Management of pediatric brain tumors

- In the contemporary era

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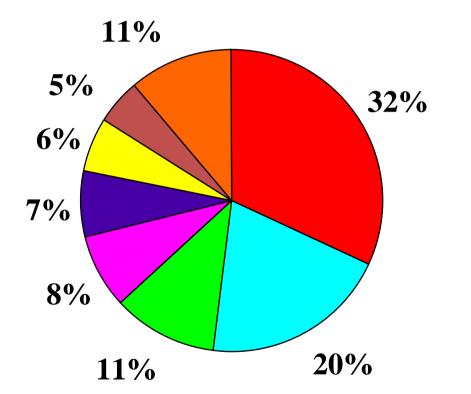




Outline

- 1. Statistics & epidemiology
- 2. Management of common pediatric brain tumors
- 3. High-precision radiotherapy techniques
- 4. Newer & future perspectives

Common Childhood Cancers



Leukemia
CNS tumors
Lymphomas
Neuroblastoma
Sarcomas
Wilms tumor
Bone tumors
Misc

What about the spectrum in India?

Tumor		AIIMS	NIMHANS	GB Pant	тмн	CSMMU	CMC Vellore	PGIMER	Average
Astrocytoma		33.7	44.1	22.3	28.6	30.6	46.7	37	34.7
MB and PNETs		16.8	19.7	32	29	27.7	10.3	21.6	22.4
Craniopharyngioma		12.7	7.7	13.5	4.5	13.1	8.5	11.5	10.2
Ependymal		8.5	8.5	12.2	19.1	9.4	4.8	6.3	9.8
Nerve sheath		7	4.3	1.3	2.4	2.2	4.6	NA	3.6
Meningeal		5.6	4.3	0.3	3.4	2.2	3.5	NA	3.2
Neuronal and mixed neu	ironal glial	4.1	2.8	5.2	2.1	0	NA	NA	2.4
Germ cell tumors		2.2	2.2	3.3	1.7	2.2	NA	NA	2
Choroid plexus tumors		1.5	2.6	1.6	1.7	1.5	NA	3.5	1.8
Pineal tumors		0.7	1.4	1.3	1	3	NA	NA	1.3
Oligodendroglioma		0.7	0.9	2.9	1.4	1.5	0	0	1.1
Lymphoma		1	0.5	0.3	0	0	1.1	NA	0.5

MB and PNET - Medulloblastomas and supratentorial PNETs, includes other rare embryonal tumors; AIIMS - All India Institute of Medical Sciences, New Delhi; NIMHANS - National Institute of Mental Health and Neuro Sciences, Bangalore; TMH - Tata Memorial Hospital, Mumbai; CSMMU - Chhatrapati Shahuji Maharaj Medical University, Lucknow; PGIMER - Post Graduate Institute of Medical Education and Research, Chandigarh; CMC - Christian Medical College, Vellore; GB Pant - Govind Ballabh Pant Hospital, New Delhi; NA - Data not available

Generally consistent with CBTRUS as well as other international registry data

Jain A et al, Neurol Ind 2011

Comparison with published Western data

* SEER Cancer Registry and CBTRUS Cancer Registry

	Median age of presentation		
	TMH data	Western data*	
Medulloblastoma	10 yrs	9 yrs	
Ependymoma	18.5 yrs	19 yrs	
Brain stem glioma	11.5 yrs	11 yrs	
Supratentorial PNET	15 yrs	9 yrs	
Pineal tumour	18.5 yrs	18 yrs	
Craniopharyngioma	20 yrs	28 yrs	
Pilocytic Astrocytoma	16 yrs	23 yrs	

Jalali and Datta J NeuroOncol 2008

Location of primary

Infra versus supra-tentorial

Supratentorial	25-40%	Infratentorial	45-60%
Low grade astro	8-20%	Medulloblastoma (PNET)	20-25%
High grade astro	6-12%	Astrocytoma, low grade	12-18%
Ependymoma	2-5%	Ependymoma	4-8%
Mixed glioma	1-5%	Brain stem glioma, high gra	ade 3-9%
Ganglioglioma	1-5%	Brain stem glioma, low gra	
Oligodendroglioma	1-2%	Others	2-5%
PNET	1-2%	Others	Z-J/0
Choroid plexus tumo	or 1-2%		
Meningioma	1-2%	Spinal tumors	2-4%
Germ Cell Tumors	1-2%	Ependymoma	1-3%
Others	1-3%	Astrocytoma	1%

Juvenile Pilocytic Astrocytoma

Most common astrocytic tumor in children

WHO Grade I (with low metastatic potential)

Commonly arises from cerebellum (posterior fossa)

Other common sites: optic pathway, thalamus, tectum, cerebral

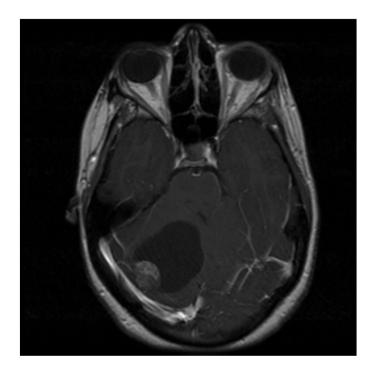
Peak incidence is between 6-8 years of age

Discrete, well circumscribed cystic SOL with contrast enhancing mural nodule

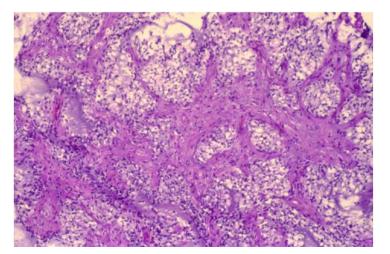
Sometime larger solid component, occasionally completely solid tumors

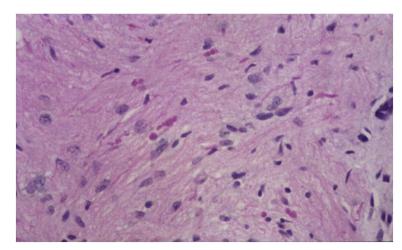
Histologic appearance: Biphasic with compact & spongy areas Piloid cells & microcystic areas, Rosenthal fibers No mitoses, no anaplasia, no necrosis

Classical Radiology & Pathology









Management of cerebellar pilocytic astocytoma

Surgery is the treatment of choice

Gross total resection (GTR) is generally curative

Pre-operative and per-operative considerations

Midline vs lateralized Mainly cystic vs solid Relationship to vermis and IV th ventricle Drain the cyst early, respect boundaries, & preserve the vermis

In experienced hands, GTR achieved in >90% patients

What are the long-term outcomes in cerebellar JPA?

Tonnessen et al, Pediatr Neurosurg, 2002

Large series of 110 consecutive patients (0-19 years) from 1960-2001

97 of 110 children alive at last follow-up

10-year and 25-year survival 89% and 85% respectively

5-year survival improved from 76% (before 1988) to 100% (after 1988)

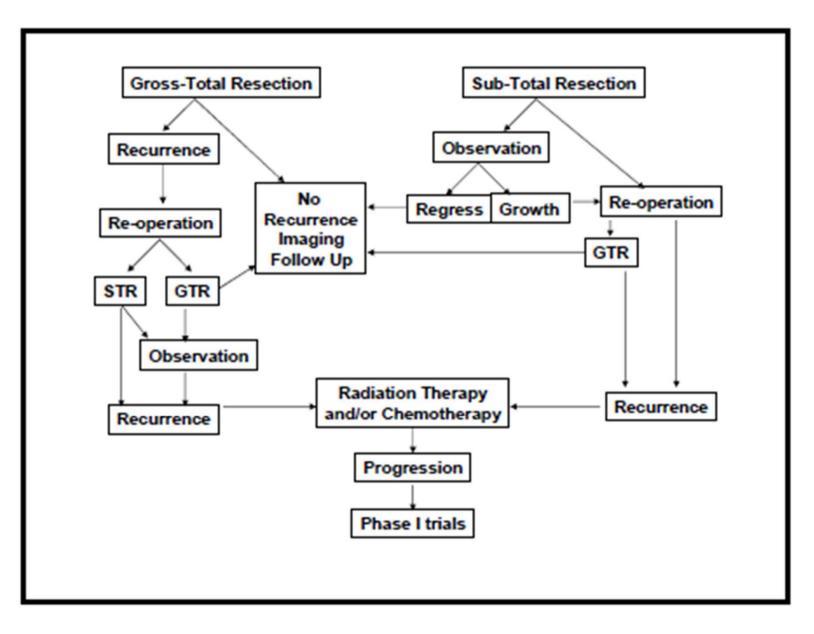
Recurrence after GTR seen in only 5 of 76 patients

Growth of residual tumor seen in 7 of 26 patients after STR

Only 5 of these patients received radiotherapy.

Preserved or favorable function outcomes seen in 82% patients

Suggested algorithm for cerebellar pilocytic astrocytomas



Non-cerebellar pilocytic astrocytomas

(Optico-chiasmatic-hypothalamic (visual pathway) tumors)

Mostly predominantly solid pilocytic tumors

Difficult to resect, may precipitate unwarranted morbidity

Safe decompression (generally biospy) recommended

NF-1 ASSOCIATED

- -15% of patients
- very indolent, biopsy not necessary
- -safely OBSERVED clinico-radiologically

SPORADIC

- -Sporadic and progressive optic pathway gliomas need intervention
- -Treated with definitive radiotherapy for preservation of useful vision
- -Chemotherapy (VCR + Carboplatin): Allows deferral of RT in young children

CHILDHOOD OPTIC CHIASM GLIOMAS: RADIOGRAPHIC RESPONSE FOLLOWING RADIOTHERAPY AND LONG-TERM CLINICAL OUTCOME

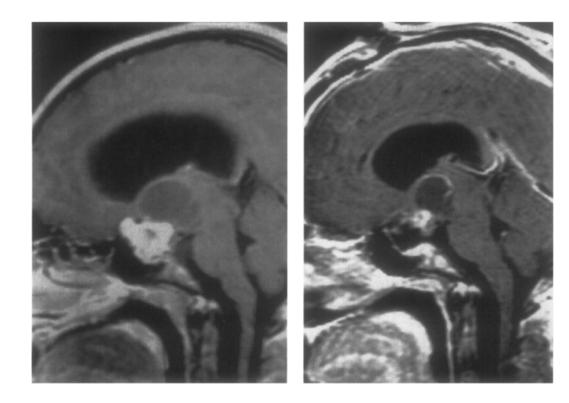
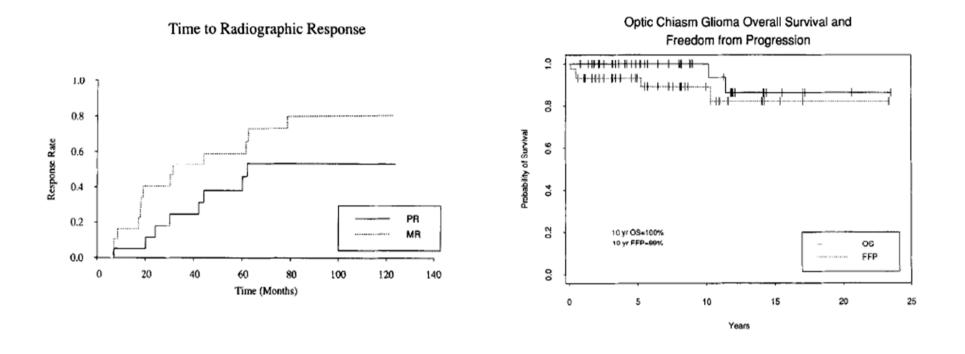


Table 3. Best radio	graphic response	to RT
Best response	n	%
Stable or <mr< td=""><td>9</td><td>36</td></mr<>	9	36
MR	5	20
PR	6	24
CR	4	16
Progression*	1	4

May L Tao, IJROBP 1997



Vision improved in 34%, stabilized in 49% & worsened in 17% only establishing RT as the mainstay of treatment in OPGs

Conclusions: Notable radiographic response may be observed years after irradiation. Radiation therapy provides excellent long-term tumor control and vision preservation or improvement in the majority of patients with progressive chiasmal gliomas.

