

# Role of Induction CT in Head and Neck Cancer

Dr Surender Kumar Beniwal  
Acharya Tulsi Regional Cancer Treatment  
and Research Centre

# INTRODUCTION

- Administration of chemotherapy
  - Neo-adjuvant (induction)
  - Sequential (CT followed by RT/Surgery)
  - Concurrent (CT-RT)
  - Adjuvant (RT/CTRT/Surgery- CT)

Hear No Induction – See No Induction  
Speak No Induction



## Effect on survival of adding chemotherapy to locoregional treatment: Results from the MACH-NC 2000 analysis

Design	n of studies (n of patients)	Hazard ratio (95% CI)	p-value	Absolute survival benefit	
				2 year	5 year
Adjuvant	8 (1,854)	0.98 (0.85–1.19)	.74	1%	1%
Induction	31 (5,269)	0.95 (0.88–1.01)	.10	2%	2%
Induction with platinum and 5-FU [1, 2]	15 (2,487)	0.88 (0.79–0.97)	.01	NA	5%
<b>Concurrent</b>	<b>26 (3,727)</b>	<b>0.81 (0.76–0.88)</b>	<b>.0001</b>	<b>7%</b>	<b>8%</b>
Total	65 (10,850)	0.90 (0.85–0.94)	.0001	4%	4%

# Effect on survival of adding chemotherapy to locoregional treatment: Results from the MACH-NC 2000 analysis

Design	n of studies (n of patients)	Hazard ratio (95% CI)	p-value	Absolute survival benefit	
				2 year	5 year
Adjuvant	8 (1,800)	0.95 (0.86–1.04)	.0001	1%	1%
Induction	31 (5,269)	0.95 (0.86–1.04)	.0001	1%	1%
Induction with platinum and 5-FU [1, 2]	15 (2,487)	0.88 (0.79–0.97)	.0001	7%	7%
<b>Concurrent</b>	<b>26 (3,727)</b>	<b>0.81 (0.76–0.88)</b>	<b>.0001</b>	<b>7%</b>	<b>7%</b>
Total	65 (10,850)	0.90 (0.85–0.94)	.0001	4%	4%

**16 of the 31 trials assessed for induction chemotherapy used regimens other than a platinum plus 5-FU (PF).**

# Effect on survival of adding chemotherapy to locoregional treatment: Results from the MACH-NC 2000 analysis

Design	n of studies (n of patients)	Hazard ratio (95% CI)	p-value	Absolute survival	Survival
Adjuvant	10 (1,417)	0.85 (0.76–0.94)	.0001	1%	1%
Induction	10 (1,417)	0.85 (0.76–0.94)	.10	2%	2%
Induction platinum FU [1, 2]	10 (1,417)	0.81 (0.79–0.97)	.01	NA	5%
<b>Concurrent</b>	<b>26 (3,727)</b>	<b>0.81 (0.76–0.88)</b>	<b>.0001</b>	<b>7%</b>	<b>8%</b>
Total	65 (10,850)	0.90 (0.85–0.94)	.0001	4%	4%

**When just the 15 trials using PF induction chemotherapy were analyzed, there was a statistically significant overall survival benefit of 5% at 5 years.**

# Effects of Chemotherapy on Survival at 5-Years From the Meta-Analysis

Trial Category	No. of Trials	No. Patients	Difference (%)	P value
<b>All trials</b>	<b>65</b>	<b>10,850</b>	<b>+4</b>	<b>&lt;0.0001</b>
Adjuvant	8	1,854	+1	0.74
Induction	31	5,269	+2	0.10
<b>PF</b>	<b>15</b>	<b>2,487</b>	<b>+5</b>	<b>0.01</b>
Other Chemo	16	2,782	0	0.91
<b>Concomitant</b>	<b>26</b>	<b>3,727</b>	<b>+8</b>	<b>&lt;0.0001</b>

