ICRU REPORT No. 89
PRESCRIBING, RECORDING, AND REPORTING BRACHYTHERAPY FOR CANCER OF THE CERVIX

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To provide common concepts and terms (level 1-3) for cervix cancer brachytherapy for:

- volumes, in particular initial/residual GTV
- initial/adaptive CTV and OAR (2D/3D/4D)
- radiobiological variations (equi-effective dose)
- dose volume parameters (3D/4D)
- the process from planning aims to prescription
- dose point parameters (2D)
TOPICS COVERED

• Prevention, Diagnosis, Prognosis, Treatment, and Outcome
• Brachytherapy Techniques and Systems
• Brachytherapy Imaging for Treatment Planning
• Tumor and Target Volumes and Adaptive Radiotherapy
• OAR- and Morbidity-Related Concepts and Volumes
• Radiobiological Considerations
• Dose and Volume Parameters
• Physics Aspects of Three-Dimensional Volumetric Dose Assessment
• Radiographic Localization of Absorbed Dose Points
• Sources and Dose Calculation
• Treatment Planning
• Summary of the Recommendations
• Clinical Examples
ABSTRACT

• This ICRU/GEC-ESTRO report starts with the essential background, including a clinical introduction, historical and current techniques including the concepts of volumetric imaging for cervix cancer.

• One key element is the four-dimensional adaptive target concept at certain time points during treatment by clinical examination and imaging.
The radiobiology chapter explains the limitations of the linear quadratic model, but encourages the use of the EQD2 concept as the current best option for treatment planning and overall dose reporting.

A detailed concept is recommended to report dose and volume parameters related to contours and reference points.

The report includes detailed chapters on treatment planning, especially for three-dimensional volumetric approach, but also the underlying concepts of dosimetry which remains essential for volumetric and radiography-based planning.
Prevention, Diagnosis, Prognosis, Treatment, and Outcome

- To provide an overview of cancer of the cervix, Section 2 begins with an outline of the currently available methods of prevention (vaccination), screening, diagnosis, and staging, followed by a discussion of stage- and risk-adapted treatment strategies, which consist of conservative and radical surgical interventions, radiotherapy, and chemotherapy alone or in various combinations.
Brachytherapy Techniques and Systems

• Intracavitary gynecologic brachytherapy is the most widely used application of brachytherapy.

• A major aim of this report is to provide definitions of concepts and terms to enable valid and reliable exchange of information about treatment methods and clinical results.
SYSTEMS

- Brachytherapy “dosimetric systems” refer to specific, comprehensive sets of rules, adjusted for applicator type and radioactive isotope, distribution of sources in the applicator, and the consequent absorbed-dose distribution in a defined target.
The systems established in the early 1900s include the “Stockholm System, the Paris Method, and the Manchester System.”
**SYSTEMS**

- The Manchester System, pervasive in current brachytherapy, includes dose specification at:
  - Point A,
  - vaginal packing,
  - and rectum and bladder dosimetry to limit the absorbed doses to the latter organs.
In the Fletcher System, also pervasive in contemporary brachytherapy, ideal applicator geometry is key as is consideration of the absorbed-dose distribution relative to tumor volume.
TECHNIQUES

• Tendem and Ring (Modified Stockholm Technique)- for shallow fornices

• Tendem and Ovoid (Modified Manchester Technique)- barrel shaped cervix, using largest ovoid. To cover cervix, uterus, medial parametrium and upper 1-2 cm of vagina

• Tendem and Ring/Ovoids + interstitial needles (Modified Fletcher Technique) – large bulky tumors (for tumour coverage and OAR sparing), vaginal extension of disease, fistulae, pelvic side wall invasion
TECHNIQUES

• Tendem and Ring-shallow fornices
• Tendem and Cylinder- upper vaginal stenosis/narrowing, superficial disease (5mm thick) in lower vagina
• Ovoids or Cylinders alone-for post op cases
• Interstitial only- Large lesions, lower vaginal disease, applicators not fitting
APPLICATOR SELECTION

- Intact uterus should always have a tendem placed
- Supracervical hysterectomy – short tendem
- Intact uterus with extensive disease - tendem with interstitial needles
APPLICATOR INSERTION

• Tandem and ovoid, tandem and ring or tandem and cylinders for intracavitary applications, inserted free hand

• Hollow interstitial needles inserted either freehand or with template or ultrasound guidance
Imaging after applicator insertion

• X ray
• USG
• CT
• MRI
Reference volume and dose

- Absorbed dose of 60 Gy as the reference level volume
- Reference volume described is pear shaped co-incident with intra-uterine sources
- Reference volume is defined by 3 dimensions
  - Height (dh): Maximum dimension along the intrauterine source, measured in oblique frontal plane
  - Width (dw): Maximum dimension perpendicular to the intra-uterine source, measured in oblique frontal plane
  - Thickness (dt): Maximum dimension perpendicular to the intrauterine sources and measured in saggital plane
Figure 4.1. Clinical diagram template taken from the EMBRACE protocol (www.embracestudy.dk) (see also Supplementary appendix) (EMBRACE, 2015). Tumor delineation is done at the time of diagnosis, during treatment for response monitoring, and at the time of brachytherapy insertion.
Reference volume and dose

Figure 10.5. Determination of the lymphatic trapezoid. On the left is an AP view and on the right a lateral view (Fletcher, 1980; ICRU, 1985).
Reference volume and dose

Figure 10.4. Determination of the RPWRP and LPWRP. The lateral figure shows only the placement of the RPWRP due to space limitations. The placement of the left would be similar but with the point closer to the "marked" 2 instead of 3. Adapted from Chassagne and Horiot (Chassagne and Horiot, 1977; ICRU, 1985).
LIMITATIONS OF (2 D)RADIOGRAPHIC IMAGING
POINT A-Redefined
For determination of target

- **point based dosimetry**
  - Point A may overestimate or underestimate the tumor dose based on 3D imaging*

- **no optimization:**
  - Tumor coverage relies on tumor volume at time of BT, larger tumors requiring greater optimization to be adequately covered by the prescribed isodose line
  - Kim et al** found that dose to point A was significantly lower than the $D_{90}$ for HR-CTV calculated using 3D image-based optimization

- **dose escalation not possible**
Figure 10.6. Determination of the reference points for the bladder and rectum (Chassagne and Horiot, 1977; ICRU, 1985). The ICRU-rectum reference point (ICRU, 1985) is in this report called the ICRU-recto-vaginal reference point.
For determination of OAR

**Bladder Point**

- ICRU bladder point:
  - Wide range of **anatomic variations** in bladder points along the length of implant
  - Doses may be different at bladder base & neck, multiple points have to be taken

- ICRU point may underestimate maximum doses to the OAR, in particular for the bladder

- ICRU bladder volume point does not represent the hottest part of the bladder that usually falls about **2 cm superior**. Highest dose often is about **2-4 times the dose at the bulb**
Rectal point

• ICRU rectal point:

• rectal markers is used which tend to lie on posterior wall of rectum while the **anterior wall is at greater risk**.

• Stiff markers can moverectum, flimsy ones are difficult to push deep.