Does chemotherapy affect the visual outcome in children with optic pathway glioma? A systematic review of the evidence

Lucas Moreno ^{a,*}, Francisco Bautista ^a, Sue Ashley ^b, Catriona Duncan ^a, Stergios Zacharoulis ^a

Eur J Cancer 2010

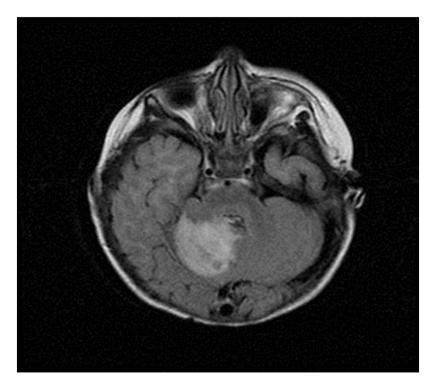
Reference	Schedule	Objective radiological responses (%)	Improving vision (%)	Stable vision	Deteriorating vision	Total
Massimino et al. ¹⁶	Cisplatin-etoposide	24 (82.8)	10 (45.5)	7	5	22
Laithier et al. ¹⁷	BabyBrain SFOP	51 (60)	2 (3.5)	16	39	57
Petronio et al. ¹¹	Nitrosurea based/TPCV	10 (52.6)	2 (10.5)	14	3	19
Chamberlain and Grafe ¹²	Oral etoposide	6 (42.8)	0	14	0	14
Janss et al. ¹³	Vincristine-actinomycinD	11 (23.9)	5 (18.5)	14	8	27
Silva et al. ¹⁴	Carboplatin-vincristine	8 (57.1)	2 (14.3)	12	0	14
Mitchell et al. ¹⁵	Carboplatin monthly	1 (8.3)	4 (40)	3	3	11
Dalla Via et al. ³	Carboplatin-vincristine	ND	0	2	9	11

Discussion: Published studies on childhood low grade gliomas have not shown satisfactorily whether chemotherapy improves outcome of vision in children with OPG. Based on our systematic review it appears that treatment with chemotherapy does not improve resulting vision in the majority of children with OPG. The data available does not allow us to assess whether vision is stabilised sufficiently prior to treatment with radiotherapy.

Non-pilocytic low grade (grade II) astrocytoma

Not commonly seen in cerebellum More common in supratentorial location Some are pilomyxoid astrocytoma Some are diffuse fibrillary astrocytoma Others may be PXA or Ganglioglioma Gross total resection is the goal Can be observed if no atypical features Adjuvant RT indicated for large residual

RT dose :54 Gy/30#/6 weeks

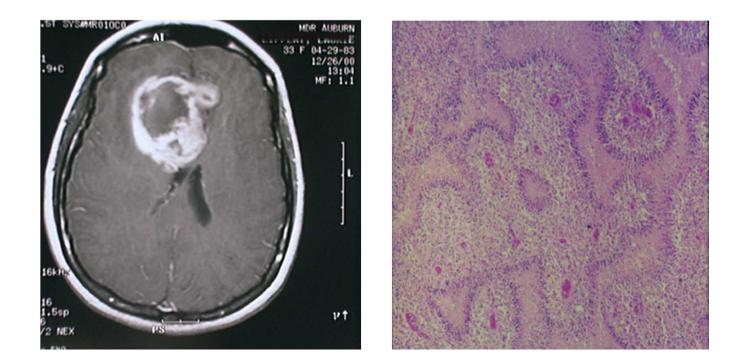


High-grade astrocytoma (WHO grade III-IV)

Rare brain tumors of childhood (<5% of all astrocytomas)

Being increasingly diagnosed in contemporary practice

Different molecular biology and pathology



Management of childhood high-grade astrocytomas

No established standard of care due to lack of high quality evidence

Maximal safe resection and decompression recommended

Generally treated as per Stupp's protocol post-operatively

Focal conformal radiation (59.4-60Gy in 30-33#s)

Concurrent daily temozolomide (75mg/m2) during RT

6-12 cycles of adjuvant temozolomide (150-200mg/m2) post RT

Chemotherapy in childhood high-grade astrocytoma

CCG 943 (Sposto et al, J Neurooncol 1989):

Randomized trial of adding chemotherapy (CCNU, VCR, PRED) to RT 58 patients with histologically proven high-grade astrocytoma 5-year EFS significantly better (46% vs 18%, p=0.026) with chemoRx 5-year overall survival marginally better (p=0.067) with chemoRx

CCG 945 (Finlay et al, J Clin Oncol 1995):

Randomized trial involving 172 pts comparing 2 chemoRx regimens 8-in-1 drug regimen (experimental) compared to standard CCNU/VCR/PRED PFS & OAS at 5-years was 33% + 5% and 36% + 6% respectively No significant difference in efficacy between the two regimens **Chemotherapy in childhood high-grade Astrocytoma**

(COG ACNS0126 study (Cohen et al. Neuro Oncology 2011)

107 patients with a diagnosis of high grade gliomas were enrolled

concomitant RT with TMZ, followed by adjuvant TMZ

outcomes compared with CCG-945

The 3 year-EFS and OS rates were 11+3% and 22+5%

The 3 year –EFS and OS when compared with CCG 945 not significant

There was no evidence that RT+ TMZ and as adjuvant resulted in improved EFS compared with that found in CCG-945

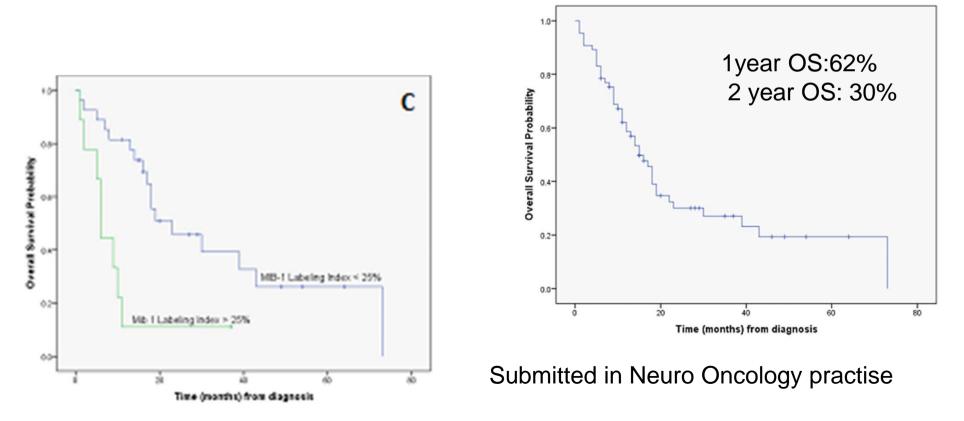
TMH Experience of Pediatric GBM

N= 66 children (2004-2013)

Treated uniformly with post of RT+TMZ

Median OS: 15months

Tumors with MIB-1 labeling index >25% (p<0.002) had poor OS

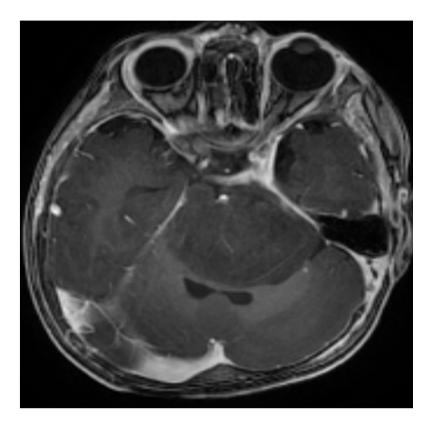


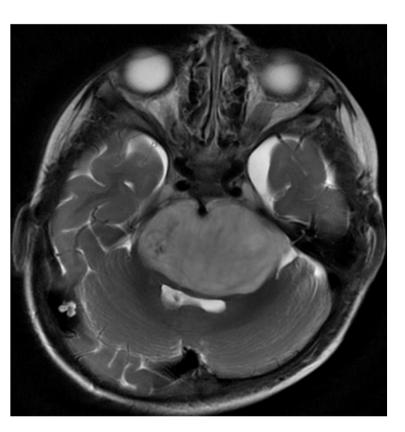
Brain stem gliomas

Heterogenous group of tumors with varying biological behavior & outcome

Most common and challenging type is Diffuse Intrinsic Pontine Glioma (DIPG)

Less common and rather indolent types are Focal & Dorsal Exophytic Tumors





Diffuse Intrinsic Pontine Glioma

Most frustrating and challenging childhood brain tumor

Most common type of brainstem glioma (>80%)

No role of biopsy (open or stereotactic)

Propensity for leptomeningeal dissemination at relapse

Definitive radiotherapy (54Gy in 30#s) is the treatment of choice

RT provides early and durable symptomatic relief

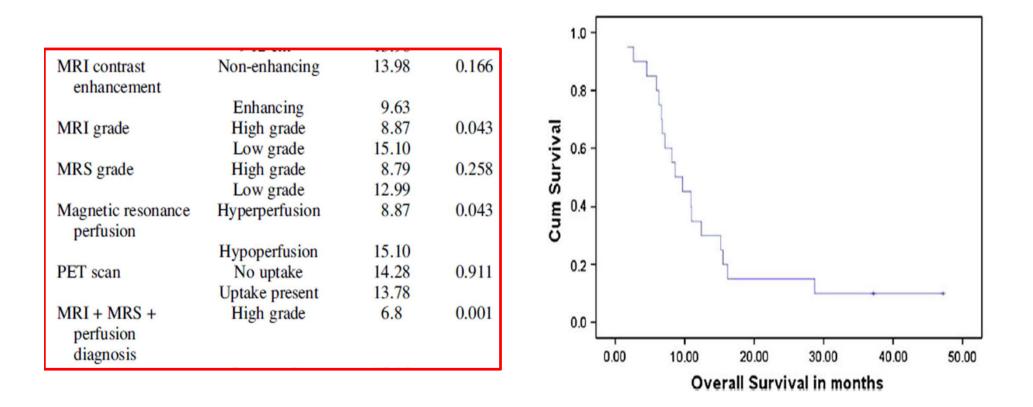
No benefit of adding chemotherapy to RT

Median survival 10-12 months; 2-year survival around 5-8%

Lack of tissue samples hinders further progress

PROSPECTIVE EVALUATION OF RADIOTHERAPY WITH CONCURRENT AND ADJUVANT TEMOZOLOMIDE IN CHILDREN WITH NEWLY DIAGNOSED DIFFUSE INTRINSIC PONTINE GLIOMA

Rakesh Jalali, M.D.,* Nirmal Raut, M.D.,* Brijesh Arora, D.M.,[†] Tejpal Gupta, M.D.,* Debnarayan Dutta, M.D.,* Anusheel Munshi, M.D.,* Rajiv Sarin, F.R.C.R.,* and Purna Kurkure, M.D.[†]

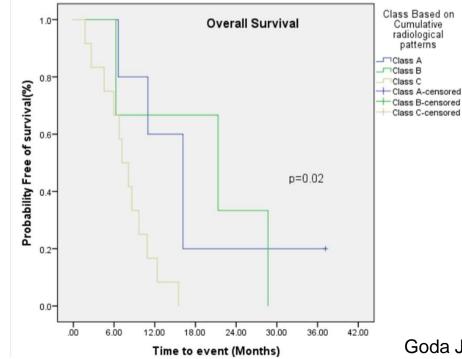


IJROBP 2010

Multiparametric MRI Predicts Outcome in Diffuse Brainstem Glioma –

A Report from a Prospective Phase-II Study

MR Parameters*	Adverse Pattern	General index	No.of	RPI Grade of	Class of	1.000	Ρ-
Contrast enhancement	yes	1	 No of adverse parameter 		tumour	1year OS	value
Pattern of contrast enhancement	Heterogeneous	1		tumour			value
MR perfusion	Hyper perfusion	1	5				
MR spectroscopy High Choline: NAA ratio; 1 High Choline : Cr ratio; Presence of lipid lactate peaks		1	0-1	Low Grade	A	60%	0.02
		2	Intermediate Grade	В	66%		
	Maximum score	4	3-4	High Grade	С	8.3%	