# THE EMERGENCE OF TPF IN INDUCTION CHEMOTHERAPY

- Two phase III trials
- TAX 323
- TAX 324



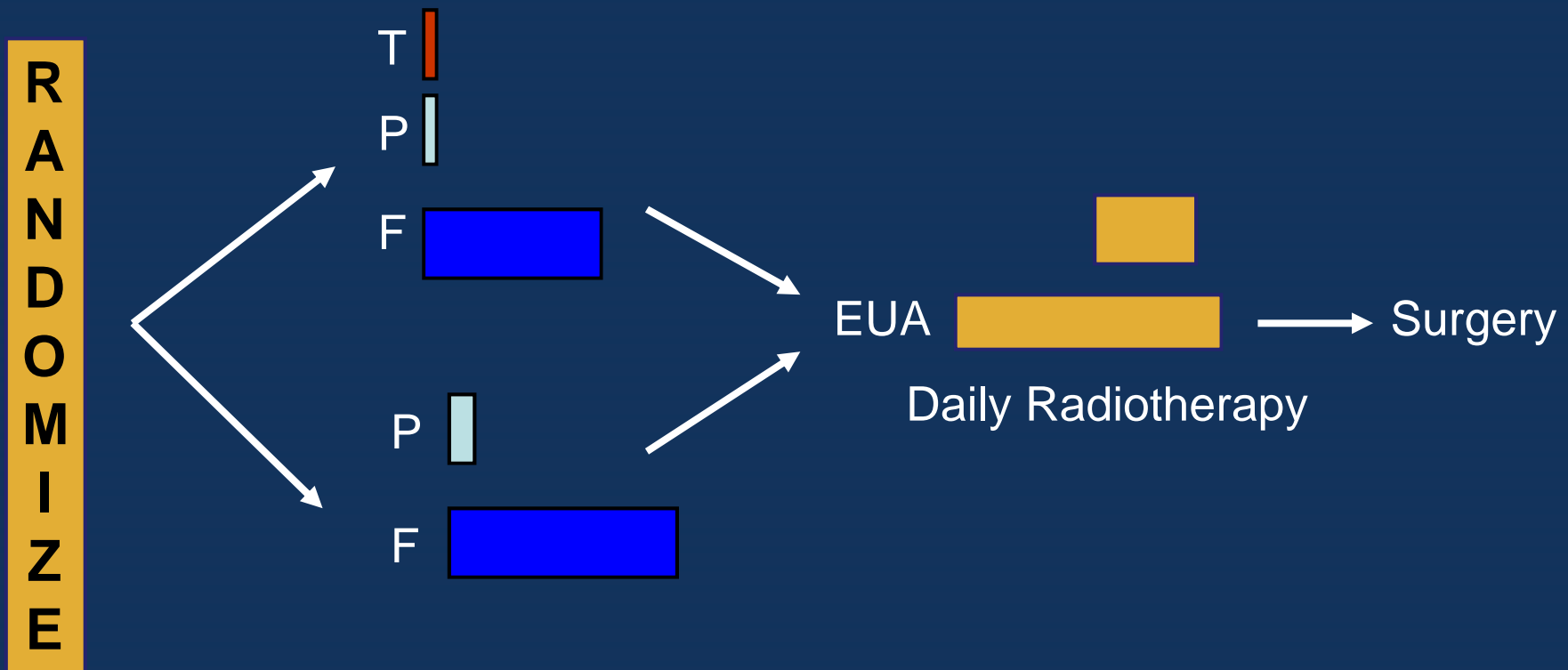
# Induction PF versus PF + Docetaxel (TPF)

## TAX 323: Eligibility Criteria

- Stage of III or IV HNSCC without metastases
- Tumors had to be considered unresectable by a multidisciplinary team
- PS 0-1

# TAX 323: TPF vs. PF Followed by Radiotherapy

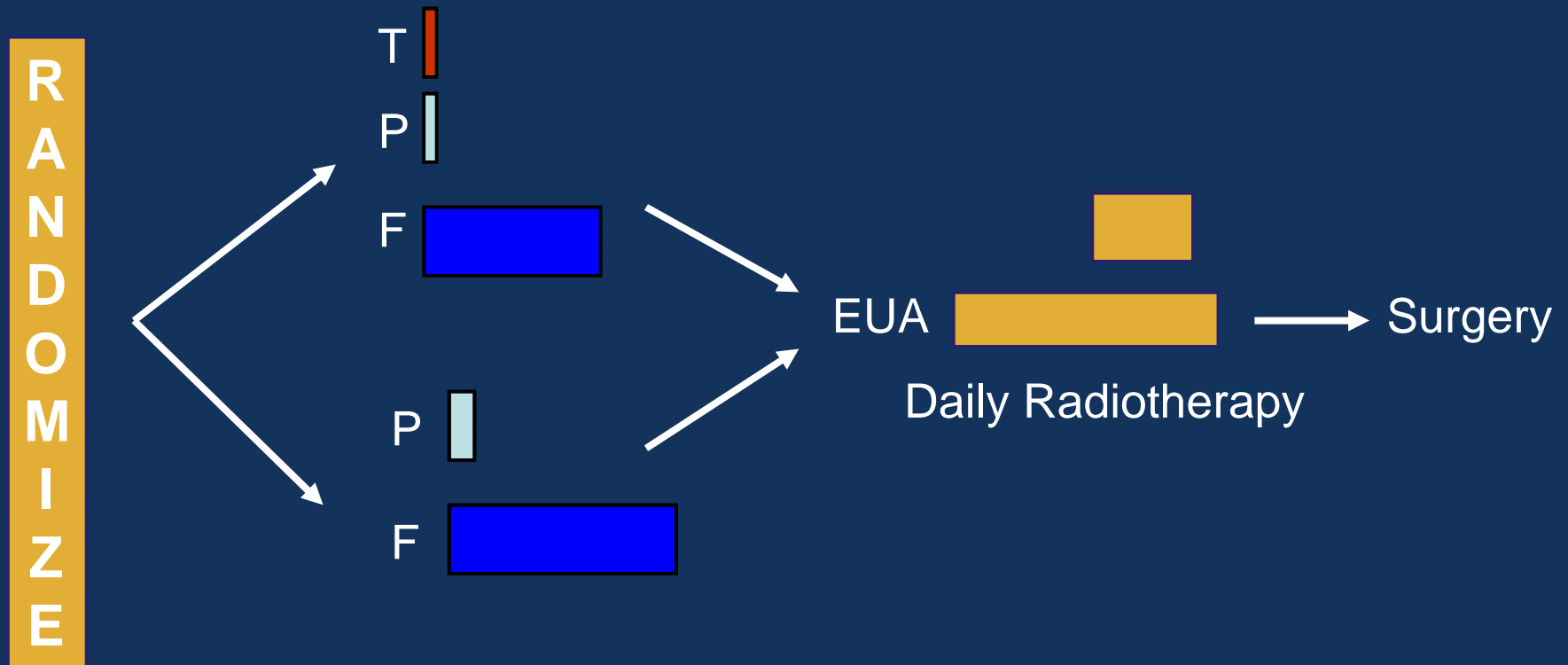
## A Phase III Study in Unresectable SCCHN



