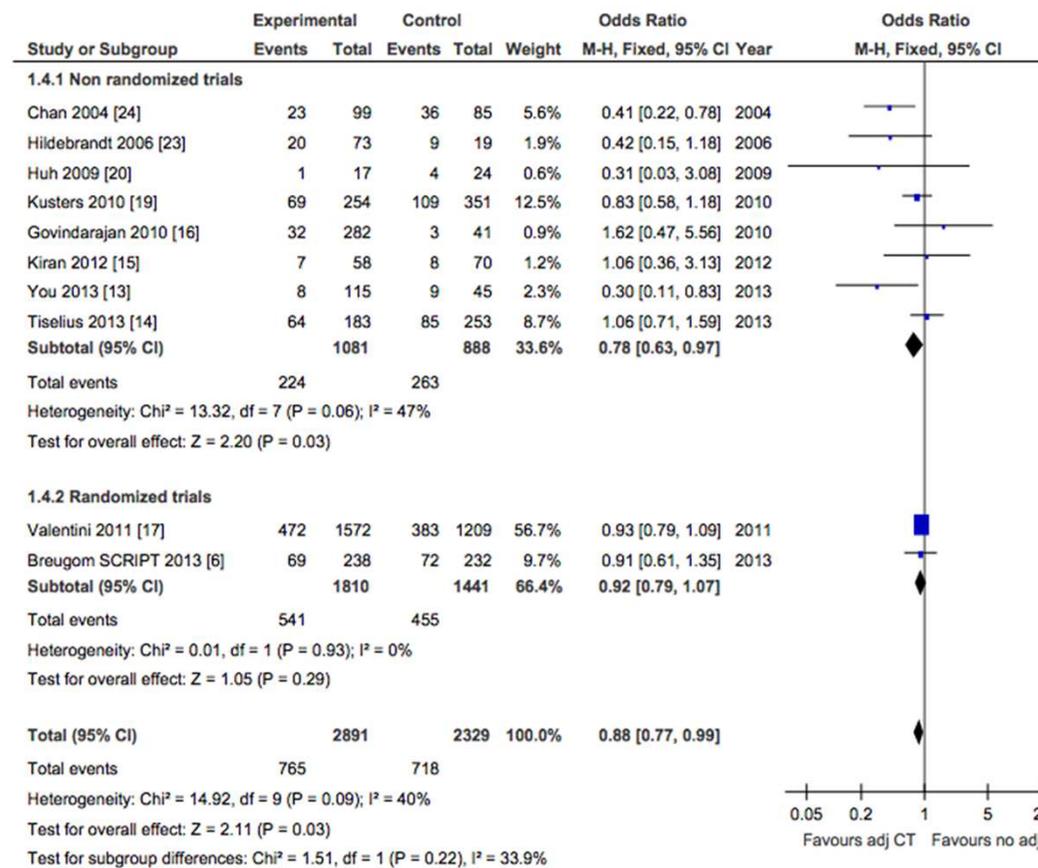
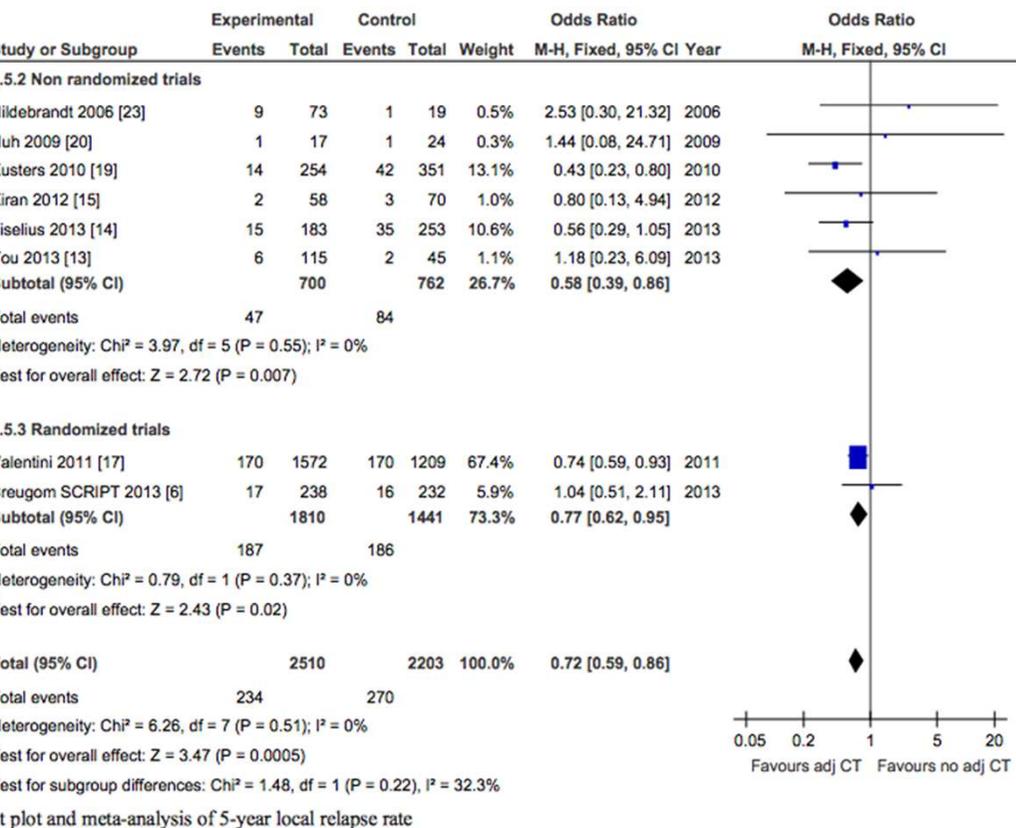
A systematic review and meta-analysis of adjuvant chemotherapy after neoadjuvant treatment and surgery for rectal cancer