Goda JS, Ped Neuro Surg, 2014

Focal Brainstem Gliomas

Most commonly arise from midbrain (tectum or tegmentum)

Less commonly arise from medulla oblongata

Most are low-grade (generally pilocytic), occasionally higher grade gliomas

Treatment is controversial and not standardized

Focal tectal plate gliomas can be followed clinico-radiologically

Resection/Biospy of dorsal exophytic tumors is possible

Some focal brainstem gliomas may just need CSF diversion

Progressive lesions benefit from radiotherapy

No established role of chemotherapy as yet

SEER database analysis of over 6000 pediatric glioma patients

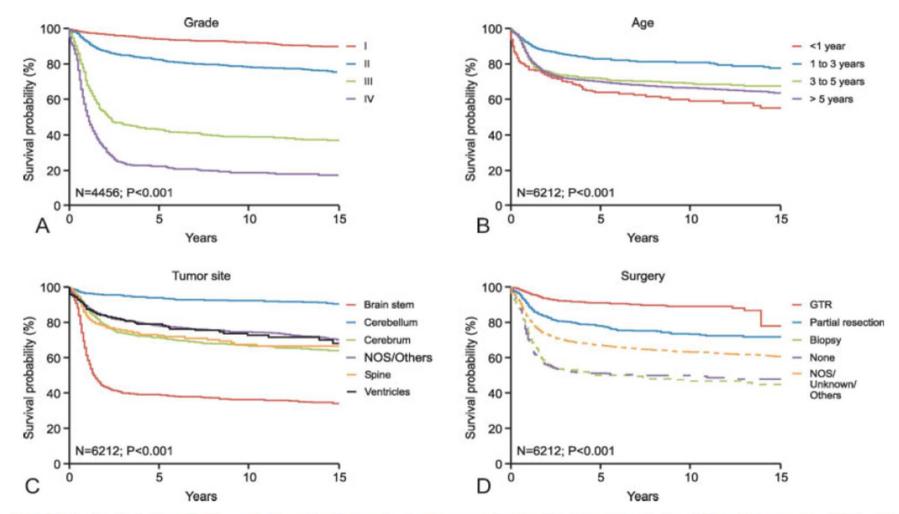


FIGURE 3. Survival of pediatric patients with gliomas is shown according to (A) tumor grade (n = 4456), (B) age (n = 6212), (C) tumor site (n = 6212), and (D) extent of surgery (n = 6212). The log-rank test was used to compare survival curves. NOS indicates not otherwise specified; GTR, gross total resection.

Quadoomi et al, Cancer 2009

Pediatric Ependymomas

3rd most common primary brain tumor of childhood

Peak age of incidence between birth to 4 years

70% arise in the IVth ventricle in posterior fossa

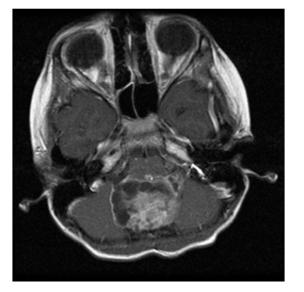
Large majority (>70%) are WHO grade II

Frequently extend outside the foramina & into upper spine

Locally invasive and difficult to resect completely

Small but definite propensity for CSF dissemination (5-7%)

Adjuvant therapy with RT; CT is not effective



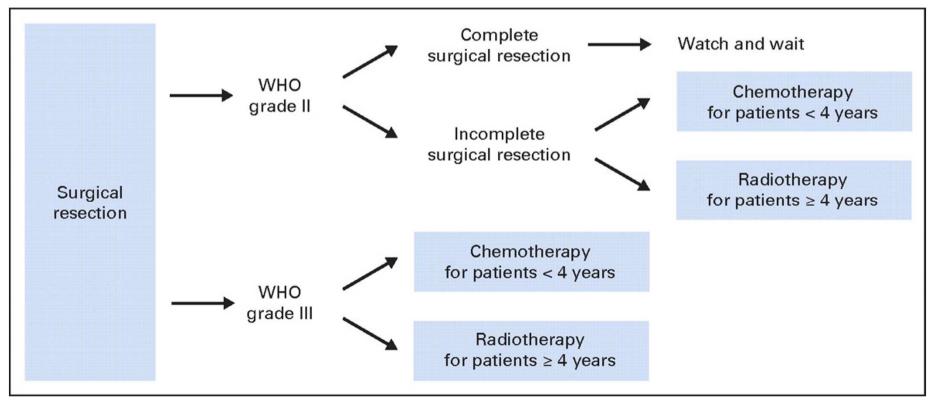
Largely considered a surgical disease

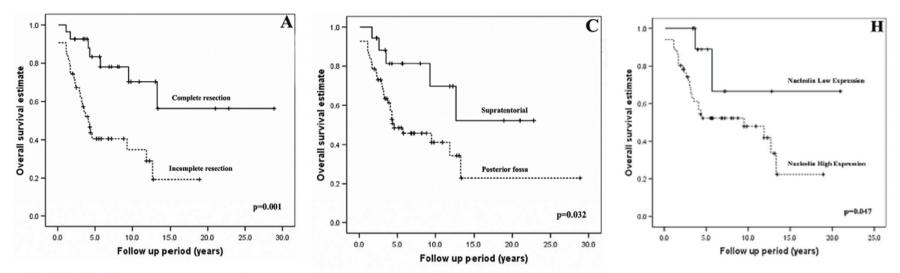
Surgeons have the highest impact on prognosis

Aggressive resection (GTR) recommended to achieve long term control

Most surgeons don't chase the tumor in the floor of the IVth ventricle

Delicate balance between morbidity and control





Prognostic factors in pediatric intracranial ependymomas (N=97)

Table 2. Cox regression multivariate analysis of clinical and biological factors

	Event-Free Survival				
Factor	HR	95% Cl	<i>p</i> -Value		
Histology (II vs. III)	1.237	0.449-3.406	0.680		
Tumor location (ST vs. PF)	0.392	0.120-1.280	0.222		
Surgical resection (complete vs. incomplete)	4.736	1.819-12.330	0.001		
Age at diagnosis (<3 vs. >3 years)	0.430	0.134-1.382	0.156		
Ki-67 LI (low vs. intermediate/high)	0.792	0.227-2.769	0.715		
Survivin LI (low vs. intermediate/high)	0.722	0.189-2.753	0.633		
Nucleolin LI (low vs. high)	6.252	1.614-24.210	0.008		
Radiation ^a (yes vs. no)	0.511	0.206-1.267	0.148		

Ridley et al, Neuro-Oncol 2008

Conformal radiotherapy after surgery for paediatric ependymoma: a prospective study

	Patients (N=153)
Age at CRT (years)	
Mean (SD)	4.9 (4.4)
Median (range)	2.9 (0.9–22.9)
Age at diagnosis (years)	
Mean (SD)	2.9 (4.4)
Median (range)	2-4 (0-0-22-7)
Elapsed days of CRT	
Mean (SD)	44 (2.5)
Median (range)	44 (37-56)
Age (years), n (%)	
<3	78 (51-0)
≥3	75 (49-0)
Tumour grade, n (%)	
Differentiated	68 (44-4)
Anaplastic	85 (55-6)
Tumour location, n (%)	
Infratentorial	122 (79-7)
Supratentorial	31 (20-3)

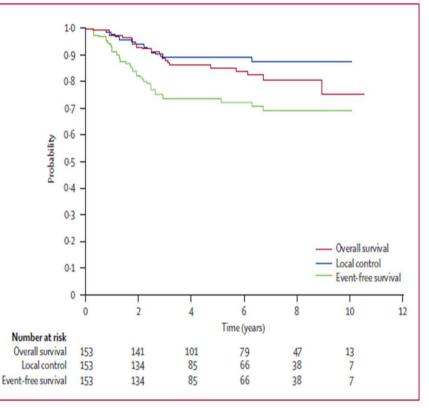


Figure 2: Event-free survival, overall survival, and local control for 153 patients with localised ependymoma treated with conformal radiotherapy

Interpretation Treatment of ependymoma should include surgery with the aim of gross-total resection and conformal, high-dose, postoperative irradiation. Future trials might consider treatment stratification based on sex and age.

Merchant et al, Lancet Oncol, 2009

	Time period	Patients, n	5-year EFS	10-year EFS	5-year OS	10-year OS
Merchant (present)	1997-2007	153	74%	69%	85%	75%
Akyuz ¹⁸	1972-91	62		36%		50%
Perilongo ¹⁹	1977-93	92		35%		56%
Shu ²⁰	1980-2000	49	41%	31%	66%	56%
Oya ⁿ	1961-99	48	42%	42%	62%	47%
Pollack ²²	1975-93	40	46%	36%	57%	45%
Jaing ²³	1985-2002	43	46%		54%	
Van Veelan-Vincent ²⁴	1980-99	83	48%	46%	73%	51%
Robertson ⁷⁵	1986-92	32	50%		64%	
Mansur ³⁶	1964-2000	60	58%	46%	71%	55%

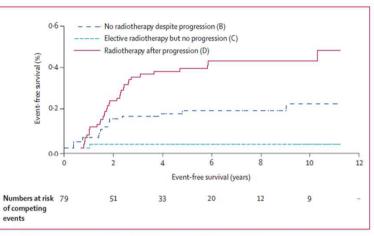
EFS=event-free survival. OS=overall survival.

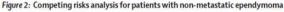
Table 3: Event-free survival and overall survival estimates from selected radiotherapy series reporting 5-year and 10-year outcomes

Post-operative radiotherapy improves outcomes in ependymoma

Primary postoperative chemotherapy without radiotherapy for intracranial ependymoma in children: the UKCCSG/SIOP prospective study

overall survival from e of relapse (95% CI)		Number of relapses (n=59)	
			Relapse site
41)	26 (13-41)	47	Local relapse site
y to tell	Too early t	6	Local and metastatic relapse
y to tell	Too early t	4	Metastatic relapse only
	0	1	Unknown
	0	1	Perioperative death
			WHO grade
48)	30 (13-48)	37	WHO primary tumour grade II
7)	25 (8-47)	22	WHO primary tumour grade III
			Surgery
4)	24 (8-44)	28	No surgery after relapse
51)	31 (13-51)	30	Surgery after relapse
	0	1	Perioperative death
			Radiotherapy
y to tell	Too early t	18	No radiotherapy after relapse
3)	20 (5-43)	17	Radiotherapy without surgery
55)	32 (11-55)	23	Radiotherapy with surgery
	0	1	Perioperative death
			Table 4: Outcome in patients with a





•This protocol avoided or delayed radiotherapy in a substantial proportion of children younger than 3 years without compromising survival.