TPF: Docetaxel 75<sub>D1</sub> + Cisplatin 75<sub>D1</sub> + 5-FU 750<sub>CI-D1-5</sub> Q 3 weeks x4  
 PF: Cisplatin 100<sub>D1</sub> + 5-FU 1000<sub>CI-D1-5</sub> Q 3 weeks x 4

# TAX 323: TPF vs. PF Followed by Radiotherapy

## A Phase III Study in Unresectable SCCHN



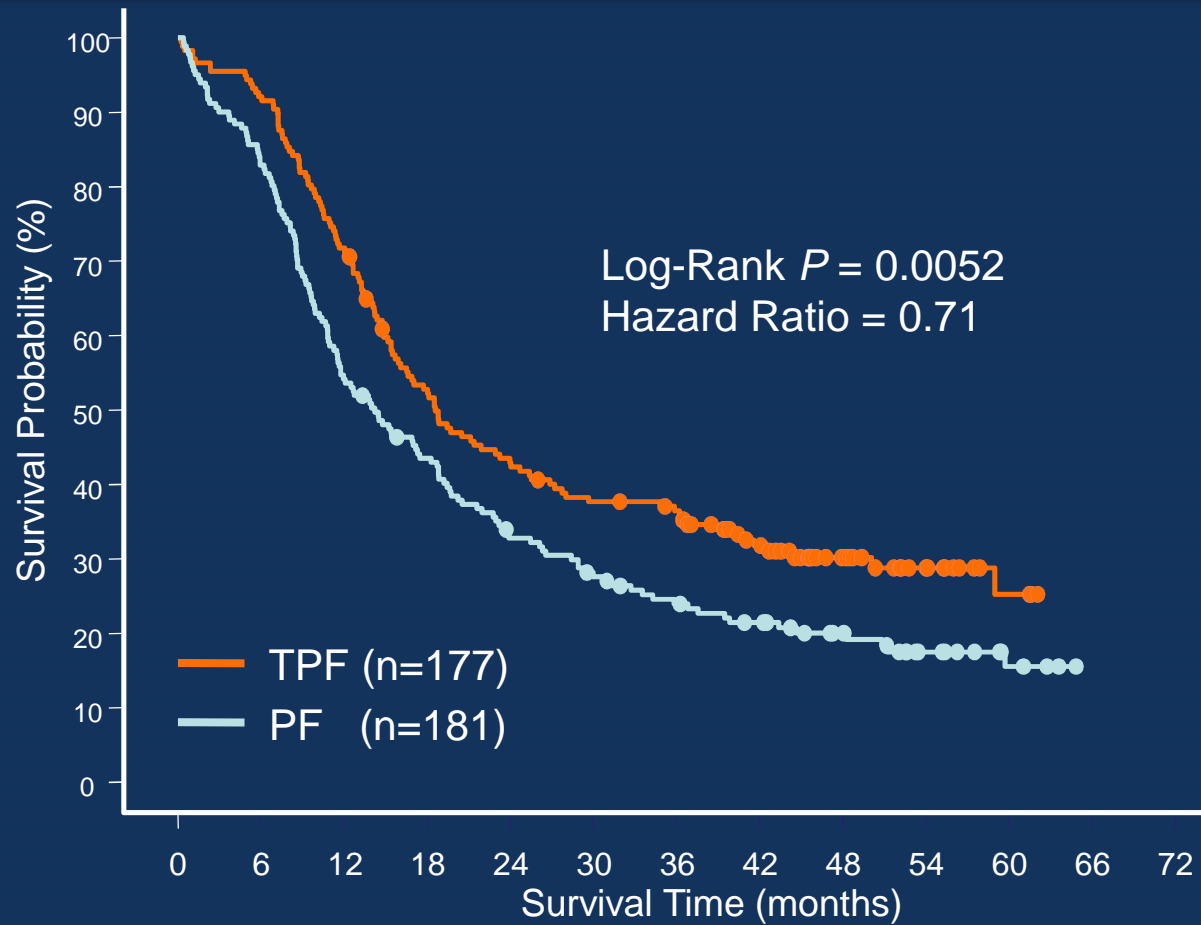
TPF: Docetaxel 75<sub>D1</sub> + Cisplatin 75<sub>D1</sub> + 5-FU 750<sub>CI-D1-5</sub> Q 3 weeks x4  
 PF: Cisplatin 100<sub>D1</sub> + 5-FU 1000<sub>CI-D1-5</sub> Q 3 weeks x 4

# TN Stage of Primary

Stage	T1	T2	T3	T4	Total
N0		1 (<1)	12 (3)	29 (8)	42 (12)
N1		4 (1)	13 (4)	39 (11)	56 (16)
N2	1 (<1)	13 (4)	38 (11)	153 (43)	205 (57)
N3	3 (1)	7 (2)	11 (3)	31 (9)	52 (15)
Total	4 (1)	25 (7)	77* (22)	252 (70)	358

\* 3 patients were T3Nx

# TAX 323: Survival Update



Patients at Risk	0	6	12	18	24	30	36	42	48	54	60	66	72
TPF:	177	163	127	91	74	64	60	43	26	16	7		
PF:	181	150	98	77	57	47	39	33	25	15	8	4	