• ICRU rectal point doesn’t usually represent the maximum rectal does, which, again often is **2-4 cm cephalad**.

• maximum does is up to **3 times the ICRU point**

None of this localizes the superior bowel - an organ very much at risk.

Neither the vagina- which again is an organ at risk
• Therefore a transition from point based (2D) to volume based (3D) brachytherapy is the key to modern techniques
Modern Intracavitary techniques
Covering the target volume with prescribed dose (—)

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Modern Intracavitary techniques
Covering the target volume with prescribed dose (___)
The 6 steps of IGBT

1. Applicator insertion
2. 3D imaging
3. Contouring
4. Reconstruction of applicator
5. 3D dose planning
6. Dose delivery
Tumor and Target Volumes and Adaptive Radiotherapy

• Brachytherapy in cancer of the uterine cervix can be adaptive and provide better dose conformation if the tumor/target can be precisely assessed and delineated in three dimensions, taking into account the tumor-growth pattern, change during the course of radio-chemotherapy, and the topography of the adjacent OAR.

• At the time of publication of ICRU Report 38 (ICRU, 1985), treatment planning for cervical cancer was based on gynecologic examination at diagnosis and radiography without the benefit of time dependent volumetric imaging.

• The target approach was recommended, referring to the clinical tumor presentation at diagnosis.

• Reporting the maximum width, thickness, and height of the 60 Gy reference volume covering this target was recommended.

• It is now well documented that major shrinkage of the initial gross tumor volume (GTV) and variation of topography occurs regularly during treatment, which typically begins with EBRT and simultaneous chemotherapy, leaving various amounts of residual GTV at the time of brachytherapy.
The Challenge: Tumour size and topography change during treatment

The evolution of the concept of residual GTV and HR CTV
Tumor and Target Volumes and Adaptive Radiotherapy

• To allow adaptations of the treatment, repetitive gynecologic examinations and imaging are essential to determine tumor width, thickness, and height as a function of time.

• The high-risk CTV-T (CTV-THR), an adaptive CTV-T, includes the residual tumor, the cervix, and residual adjacent pathologic tissue.

• A second CTV, the intermediate-risk CTV-T (CTV-TIR), includes the initial tumor extent and the CTV-THR with a margin. The area of potential microscopic tumor spread is called the low-risk tumor related CTV-T (CTV-TLR).
Three different target volumes according to cancer cell density

Pelvic wall region

Potential microscopic tumour spread

Potential microscopic tumour spread

Macrosopic tumour load

Significant microscopic disease

Significant microscopic disease

HR: High risk CTV

IR: Intermediate risk CTV

LR: Low risk CTV

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The two step adaptive approach for boosting Residual GTV + High Risk area

Various patterns of GTV response

Corresponding patterns of adaptive CTVs

ICRU/GEC ESTRO report 89, 2016, Fig 5.3

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CTV BT

Legend

HR-CTV
IR-CTV

Initial tumour extension (at diagnosis)
Residual disease

Complete remission
Partial remission
Stable disease

10 mm
10 mm
10 mm

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Overview of the adaptive target concept in cervix cancer stage IB, IIB, IIIB

- Initial and residual GTV
- High Risk CTV
- Intermediate Risk CTV
- Low Risk CTV

GEC ESTRO Recommendation 1, 2005; ICRU GEC ESTRO report 89, 2016, Fig. 5.9-11
Tumor and Target Volumes and Adaptive Radiotherapy

• The general concepts, terms, and definitions enunciated in the series of recent ICRU reports on prescribing, recording, and reporting different radiotherapy (ICRU, 1993a; 2000; 2004; 2007; 2010) are integrated into the present report, which unlike these previous reports deals with a specific disease site.

• The GEC ESTRO Recommendations (Haie-Meder et al., 2005), generally accepted worldwide, form the basis of this adaptive strategy. Some attention is paid also to the use of the planning target volume (PTV), which plays a major role in planning and delivering EBRT.
Tumor and Target Volumes and Adaptive Radiotherapy

- However, specific considerations have to be taken into account for brachytherapy due to the inherent absorbed-dose distribution characteristics, with large absorbed-dose inhomogeneities throughout the target volume and steep absorbed-dose gradients adjacent to the target surface.
- Therefore, PTV margins have to be utilized with great care in intracavitary brachytherapy.
- Due to very limited target movement in relation to the position of the applicator, margins for compensation of geometric uncertainties play a minor role.
- Addition of margins in the orthogonal direction should be avoided as they would lead to a considerable absorbed dose increase in the whole volume.
Example: cervical cancer IIIB: GTV shrinkage + adaptive $CTV_{HR}$

**EBRT dose**
- 0 Gy
- 9 Gy
- 18 Gy
- 27 Gy
- 36 Gy
- 27 Gy
- 45 Gy
- 45 Gy

**Cisplatin (40 mg/m$^2$)**
- x1
- x2
- x3
- x4
- x5

**Pre-brachytherapy**
- Residual GTV: 8 ccm

**Brachytherapy**
- HR CTV 30 ccm

Initial GTV
Volume 75 ccm

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Example: cervical cancer, FIGO IIIB

EBRT dose
0 Gy

EBRT dose
9 Gy
Cisplatin (40 mg/m²) x1

18 Gy
Cisplatin (40 mg/m²) x2

27 Gy
Cisplatin (40 mg/m²) x3

36 Gy
Cisplatin (40 mg/m²) x4

45 Gy

45 Gy
Cisplatin (40 mg/m²) x5

Pre-brachytherapy

GTVres total 108 Gy

GTVHR total 90 Gy

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Applicator for up to mid-parametrial residual GTV and residual pathologic tissue
Applicator for up to distal parametrial residual GTV and residual pathologic tissue disease

additional divergent template guided needles

The Vienna II Applicator
OAR- and Morbidity-Related Concepts and Volumes

• Radiotherapy-related morbidity endpoints and (sub-) volumes of OAR are selected based on the typical morbidity profiles as known from clinical experience in cervical cancer radiotherapy.

• Certain targets in the OAR are selected that correspond to the typical pathology and morbidity patterns [e.g., rectal wall area (vasculature), telangiectasia/bleeding].
OAR- and Morbidity-Related Concepts and Volumes

• This selection implies multiple targets within one organ according to different morbidity endpoints (e.g., bleeding versus urgency/frequency in the rectum).

• Small absolute volumes (e.g., 2 cm³, 0.1 cm³) correspond to typical brachytherapy-related morbidity, such as teleangiectasia and ulceration/fistula.

• These volumes can have different locations in the OARs depending on the application technique
OAR- and Morbidity-Related Concepts and Volumes

• The location of such volumes within a given organ can be reflected by anatomically defined points in OARs (e.g., ICRU bladder point at the bladder floor, mid- and inferior vaginal points) and/or by application-related points (upper vaginal points, ICRU recto-vaginal point).