•Primary chemotherapy strategies have an important role in the treatment of very young children with intracranial ependymoma

Grundy et al, Lancet Oncol, 2007

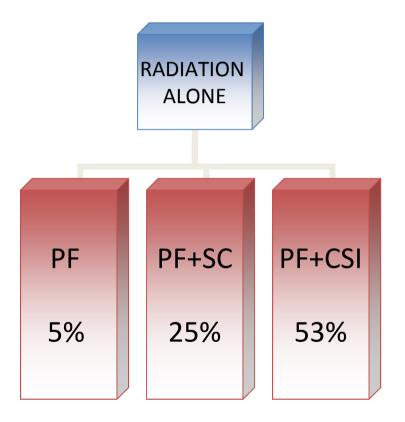
Medulloblastoma: enigmatic small blue round cell tumor



"In the course of our growing acquaintance with these baffling tumours, we suspected from their peculiar cytology that they might be susceptible to radiation and the first of the cases so treated both by the X-rays and radium was in December, 1919. Here at least was a new therapeutic recourse and we began with renewed encouragement to attack them with renewed vigour"

Rationale of radiotherapy in medulloblastoma

- Generally a radiosensitive & chemosensitive tumour
 Historical controls: No long-term
- survivors without RT
- High recurrence rates with focal posterior fossa (PF) RT
- High recurrence rates for reduced dose craniospinal irradiation (CSI) without chemotherapy (CT)



Current clinical risk-stratification for medulloblastoma

	Average-risk	High-risk
Age	≥3 yrs	<3 yrs
Residual Tumor	≤1.5 x 1.5 cm²	>1.5 cm ²
Metastases	No metastases	Metastases
	(M0)	(M1 – M4)
Pathology	Desmoplastic	Anaplastic
Brain Stem invasion	None	Present
Mitotic index	Low	High
Trk-C protein mRNA	High	Low
C-myc & ERBB2	Low	Amplified
Tumor DNA Content	Diploid	Aneuploid
Apoptotic Index	High	Low

Long-term survival with full-dose radiotherapy

Series (date) details	Reference	Study (5 yr)	n (10 yr)	RT follow-up	Chemotherapy	Entire group	Median	Dates
Evans et al. (1990)	6	1975-1981	88 91	*	Adjuvant $(n = 88)$ Adjuvant $(n = 0)$	65%		5 yr
Hershatter et al. (1986)	7	1940-1983	127	+	Adjuvant $(4/127)$	33%	21%	26 yr
Jenkin et al. (1990)	8	1977-1987	72 (v)	\$	Adjuvant (3%)	71%	63%	20 yr
Stiller and Lennox (1983)	14	1971-1977	304	\$	Adjuvant (94/304)	35%	30%	9 yr
Tait et al. (1990)	15	1975-1979	141 145	*	Adjuvant $(n = 141)$ Adjuvant $(n = 0)$		45%	12 yr
Tarbell et al (1991)	16	1970-1989	89	*#	Pre-RT $(n = 39)$	65%	48%	9 yr
Merchant et al. (1995)		1979-1994	100		Adjuvant (49%)	50%	25%	8 yr

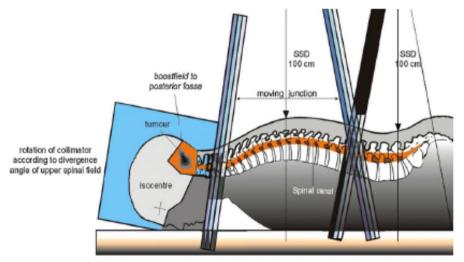
Table 4. Results from large, contemporary series or series with 10-year survival data employing full-dose radiation therapy

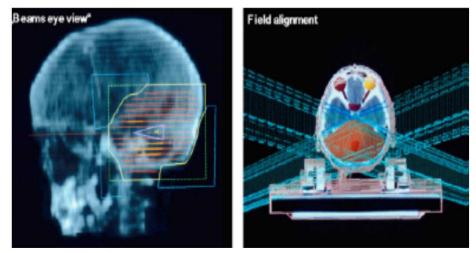
Full-dose radiation therapy is defined as 30-35 Gy to the craniospinal axis and 50-56 Gy to the posterior fossa.

Merchant et al, IJROBP 1996

Long-term sequelae of RT in medulloblastoma

- Neurocognitive & neurophysiological dysfunction
- Endocrine abnormalities & hormonal imbalance
- Growth retardation spinal component
- Ototoxicity- particularly with platinum based adj CT
- Cerebrovascular accidents
- Gonadal toxicity & reduced feritility
- Second malignant neoplasms





SSD : source to skin distance

Radiotherapy Toxicity: Dose-Volume Related

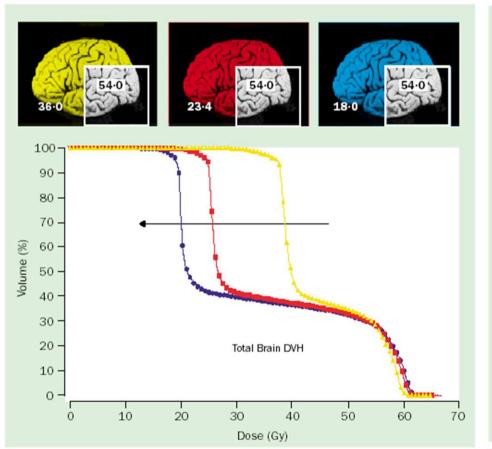


Figure 3. Benefits of dose decreases in planning of craniospinal radiotherapy shown with total-brain dose-volume histograms (DVH), comparison of 36.0 Gy (yellow), 23.4 Gy (red), and 18 Gy (blue).

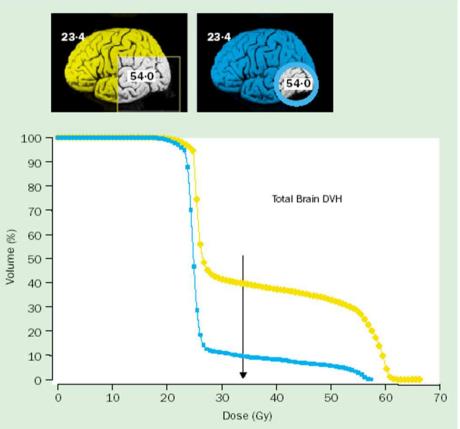


Figure 4. Benefits of dose decreases in planning of radiotherapy to posterior fossa shown with totalbrain dose-volume histograms (DVH), comparison of conventional boost (blue) to posterior fossa with conformal boost (yellow) to the primary site after 23-4 Gy craniospinal irradiation.

Mulhern et al: Lancet Oncol 2004

Doses & volumes as per risk-stratification

CSI for average-risk disease

Standard dose CSI: 35-36 Gy/21-20#/4 weeks @ 1.67-1.8 Gy/# Reduced dose CSI: 23.4 Gy/13#/2.5 weeks @1.8 Gy/# (+ adj CT)

Boost for average-risk disease

If Standard dose CSI : PF or TB boost: 19.8 Gy/11#/2 weeks If reduced dose CSI: Tumour bed boost: 32.4 Gy/18#/3.5 weeks

CSI for high-risk disease

Standard dose CSI: 35-36 Gy/21-20#/4 weeks @ 1.67-1.8 Gy/# Higher dose spinal RT: 39.6 Gy/22#/4.5 weeks @1.8 Gy/#

Boost for high-risk disease

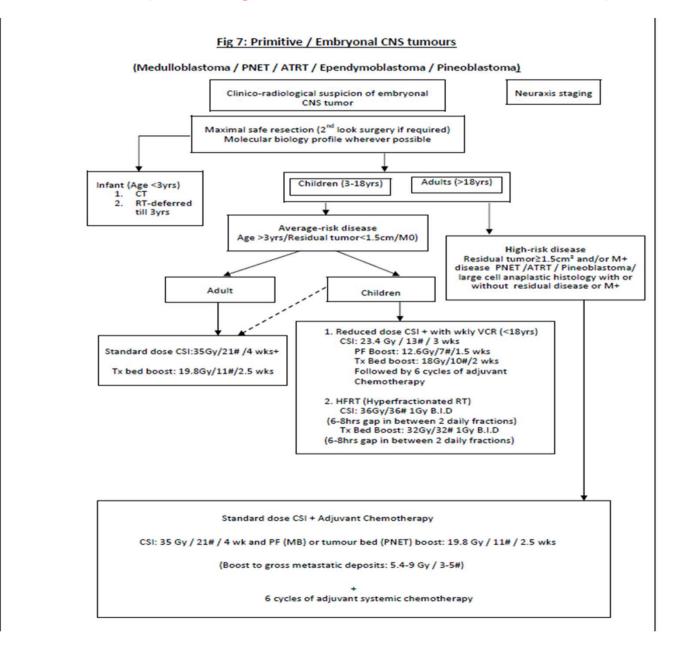
Whole posterior fossa boost: 19.8 Gy/11#/2 weeks

Boost for gross focal spinal deposit: 5.4-9 Gy/3-5#/1 week

Total tumor bed dose: 54-56 Gy/30-33#/ 6.5 weeks (conventional #)

TMH Protocol for Medulloblastomas /PNET

https://tmc.gov.in/SBF/Nouro/flowcharts_final.pdf



Methods to improve outcomes in medulloblastoma

Reduce toxicity of radiotherapy

1. Reduce the dose & volume of RT:

a) Reduction in CSI dose

CSI dose to 23.4 Gy (with chemotherapy)

CSI dose 18 Gy: Investigational (ongoing randomized trial)

b) Reduction in primary site dose

Total tumor dose <54 Gy: Increased incidence of local failures

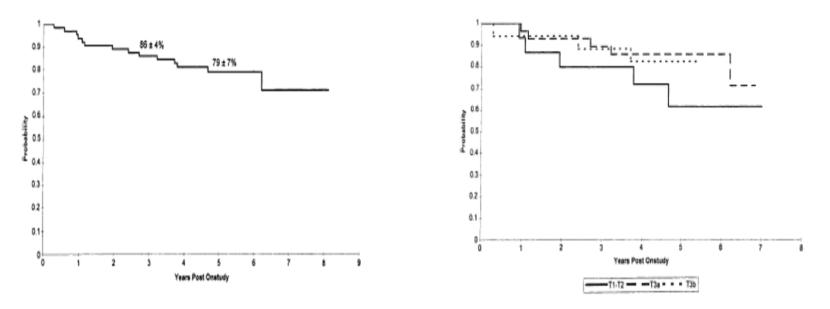
c) Reduction in volume

Boost tumor bed with margins (1-1.5 cm): Acceptable

d) Radiation avoidance strategies

Avoiding RT in <3 (sometimes 5) year old children

Reduced dose CSI plus adjuvant chemotherapy



N=65 patients

Conc wkly VCR followed by 8 cycles of CCNU, CDDP and VCR

PFS- 86 \pm 4% at 3 years , 79 \pm 7% at 5 years.

Results better than earlier study using reduced dose CSI alone

Positive impact of adjuvant chemotherapy on EFS

Packer et al, JCO 1999

Phase III Study of Craniospinal Radiation Therapy Followed by Adjuvant Chemotherapy for Newly Diagnosed Average-Risk Medulloblastoma

	Grade Regime		Grade 4 Regimen A/B		
Toxicity	%	P	%	P	
Hernatologic	97/98		82/90	< .01	
Hepatic	12/11		1.7/2.2		
Renal	9.0/5.0		1.1/0.0		
Pulmonary	3.4/2.2		1.6/1.6		
Nervous system	51/46		5.4/3.8		
Hearing	28/23		5.8/6.7		
Electrolytes	6.2/12	< .10	1.7/3.9		
Infection	18/30	< .01	1.6/6.9	< .05	
Performance	21/14	<.10	4.9/4.8		

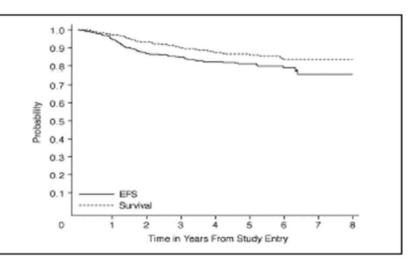


Fig 1. Event-free survival (EFS) and survival from study entry.

Results

Forty-two of 421 patients enrolled were excluded from analysis. Sixty-six of the remaining 379 patients had incompletely assessable postoperative studies. Five-year EFS and survival for the cohort of 379 patients was $81\% \pm 2.1\%$ and $86\% \pm 9\%$, respectively (median follow-up over 5 years). EFS was unaffected by sex, race, age, treatment regimen, brainstem involvement, or excessive anaplasia. EFS was detrimentally affected by neuroradiographic unassessability. Patients with areas of frank dissemination had a 5-year EFS of $36\% \pm 15\%$. Sixty-seven percent of progressions had some component of dissemination. There were seven second malignancies. Infections occurred more frequently on the cyclophosphamide arm and electrolyte abnormalities were more common on the CCNU regimen.

Conclusion

This study discloses an encouraging EFS rate for children with nondisseminated MB treated with reduced-dose craniospinal radiation and chemotherapy. Additional, careful, step-wise reductions in CSRT in adequately staged patients may be possible.