# TAX 323: Severe Adverse Events

## Chemotherapy

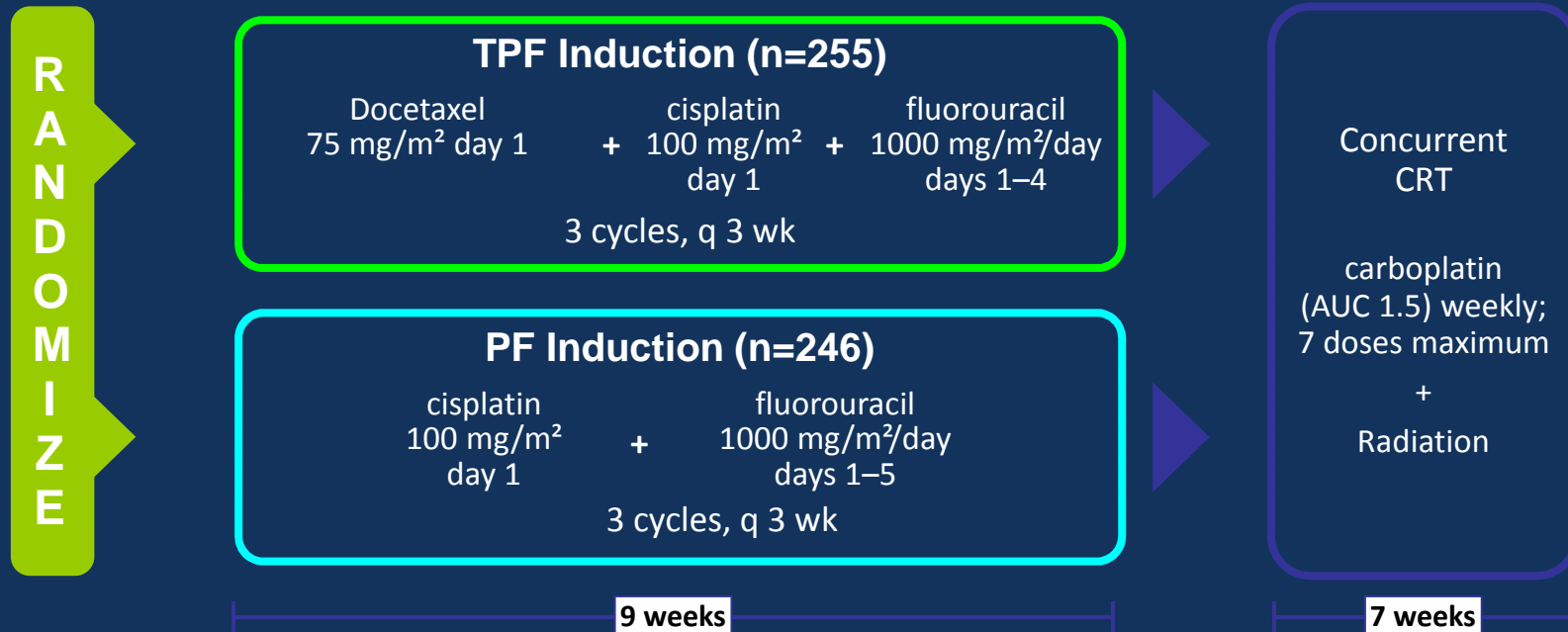
Toxicity ≥ 3% of pts	PF (n=179)		TPF (n=174)	
	N	(%)	N	(%)
Alopecia	0		20	(11.5)
Stomatitis/oral	20	(11.2)	8	(4.6)
Infection	13	(7.3)	15	(8.6)
Nausea	13	(7.3)	1	(0.6)
Vomiting	9	(5.0)	1	(0.6)
Diarrhea	8	(4.5)	5	(2.9)
Dyspnea	8	(4.5)	6	(3.4)
Dysphagia	5	(2.8)	6	(3.4)
Pain	7	(3.9)	11	(6.3)
<i>Death</i>	12	(6.6)	6	(3.4)

# Induction PF versus PF + Docetaxel (TPF)

## TAX 324: Eligibility Criteria

- Stage III, IVA, IVB HNSCC unresectable or potentially resectable
  - Low surgical curability (advanced T or N)
  - Goal of organ preservation
- PS 0-1