• Larger volumes are also of interest for morbidity, including the whole circumference of a hollow organ (e.g., for stenosis, shrinkage).
OAR- and Morbidity-Related Concepts and Volumes

• Due to contouring uncertainties, the latter approach is at present not recommended for the vagina. Protocols to ascertain a particular organ-filling status, as well as specific delineation protocols, are essential. Variations and uncertainties due to internal motion are known for OARs but should not be compensated for by adding shell margins around the OARs as suggested for EBRT.
• Organ motion in between imaging and absorbed-dose delivery leads to discrepancies between prescribed and delivered absorbed dose.
• Rather, these variations should be assessed through repetitive imaging and corrected for as appropriate.
• The assumption of static anatomical location of hotspots is recommended for small volumes in fractionated brachytherapy to assess the accumulated high-absorbed-dose region for a certain treatment.
• There is some evidence that such an approach is valid and reliable within reasonable confidence intervals.
OAR- and Morbidity-Related Concepts and Volumes

• Volume selection and delineation of the hollow OARs adjacent to the CTV, such as rectum, sigmoid colon, adjacent small bowel, bladder (vagina, anus, ureter, and urethra) is performed along their walls, either as outer contour or as wall contour.

• For small absolute volumes, outer contour delineation is sufficient, whereas organ-wall contouring is recommended for volumes larger than 2 cm³.
Figure 6.1. MRI sagittal view of the vagina with applicator, rectal probe, and bladder balloon in place. Lines indicate the cranial borders of the upper, mid, and lower portion of the vagina. The lower vaginal line, as the transition between lower and mid-vagina, is defined at the level of the posterior-inferior border of the symphysis (PIBS, as denoted by asterisk, together with the other vaginal points in Figure 6.4). Endoscopic views of typical vaginal morbidity in the upper, mid, and lower portion: dome shape indicative of fibrosis, multiple telangiectasia, and mucosal pallor in the upper vagina; telangiectasia, mucosal pallor, and reduced rugae in the mid vagina; some pallor in lower vagina.
Figure 6.2. MRI sagittal and transversal views with utero-vaginal applicator in place and probe in the rectum with three transverse lines, indicating the distal, middle, and proximal third of the rectum (a) and the ICRU recto-vaginal point (RVICRU, blue star in a and b). Lower line is at the level of the pelvic diaphragm, which is indicated by the PIBS (yellow star) and also shows the beginning of the anal canal (see Figure 6.4). The highest absorbed dose is at the level of the vaginal sources above the middle line in the mid-rectum. The 2 cm³ rectal volume is shown on the anterior wall (c). The $D_{2cm³}$ and the $D_{0.1cm³}$ for the rectum and the corresponding isodose lines (67%/87% of the prescribed absorbed dose) are shown and correspond to 71 and 103 Gy EQD2, respectively (a) (see Section 8.4.1; compare examples in the Appendix). Endoscopic images of multiple tumours/tumour-patch are related to the anterior wall 2 cm³ volume after 18 months (d). Note also the bladder ICRU reference point (BICRU, green star) (modified from Georg et al., 2009).
Figure 6.3. MRI sagittal and transversal views with utero-vaginal applicator in place and a rectal probe with three transverse lines, indicating the distal, middle, and proximal third of the rectum (a and b) and the ICRU recto-vaginal point RVICRU (a and b, blue star). Lower line is at the level of the pelvic diaphragm, which is indicated by the PIBS (yellow star) and demonstrates also the beginning of the anal canal (see Figure 6.4), which for this patient is not far from the vaginal sources (compare Figures 6.2 and 6.4). The 0.1 cm$^3$ rectal volume is shown on the anterior wall (c). The highest rectal absorbed dose is at the level of the vaginal sources below the middle line in the distal rectum. The $D_{0.1cm^3}$ for the rectum (arrow) is 108 Gy EQD2$3$ and $D_{0.1cm^3}$ is 80 Gy EQD2$3$ (see Section 8.4.3; compare examples in the Appendix). Endoscopic image of transient, asymptomatic ulceration (G2) of the anterior wall after 24 months (d) (modified from Georg et al., 2009).
Figure 6.4. Schematic anatomical diagrams (sagittal view) showing two different positions of the vaginal part of the utero-vaginal applicators, the cervix tumor, the uterus, and the reference volumes of OARs in two different patients. The most irradiated-tissue volumes adjacent to the applicator, i.e., the reference volumes 0.1 cm$^3$, 2 cm$^3$, and 5 cm$^3$, are illustrated for the various adjacent organs such as the bladder (neck), rectum (anus), sigmoid, and small bowel (see Section 8.4.1). The two panels show the different locations of the 0.1 cm$^3$ and 2 cm$^3$ reference volumes in the adjacent OARs [modified from GEC ESTRO Recommendations II; see also Westerveld et al. (2013)]. Reference points are indicated for the bladder (ICRU, 1985), the rectum and upper vagina (ICRU, 1985), and the mid- and lower vagina (PIBS ± 2 cm). The vaginal reference length (VRL) (PIBS to midpoint between the vaginal sources) can serve as an indicator to assess the varying position of the vaginal sources relative to the surrounding normal tissue structures (Westerveld et al., 2013).
### 6.6 Recommendations on Morbidity-Related Volumes and Points

**Level 1: Minimum standard for reporting**

<table>
<thead>
<tr>
<th>Volumetric imaging approximation based on:</th>
<th>Radiographic approximation based on:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baseline morbidity and QoL assessment according to international classification systems</td>
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</tr>
<tr>
<td>Reference volumes on 3D images:</td>
<td>Reference point location on radiographs or on a treatment plan:</td>
</tr>
<tr>
<td>Assessment of small organ volumes ($0.1 , \text{cm}^3$ and $2 , \text{cm}^3$) for brachytherapy-related morbidity through outer-wall contouring on volumetric images in the treatment planning system:</td>
<td></td>
</tr>
<tr>
<td>(1) bladder contour/volume; (2) Rectum contour/volume.</td>
<td>(1) Bladder reference point (2) Recto-vaginal reference point</td>
</tr>
<tr>
<td>Recto-vaginal reference point (positioned on volumetric images)</td>
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**Level 2: Advanced standard for reporting**
All that is reported in level 1 plus:

<table>
<thead>
<tr>
<th>Volumetric-imaging approximation based on:</th>
<th>Radiographic approximation based on:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bladder reference point (positioned on volumetric images)</td>
<td>Vagina reference points (on radiographs):</td>
</tr>
<tr>
<td>Assessment of small organ volumes (0.1 cm$^3$ and 2 cm$^3$) for brachytherapy-related morbidity through outer-wall contouring on volumetric images in the treatment-planning system:</td>
<td>Upper-vagina points (5 mm lateral from vaginal applicator surface, right and left) for brachytherapy-related morbidity</td>
</tr>
<tr>
<td>1. Sigmoid-colon contour/volume;</td>
<td>Anatomical points for lower and mid vagina (PIBS, PIBS ± 2 cm), for morbidity from EBRT and brachytherapy (on radiographs)</td>
</tr>
<tr>
<td>2. Bowel contour/volume (adjacent, fixed)</td>
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</tr>
</tbody>
</table>

**Assessment of intermediate- and large-organ volumes for EBRT- and brachytherapy-related morbidity through outer-wall contouring on volumetric images in the treatment-planning system:**