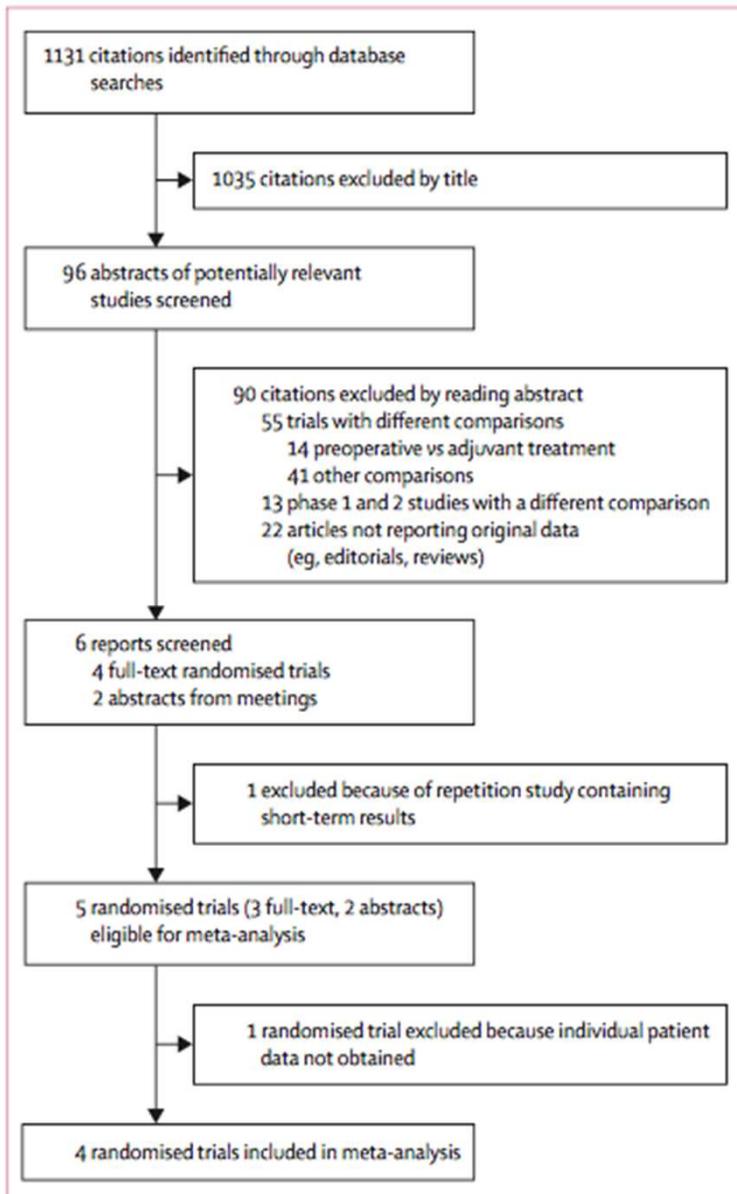
2 Forest plot and meta-analysis of 5-year overall survival



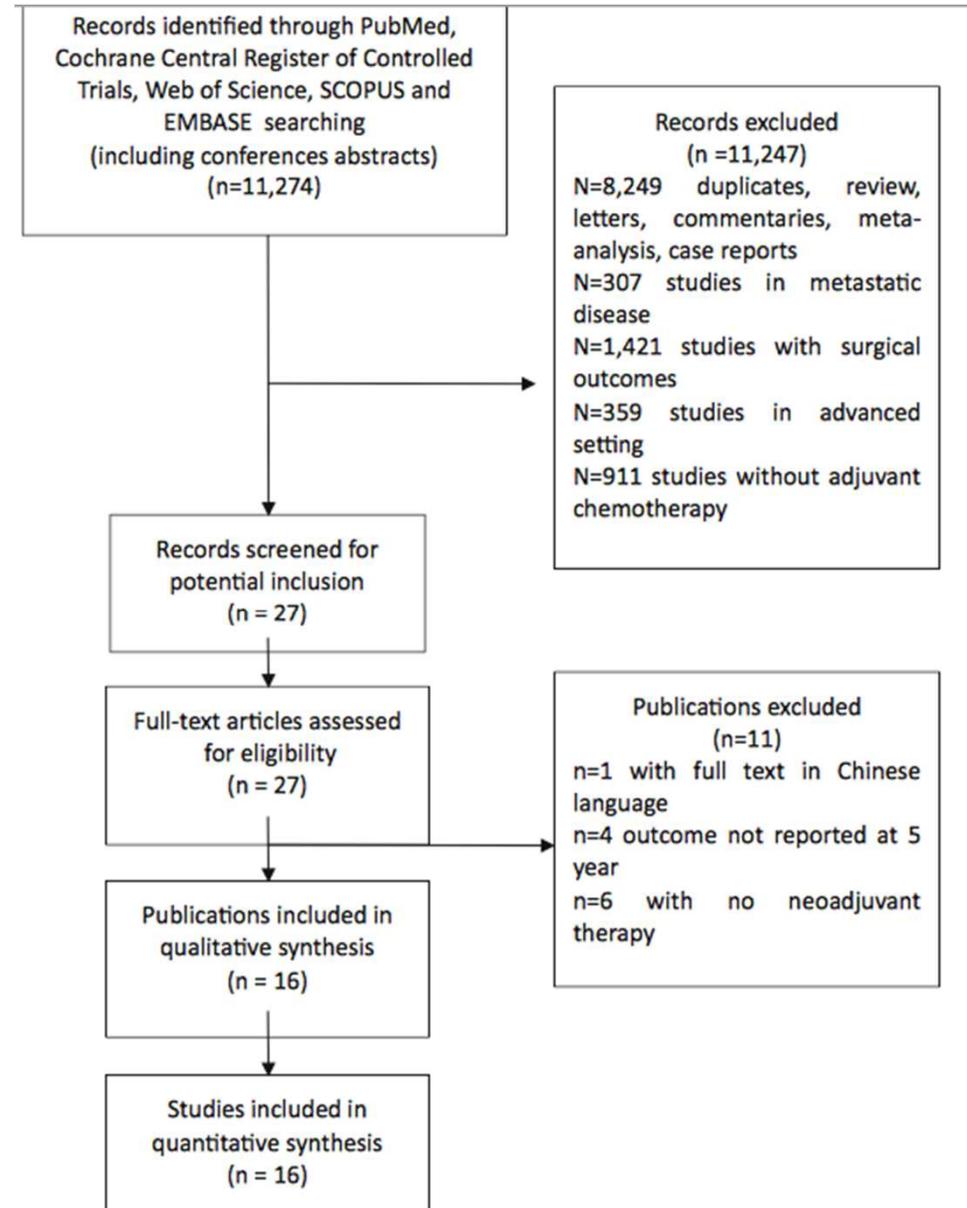
Forest plot and meta-analysis of 5-year disease-free survival



Forest plot and meta-analysis of 5-year distant metastases rate



Breugom A; lancet Oncol – IPD, RCTs



Petrelli F et al; Int J colorectal Dis – Aggregate data, Incl RCTs, retrospective studies

Adjuvant Chemotherapy Is Associated With Improved Overall Survival in Locally Advanced Rectal Cancer After Achievement of a Pathologic Complete Response to Chemoradiation

[Danish Shahab](#), [Emmanuel Gabriel](#), [Kristopher Attwood](#), [Wen Wee Ma](#), [Valerie Francescutti](#), [Steven Nurkin](#), [Patrick M. Boland](#)  

[Open Access](#)  [PlumX Metrics](#)

Figure 2 Analysis of Overall Survival. A Significant Difference Was Found in Overall Survival Between the 2 Chemotherapy Cohorts ($P < .001$); Patients Receiving Neoadjuvant Plus Adjuvant Chemotherapy Had Better Outcomes