# Induction PF versus PF + Docetaxel (TPF) TAX 324: Trial Design

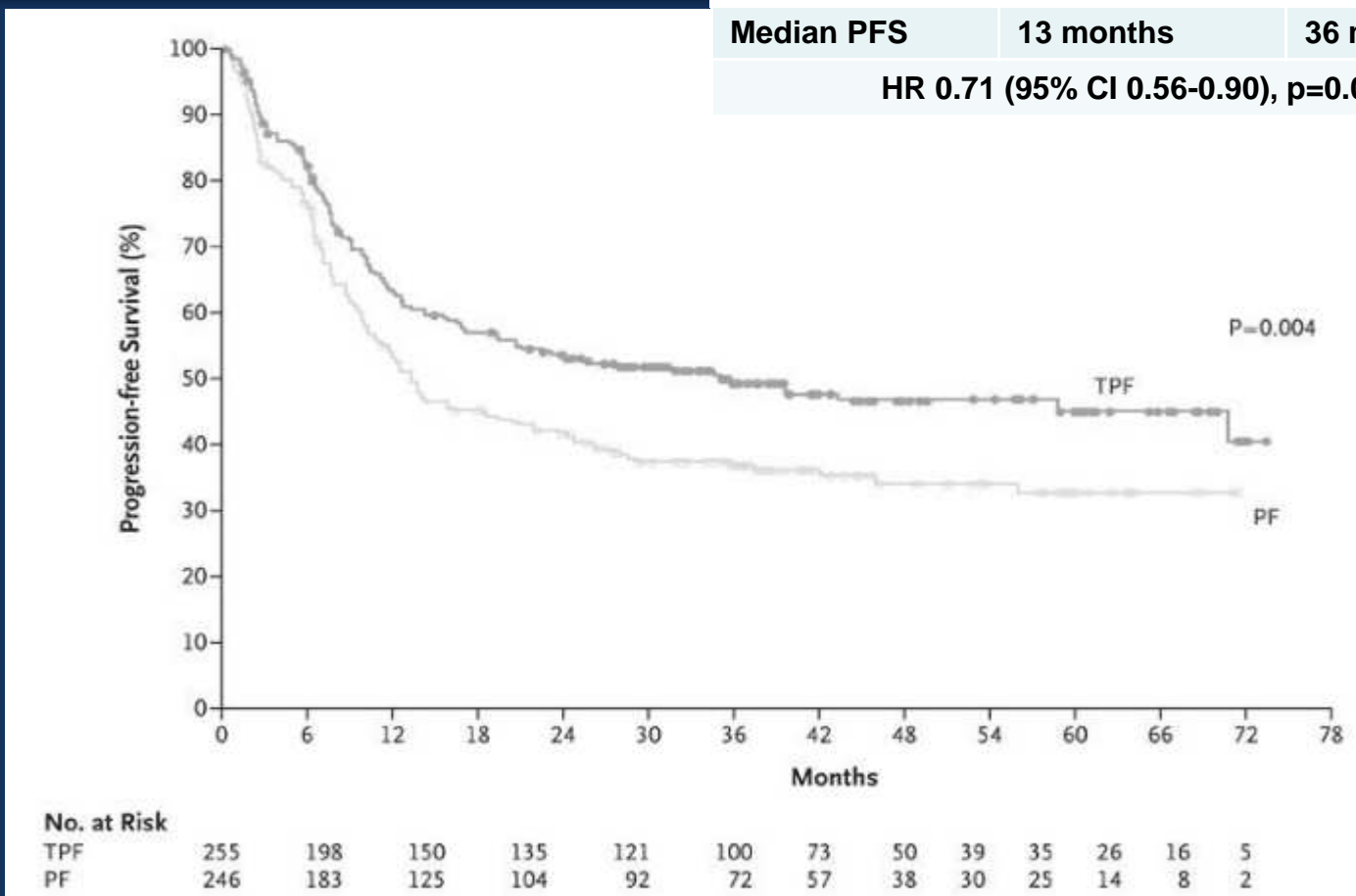


**Primary endpoint: overall survival**

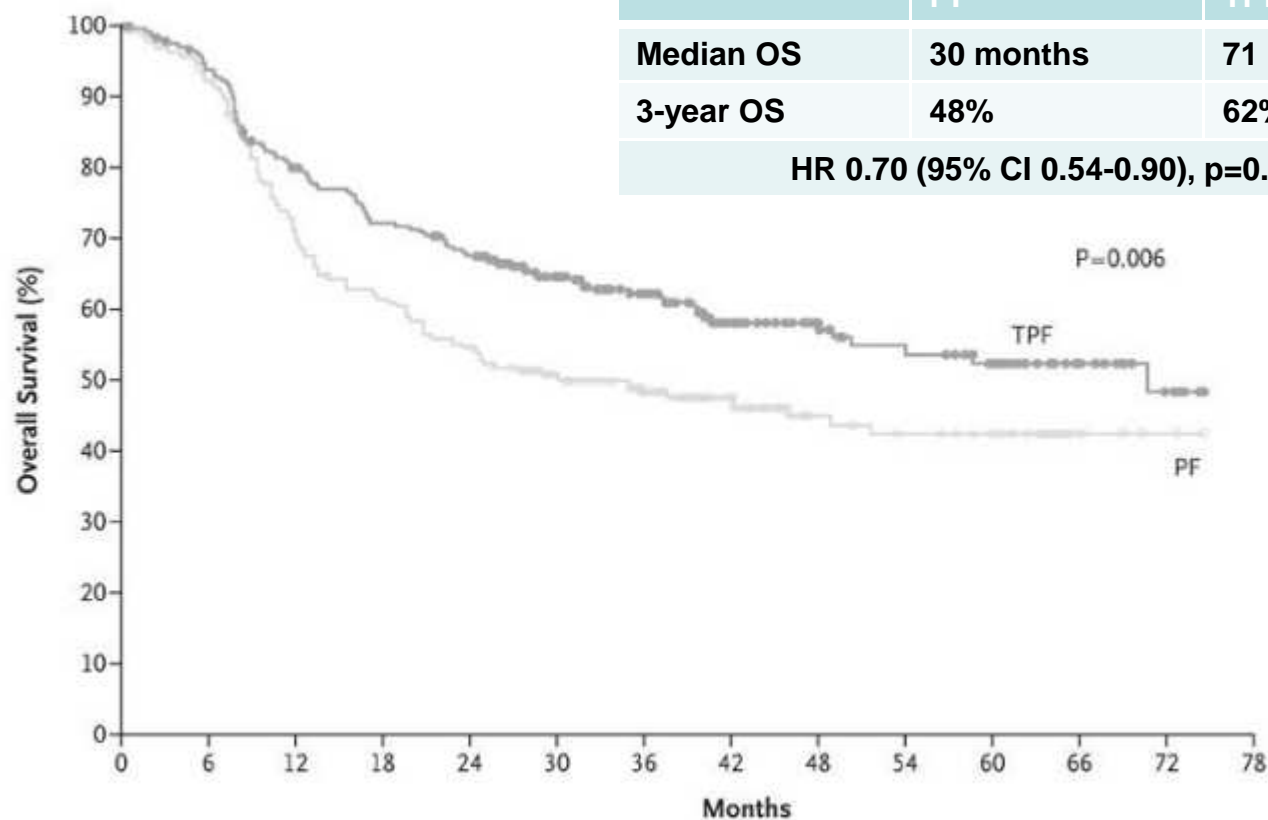


# Induction PF versus PF + Docetaxel (TPF) TAX 324: PFS

	PF	TPF