Packer et al, JCO 2006

Patterns of failure following treatment for Medulloblastoma

Do we need to treat entire posterior fossa

- N = 114 Patients, 27 Recurrence (Median Age 8.6 Yrs, Median time to recurrence 19.5 Mths.)
- Failure was defined as MRI or CT evidence of recurrence or positive cerebrospinal fluid cytology.
 - Local Relapse = within the original tumor bed
 - Regional = Outside of the tumor bed but still within the PF.

Table 3. P		
	Only site of failure	Any compone of failure
Tumor bed	2 (7%)	14 (52%)
PF outside TB	1 (3%)	11 (41%)
Spine	5 (19%)	19 (70%)
Supratentorial	2 (7%)	7 (26%)
Extraneural	2 (7%)	3 (11%)
Table 4. Si	ites of failure	
	ites of failure Only site	Any component
Table 4. Si Site of failure	ites of failure	
Site of failure	ites of failure Only site	Any component
	ites of failure Only site of failure	Any component of failure
Site of failure B + PF outside TB	of failure Only site of failure	Any component of failure 8
Site of failure B + PF outside TB B + spine	Only site of failure 0 2 1	Any component of failure 8 11 9 2
Site of failure ^T B + PF outside TB ^T B + spine PF outside TB + spine	Only site of failure 0 2 1	Any component of failure 8 11 9

Table 3. Patterns of failure

Fukunaga et al, IJROBP 1998

Patterns of failure following treatment for medulloblastoma

Do we need to treat entire posterior fossa

Patterns of Failure Using a Conformal Radiation Therapy Tumor Bed Boost for Medulloblastoma (Wolden et al JCO 2003)

Median follow-up of 56 months.

32 consecutive patients.

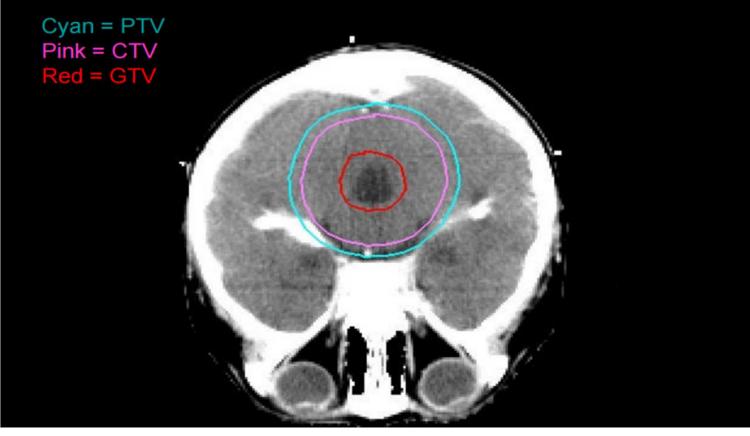
6 patients have relapsed

- 5 outside PF
- only 1 in the PF

Freedom from posterior fossa failure was 100% and 86% at 5 and 10 years Five-year actuarial disease-free and overall survival rates were 84% and 85%

COG_ACNS_0331 study

Limited Target Volume Boost



Jeff Michalski

Methods to improves outcomes in medulloblastoma Reduce toxicity and/or improve efficacy

1. Maintain good quality of radiotherapy

a) Minimize deviations & comply to protocol specifications

2. Modify the fractionation schedule

a) Hyperfractionated Radiotherapy (HFRT)

b) Hyperfractionated-Accelerated RT (HART)

- 3. Add concurrent chemotherapy to RT
- 4. Integrate newer/novel technology

a) IMRT/IGRT: Helical TomoTherapy

b) Proton beam therapy

Does minimizing RT deviations help?

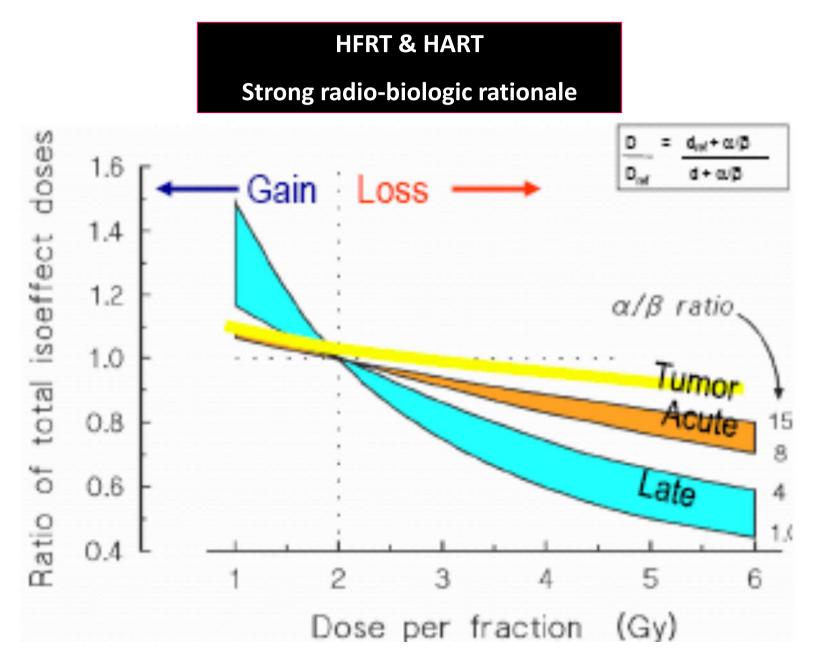
Author/study	Patients	"Low quality"	"High quality"	Survival	Significance
Packer et al. (1991)	108	RT 1975-1982 n=67	RT 1983-89 n = 41	49% vs. 82% 5-year PFS	Significant p=0.004
Graben bauer et al. (1996)	40	RT before 1980	RT after 1980	5-year overall survival 64% vs. 80%	Significant p=0.02
Miralbell et al. (1997)	77	36 inadequate "helmet-technique"	41 adequate « "helmet-technique"	5-year PFS 94% vs. 72%	Significant p=0.016
Carrie et al. (1999)	169	Min. viol.: 67 (40%) Maj. viol.: 53 (31%), Of these: 36 one maj. viol. 11 two maj. viol. 6 three maj. Viol.	49 (29%)	3-year relapse rate 33%: all patients 23%: corr. treatment 17%: one maj. viol. 67%: two maj. viol. 78%: three maj. viol.	Significant p=0.04
Packer et al. (1999)	63	Violations: 20	No viol.: 43	5-year PFS 81% vs. 70%	Not significant p=0.42

Impact of quality of radiotherapy on outcome in childhood medulloblastoma.

GOOD QUALITY RADIOTHERAPY

CRUCIAL CRITICAL CENTRAL

Is there a role for modified fractionation?



HFRT in Medullblastoma: Tata Memorial Experience

Dr T Gupta (Principal Investigator)

Clinical, demographic & treatment characteristics

•Study accrual period: 2006 – 2010

•Patients completed treatment: All 20 patients

•Median age: 8 years (range 5-14 years)

•Risk-stratification: Average-risk disease (all patients)

•CSI dose: 36 Gy/36 fx, 1 Gy BID, 6 hrs apart over 3.5 wks

•Tumor bed boost: 32 Gy/32 fx, 1 Gy BID, 6 hrs apart over 3 wks

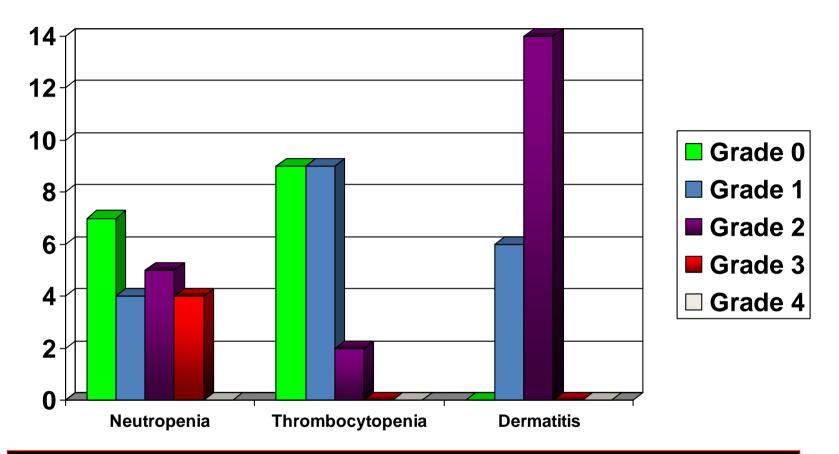
•Total tumor bed dose: 68 Gy /68 fx, 1 Gy BID, 6 hrs apart over 6.5 wks

Adjuvant chemotherapy: Not initially (offered only at progression)

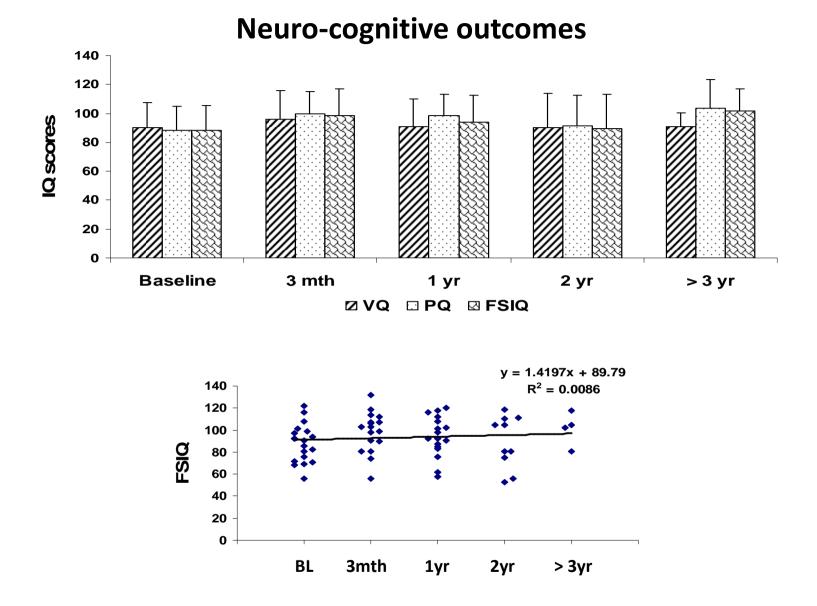
•Median follow-up: 27 months (range 13-54 months)

Gupta T,IJROBP 2012

Acute toxicity of HFRT: Mild & self-limiting



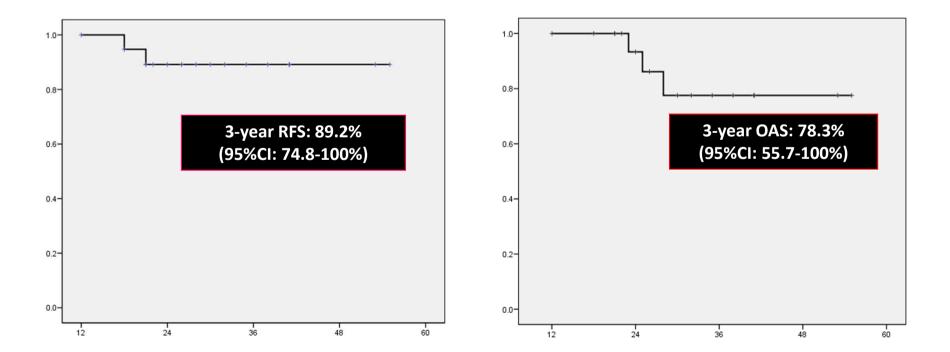
Hematologic toxicity very very acceptable (mild & self-limiting) No episodes of febrile neutropenia, only 1 patient given G-CSF x 3 days No patients required blood or blood-product transfusion No interruptions of treatment due to toxicity



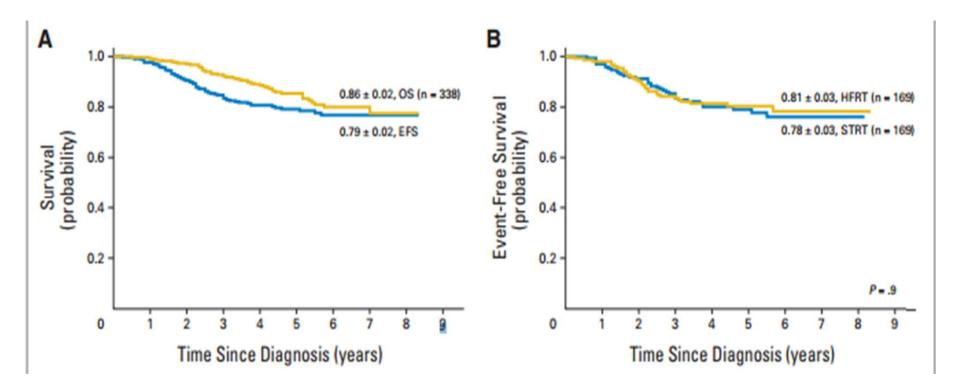
8 (40%) children had subnormal intelligence even before RT (FSIQ<85) Cognitive function preserved on all tested domains over time

Patterns of relapse and survival outcomes

Two patients relapsed at 18 and 21 months respectively from initial diagnosis One had leptomeningeal disease and local failure within tumor bed Second had supratentorial frontal relapse (away from cribriform plate) One child received salvage chemotherapy; the other refused salvage Both children succumbed to disease at 21 and 27 months respectively One child died on accidental burn injuries (unrelated cause)



Is Hyperfractionated RT better than Standard fractionation in Avg risk Medulloblastoma..... SIOP PNET 4 Randomised trial



322 Children with avg risk medulloblastoma across 122 european centres.
Standard fraction:23.4 Gy to the CS axis and 54 Gy to whole posterior fossa
HFRT: 36Gy CS and 60 Gy to Posterior fossa in 68Fractions,1Gy/# twice daily
Chemotherapy regimen consisting of eight cycles of cisplatin, lomustine, and vincristine.