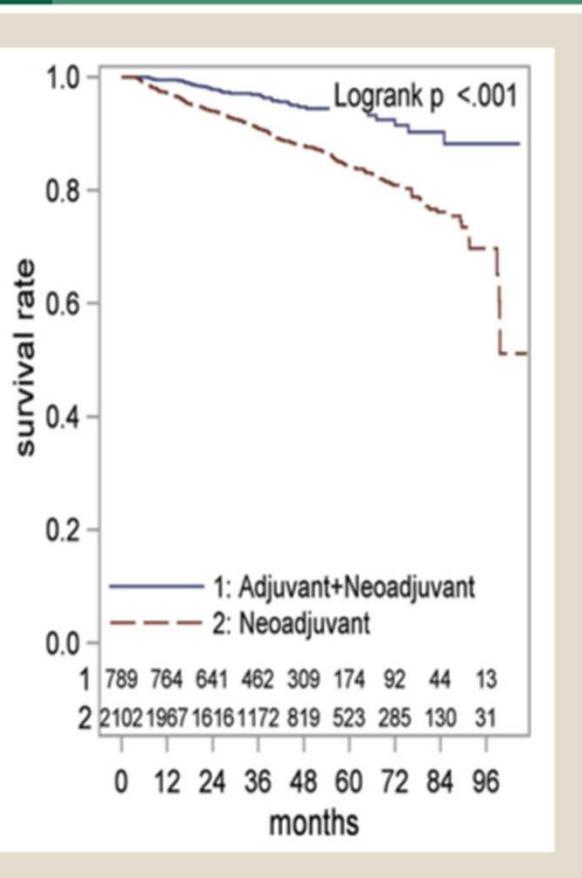
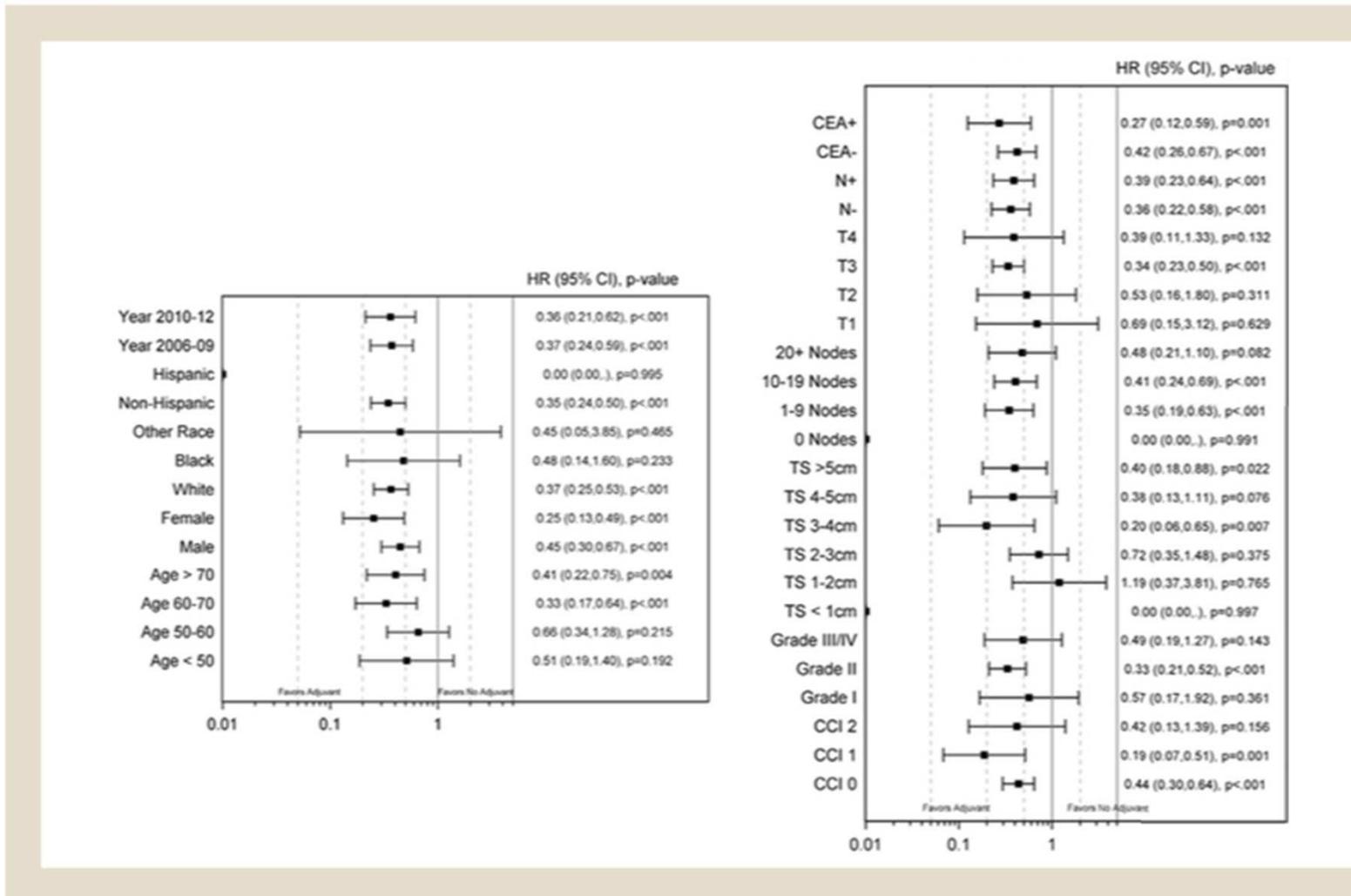


Figure 3 Forest Plots Showing Adjuvant Chemotherapy Was More Likely for Younger Patients (Aged < 60 Years), Higher Grade, Low Charlson-Deyo Comorbidity Index (CCI), Positive Carcinoembryonic Antigen (CEA) Status, Higher Clinical T Stage, and High Clinical N Stage. A Consistent Trend Toward Benefit Was Maintained Across Multiple Subgroups