1. Bladder contour/volume
2. Rectum contour/volume
3. Sigmoid-colon contour/volume
4. Bowel (adjacent) contour/volume

Vagina reference points (all contoured on volumetric images):

1. Upper-vagina points (5 mm lateral from vaginal applicator surface, right and left) for brachytherapy-related morbidity;
Level 3: Research-oriented reporting
All that is reported in Level 1 and 2 plus:

<table>
<thead>
<tr>
<th>Volumetric-imaging approximation based on:</th>
<th>Radiographic approximation based on:</th>
</tr>
</thead>
<tbody>
<tr>
<td>(1) Volumes or surface for vagina;</td>
<td>(1) Other bladder points;</td>
</tr>
<tr>
<td>(2) Vaginal reference length/volume;</td>
<td>(2) Anatomical anal reference point;</td>
</tr>
<tr>
<td>(3) Bladder sub-volumes, for example, the neck or wall;</td>
<td>(3) Sigmoid-colon and small/large bowel reference points;</td>
</tr>
<tr>
<td>(4) Small volumes for anus; anal reference point;</td>
<td>(4) Vaginal reference length</td>
</tr>
<tr>
<td>(5) Remaining volume of interest; body outline;</td>
<td></td>
</tr>
<tr>
<td>(6) Other sub-volumes of potential interest</td>
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</tbody>
</table>
Radiobiological Considerations

• Intracavitary brachytherapy always results in a range of highly heterogeneous absorbed-dose rates and absorbed doses per fraction in the different tissues of the patient, with different absorbed-dose distributions characterizing each application.

• In addition, a large variety of dose and fractionation schedules are in current use.

• These variations in absorbed dose and absorbed-dose rate have a major impact on tumor and normal-tissue effects.
Radiobiological Considerations

• To assess and communicate the effects of such complex dosimetric and clinical situations with such large absorbed-dose inhomogeneities, it is evident that bio-mathematical models would be useful.

• Such models could serve to describe the assumed biological consequences of the various absorbed doses and absorbed-dose rates encountered.
Radiobiological Considerations

• ICRU 89 proposes the concepts and methods to make such complex dosimetric, biological, and clinical scenarios meaningful, valid and reliable. In concordance with this ongoing work.

• The concept of equi-effective dose (EQD2), based on the linear-quadratic model, and EQD2 is recommended for gynecologic brachytherapy.

• These concepts provide a common basis for comparisons of absorbed dose, absorbed-dose rate, and absorbed dose per fraction (rate), and clinical results among different radiotherapy treatment techniques and departments.
• These are discussed in this report in Section 7, and recommendations are made concerning the choice of alpha/beta values in the linear quadratic model in the application of the EQD2 concept.

• Practical ways to implement such concepts into clinical practice are demonstrated in Section 7 (using a spreadsheet). For their application, one must be aware of the limitations of the models, as these concepts still require clinical validation, in particular for their use in brachytherapy.
Recommendations for reporting Dose-Time Parameters

<table>
<thead>
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<th>Level 1: Minimum standard for reporting</th>
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<tbody>
<tr>
<td>Dose delivery pattern:</td>
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<tr>
<td>1. A. LDR</td>
</tr>
<tr>
<td>(a) Absorbed dose (Gy)</td>
</tr>
<tr>
<td>(b) Dose rate (Gy h⁻¹)</td>
</tr>
<tr>
<td>(c) Number of fractions</td>
</tr>
<tr>
<td>(d) Time between fractions (h)</td>
</tr>
<tr>
<td>B. HDR</td>
</tr>
<tr>
<td>(e) Absorbed dose per fraction (Gy)</td>
</tr>
<tr>
<td>(f) Number of fractions</td>
</tr>
<tr>
<td>(g) Time between fractions (h)</td>
</tr>
<tr>
<td>C. PDR</td>
</tr>
<tr>
<td>(h) Absorbed dose (Gy)</td>
</tr>
<tr>
<td>(i) Number of fractions, interval between fractions</td>
</tr>
<tr>
<td>(j) Pulse size (Gy)</td>
</tr>
<tr>
<td>(k) Number of pulses</td>
</tr>
<tr>
<td>(l) Time between pulses (h)</td>
</tr>
<tr>
<td>2. Total treatment time (TT) in hours or days of EBRT, brachytherapy, and overall TT of combined modality</td>
</tr>
<tr>
<td>3. EQD2 values where available</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Level 2: Advanced standard</th>
</tr>
</thead>
<tbody>
<tr>
<td>All that is reported in Level 1 plus:</td>
</tr>
<tr>
<td>1. EQD2 values for target and OAR biological endpoints</td>
</tr>
<tr>
<td>2. Respective α/β values for the target and OAR,*</td>
</tr>
<tr>
<td>3. Respective T₁/₂ of recovery*</td>
</tr>
<tr>
<td>4. Applied recovery model, mono- or bi-exponential</td>
</tr>
</tbody>
</table>

*For the moment, the advice is to follow the GEC-ESTR0 recommendations α/β = 3 Gy for late effects in OAR and 10 Gy for tumor response, and a T₁/₂ of 1.5 h for both*

<table>
<thead>
<tr>
<th>Level 3: Research-oriented reporting</th>
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<tbody>
<tr>
<td>All that is reported in Level 2 plus:</td>
</tr>
<tr>
<td>1. Detailed DVH parameters for target or OAR biological endpoints</td>
</tr>
<tr>
<td>2. NTTPC and TPC calculations, with the model explicitly stated</td>
</tr>
</tbody>
</table>
Dose and Volume Parameters for Prescribing, Recording, and Reporting Brachytherapy, Alone and Combined with External-Beam Radiotherapy
Recommendations for reporting

Level 1: Minimum standard for reporting

Dose reporting
- TRAK
- Point A dose
- Recto-vaginal reference point dose
- $D_{0.1\text{cm}^3}, D_{2\text{cm}^3}$ for the bladder, rectum

Level 2: Advanced standard for reporting
All that is reported in level 1 plus

Dose reporting for defined volumes
- $D_{98\%}, D_{90\%}, D_{50\%}$ for the CTV_{HR}
- ($D_{98\%}, D_{90\%}$ for the CTV_{HR} if used for prescription)
- $D_{98\%}$ for GTV_{con}
- $D_{on}$ for pathological lymph nodes

Dose reporting OARs
- Bladder reference-point dose
- $D_{0.1\text{cm}^3}, D_{2\text{cm}^3}$ for the sigmoid
- $D_{cm}$ for the bowel
- Intermediate- and low-dose parameters for the bladder, rectum, sigmoid, and bowel (e.g., $V_{15\ Gy}$, $V_{25\ Gy}$, $V_{35\ Gy}$, $V_{45\ Gy}$, or $D_{98\%}, D_{50\%}, D_{2\%}$)
- Vaginal point doses at level of sources (lateral at 5 mm)^a
- Lower and mid-vagina doses (PIBS, PIBS ± 2 cm)^a

^aSurrogate points for volumetric vaginal dose assessment.
**Level 3: Research-oriented reporting**
All that is reported in Level 1 and 2 plus