Median PFS	13 months	36 months
HR 0.71 (95% CI 0.56-0.90), p=0.004		



# Induction PF versus PF + Docetaxel (TPF) TAX 324: OS

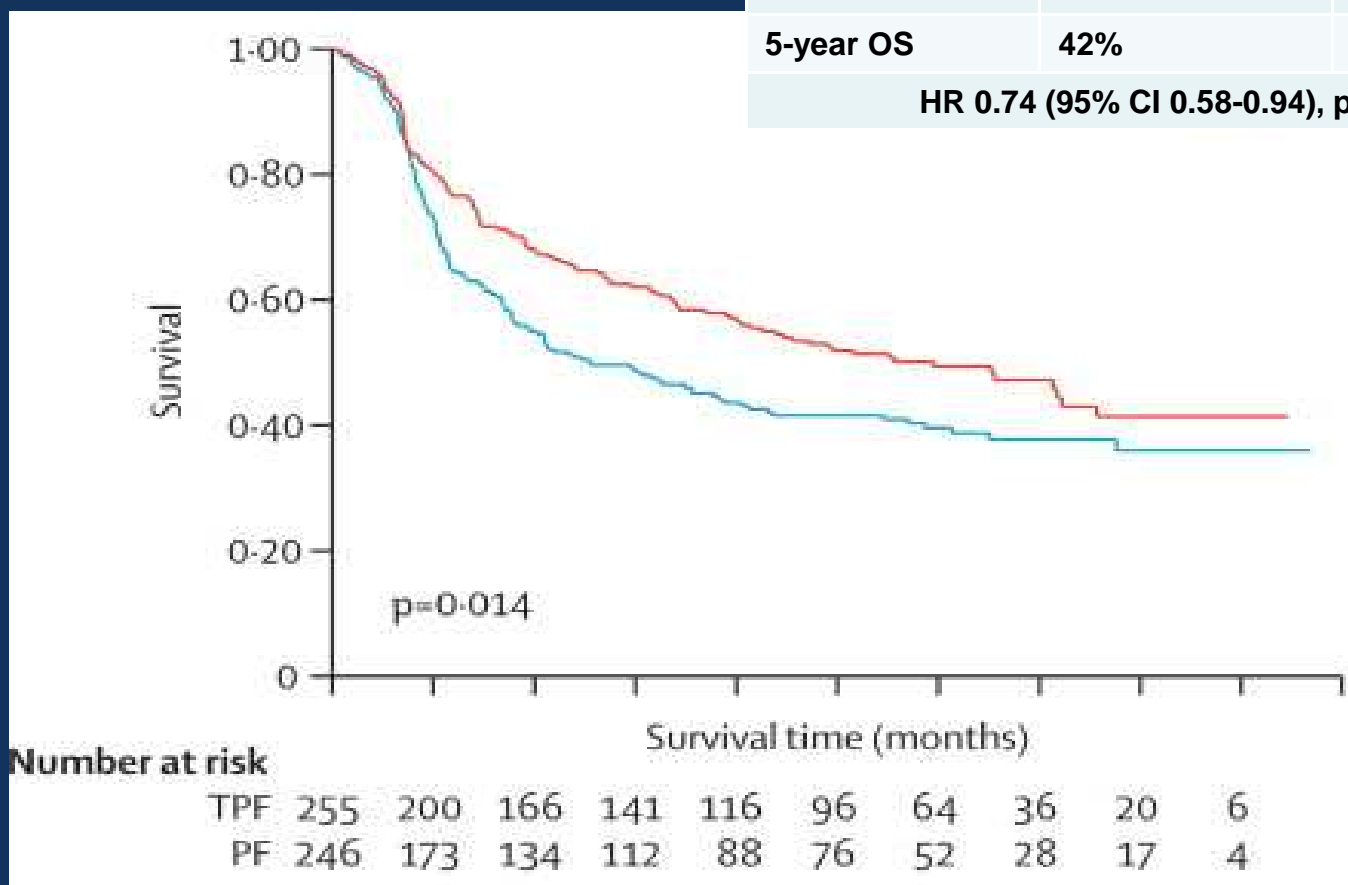


	PF	TPF
Median OS	30 months	71 months
3-year OS	48%	62%
HR 0.70 (95% CI 0.54-0.90), p=0.006		