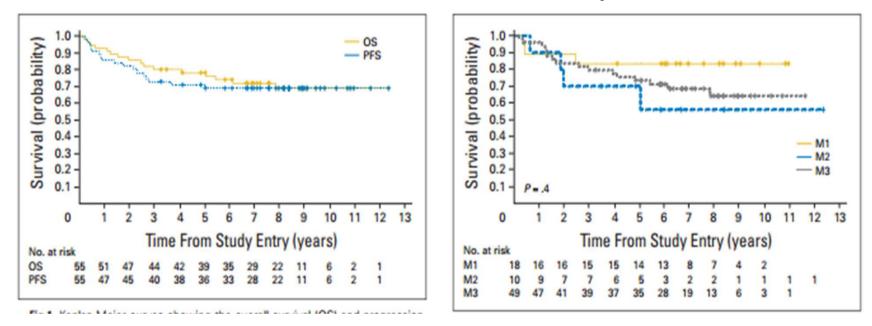
Lannering, JCO 2012

Grading System	Hearing Thresholds	STRT (n = 78; %)	HFRT (n = 68; %)
HIT*			
Grade 0 to 1	≤ 15 dB at 2 kHz	62	65
Grade 2	16-30 dB at 2 kHz	23	18
Grade 3 to 4	≥ 31 dB at 2 kHz	15	17
Brockt			
Grade 0 to 1	< 40 dB on all frequencies or ≥ 40 dB at 8 kHz	78	75
Grade 2	≥ 40 dB at 4 kHz	18	21
Grade 3 to 4	≥ 40 dB at 2-1 kHz	4	4
Mean time from diagnosis, months		45	44
Median time from diagnosis, months		45	44

Conclusion of the study:

Excellent survival rates were achieved in patients with Avg risk Medulloblastoma wiithout RT treatment delays. EFS and OS for HFRT was not superior to STRT, which therefore remains standard of care in this disease.

High Risk Medulloblastoma: Using carboplatin as a radiosensitizer COG Phase studyI-II.



161 children with M + medulloblastoma
 carboplatin 35mg/m2 given with CSI

Conclusion: Carboplatin as a radiosensitizer in M+ Medulloblastoma is a promising strategy

Regina Jackaki, JCO 2012

Our own encouraging experiencing of adding concurrent carboplatin

● OT-17. A PROSPECTIVE STUDY OF CONCURRENT CARBOPLATIN AND RADIATION THERAPY (CTRT) FOLLOWED BY ADJUVANT CHEMOTHERAPY IN PATIENTS WITH HIGH-RISK MEDULLOBLASTOMA

Tushar Vora, Purna Kurkure, Brijesh Arora, Tejpal Gupta, Vandana Dhamankar, Shripad Banavali, Aliasgar Moiyadi, Shridhar Epari, Nikhil Merchant and Rakesh Jalali

+ Author Affiliations

Abstract

AIM: To assess the role of concurrent carboplatin and radiation therapy (CTRT) followed by adjuvant chemotherapy (AC) in patients with high-risk medulloblastoma (HRM) for improving event-free survival (EFS). METHODOLOGY: Newly-diagnosed 3- to 21-year-old HRM patients have been prospectively accrued since July 2004. Within 6 weeks of surgery, all patients underwent CTRT, including craniospinal radiation (CSI; 35 Gy/21#) with tumor bed boost (19.8 Gy/11#) with 35-mg/m²/day carboplatin 5 days a week for 15 doses (during 3 weeks of CSI), followed by 6 cycles of 4-weekly adjuvant chemotherapy (using vincristine, cisplatinum, and cyclophosphamide) beginning 4 weeks post-CTRT.

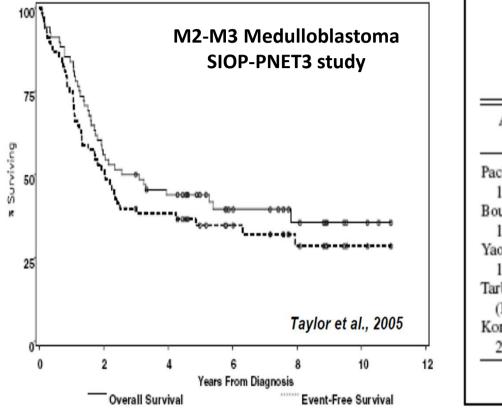
RESULTS: 26 patients have been accrued. Median age was 8.5 years (range, 4–17 yrs). M:F ratio was 3.1:1. M stage: 62% were M0, 3.8% each were M1 and M2, and 30.8% were M3. At the end of CTRT, 23 (88.5%) are in complete response (CR), 2 (7.7%) are in partial response (PR), 1 (3.8%) has radiologic stable disease, and none of the patients has had progression on CTRT. 26 patients were started on AC, 19 of whom have completed treatment. Two patients are still on AC, 2 (7.7%) had progressive disease, 2 (7.7%) died from toxicity, and in 1 (3.8%), treatment was discontinued because of toxicity. At a median follow-up duration of 30

months (range, 2–51 months), 17/26 are in CR (EFS – 65%) and 5/26 (19.2%) patients have relapsed/progressive disease. During treatment, grade III-IV anemia was observed in 17%, neutropenia in 54%, and thrombocytopenia in 26%. 92% of patients had anorexia, 100% had nausea/vomiting, 71% developed mucositis, 70% had grade II-III radiation dermatitis, and 94% had alopecia. 21% of patients had febrile neutropenia and 57% required G-CSF support. During adjuvant chemotherapy, hematologic toxicity (grade III-IV) was observed in 85%

Presented at SNO 2010

Metastatic medulloblastoma?

SIOP PNET 3 STUDY



Metastatic Medulloblastoma Full dose craniospinal RT and chemotherapy					
Authors & Year (study group)	Dates of Enrollment	M Stage (no. of patients)	PFS Rate (%)†	PFS (yrs)	
Packer, et al., 1994	1983–1991	M+ (15)	67 ± 15	5	
Bouffet, et al., 1994 (French M7)	1985–1988	M+ (23)	43	7	
Yao, et al., 1997 (CCG 921)	1986-1992	M+ (90)	43 ± 7	5	
Tarbell (POG 9031)	1990-1996	M+ (102)	61 ± 6	5	
Kortmann, et al., 2000 (HIT 91)	1991-1997	M2/3 (46)	41 ± 7	5	

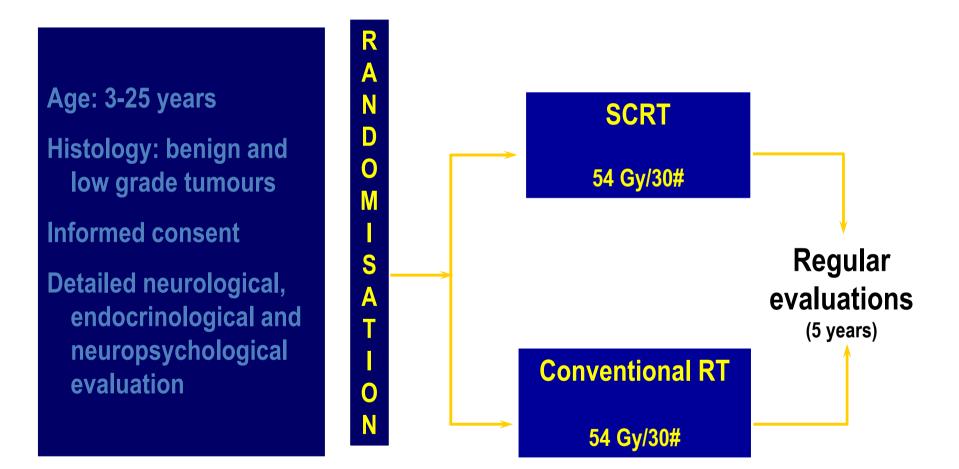
1 in 2 children likely to survive for 5 years even with metastatic disease

Medulloblastoma: in summary

- Common & radiosensitive childhood brain tumor
- Radiotherapy: An integral component of multi-modality management
- Significant long-term sequelae in survivors (dose & volume related)
- Favorable impact of reduction in radiotherapy dose & volume
- Quality of radiotherapy significantly impacts upon outcome
- Modifying fractionation provides a therapeutic window of gain
- Adding chemotherapy improves outcomes
- Combining these approaches may yield the most optimal therapy

SCRT trial: Schema & Design

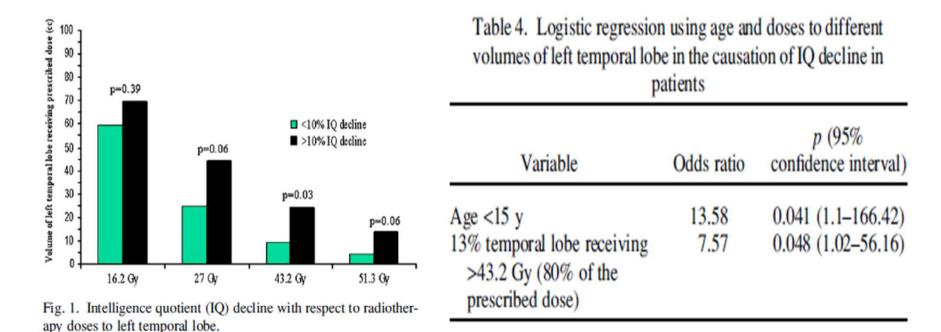
Dr R Jalali (Principal Investigator)



Stratification: NPS 0&1 Vs 2&3; Pre Vs Post pubertal; Hydrocephalus no/minimal Vs mod/severe

FACTORS INFLUENCING NEUROCOGNITIVE OUTCOMES IN YOUNG PATIENTS WITH BENIGN AND LOW-GRADE BRAIN TUMORS TREATED WITH STEREOTACTIC CONFORMAL RADIOTHERAPY

Rakesh Jalali, M.D.,* Indranil Mallick, M.D.,* Debnarayan Dutta, M.D.,* Savita Goswami, M.Sc.,[†] Tejpal Gupta, M.D.,* Anusheel Munshi, M.D.,* Deepak Deshpande, Ph.D.,[‡] and Rajiv Sarin, F.R.C.R.*

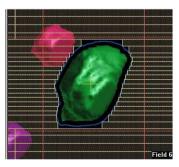


Conclusion: Our prospectively collected dosimetric data show younger age and radiotherapy doses to left temporal lobe to be predictors of neurocognitive decline, and may well be used as possible dose constraints for high-precision radiotherapy planning. © 2010 Elsevier Inc.