Absorbed-dose reporting for the tumor:
- $D_{98\%}$, $D_{90\%}$ for the CTV_{IR} even if not used for prescription
- $D_{90\%}$ for the GTV_{res}
- DVH parameters for the PTV
- $D_{50\%}$ for pathological lymph nodes
- DVH parameters for non-involved nodes (ext/int iliac, common iliac)

OAR volumes and points
- Additional bladder and rectum reference points
- OAR sub-volumes (e.g., trigonum or bladder neck, sphincter muscles)
- Vagina (upper, middle, lower)
- Anal canal (sphincter)
- Vulva (labia, clitoris)
- Other volumes/sub-volumes of interest (e.g., ureter)

Dose–volume reporting for OARs
- Dose–volume and DSH parameters for additional OARs and sub-volumes
- Vaginal dose profiles, dose–volume, and DSHs
- Length of treated vagina

Isodose surface volumes
- 85 Gy EQD2 volume
- 60 Gy EQD2 volume
GEC - ESTRO RECOMMENDATIONS

Dose Volume Parameters for Targets & OAR’s

D100, D90 for GTV, HR CTV, IR CTV

D0.1cc, D1cc, D2cc for OARs
Dose prescription according to risk large variations in initial/adaptive volumes and doses

- Initial CTV-T<sub>LR</sub>: 230 cm<sup>3</sup>
- Initial GTV-T: 55 cm<sup>3</sup>
- Adaptive CTV-T<sub>IR</sub>: 78 cm<sup>3</sup>
- Adaptive CTV-T<sub>HR</sub>: 33 cm<sup>3</sup>
- Residual GTV: 9 cm<sup>3</sup>
## Dose prescription protocol in cervix cancer

### DVH parameters for adaptive BT

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Planning Aims</th>
<th>Limits for Prescribed</th>
</tr>
</thead>
<tbody>
<tr>
<td>D90 CTV\textsubscript{HR} EQD2\textsubscript{10}</td>
<td>&gt; 90 Gy, &lt; 95 Gy</td>
<td>&gt; 85 Gy</td>
</tr>
<tr>
<td>D98 CTV\textsubscript{HR} EQD2\textsubscript{10}</td>
<td>&gt; 75 Gy</td>
<td>-</td>
</tr>
<tr>
<td>D98 GTV EQD2\textsubscript{10}</td>
<td>&gt; 95 Gy</td>
<td>&gt; 90 Gy</td>
</tr>
<tr>
<td>D98 CTV\textsubscript{R} EQD2\textsubscript{10}</td>
<td>&gt; 60 Gy</td>
<td>-</td>
</tr>
<tr>
<td>Point A EQD2\textsubscript{10}</td>
<td>&gt; 65 Gy</td>
<td>-</td>
</tr>
</tbody>
</table>

\[ \text{EQD2}_{10} = \frac{D_{10} \times (1 + \frac{\alpha}{\beta})}{(1 + \frac{\alpha}{\beta})^{0.1} - 1} \]

[ICRU 85, Misbah Nisar for ICRO-2018, SKIMS, Srinagar]
## Dose prescription protocol in cervix cancer

**OAR dose volume constraints**

for adaptive BT

<table>
<thead>
<tr>
<th>Planning Aims</th>
<th>Bladder $D_{2cm^3}$ EQD$_2$</th>
<th>Rectum $D_{2cm^3}$ EQD$_2$</th>
<th>Recto-vaginal point EQD$_2$</th>
<th>Sigmoid/ Bowel $D_{2cm^3}$ EQD$_2$</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Limits for Prescribed Dose</strong></td>
<td>&lt;80 Gy</td>
<td>&lt;65 Gy</td>
<td>&lt;65 Gy</td>
<td>&lt;70 Gy*</td>
</tr>
<tr>
<td><strong>Planning Aims</strong></td>
<td>&lt;90 Gy</td>
<td>&lt;75 Gy</td>
<td>&lt;75 Gy</td>
<td>&lt;75 Gy*</td>
</tr>
</tbody>
</table>

*ICRU 89, Misbah Hamid for ICRU-2018, SKIMS, Srinagar*
Figure 8.5. Sagittal view showing the volumes related to $D_{0.1\text{cm}^3}$, $D_{2\text{cm}^3}$, and a $D_V$ with $V > 5\text{ cm}^3$. Note that if the dose to large volumes should be evaluated, delineation of an organ wall is needed, while small volumes will be located mainly within the wall, even with whole-organ contouring. The location of the bladder and recto-vaginal reference points are also shown. For the vagina, heavily irradiated volumes of approximately 2 cm$^3$ and smaller are located adjacent to the lateral parts of the applicator not visible in this cross-sectional view (see Figures 8.12 and 10.1).
Figure 8.12. Sagittal views showing the vagina at the time of EBRT and at brachytherapy with an intracavitary applicator in place. At the level of the vaginal source, dose points lateral to the rings or ovoids can be defined at 0 mm and 5 mm from the applicator surface. Thr additional points are defined along the central axis of the vagina in the cranio-caudal direction. The PIBS vaginal-dose point was defined 2 cm posterior from the posterior-inferior border of the pubic symphysis and for brachytherapy at the point of this line where it crosses the applicator tandem. From there, two additional points 2 cm up and down along the vaginal axis are defined with PIBS +2 representing the bottom and PIBS – 2 representing the introitus level [from Westerveld et al. (2013)].
Physics Aspects of Three-Dimensional Volumetric Dose Assessment

- Co-registration and fusion as applied to EBRT and brachytherapy still have major unresolved problems.
- Besides spatial fusion, temporal fusion is also essential, as fractionated treatments are applied to anatomy that changes with time.
- Various types of uncertainties arising from spatial fusion (3D) and temporal fusion (4D) are systematically addressed and classified as intra-fraction, inter-fraction, and inter-application uncertainties.
## Uncertainties in cervix cancer brachytherapy:

### Uncertainty (SD) for intracavitary brachytherapy

<table>
<thead>
<tr>
<th>Source of Uncertainty</th>
<th>Target (HR CTV D90)</th>
<th>OARs (D₂cm³)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Source strength</td>
<td>2%</td>
<td>2%</td>
</tr>
<tr>
<td>Dose and DVH calculation</td>
<td>3%</td>
<td>3%</td>
</tr>
<tr>
<td>Dwell position uncertainty (reconstruction and source positioning)</td>
<td>4%</td>
<td>4%</td>
</tr>
<tr>
<td>DVH addition across fractions (previously called “worst case assumption”)</td>
<td>NA</td>
<td>1%* - ?%</td>
</tr>
<tr>
<td>Contouring (inter-observer)</td>
<td>9%</td>
<td>5-11%</td>
</tr>
<tr>
<td>Intra- and inter-fraction (intra-application) uncertainties ** (5)</td>
<td>11%</td>
<td>20-25%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>12%</td>
<td>21-26%</td>
</tr>
</tbody>
</table>

*ICRU 89, Misbah Hamid for ICRO-2018, SKIMS, Srinagar*
Radiographic Localization of Absorbed Dose Points

• The major thrust of this report concerns the concepts of 3D volumetric and 4D assessment and representation of volumes/dimensions and doses, including the application of biological models.
Radiographic Localization of Absorbed Dose Points

• The same biological models as used in 3D volumetric situations can be applied for reference points as defined on radiographs.