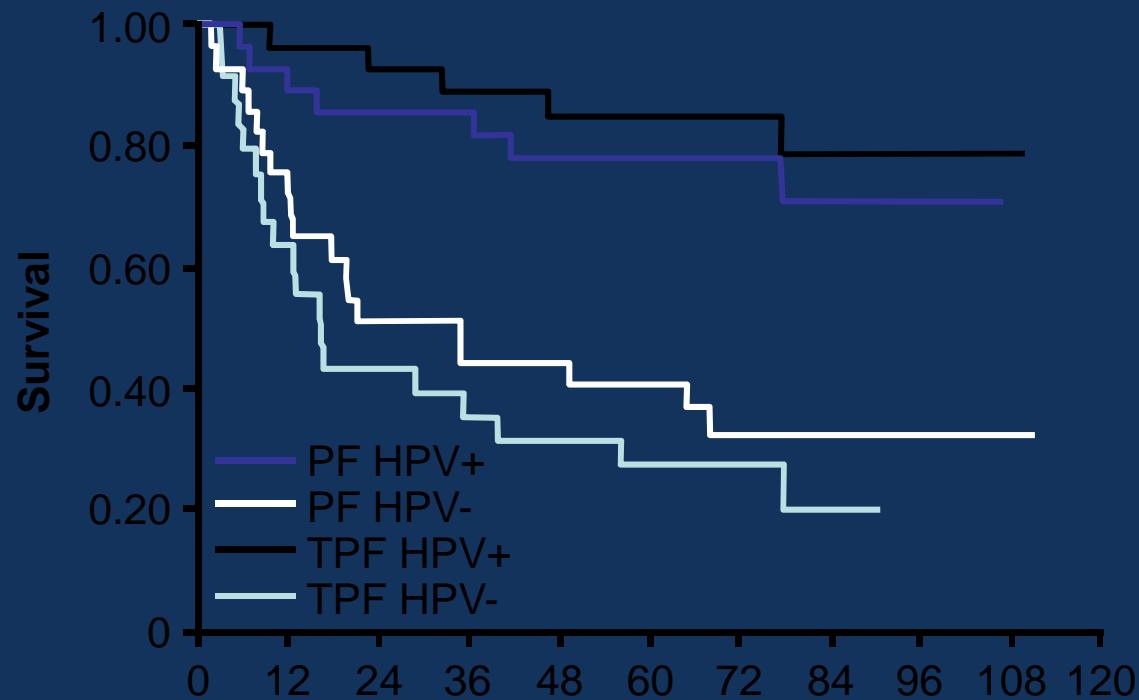
No. at Risk	0	6	12	18	24	30	36	42	48	54	60	66	72
TPF	255	234	196	176	163	136	105	72	52	45	37	20	11
PF	246	223	169	146	130	107	85	57	36	32	28	10	7

# Induction PF versus PF + Docetaxel (TPF) TAX 324: Long-term OS

	PF	TPF
Median OS	34.8 months	70.6 months
5-year OS	42%	52%
HR 0.74 (95% CI 0.58-0.94), p=0.014		



# Survival According to HPV Status and Treatment Arm in TAX 324



Pts at Risk, n	Survival Time, mos									
	0	12	24	36	48	60	72	84	96	108
PF HPV+	28	25	24	24	19	18	15	9	5	
PF HPV-	29	21	15	13	13	12	5	3	2	1
TPF HPV+	28	27	26	24	22	21	19	10	7	2
TPF HPV-	26	16	11	9	8	7	4	2		

# Induction PF versus PF + Docetaxel (TPF)

## TAX 323 and 324: Patterns of Failure

### Response Rates

	TPF	PF	<i>P</i>
TAX 323	68%	54%	0.006
TAX 324	72%	64%	0.07

### Locoregional Failure

	TPF	PF	<i>P</i>
TAX 323	<i>81 to 85% of the first relapses were locoregional</i>		
TAX 324	30%	38%	0.04