ONLINE FIRST

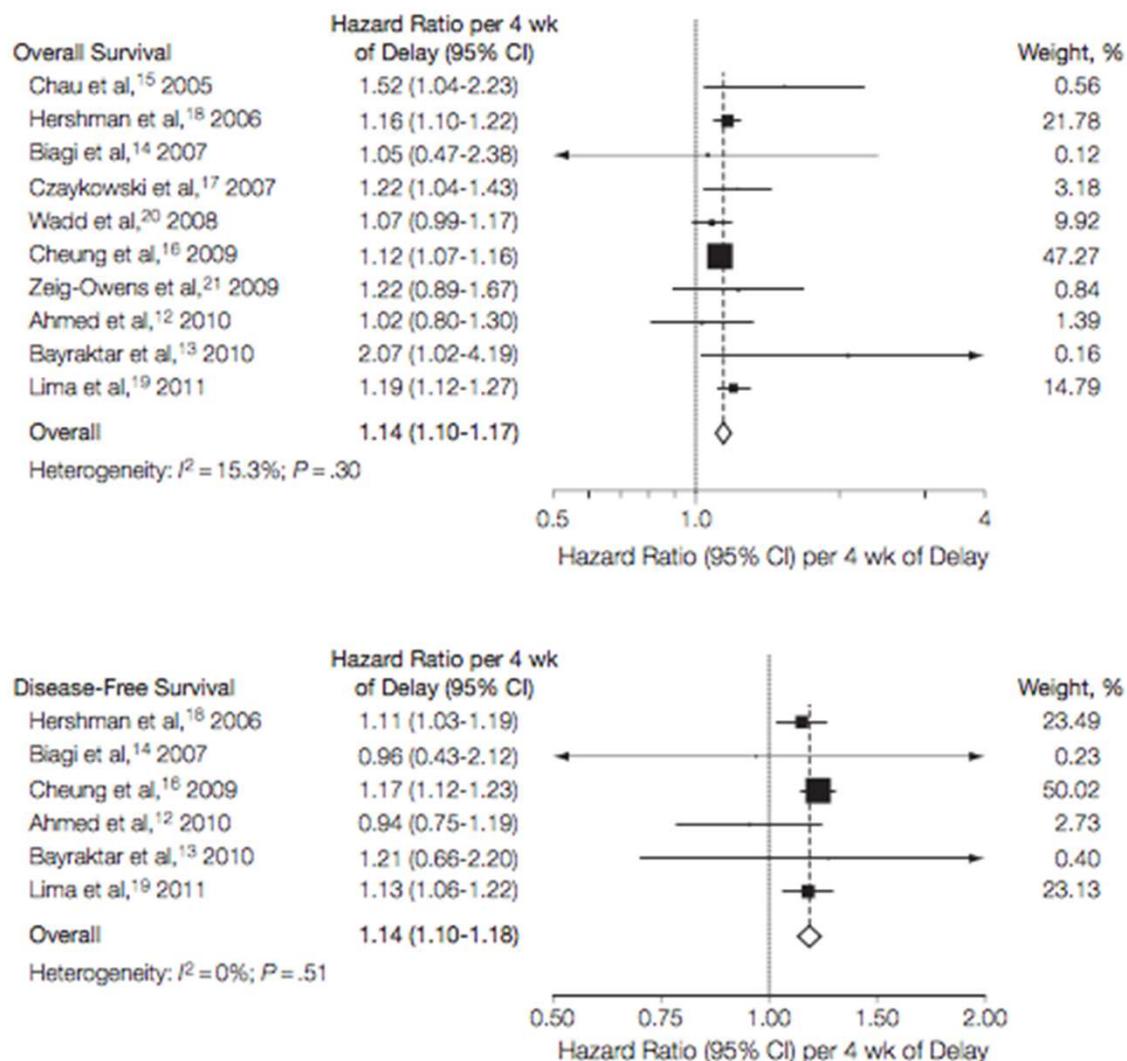
Association Between Time to Initiation of Adjuvant Chemotherapy and Survival in Colorectal Cancer

A Systematic Review and Meta-analysis

JAMA. 2011;305(22):2335-2342

Published online June 4, 2011. doi:10.1001/jama.2011.749

Figure 3. Individual Trial and Overall Hazard Ratios of Relationships Between Waiting Times for Adjuvant Chemotherapy and Overall Survival and Disease-Free Survival



Conclusions: Adjuvant chemotherapy

- Conflicting data on benefit in patients treated with neo-adjuvant CRT (nCRT)
- Clear survival benefit in patients treated with surgery
- Appears to benefit patients with pCR following nCRT
- Delay in initiation of adjuvant chemo appears to compromise outcomes

Wait and watch strategy in rectal cancer



Watch-and-wait approach for locally advanced rectal cancer after a clinical complete response following neoadjuvant chemoradiation: a systematic review and meta-analysis

Yan Dossa MD^{a, b, c, d}, Tyler R Chesney MD^a, Sergio A Acuna MD^{b, c, d}, Prof Nancy N Baxter PhD^{a, b}

Wait-and-see treatment strategies for rectal cancer patients with clinical complete response after neoadjuvant chemoradiotherapy: a systematic review and meta-analysis

Jun Li¹, Lunjin Li², Lin Yang³, Jiatian Yuan¹, Bo Lv¹, Yanan Yao⁴ and Shasha Xi⁵

¹ General Surgery Department and Central Lab, Affiliated Hospital/Clinical Medical College of Chengdu University, Chengdu, People's Republic of China

² Pharmacy Department, Affiliated Hospital/Clinical Medical College of Chengdu University, Chengdu, People's Republic of China

³ Department of Pathology, Cancer Hospital, Chinese Academy of Medical Sciences, Beijing, People's Republic of China

⁴ Department of General Surgery, The First Affiliated Hospital of Sun Yat-sen University, Guangzhou, People's Republic of China

⁵ Central Lab, Affiliated Hospital/Clinical Medical College of Chengdu University, Chengdu, People's Republic of China

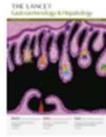
Oncological and Survival Outcomes in Watch and Wait Patients With a Clinical Complete Response After Neoadjuvant Chemoradiotherapy for Rectal Cancer: A Systematic Review and Pooled Analysis

Dattani, Mit, FRCS⁺; Heald, Richard J., FRCS⁺; Goussous, Ghaleb, FRCS⁺; Broadhurst, Jack, FRCS⁺; São Julião, Guilherme P., MD[§]; Habr-Gama, Angelita, MD[§]; Oliva Perez, Rodrigo, PhD[§]; Moran, Brendan J., FRCSI[‡]

Annals of Surgery: May 9, 2018 - Volume Publish Ahead of Print - Issue - p

doi: 10.1097/SLA.0000000000002761

Meta-Analysis: PDF Only



Articles

A watch-and-wait approach for locally advanced rectal cancer after a clinical complete response following neoadjuvant chemoradiation: a systematic review and meta-analysis

Fahima Dossa MD ^{a, b, c, d}, Tyler R Chesney MD ^a, Sergio A Acuna MD ^{b, c, d}, Prof Nancy N Baxter PhD ^{a, b, c, d}