• Therefore, specific attention is given in Section 10 to define these points for 3D radiograph-based practice in limited resource settings for the tumor-related target specification, for OAR, and for lymph nodes.
Radiographic Localization of Absorbed Dose Points

• Some of the recommended reference points are taken from the previous ICRU Report 38 (ICRU, 1985) (bladder, rectum, pelvic wall, lymphatic trapezoid) and some additional points are specified (vagina).
Radiographic Localization of Absorbed Dose Points

- Essential to this report is the adoption of Point A as a major reference point with a straightforward definition related to the applicator for absorbed dose specification:
  - for the planning aim (optional),
  - for prescribing (optional), and
  - for reporting (mandatory) in the volumetric image-based approach as well.
Radiographic Localization of Absorbed Dose Points

• This geometrical definition is recommended in order to provide a clear distinction with the anatomically defined target dose–volume definition that has been introduced here as a new concept.
Figure 12.2. Examples of Point A-based standard loading patterns delivering the same absorbed dose to Point A, but using widely different vaginal and tandem loading. The image on the left shows an absorbed-dose distribution without vaginal loading, the middle image relates to a dose-point optimization along tandem-and-vaginal applicator, and the absorbed-dose distribution on the right is based on the same number of dwell positions with equal dwell times in the vaginal applicator and the tandem. The width of the Point A isodose volume is illustrated by the maximum width of the light blue isodose.
10.5 Recommendations for Reporting

Level 1: Minimum standard for reporting

- Dose reporting:
  - TRAK
  - Point A dose
  - Recto-vaginal reference point dose
  - Bladder reference point dose

Level 2: Advanced standard for reporting
All that is reported in level 1 plus

- Dose reporting for defined volumes:
  - Estimated dose in the CTV_{HR} (according to estimated maximum width and thickness) (in the CTV_{IR} if used for prescription)
  - Pelvic wall point (optional)
  - Lymphatic trapezoid (optional)
- Dose reporting for OARs:
  - Vaginal point doses at level of sources (lateral at 5 mm)
  - Lower- and mid-vagina doses (PIBS, PIRS ± 2 cm)

Level 3: Research oriented reporting
All that is reported in Level 1 and 2 plus

- OAR volumes, points:
  - Additional bladder and rectum points
  - Sigmoid point
  - Anal-canal point (e.g., low-vagina point)
  - Vulva point (e.g., low-vagina point)
  - Other points of interest
- OAR-dose reporting:
  - Length of treated vagina
- Isodose surface volumes:
  - 85 Gy EQD2 volume
  - 60 Gy EQD2 volume
Sources and Dose Calculation

- Physical background for dose calculation.
- The source strength is specified in units of reference air-kerma rate (RAKR) at 1 m.
- The total reference air kerma (TRAK) is defined as the integral of RAKR over the whole treatment duration summed for all sources.
Sources and Dose Calculation

- For absorbed-dose calculation, the American Association of Physicists in Medicine (AAPM) Task Group 43 (Nath et al., 1995) formalism with recent improvements is recommended.
Recommendations for Reporting

• Reporting of all cases should include:

  • (1) The radionuclide and source models used.
  • (2) The modality used [HDR, LDR, pulsed dose rate (PDR)].
  • (3) The TRAK.
  • (4) The geometric pattern of source-strength distribution (in RAKR or air-kerma strength) and treatment duration for LDR applications, or dwell-time pattern and source strength (in RAKR or airkerma strength) for HDR and PDR applications.
  • (5) The algorithm used for the absorbed-dose determination.
Treatment Planning

• the complete treatment-planning process for image-guided adaptive brachytherapy, incorporating the concepts and methods outlined in this report, is described.

• Treatment planning includes the decisions related to the use of radiotherapy (EBRT, brachytherapy) and chemotherapy, the planning aims, results of the medical examinations, definition of applicator geometry (pre-planning), imaging information, target-volume determination, OAR contouring, dosimetric-plan optimization, and integration of biological models into the treatment-planning process.
Treatment Planning

• The final plan evaluation includes a complete assessment of the various dose-point and dose–volume parameters.
• The plan selected and prescribed is the most appropriate one that meets the needs of the clinical situation.
Clinical Examples

Nine clinical examples describing in detail the various clinical, imaging, technical, and biological scenarios with respect to the FIGO stage of disease with and without nodes, the various EBRT techniques (3D conformal radiotherapy, IMRT), the different application techniques (tandem-ovoids/tandem-ring/tandem-mold, with and without interstitial needles), different absorbed dose rates (HDR/PDR/LDR), various physical and biological doses and dose rates, fractionation schedules, treatment planning based on the radiographic (adaptive) approach or the volume-image adaptive approach, and various combinations of these.
Clinical Examples

- The major recommendations as outlined in this ICRU report are applied and specified in these examples.
- These examples are given in a common format to show how the different steps for treatment planning, for final treatment prescription, and for treatment delivery can be reported.
• Case 8: Large Cervical Cancer Stage IIIB with No Nodes, Treated with 3D Conformal Box with Concomitant Chemotherapy and MRI-Based Intracavitary and Interstitial HDR Brachytherapy with Tandem/Ring Applicator and Needles

• Thirty-five-year-old female with a squamous cell carcinoma of the cervix FIGO IIIB, T3N0M0
Figure A.8.1. Initial GTV extension at diagnosis. Clinical drawings (upper) and corresponding MRI images (lower) at the time of brachytherapy with applicator in place.

Figure A.8.4. Residual GTV and residual pathological tissue at the time of first brachytherapy: Clinical drawings (upper) and corresponding MRI images (lower) at the time of brachytherapy with applicator in place.
Table A.8.3. Treatment planning aim and prescribed dose.

<table>
<thead>
<tr>
<th>Planning aim (Gy)</th>
<th>Prescribed dose (Gy)</th>
</tr>
</thead>
<tbody>
<tr>
<td>CTV$<em>{HR}$ $D</em>{90}$</td>
<td>$EQD_{210}$ $\geq 85$</td>
</tr>
<tr>
<td>Bladder $D_{2cm^3}$</td>
<td>$EQD_{23}$ $\leq 90$</td>
</tr>
<tr>
<td>Rectum $D_{2cm^3}$</td>
<td>$EQD_{23}$ $\leq 70$</td>
</tr>
<tr>
<td>Sigmoid $D_{2cm^3}$</td>
<td>$EQD_{23}$ $\leq 75$</td>
</tr>
</tbody>
</table>

Doses are given in $EQD_2$ using $\alpha/\beta = 10$ Gy for target and $\alpha/\beta = 3$ Gy for organs at risk. (No dose constraints were applied for the vagina.)
Figure A.8.5. Equipment used for brachytherapy.
A.8.6 Treatment Planning and Reporting Brachytherapy and EBRT

Table A.8.4. Applicators and EQD2\textsubscript{10} isodose surface volumes.