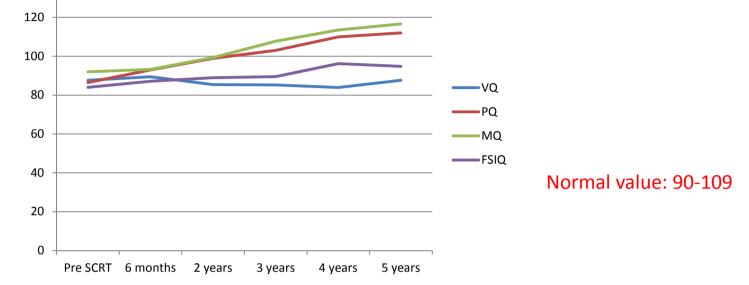
IJROBP, 2010

TMH Experience With Hippocamapal Dose And Effect On Neurocognition

- Hippcampus contouring done retrospectively in 50 patients accrued in the prospective TMH Stereotactic Conformal radiotherapy(SCRT) trial.
- Low grade gliomas and benign tumours in pediatric and young adults
- Carefully laid out RT protocol with image fusion of CT images with MRI images.
- RT dose of 54Gy/30Fractions given with very conservative margins(
 CTV to PTV = 2mm).
- Detailed Neurocognitive assessment done.
- No attempt had been made to give any dose constraints to the hippocampi during SCRT treatment.
- Correlation of various Hippocampal dosimetric parameters on neurocognition



IQ parameters over 5 year follow-up were maintained or showed marginal improvement



			Mean IQ lev	vel after SCRT		
IQ Parameters	Baseline	6 months	2 year	3 year	4 year	5 year
Verbal IQ	87.59	89.43	85.39	85.22	83.94	87.62
Performance IQ	86.53	93.00	98.89	102.50	109.50	112.28
Memory IQ	92.00	93.16	99.29	107.75	113.56	116.61
Global/Full-scale IQ	83.96	87.1	88.98	89.49	96.19	94.81

Left Hippocampus dose & percentage change in IQ at 5 years

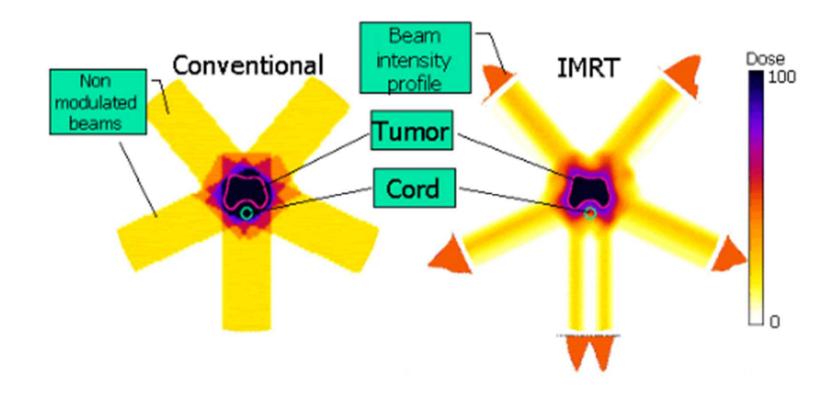
Logistic regression analysis, model fit

		5 year evaluation		
		Mean dose (Gy)	p-value*	
FSIQ	>10%drop	31.0	0.040*	
	<10% drop	26.5		
VQ	>10%drop	32.0	1.00	
	<10% drop	25.6		
PQ	>10%drop	32.0	0.037*	
	<10% drop	26.0		

Mean doses ≤30 Gy as a possible dose constraint cut off for IQ decline

IMRT: Really exciting technology

An advanced form of high-precision radiotherapy wherein the beam intensity is modulated to produce highly conformal dose distributions around target volumes with maximal avoidance of surrounding normal structures



High-precision radiotherapy for craniospinal irradiation: evaluation of three-dimensional conformal radiotherapy, intensitymodulated radiation therapy and helical TomoTherapy

¹D S SHARMA, MSc, DipRP, ²T GUPTA, MD, ³R JALALI, MD, ²Z MASTER, MS, ²R D PHURAILATPAM, MSc, DipRP and ²R SARIN, MD, FRCR

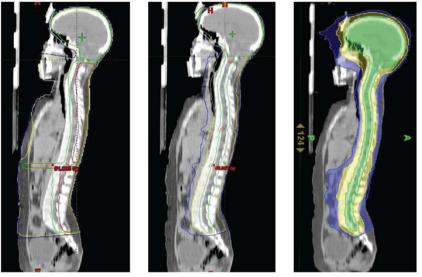


Table 2. Maximum (D_{max}) and mean (D_{mean}) doses to various organs at risk when prescribing 35 Gy to the whole craniospinal axis in the three different treatment techniques. All values are the mean of four patients

	D _{max} in Gy (SD) D _{mean} in Gy (SD)					
Organs at risk	3DCRT	IMRT_LA	IMRT_Tomo	3DCRT	IMRT_LA	IMRT_Tomo
Left eye	36.3 (0.5)	36.3 (0.5)	18.9 (2.5)	21.3 (4.9)	21.3 (4.9)	8.1 (0.7)
Right eye	36.3 (1.7)	36.3 (1.7)	19.1 (1.3)	19.4 (6.7)	19.4 (6.7)	8.2 (0.6)
Heart	33.1 (1.8)	17.1 (4.2)	11.9 (1.8)	17.8 (2.1)	7.5 (1.0)	5.0 (1.0)
Right lung	35.7 (2.5)	24.5 (3.4)	27.5 (2.5)	4.8 (2.2)	5.2 (1.4)	6.7 (7.3)
Left lung	32.2 (3.2)	26.7 (1.6)	27.0 (3.2)	5.3 (2.4)	5.7 (0.9)	6.7 (3.8)
Thyroid	32.9 (1.9)	17.4 (6.3)	12.0 (1.9)	30.5 (2.5)	12.2 (4.8)	8.3 (2.9)
Right kidney	28.1 (5.9)	17.7 (2.4)	12.2 (5.9)	3.1 (1.7)	5.3 (1.7)	4.5 (0.6)
Left kidney	29.2 (10.8)	19.2 (2.9)	13.7 (10.8)	3.2 (1.5)	5.7 (1.1)	4.5 (0.5)
Liver	31.0 (1.4)	17.9 (2.2)	14.8 (1.4)	7.2 (1.4)	5.3 (0.6)	3.9 (0.6)
Oesophagus	33.1 (2.2)	27.9 (1.5)	17.1 (2.2)	32.7 (2.3)	18.7 (1.8)	9.1 (0.3)

Table 1. Dose-volume indices for the three different treatment techniques. All values represent the mean of four patients

	PTV_Brain			PTV_Spine		
Parameters	3 DCRT	IMRT_LA	IMRT_Tomo	3DCRT	IMRT_LA	IMRT_Tomo
D _{max} (SD)	37.4 (0.2)	38.6 (1.3)	38.5 (0.5)	42.3 (1.5)	39.2 (1.2)	36.9 (0.3)
D _{min} (SD)	18.5 (6.5)	22.6 (2.0)	18.5 (5.3)	31.8 (1.7)	30.0 (3.4)	31.1 (2.3)
D _{mean} (SD)	35.5 (0.1)	35.5 (0.1)	35.9 (0.2)	37.0 (0.8)	36.3 (0.8)	35.9 (0.2)
V95% (SD)	98.2 (0.6)	98.3 (0.7)	99.3 (0.4)	99.5 (0.2)	98.8 (1.1)	99.9 (0.2)
V107% (SD)	0.0 (0.0)	0.1 (0.1)	0.3 (0.1)	34.6 (16.4)	3.0 (1.4)	0.2 (0.5)
DHI (SD)	0.9 (0.0)	0.9 (0.0)	1.0 (0.0)	0.8 (0.0)	0.9 (0.0)	1.0 (0.0)
V _{pi} (SD)	1713 (79)	1715 (89)	1664 (200)	630 (231)	171 (52)	233 (74)
CI (SD)	0.9 (0.1)	0.9 (0.1)	0.9 (0.0)	0.2 (0.0)	0.8 (0.1)	0.6 (0.1)

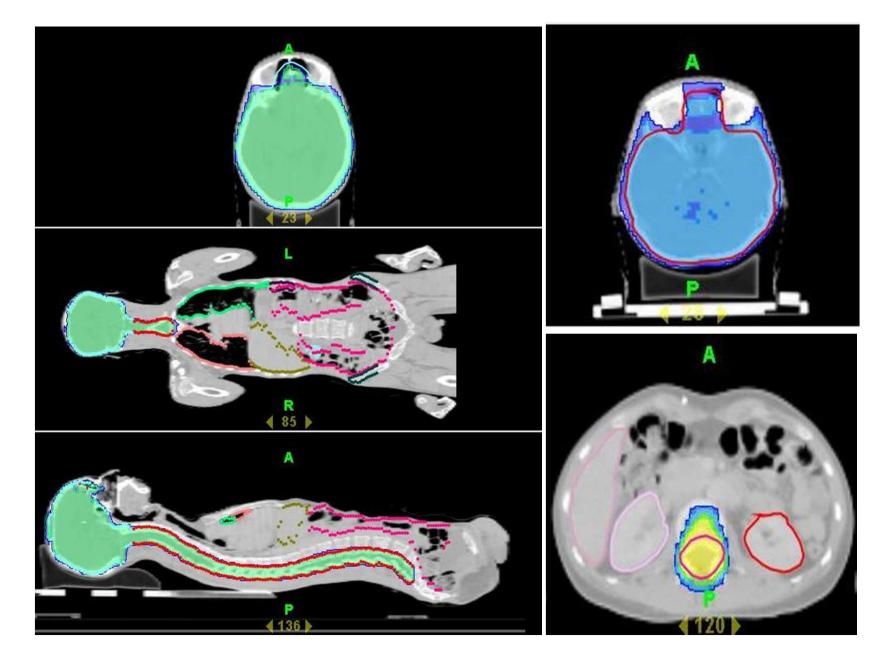
Br J Radiol 2009

Challenges in immobilization and CT-simulation

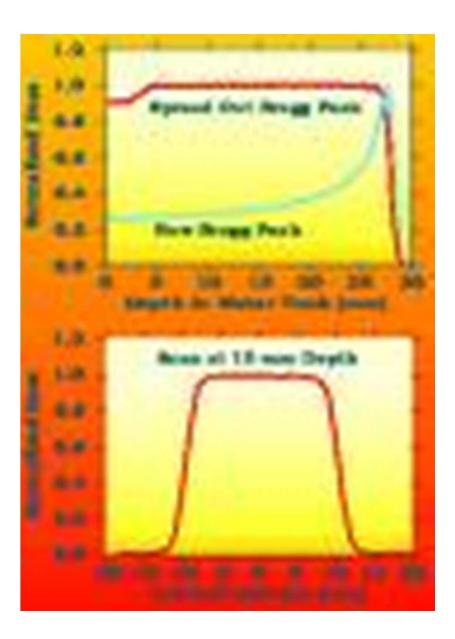


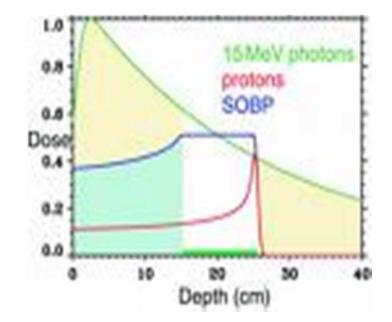
- Difficulty in having reproducible whole-body immobolization & alignment
- Long vacuum-cradle with base-plate, thermoplastic mask, & knee rest
- Leakage of the vacuum-cradle (necessitating repeat CT-simulation)
- Restricted gantry bore (60 cm) of CT-simulator
- Contouring almost every organ in the body