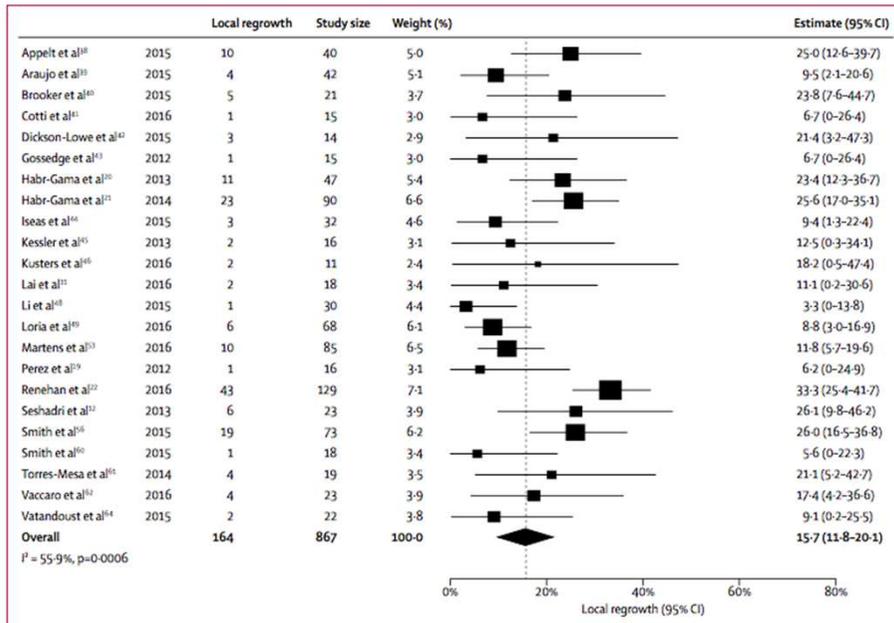
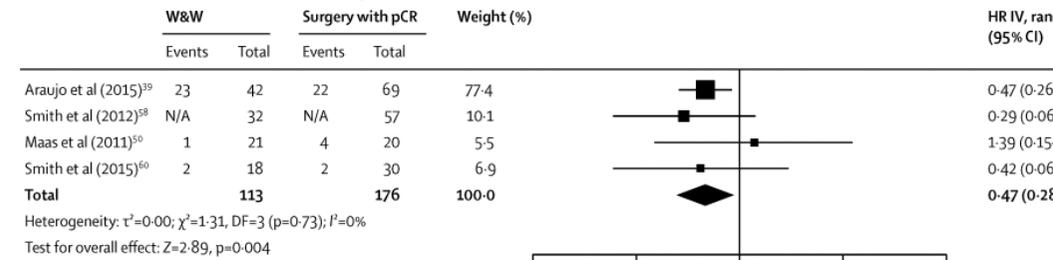


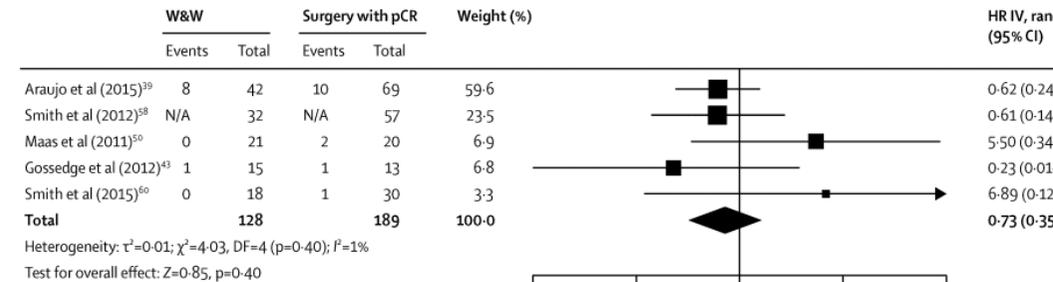
Figure 2: Pooled proportion of patients with local regrowth in those managed by watch-and-wait. Point estimates are based on 2-year local regrowth rates (where extractable) or crude proportions. Size of solid squares represents statistical weights.

Local regrowth

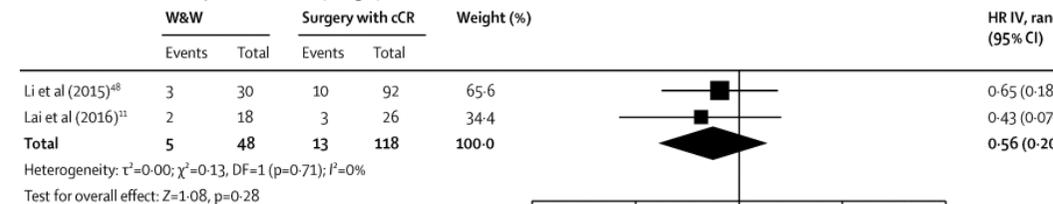
A Disease-free survival for patients treated by surgery with pCR vs W&W



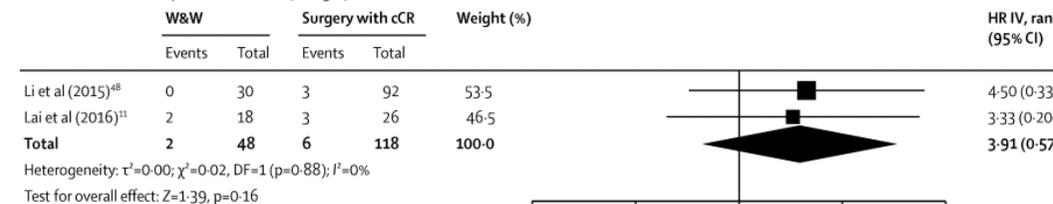
B Overall survival for patients treated by surgery with pCR vs W&W