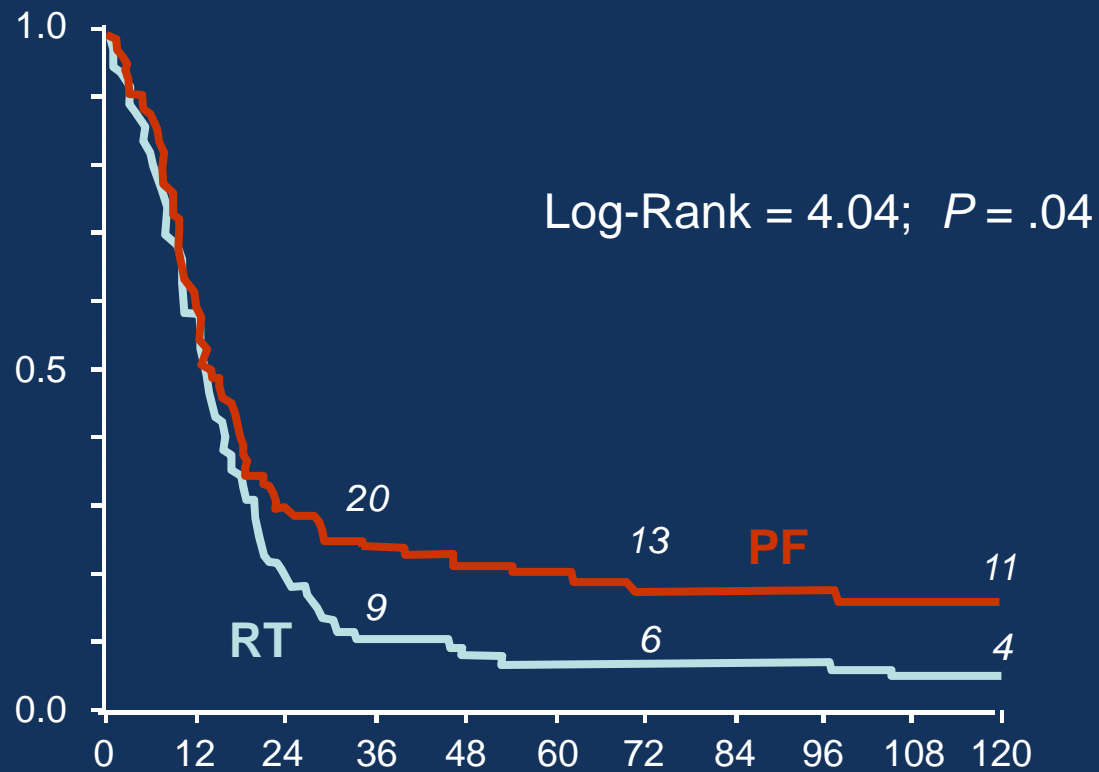
### Distant Metastases

	TPF	PF	<i>P</i>
TAX 323	13%	10%	<i>N/A</i>
TAX 324	5%	9%	0.14

# TAX 323 and TAX 324: Summary

- Response rates to induction chemotherapy are higher with TPF compared to PF
- Induction chemotherapy with TPF improves survival compared to PF, primarily due to increased locoregional control
- Rate of distant failure is low with both TPF and PF
- It is unknown whether induction chemotherapy is superior to upfront chemoXRT
- It is unknown whether the improved survival with TPF would be observed in the setting of definitive treatment with concurrent cisplatin / XRT

# Can TPF Improve Overall Survival?



# Induction Chemotherapy

- Pros

- High dose treatment, systemic exposure, transient toxicity
- Improved nutrition and PS
- Reduced tumor volume
  - Better preparation for definitive radiotherapy and IMRT planning
  - Improved function
- Established efficacy in resectable disease and organ preservation
- Improved survival
- Intermediate assessment of response/prognosis
  - Adjusted intensity of post-induction therapy

- Cons

- Systemic toxicity increased
- Survival improvement may be site and stage related
- Increased duration of therapy, change in tumor biology
- No improvement in local/regional dose intensity
- Cisplatin-based PF was the only effective chemotherapy regimen



# CONCLUSION

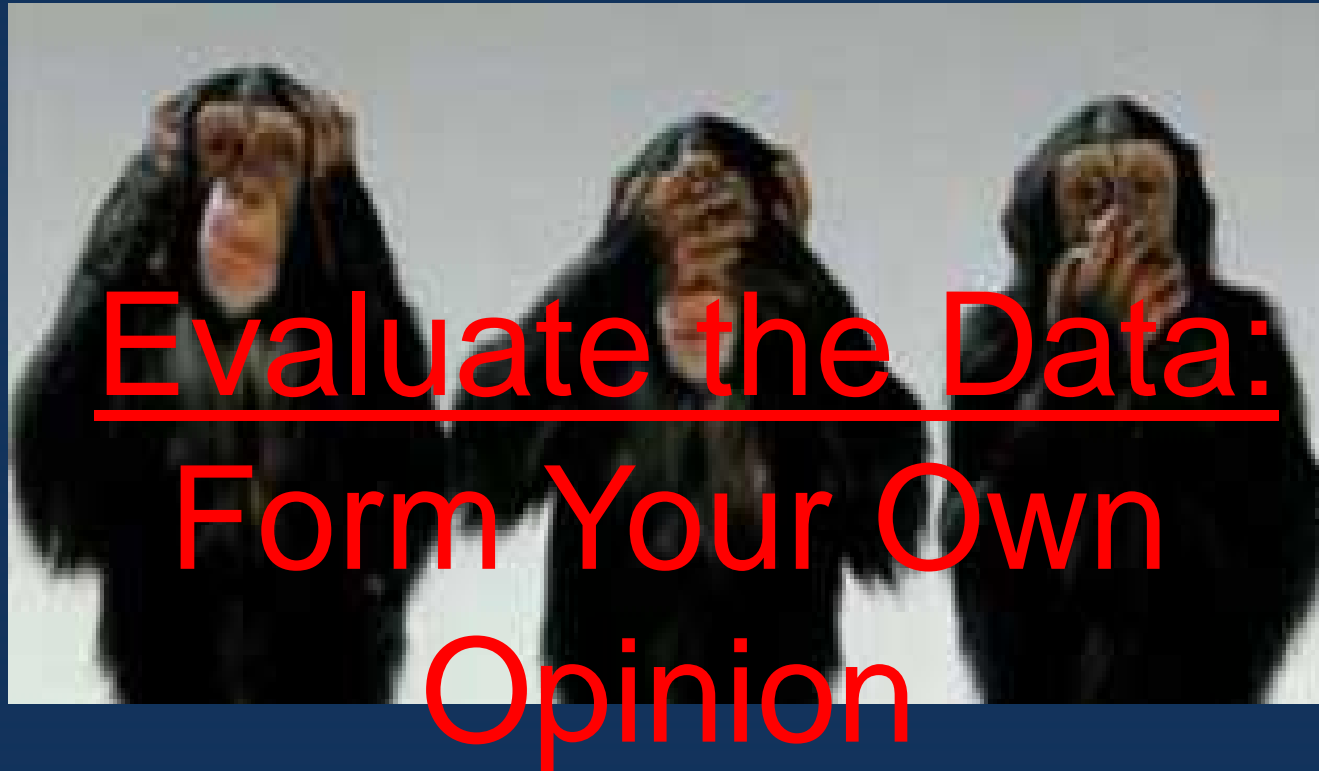
- Induction chemotherapy
  - High response rates, organ preservation, improved survival, systemic treatment
  - Reduced tumor volume, improved functional outcome
  - An intermediate assessment of response

# CONCLUSION

- ***INDUCTION CHEMOTHERAPY***
- Has not withstood its test.
- Still fighting !!!
- In selected cases

Hear No Induction – See No Induction  
Think About The Data

Speak About The Data



THANKS