<table>
<thead>
<tr>
<th></th>
<th>First application</th>
<th>Second application</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nominal tandem length</td>
<td>60 mm</td>
<td>60 mm</td>
</tr>
<tr>
<td>Nominal ring diameter</td>
<td>26 mm</td>
<td>26 mm</td>
</tr>
<tr>
<td>Number of active needles</td>
<td>12</td>
<td>12</td>
</tr>
<tr>
<td>60 Gy volume</td>
<td>290 cm\textsuperscript{3}</td>
<td>280 cm\textsuperscript{3}</td>
</tr>
<tr>
<td>75 Gy volume</td>
<td>175 cm\textsuperscript{3}</td>
<td>165 cm\textsuperscript{3}</td>
</tr>
<tr>
<td>85 Gy volume</td>
<td>70 cm\textsuperscript{3}</td>
<td>60 cm\textsuperscript{3}</td>
</tr>
<tr>
<td>TRAK</td>
<td>2 × 5 mGy</td>
<td>2 × 4.8 mGy</td>
</tr>
</tbody>
</table>
Table A.8.5a. Point-based absorbed dose reporting.

<table>
<thead>
<tr>
<th>Point</th>
<th>First application</th>
<th>Second application</th>
<th>Total dose</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>BT1 (Gy)</td>
<td>BT2 (Gy)</td>
<td>BT3 (Gy)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>(EQD2 Gy)</td>
</tr>
<tr>
<td>A</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Right</td>
<td>Left</td>
<td>Right</td>
</tr>
<tr>
<td></td>
<td>x^a (Needle)</td>
<td>5.0</td>
<td>5.0</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>(Needle)</td>
</tr>
<tr>
<td>Pelvic wall Point</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Right</td>
<td>4.0</td>
<td>4.2</td>
</tr>
<tr>
<td></td>
<td>Left</td>
<td>1.5</td>
<td>1.6</td>
</tr>
<tr>
<td>Bladder ICRU Point</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>5.5</td>
<td>5.5</td>
<td>5.7</td>
</tr>
<tr>
<td>Recto-vaginal ICRU Point</td>
<td>4.7</td>
<td>4.7</td>
<td>4.9</td>
</tr>
<tr>
<td>Vagina 5 mm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Right</td>
<td>13.0</td>
<td>7.6</td>
</tr>
<tr>
<td></td>
<td>Left</td>
<td>6.2</td>
<td>7.2</td>
</tr>
<tr>
<td>PIBS^b</td>
<td>+2 cm</td>
<td>6.5</td>
<td>6.3</td>
</tr>
<tr>
<td></td>
<td>0 cm</td>
<td>2.1</td>
<td>2.4</td>
</tr>
<tr>
<td></td>
<td>−2 cm</td>
<td>1.1</td>
<td>0.7</td>
</tr>
</tbody>
</table>
Table A.8.5b. DVH-based absorbed dose reporting (Level II).

<table>
<thead>
<tr>
<th></th>
<th>First application</th>
<th>Second application</th>
<th>Total dose</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>BT1 (Gy)</td>
<td>BT2 (Gy)</td>
<td>BT3 (Gy)</td>
</tr>
<tr>
<td><strong>GTV_{res}</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$D_{98\ %}$</td>
<td>10.4</td>
<td>10.4</td>
<td>10.5</td>
</tr>
<tr>
<td>$D_{90\ %}$</td>
<td>11.6</td>
<td>11.6</td>
<td>11.2</td>
</tr>
<tr>
<td><strong>CTV_{HR}</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$D_{98\ %}$</td>
<td>7.3</td>
<td>7.3</td>
<td>7.0</td>
</tr>
<tr>
<td>$D_{90\ %}$</td>
<td>8.6</td>
<td>8.6</td>
<td>8.3</td>
</tr>
<tr>
<td>$D_{50\ %}$</td>
<td>12.3</td>
<td>12.3</td>
<td>12.6</td>
</tr>
<tr>
<td><strong>CTV_{IR}</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$D_{98\ %}$</td>
<td>4.1</td>
<td>4.1</td>
<td>3.8</td>
</tr>
<tr>
<td>$D_{90\ %}$</td>
<td>5.7</td>
<td>5.7</td>
<td>5.5</td>
</tr>
<tr>
<td>$D_{50\ %}$</td>
<td>10.1</td>
<td>10.1</td>
<td>9.5</td>
</tr>
<tr>
<td><strong>Bladder</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$D_{0.1\ cm^3}$</td>
<td>7.1</td>
<td>7.1</td>
<td>6.5</td>
</tr>
<tr>
<td>$D_{2\ cm^3}$</td>
<td>5.9</td>
<td>5.9</td>
<td>5.5</td>
</tr>
<tr>
<td><strong>Rectum</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$D_{0.1\ cm^3}$</td>
<td>6.2</td>
<td>6.2</td>
<td>5.6</td>
</tr>
<tr>
<td>$D_{2\ cm^3}$</td>
<td>4.4</td>
<td>4.4</td>
<td>4.2</td>
</tr>
<tr>
<td><strong>Sigmoid</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$D_{0.1\ cm^3}$</td>
<td>5.6</td>
<td>5.6</td>
<td>5.2</td>
</tr>
<tr>
<td>$D_{2\ cm^3}$</td>
<td>4.3</td>
<td>4.3</td>
<td>4.1</td>
</tr>
</tbody>
</table>

Total doses in EQD2 were calculated using $\alpha/\beta = 10$ Gy for target and $\alpha/\beta = 3$ Gy for normal tissue volumes. The dose considered to be delivered at the same location by EBRT was 44.3 Gy EQD2_{10} for target and 43.2 Gy EQD2_{3} for OARs.
Electronic Spreadsheet

- On the website
  http://icru.org/content/reports/prescribing-recording-and-reporting-brachytherapyfor-cancer-of-the-cervix-report-no-89, spreadsheets for calculating EQD2 doses for HDR and PDR schedules are provided.
TAKE HOME POINTS......!!

- Image-guided adaptive brachytherapy is based on tumor regression obtained during 5–6 weeks of EBRT.
- Adaptive brachytherapy should therefore be applied toward the end, or shortly after completion, of EBRT.
- However, the overall treatment time including brachytherapy should not exceed 7–8 weeks.
TAKE HOME POINTS.......!!

- Forward planning is the current standard of care, retaining a classical pear-shaped isodose distribution with a high central absorbed dose as far as possible.
- The optimization process should therefore preferably originate from a well-known and accepted standard loading of the given applicator.
TAKE HOME POINTS .......!!