C Disease-free survival for patients treated by surgery with cCR vs W&W

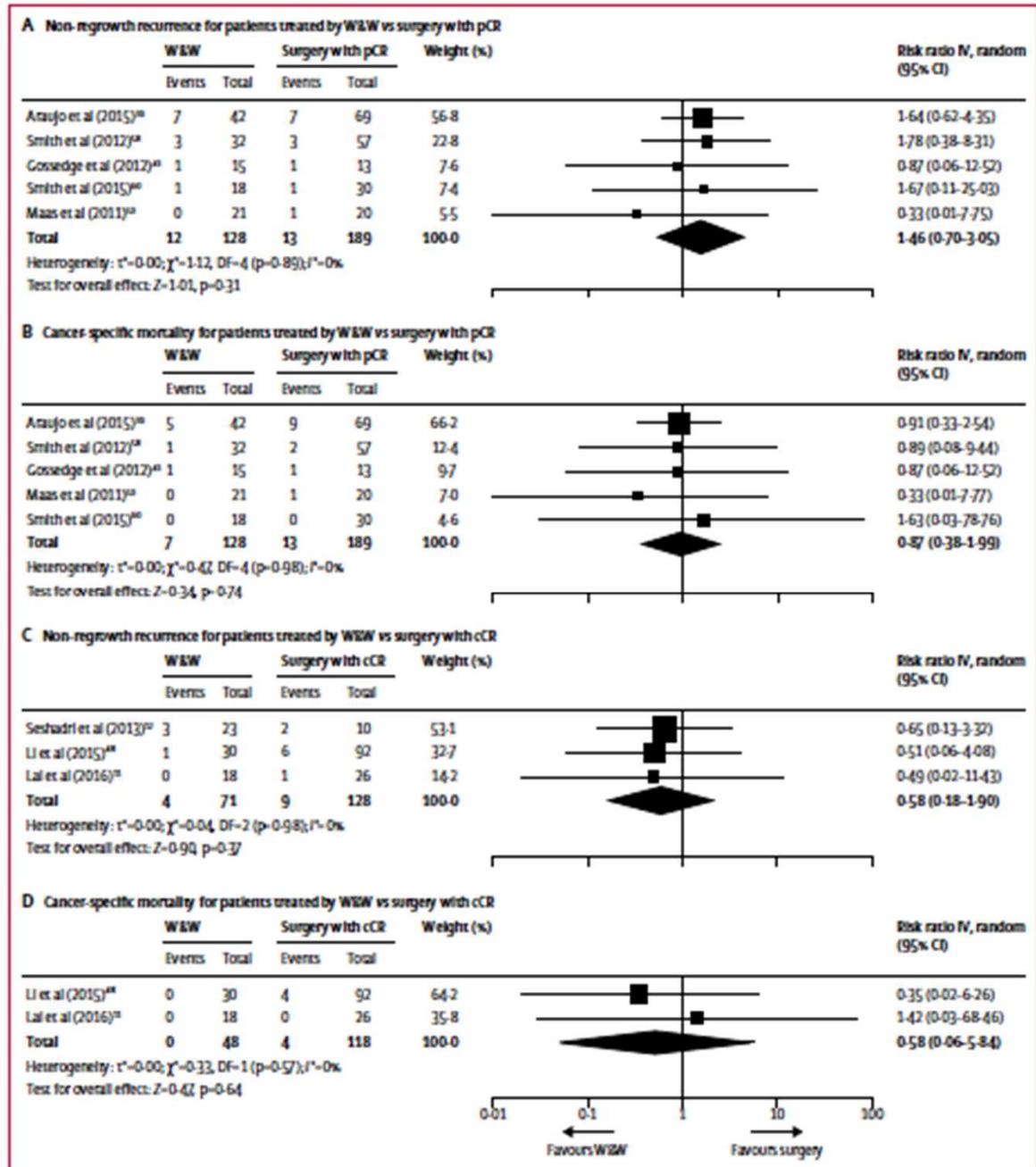


D Overall survival for patients treated by surgery with cCR vs W&W



0.01 0.1 1 10 100
Favours surgery Favours W&W

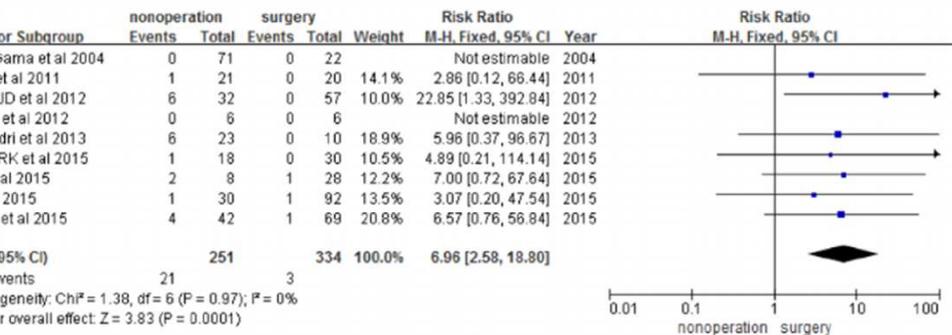
Non regrowth



Local Recurrence

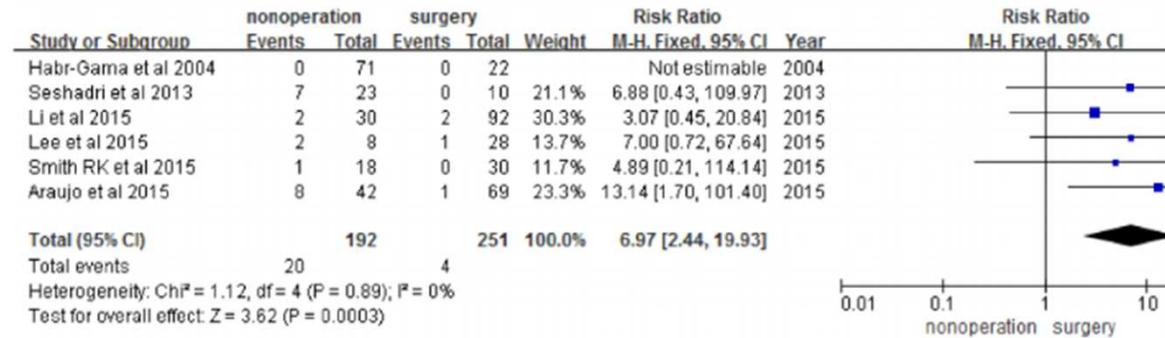


1-yr LR

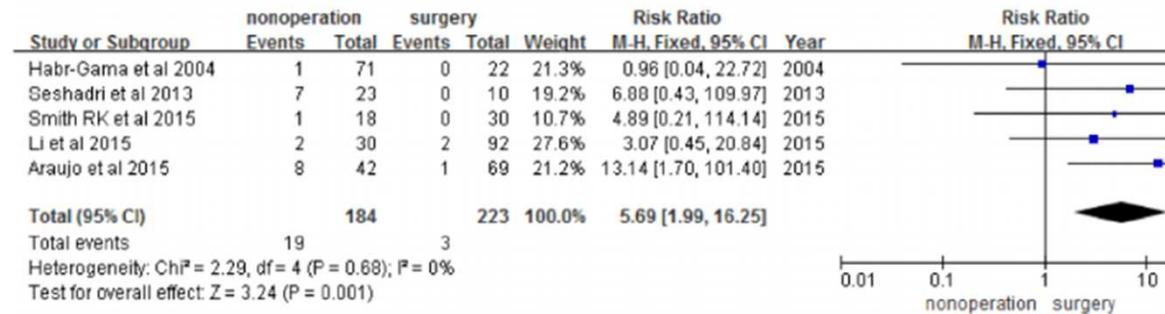


2-yr LR

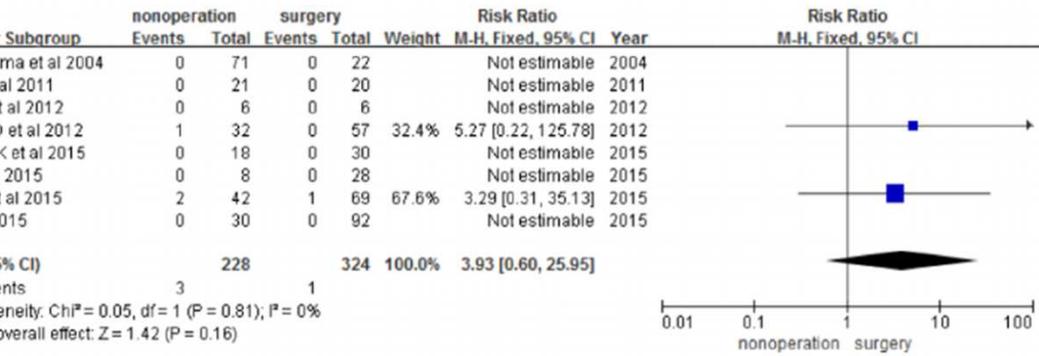
3-yr LR



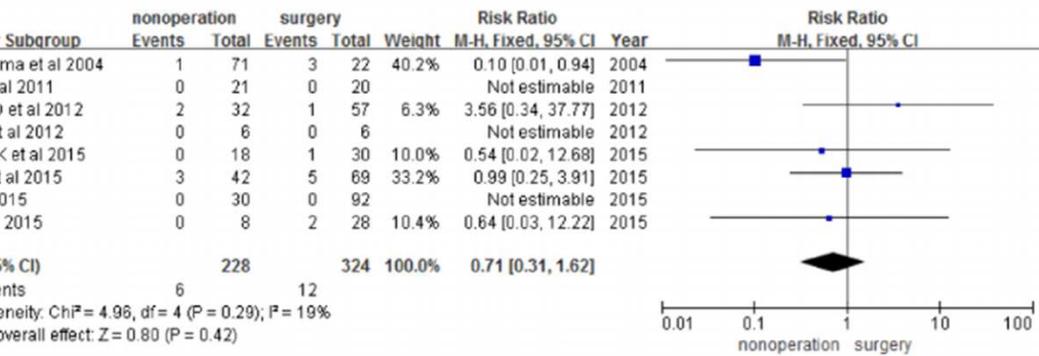
5-yr LR



Distant Metastasis

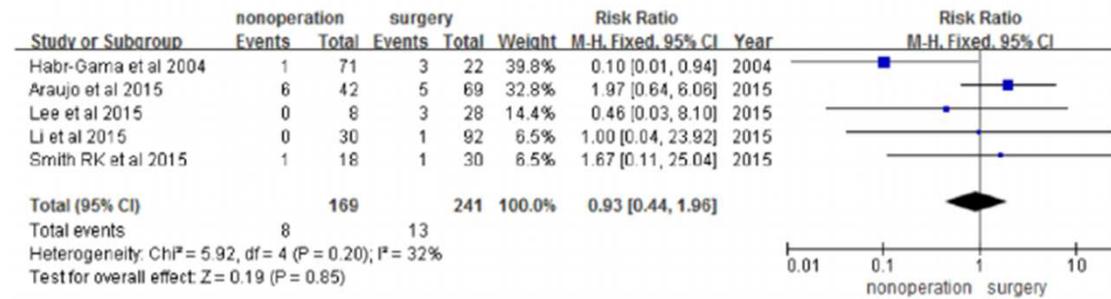