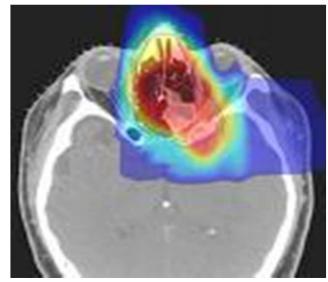
Excellent PTV coverage & conformal avoidance of OARs



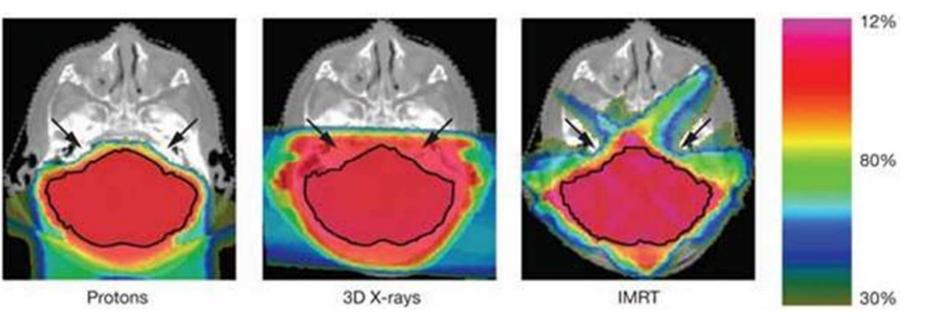
Proton beam radiotherapy for pediatric brain tumors

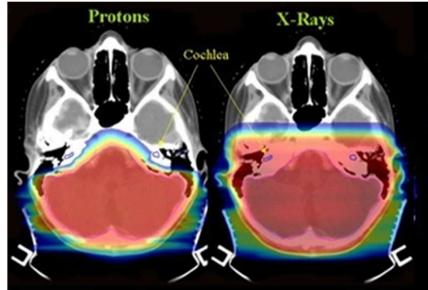


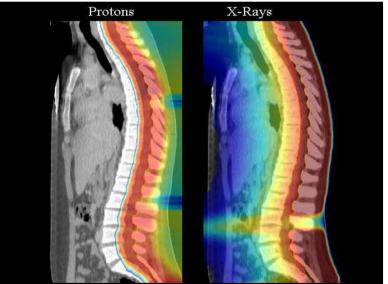




Proton-beam radiotherapy in medulloblastoma







What next in childhood brain tumours

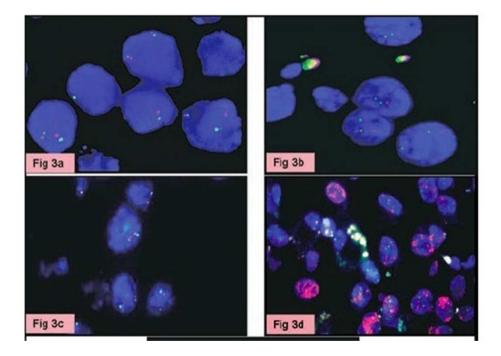


Back to Biology: Newer and future perspectives

Pediatric glioblastomas: A histopathological and molecular genetic study

Vaishali Suri, Prasenjit Das, Ayushi Jain, Mehar Chand Sharma, Sachin Anil Borkar, Ashish Suri, Deepak Gupta, and Chitra Sarkar

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30 pts with pediatric GBM analysed

p53 overexpression: Common: 63%

EGFR protein overexpression: 23%

EGFR gene amplification: Rare (5.5%)

PTEN gene deletion: Rare (5.5%)

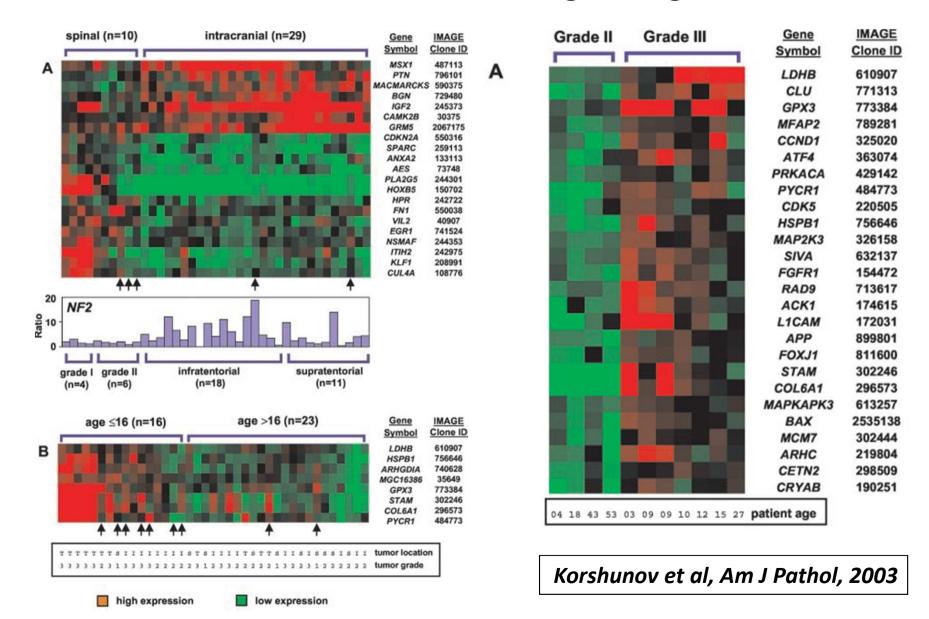
Pediatric glioblastomas are different from adult counterparts?

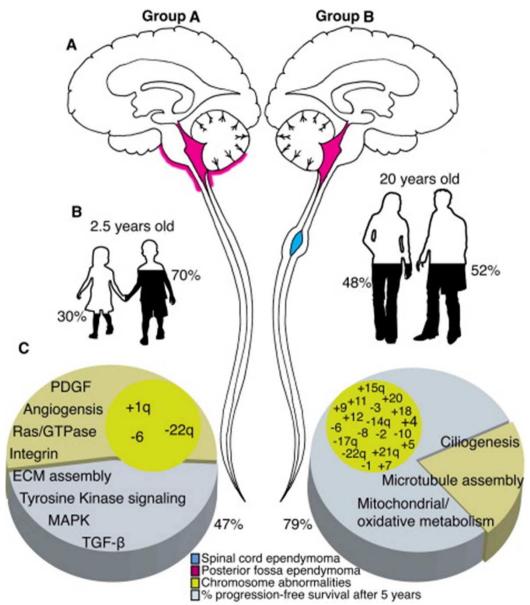
Neuro-Oncol 2009

Key molecular differences between childhood GBM and adult GBM

Characteristic	Pediatric GBM (TMH)	Adult primary GBM	Adult secondary GBM
P53 mutation	74 %	25 - 30 %	60 - 65%
MGMT methylation	37 %	36%	75%
EGFR amplification	0%	35 - 50%	8%
IDH-1 mutation	4 %	10% Under revisions in ne	85% euro Oncology Practise

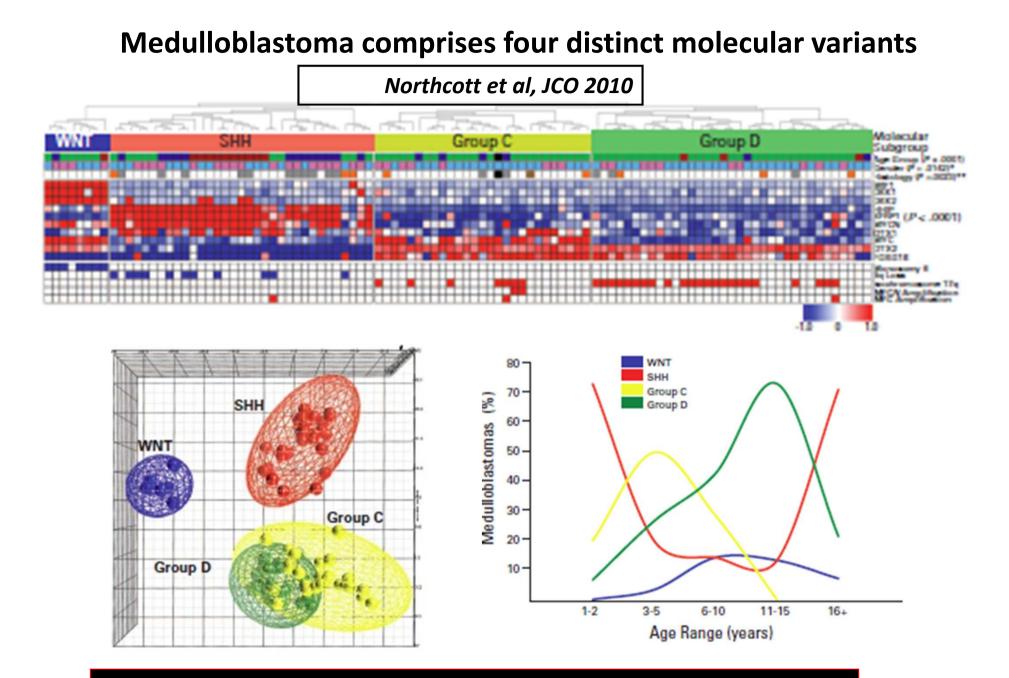
Gene expression patterns in ependymomas correlate with location, age, and grade



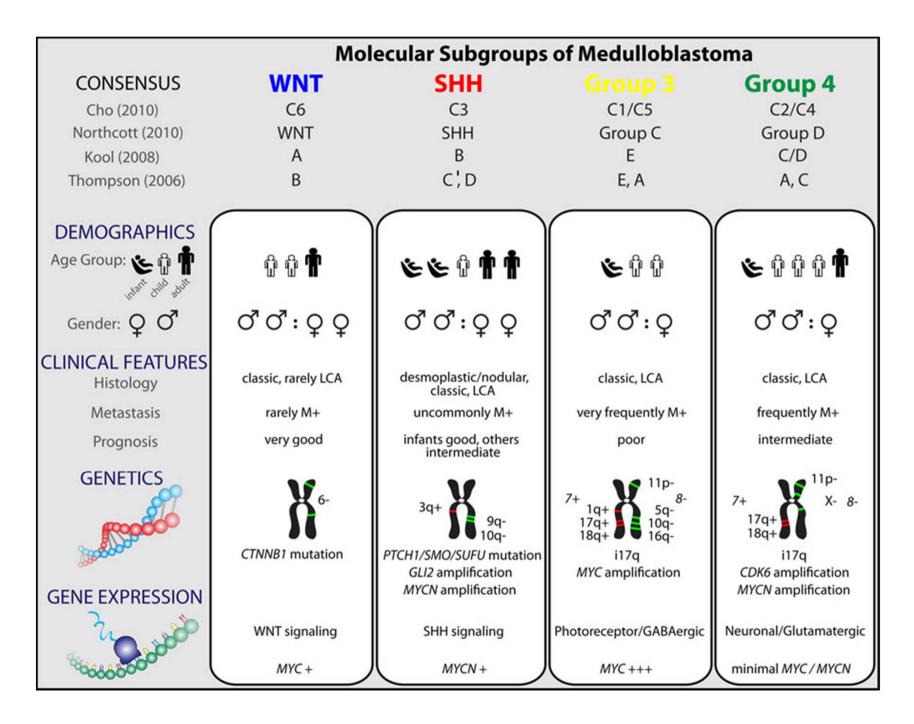


Molecular subclassification of Ependymomas

Tenley C. Archer Scott L. Pomeroy, cell 2011



Time for molecular classification & biological risk-stratification



Taylor M, Acta Neuropathologica, 2012

Clinical trials in Medulloblastomas incorporating the molecular subtypes

A Clinical and Molecular Risk-Directed Therapy for Newly Diagnosed Medulloblastoma					
This study is currently recruiting participants. (see Contacts and Locations) Verified March 2015 by St. Jude Children's Research Hospital	ClinicalTrials.gov Identifier: NCT01878617				
Sponsor: St. Jude Children's Research Hospital	First received: June 10, 2013 Last updated: April 6, 2015 Last verified: March 2015				

HART with concurrent carboplatin in high risk Medulloblastomas

TMH Protocol PI: Dr Tejpal Gupta

Awaiting IRB approval

Thank You