- The levels of reporting should follow a common language globally for:
  - Volumes GTV/CTV & OAR’s
  - Equi-effective doses
  - Dose –volume parameters 3D/4D
  - Planning aims to prescription
  - Dose point parameters -2D
### Level 1: Minimum standard for reporting

**Volumetric-imaging approximation based on:**
- Comprehensive clinical gynecologic examination
- Volumetric imaging (MR, CT, US, PET–CT) at the time of diagnosis and brachytherapy

**FIGO/TNM stage**

**Baseline morbidity and QoL assessment**

Schematic 3D documentation on a clinical diagram indicating dimensions (width, thickness, height) and volumes for:
- $GTV_{\text{init}}$ (the GTV at diagnosis)
- $GTV_{\text{res}}$ (the GTV at brachytherapy)
- $CTV_{\text{HR}}$ [the $GTV_{\text{res}}$ (if present) plus residual pathologic tissue (if present) plus whole cervix]
- ($CTV_{\text{HR}}$: area of $GTV_{\text{init}}$ and/or $CTV_{\text{HR}}$ plus safety margin if used for prescription)

**Dose reporting:**
- TRAK
- Point A dose
- Recto-vaginal reference-point dose
- $D_{0.1cm^3}$ and $D_{2cm^3}$ for the bladder and rectum

**Dose delivery pattern:**
- Absorbed-dose rate/dose per fraction
- Number of fractions
- Time between fractions
- (Pulse number, size, time, if PDR)
- Overall treatment time
- Total EQD2 dose

**Source and dose calculation:**
- Radionuclide and source model
- Source strength
- Dose-calculation algorithm

**Radiographic approximation based on:**
- Comprehensive clinical gynecologic examination
- Radiographic imaging (plus additional volumetric 3D imaging if available)

**FIGO/TNM stage**

**Baseline morbidity and QoL assessment**

Schematic 3D documentation on a clinical diagram indicating dimensions [width, thickness, (height)] and volumes for:
- $GTV_{\text{init}}$ (the GTV at diagnosis)
- $GTV_{\text{res}}$ (the GTV at brachytherapy)
- $CTV_{\text{HR}}$ [the $GTV_{\text{res}}$ (if present) plus residual pathologic tissue (if present) plus whole cervix]
- ($CTV_{\text{HR}}$: area of $GTV_{\text{init}}$ and/or $CTV_{\text{HR}}$ plus safety margin if used for prescription)

**Dose reporting:**
- TRAK
- Point A dose
- Recto-vaginal reference-point dose
- Bladder reference-point dose

**Dose delivery pattern:**
- Absorbed-dose rate/dose per fraction
- Number of fractions
- Time between fractions
- (Pulse number, size, time, if PDR)
- Overall treatment time
- Total EQD2 dose

**Source and dose calculation:**
- Radionuclide and source model
- Source strength
- Dose-calculation algorithm
Level 2: Advanced standard for reporting
All that is reported in Level 1 plus:

Volumetric-imaging approximation based on:
3D delineation of volumes (on volumetric images with applicator):
- GTV_{res}
- CTV_{HR}
- (CTV_{IR} if used for prescription)
- With maximum width, height, thickness, and with volume

Dose reporting for defined volumes:
- D_{98 \%}, D_{90 \%}, D_{50 \%} for the CTV_{HR}
- (D_{98 \%}, D_{90 \%} for the CTV_{IR} if used for prescription)
- D_{98 \%} for GTV_{res}
- D_{98 \%} for pathological lymph nodes

Dose reporting OARs:
- Bladder reference point dose
- D_{0.1cm^3}, D_{2cm^3} for sigmoid^a
- D_{2cm^3} bowel
- Intermediate- and low-dose parameters in bladder, rectum, sigmoid, bowel
  (e.g., V_{15 Gy}, V_{25 Gy}, V_{35 Gy}, V_{45 Gy} or D_{98 \%}, D_{50 \%}, D_{2 \%})
- Vaginal point doses at level of sources (lateral at 5 mm)^a
- Lower- and mid-vagina doses (PIBS, PIBS \pm 2 cm)^a

Radiographic approximation based on:
Topography for volumes (on isodose plan with applicator/on radiographs with applicator)
- GTV_{res}
- CTV_{HR}
- CTV_{IR} (if used for prescription)
- With maximum width, thickness, standard height, and with volume

Dose reporting for defined volumes:
- Estimated dose to CTV_{HR}
- (according to estimated maximum width and thickness)
- Pelvic wall point (optional)
- Lymphatic trapezoid (optional)

Dose reporting OARs:
- Vaginal point doses at level of sources (lateral at 5 mm)
- Lower- and mid-vagina doses (PIBS, PIBS \pm 2 cm)

^aSurrogate points for volumetric vaginal dose assessment.
Level 3: Research-oriented reporting
All that is reported in Level 1 and 2 plus:

Volume-ric-imaging approximation based on:
Tumor-related volumes:
(1) GTV, CTV_{IR} sub-volumes based on functional imaging (diagnosis, during treatment, and at brachytherapy)
(2) PTV
Isodose surface volumes:
For example
- 85 Gy EQD2 volume
- 60 Gy EQD2 volume
Dose reporting for tumor:
(1) D_{98 \%} and D_{90 \%} for the CTV_{IR} even if not used for prescription
(2) D_{90 \%} for the GTV_{res}
(3) DVH parameters for the PTV
(4) D_{50 \%} for pathological lymph nodes
(5) DVH parameters for non-involved nodes (ext/int iliac, common iliac)
OAR volumes and points:
(1) Additional bladder and rectum reference points
(2) OAR sub-volumes (e.g., trigonum or bladder neck, sphincter muscles)
(3) Vagina (upper, middle, lower)
(4) Anal canal (sphincter)
(5) Vulva (labia, clitoris)
(6) Other volumes/sub-volumes of interest (e.g., ureter)
Dose-volume reporting for OAR:
(1) Dose-volume and dose–surface histogram parameters for additional OARs and sub-volumes
(2) Vaginal dose profiles, dose–volume, and dose–surface histograms
(3) Length of treated vagina

Radiographic approximation based on:
Isodose surface volumes: For example
- 85 Gy EQD2 volume
- 60 Gy EQD2 volume
OAR volumes, points:
(1) Additional bladder and rectum points
(2) Sigmoid point
(3) Anal-canal point (e.g., low vagina point)
(4) Vulva point (e.g., low vagina point)
(5) Other points of interest
OAR dose reporting:
- Length of treated vagina
Table 13.1 General principles for assessment and reporting of absorbed and equieffective EBRT and brachytherapy dose (all reporting levels).

Reporting of dose for relevant targets, OARs, and dose points:
- Planning-aim dose
- Prescribed dose
- Delivered dose

Absorbed dose and number of fractions assessed for target, OARs, dose points:
- Brachytherapy
- EBRT

Total equieffective dose (EQD2) calculated according to the linear-quadratic model through the following steps:
1. Brachytherapy EQD2 for each fraction
2. Total brachytherapy EQD2
3. Total EBRT EQD2
4. Accumulated total EBRT + brachytherapy EQD2 (based on current assumptions outlined in Sections 7.6, 8.5, 9.5.3)

Reporting of radiobiological parameters:
- $\alpha/\beta$ values for tumor and OARs; In addition, $T_{1/2}$ and recovery model for LDR and PDR treatments (At present: $\alpha/\beta = 3$ Gy for late effects in the OAR and 10 Gy for the tumor, and $T_{1/2} = 1.5$ h)
Thank You ......for
your kind attention