1-yr DM

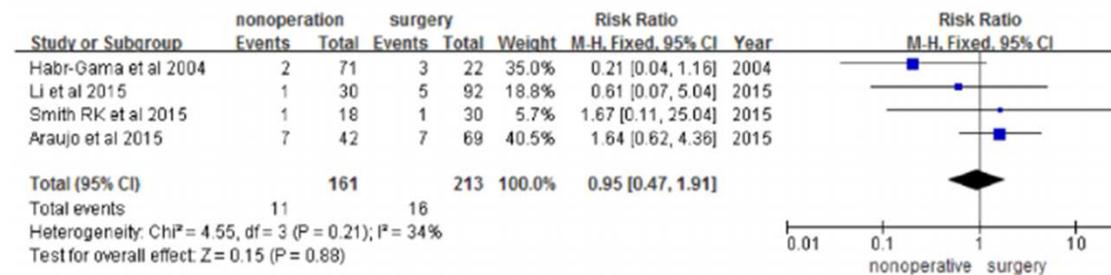


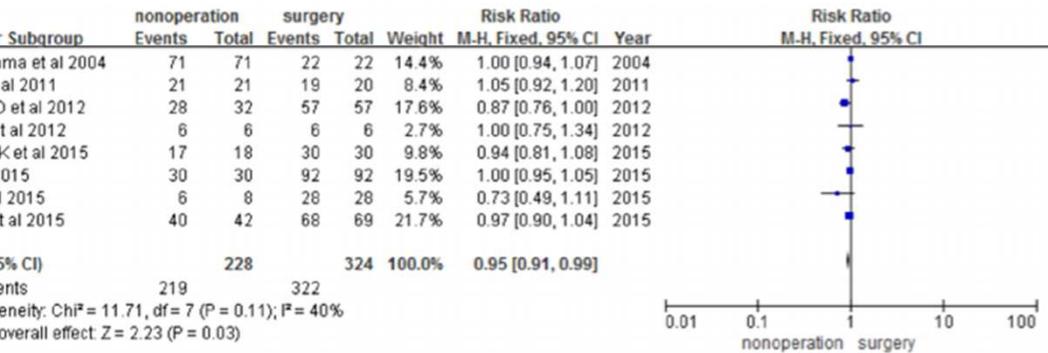
2-yr DM

3-yr DM



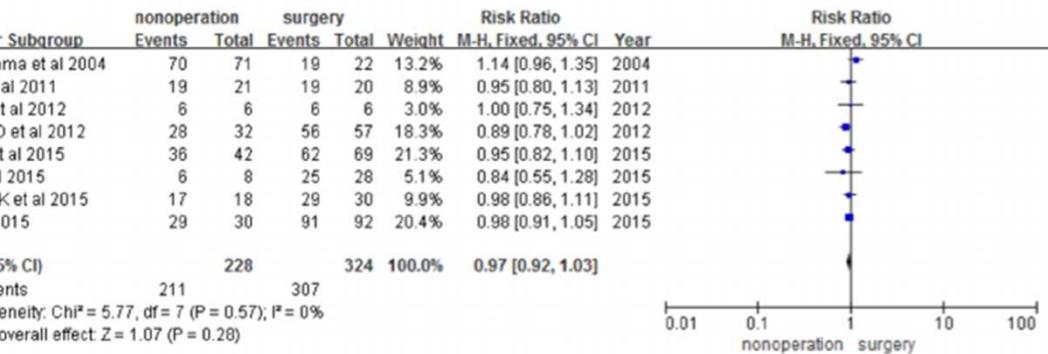
5-yr DM





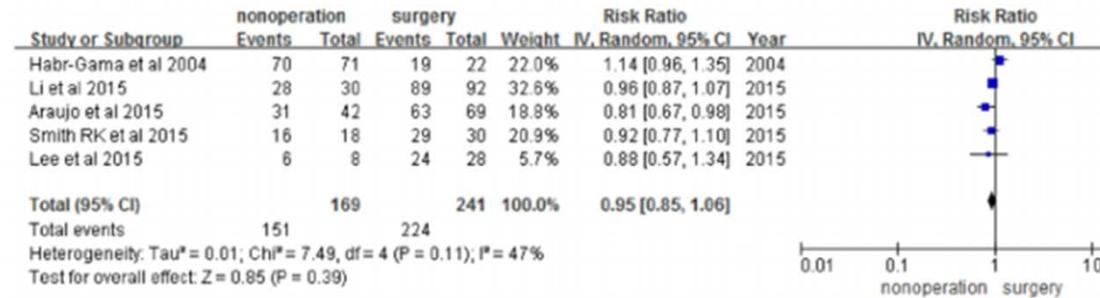
1-yr DFS

DFS

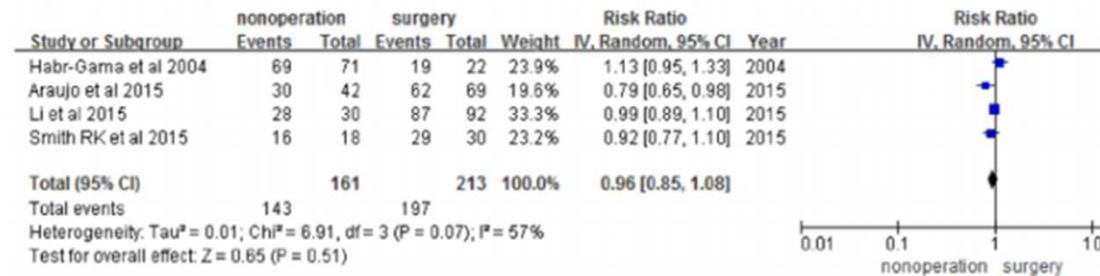


2-yr DFS

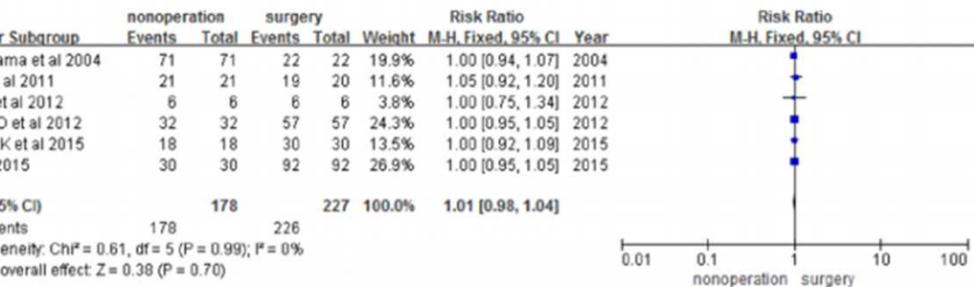
3-yr DFS



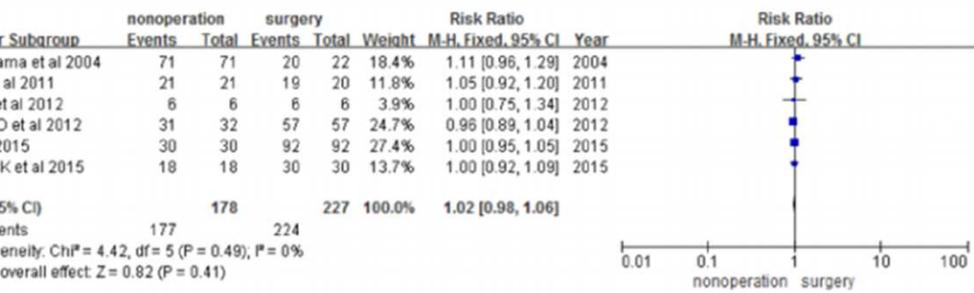
5-yr DFS



Overall survival ABS

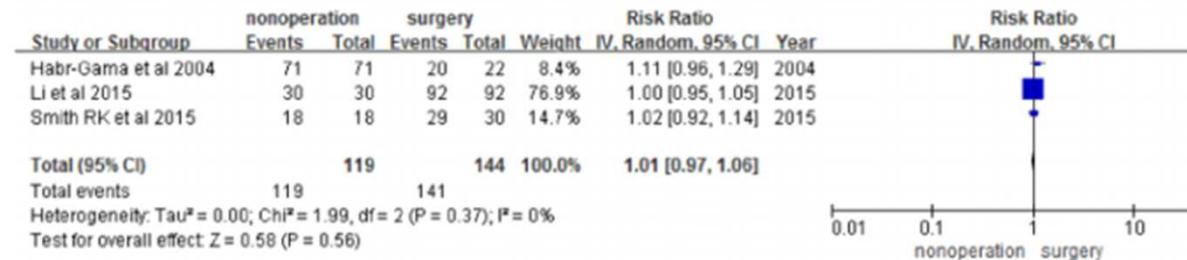


1-yr OS

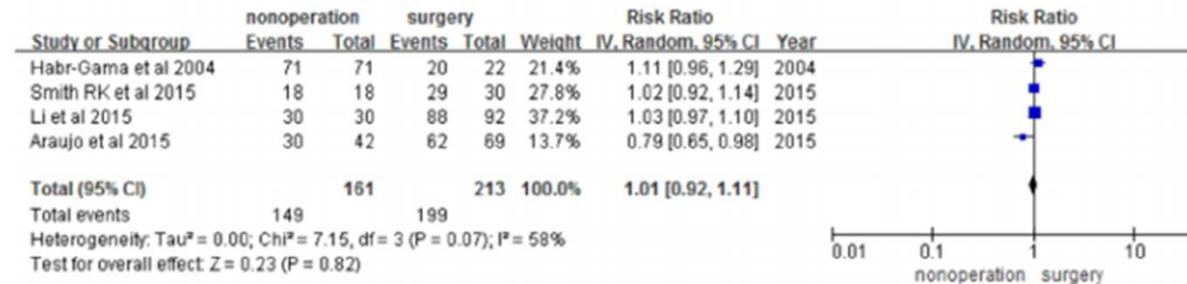


2-yr OS

3-yr OS



5-yr OS



W&W conclusions

- Risk of local regrowth with W&W approach is around 15% and is higher than the risk of regrowth in patients with pCR who had surgery
- Wait-and-see strategy with strict selection criteria, an appropriate follow-up schedule, and salvage treatments achieved outcomes (DFS, OS, DM) at least as good as radical surgery
- Robust surveillance with early detection of regrowths allows a high rate of successful salvage surgery, without an increase in the risk of systemic disease, or adverse survival outcomes
- More prospective studies are needed to confirm long term safety